

Linking Majors to Careers

PSYCHOLOGY

Psychology

The study of psychology is the study of behavior and mental processes of individuals. It involves studying the physical, cognitive, emotional, and/or the social aspects of human behavior. By learning about people's traits and tendencies one can better understand and explain how and why people act as they do and how to facilitate change in people's behavior. The study of psychology also includes studying and analyzing the conditions that affect human behavior such as social, political, demographic and environmental conditions to discover ways to improve the quality of life.

- A person needs at least a master's degree for professional work in which he/she might counsel secondary students, be a career counselor at a college or help the handicapped find appropriate training and employment.
- A doctorate is needed to become a psychologist. A psychologist needs to be licensed by the state. A psychologist can have a private practice, do research at a university, counsel at a hospital or mental health clinic, teach in a university, etc.
- Some areas of psychology to explore are (need Ph.D.):
 - **Social psychology** (human development in a social context)
 - **Experimental psychology** (research into human development, animal and human subjects)
 - **Developmental psychology** (study of the human development looking at stages through the life span)
 - **Clinical/Counseling psychology** (application of helping individuals to deal with their human development, and applied level)
 - **Industrial psychology** (study of human development in the work environmental/human resources/training and development, organizational behavior)
- Graduates with a bachelor's degree in the major often enter the field of human resources, business, and social services. They often find jobs that have one of two: 1.) working with and helping people, such as training or personnel work and 2.) using research skills such as market research to test job applicants.

SKILLS: The person who majors in **Psychology** at Regis University has the opportunity to learn a variety of essential **skills** such as:

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|--------------------------|---------------------|-------------------|
| ▪ communicating | ▪ critical thinking | ▪ listening |
| ▪ leadership | ▪ research design | ▪ teamwork |
| ▪ negotiating | ▪ data analysis | ▪ motivating |
| ▪ writing | ▪ stress management | ▪ problem solving |
| ▪ behavioral observation | ▪ community service | |

SOME TIPS ON GETTING A JOB IN THIS FIELD:

1. Participate in internships to investigate career fields and gain new skills.
2. Join the Psychology Club to gain information about trends in the field and possible careers.
3. Do informational interviewing to get a better handle on what kind of jobs there are in your area. Career Services (Coors Life Directions Center) will be glad to help you get started with this.
4. Attend national or local professional association meetings recommended by your professor.
5. Conduct a research project.

RELATED JOBS: Listed below are typical career fields psychology majors may enter:

clinical psychologist*	community organization worker	biofeedback technician
customer service rep.	copy writer	financial aid counselor
guidance counselor*	hospital administrator*	admissions counselor
job development specialist	job analyst	flight attendant
employment interviewer	management trainee	animal psychologist/trainer*
market research analyst	human resources specialist	psychotherapist*
probation/parole officer	psychologist*	school counselor*
research assistant	university professor in psychology*	drug counselor*
insurance claims adjuster	trainer	job analyst
correction officer	cottage parent	vocational counselor*
hospice coordinator	prisoner classification interviewer	retail store manager
customs patrol officer	employee relations specialist	case worker
rehabilitation counselor*	technical writer	retail management trainee
fundraiser	mental health counselor*	real estate agent
organizational psychologist*	career counselor*	student advisor

* Usually requires a higher degree beyond the bachelor's level.

PROFESSIONAL ASSOCIATIONS:

American Psychological Association
Educational Affairs Office
1200 17th St. NW
Washington, DC 20036

American Psychological Society
1010 Vermont Ave. NW - Suite 1100
Washington, DC 20005-4907

WEB SITES RELATED TO PSYCHOLOGY:

Careers in Social Work	https://www.socialworkers.org/students/default.asp
Careers in School Psychology	http://www.indiana.edu/%7Ediv16/G&O.htm
Accredited Graduate Programs in Counseling (from CACREP)	http://www.counseling.org/cacrep/directory.htm
Psychology Careers	http://www.apa.org/students/brochure/
Information on Federal Service-Jobs & Internships with the Federal Government	http://www.ourpublicservice.org/info-url3739/info-url_list.htm?cat_id=43

CAREER RESOURCES IN:

- CAREER SERVICES LIBRARY (CS)
 - DAYTON MEMORIAL LIBRARY (DM)
 - ON THE INTERNET
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Career and Occupational Information

Occupational Outlook Handbook (CS, DM, and <http://www.bls.gov/oco>)

ONET <http://online.onetcenter.org>

Adams Jobs Almanac (CS, DM)

Dictionary of Occupational Titles (CS, DM)

Great Careers for... series (CS)

Careers for ... series (CS)

Careers in ... series (DM)

Encyclopedia of Career and Vocational Guidance (DM)

Liberal Arts Career News (CS)

Professional Organizations

National Directory of Non-Profit Organizations (DM)

Denver Meets (DM)

Encyclopedia of Associations (link on DM online catalog)

Internet Public Library listing at: <http://www.ipl.org/div/aon>

Employer Directories

Reference USA (link on DM online catalog)

Denver Business Journal Top 25 Book of Lists (CS, DM)

Colorado Business Directory (DM and available via link on DM online catalog)

Directory of Colorado Manufacturers (DM)

Rocky Mountain High Tech. Directory (DM)

Almanac of American Employers (DM)

Job Banks for US cities (CS, DM)

Standard & Poor's Register of Corp. Directory (link on DM online catalog)

Thomas Register of American Manufacturers
<http://www.thomasregister.com>

Directory of Colorado Non-Profits (DM and <http://www.coloradonoprofits.org>)

Employment Outlook

Occupational Outlook Quarterly (CS, DM)

Job Rated Almanac (DM)

CAM report (CS)

Employment Outlook for Colorado (DM)

Internships

Internships are placements with employers that give Regis College students with a GPA of 2.5 or better the opportunity to combine coursework with real-life experience while earning academic credit. Internships enhance academic knowledge, personal development and professional preparation. In addition, a successful internship can give students an edge when hiring decisions are made because employers seek applicants with practical experience in their field. Students interested in an internship need to register with the **Academic Internship Program** for help with determining a site placement, learning objectives and academic criteria.

Graduate School Information

Real Guide to Grad School (CS, DM)

Peterson's Graduate and Professional Programs (CS, DM and <http://www.petersons.com>)

Gorman Report (CS)

Graduate School Admissions Advisor (CS)

Getting what you came for (CS)

Educational Rankings Annual (DM)

College Blue Book (DM)

Directory of Post-Secondary Institutions (DM)

Salary Information

Colorado Occupational Wages
(<http://www.coworkforce.com/lmi/wages/wages.asp>)

Compensation & Working Conditions (DM)

NACE Salary Survey (CS)

Salary.com - <http://Salary.com>

Alumni Career Network

One of the best resources for career information is people who work in the field you are considering. Contact information for Regis Alumni who have agreed to talk with students investigating career fields is available on the Alumni Career Network, a program located under "Alumni" at <http://www.ecampusrecruiter.com/regis>

World Wide Web Sites

Regis Career Services: <http://www.regis.edu/careerservices>

Dayton Memorial Library article and research database:
<http://www.regis.edu/libdatabase.asp?sctn=lib&p1=empty>

JobWeb (NACE): <http://www.jobweb.org>

Career Magazine: <http://www.careermag.com>

America's Job Bank: <http://www.ajb.dni.us>