

## Course Itinerary and Outline — A full North Island experience

**Auckland:** The group will participate in a Program Introduction experience to gain knowledge of culture, focus on health and safety, and become acclimated to the environment prior to setting out on the leadership program. The group will also participate in a service project in the area to create community involvement and dialogue on the visionary and service oriented aspects of leadership development.

**Rotorua:** Students will have a series of guest speakers and lectures focusing on leadership training and cultural leadership elements. Experiential opportunities, such as a ropes course, focus the group on teambuilding aspects of the program.

**Turangi (near Lake Taupo):** Five days at The Sir Edmund Hillary Outdoor Pursuits Centre of New Zealand where participants will find a mix of experiential activities, reflection activities, and facilitated discussions focused on personal leadership development.

**Wellington:** The program concludes in Wellington, the capital city of New Zealand, where the group will be introduced to various leaders in the New Zealand community. Discussions continue on the transition of leadership from yourself to others, a diversity workshop, Maori cultural leadership, innovation and inspiration, and career development.

### The Sir Edmund Hillary Outdoor Pursuits Centre of New Zealand

OPC was established in 1973 to provide outdoor pursuits training for young New Zealanders. Its focus is the use of the outdoors as a medium for exploring leadership theory, skills, and issues. The course objectives are to equip participants with the knowledge and practical skills to deal effectively with others and to be able to recognize and assume leadership styles necessary to assist in their development.



With qualified staff, the Centre delivers sessions on topics such as leadership style, communication skills, and personality profiles leading the participant to their own personal investigation of leadership with a focus on career planning or lifestyle balance. Each activity has a goal behind it that is either solved as a group or individual. Personal risk assessment, goal setting, and motivation are the cornerstones each day that participants challenge themselves through the activities presented in the program.

