



CAREER SERVICES

*your connection to the future*

## SPOTLIGHT ON SUCCESS

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In my first couple of weeks at Regis University, I was introduced to many things the university had to offer. One thing that kept coming up in all my classes was that at some point I would need to visit the Career Services office. At the time I wasn't thinking about a job. I had just entered college life and had four years of education ahead of me. However, as my freshman year came to an end without a summer job, I started to wonder if maybe I should have gone to Career Services. As my sophomore year came and went, I still had not stopped by Career Services and lost out on another year to get started on preparing for my career after college. However, by the time my junior year rolled around, I was determined to get started. I decided to get help with my resume so I could pursue an internship through the Academic Internship Program.



When I walked in to Career Services, I had nothing. But when I walked out, I had an appointment to get resume help and was registered with CareerLink so I could search for internships offered in Colorado through the Academic Internship Program. I thought my resume was perfect and didn't need help with it. However, after I had my meeting with one of the career counselors, I learned I needed to change a lot of things. Career Services helps you develop and refine your resume; they don't write it for you. I think a student gets much more value out of this approach. Career Services has taught me how to write a resume that reflects how I would be an asset to any company. Learning how to write an effective resume has given me an important skill I can use throughout my career.

Beyond getting help with my resume, I took advantage of the personality and career interest assessments that Career Services offers. These tests provide possible career options for students who are undecided about what they want to do for a career. They also show you your strengths and interests and give you a list of possible career options based on those interests. This information was very helpful to me, especially in focusing my interest on a career related to financial analysis. The internship I obtained at Waddell and Reed, a publicly traded financial advising firm, confirmed my interest in this career path.

My efforts and the help of Career Services have put me on a path toward my career goal. I've also obtained many skills I can use for years to come to pursue success in my career. If I were to do it all over again, I would have gone into the office as a freshman.