PROFESSIONAL VITAE

Huntington, Jody L.

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Education:

Year	Degree	Institution	Area of Study
2012	Ph.D.	University of Northern Colorado (CACREP Accredited)	Counselor Education & Supervision
2005	M.A.	University of Northern Colorado (CACREP Accredited)	Community Counseling
2003	B.A.	Metropolitan State College of Denver Denver, CO	Behavioral Science/ Health Care Mgmt
1994	A.A.	Arapahoe Community College Littleton, CO	General Studies

Certifications and Licenses:

2013-present	Licensed Marriage and Family Therapist	State
2010-present	Licensed Professional Counselor	State
2005-present	National Certified Counselor	National

Work Experience:

Year(s)	Institution/Organization	Position

Teaching:

2010-current	Regis University	Assistant Professor Master of Arts in Counseling Program/Marriage and Family Therapy
Courses Taught:	Counseling Techniques II Professional Orientation & Ethical Issues Gender Development and Sexuality in Counseling Substance Abuse Counseling Crisis, Trauma, and Loss Marital Systems and Couples Therapy Practicum Lab Supervision Internship Supervision	
2010	Regis University	Affiliate Faculty
Courses Taught:	Theories of Counseling Cultural Issues and Social Justice	
2010	Argosy University	Adjunct Faculty
Courses Taught:	Advanced Family Therapy Skills Couples & Relational Therapy Skills	

2006-2007	Metropolitan State College of Denver	Part-time Faculty
Courses Taught:	Intro to Psychology Developmental Educational Psychology	

Professional Academic:

2011-current	Chi Sigma Iota Rho Upsilon Chi Chapter Regis University	Faculty Advisor	Oversee and mentor the chapter
2011-current	Regis University	Affiliate Faculty Mentor	Mentor new affiliate faculty Lindy Schneebeck Tamra Hughes Ambra Born Ashley Eder Lori Kucharski
2009-2010	Counselor Supervision and Education Department University of Northern Colorado	Graduate Research Assistant	Assist with faculty research and scholarly activities
2007-2010	Psychological Services Center University of Northern Colorado	Supervisor	Individual and Family Counseling
2007	Psychological Services Center University of Northern Colorado	Counselor	Family Counseling
2006-2007	Psychological Services Center University of Northern Colorado	Counselor	Individual Counseling
2006-2007	Counselor Supervision and Education Department University of Northern Colorado	Graduate Research Assistant	Assist with faculty research and scholarly activities

Non-Academic Professional:

2013-current	Porter Adventist Hospital	Psych Evaluator	Perform Psych Evaluations in Emergency Room Department
2011-current	Kaiser Permanente	Crisis Counselor	Telephonic & Face-to-Face Individual and Group Counseling
2007-2010	Kaiser Permanente	WLP Manager	Training, Quality, & Development
2009-2010	Kaiser Permanente	Wellness Committee Member	
2007	Kaiser Permanente	Learning & Development Specialist	Coaching & Training
2007-current	Deep Tone	Supervisor	Exercise & Nutrition Coach
2007	North Colorado Health Alliance	Research Assistant	Research
2006	The National Institute for Change	Counselor	Individual & Group Counseling, & Evaluations

2006	Arapahoe County Sheriff's Dept.	Counselor	Assessments & Counseling
2004-2006	Creative Recovery Counseling	Counselor	Individual & Group Counseling
1997-1999	United HealthCare	Sr. Account Mgr.	Large Employer Group Mgmt.
1988-1996	Sierra Health Services	Account Executive	Health Benefits Sales & Service

Areas of Specialization:

Anger Management
Couples
Families

Publications:

Cates, J., Huntington, J., Arman, J., & Beres, S., (2013). Applying the Ignatian pedagogical paradigm in counseling and marriage and family therapy practica. *Jesuit Higher Education: A Journal, 2* (1) 41-49.

Black, L.L., & Huntington, J. Ethical decision making. p.182-185 in Leong, F.T.L. (2008). *Encyclopedia of counseling*. Los Angeles: SAGE Publications.

Professional Presentations:

Juried:

Huntington, J., & Raley, K. (2014). Leadership: Advocacy through Understanding and Apply Qualities of Leadership in Counseling. Colorado Counseling Association.
Huntington, J., & Born, A. (2013). Walking a Tightrope: Managing Academic Expectations While Being Mindful of Faulty Evaluations. Association for Counselor Education and Supervision. (Roundtable)
Huntington, J., & Raley, K. (2013). CSI, Rho Upsilon Chi, Regis University Hosts: Sharing Our Unity and Our Diversity. Association for Counselor Education and Supervision. (Roundtable)
Huntington, J. & Black, L. (2013). Male Counseling Students' Perceptions of Females. American Counseling Association.
Arman, J., Cates, J., Huntington, J., & Medina, S. (2013). Applying Jesuit Pedagogical Teaching Principles to Counseling & Marriage and Family Practicum Experiences. Colorado Counseling Association. (Poster)
Ungvarsky, J., Huntington, J., & Welch, D. (2013). Understanding the Warrior Mind: Promoting Resilience and Understanding Stress Inoculation, Operational Stress and PTSD. Colorado Counseling Association.
Huntington, J. & Black, L. (2012). Male Counseling Students' Perceptions of Females. Rocky Mountain Association for Counselor Education and Supervision. (Poster)
Stratton, J. & Huntington, J. (2012). Training Counselors in Mind/Body Health. Association for Spiritual, Ethical, and Religious Values in Counseling: Conference on Spirituality and Religion in Counseling.
Helm, H., Huntington, J., & Benham, R. (2008). Beyond Role-Play: Using Simulation and Immediacy in Counselor Training. Rocky Mountain Association for Counselor Education and Supervision.
Norem, K., Magnuson, S., Huntington, J., & Kahlo, D. (2007). Wellness Revisited: Implications for Professional Counselors in Colorado. Colorado Counseling Association Conference.
Norem, K., Huntington, J., Benham, R., & Hooten, S.P. (2007). Legendary Theorists' Responses to Contemporary Societal Problems: A Panel Discussion. Colorado Counseling Association Conference.
Huntington, J. L., (2006). How To Be BrainWise. Healthier Communities Coalition of Larimer County.
Gorman-Barry, P., Huntington, J. L., (2006) How To Be BrainWise. Colorado Juvenile Council.
Huntington, J. L., (2006). BrainWise Through Mime. Assets For Colorado Youth.
Huntington, J. L., (2005). How To Be BrainWise Using Mime. Colorado Counseling Association Conference.

Non-Juried:

Huntington, J. (2012). Male Counseling Students' Perceptions of Females. Research Day, University of Northern Colorado.

Huntington, J., & Zullo, E. (2010). Portraiture: A Role-Play Debate. Research Day, University of Northern Colorado.

Invited:

Huntington, J. (2013). Psychosocial Health and Wellness. Intro to Health and Exercise Science. Regis University.
Huntington, J. (2012). Young Adult Development Tasks. University of Denver.
Huntington, J. (2013, 2012, 2011, 2010). Interpersonal and Communication Skills. Leadership In Life Institute.
Huntington, J. (2013, 2012, 2011, 2010). Internal Communication. Leadership In Life Institute.
Huntington, J. (2010). Gender Issues. Denver Seminary.
Huntington, J., & Dorothy, R. (2009). Communication and Leadership. Leadership In Life Institute.

Funded Projects:

Hoffman, S., Hixon, J., Huntington, J., Reichel, J., & Stanley, S. (2011). 2011 National Clergy Renewal Program. Lilly Endowment, Inc. Requested and funded $37,000. Parkview Congregational Church.
Huntington, J. L., (2004). Women Be Informed and Vote! United Church of Christ Women In Mission Partnership Fund. Requested and funded $500.00. Parkview Congregational Church.
Huntington, J. L., (2004). Strengthening Family Assets. The Community Asset Project. Requested and funded $500.00. Parkview Congregational Church.

Professional Association Participation:

Member	2012-present	American Association for Marriage and Family Therapy
Graduate Student Liaison	2004-2006	Colorado Counseling Association
Conference Committee	2004-2005	Colorado Counseling Association
Member	2003-present	Colorado Counseling Association
Member	2003-present	American Counseling Association

Community Service:

Volunteer	2009-present	Re-Member Pine Ridge Indian Reservation, SD
Volunteer	2012	Glide Memorial Church San Francisco, CA
Team Leader	2010-2013	Christian Education Team Parkview Congregational Church
Team Member	2009-2010	Policies and Procedures Ministry Parkview Congregational Church
Camp Coordinator	2008-2011	LaForet Retreat Family Camp Parkview Congregational Church
Committee Member	2008-2009	Student Minister's In-care Committee Vince Tango Parkview Congregational Church
Committee Chair	2007-2008	Student Minister's Lay/Consultation Committee

		Carolyn Reynolds Parkview Congregational Church
President	2007-2008	The Community Asset Project Cherry Creek School District
Team Leader	2007-2010	Nurture & Care Ministry Parkview Congregational Church
Committee Member	2007	Silent Auction Parkview Congregational Church
President-Elect	2005-2007	The Community Asset Project Cherry Creek School District
Board of Directors	2004-2010	The Community Asset Project Cherry Creek School District
Nominating Committee	2005-2007	Parkview Congregational Church
Pastor Relations Committee	2005-present	Parkview Congregational Church
	2011	Submitted and received a $36,000 grant for Pastor/Congregation Renewal from Lilly Endowment Inc.
Chair	2006	Annual Meeting Rocky Mountain Conference United Church of Christ
Member	2003-present As requested	Conflict Resolution/Assessment Team Rocky Mountain Conference United Church of Christ
Team Manager	2005-2006	Destination Imagination Eastridge Elementary School
Coordinator & Facilitator	2003-2005	Thought Provokers/Discussion Group Parkview Congregational Church
Organizer	2004	Parent Education Night Eastridge Elementary School
Volunteer	2004	Kid's Brains Conference Metropolitan State College of Denver
Representative	2003-2004	Parent Information Network Eastridge Elementary School
Board Member	2003-2005	Parent, Teacher and Community Organization Eastridge Elementary School
Coordinator	2003, 2004	Family Vacation Bible School Parkview Congregational Church
Co-Chair	2001	Silent Auction Parkview Congregational Church

University Service:

2013-present	Reviewer/Editor for the Jesuit Higher Education: A Journal; Regis University
2013-present	Academic Integrity Board; Regis University
2004-2005	ADVANCE Alumni Volunteer; Metropolitan State College of Denver

Professional Development Activities:

2011	Emotional Freedom Technique (EFT) Level 1
2005	First Degree Reiki Practitioner
2004-Current	BrainWise Educator and Presenter

Honors and Awards:

2014	Distinguished Professional Service Award. Colorado Counseling Association.
2011-2013	Ignatian Faculty Scholar –applied and selected to participate in an Ignatian-oriented faculty development program with the mission to educate cohorts of lay colleagues to continue the mission of Jesuit education into the future.
Fall 2008	University of Northern Colorado (UNC), Counselor Education and Supervision (CES) essay competition -"What do you hope to gain through involvement in professional organizations?" - awarded Rocky Mountain Association for Counselor Education and Supervision (RMACES) annual conference registration.

CURRICULUM VITA – DOCTORAL PROGRAM

PRACTICA

Date	Grade	Instructor	Title and Description
Spring 2009	A	Dr. V. Cardona	**Practicum in Supervision of Family Counseling.** Provided on-going supervision to counselors in training under the supervision of a faculty member.
Fall 2008	S	Dr. S. Wright	**Practicum in Group Counseling.** Supervised experience as a group facilitator using various approaches.
Fall 2008	A	Dr. L. Black	**Practicum in Supervision of Counseling.** Provided on-going supervision to beginning level counselors under the supervision of a faculty member.
Fall 2007	A	Dr. H. Helm	**Practicum in Supervision of Counseling.** Provided on-going supervision to beginning level counselors under the supervision of a faculty member.
Spring 2007	S	Dr. L. Softas-Nall	**Practicum in Family Counseling.** Received supervised experiential training in counseling with families. Develop diagnostic and therapeutic skills in systemic approaches.
Spring 2007	S	Dr. S. Magnuson	**Advanced Practicum in Individual Counseling.** Develop counseling skills and philosophy in depth with clients in an individual counseling situation.
Fall 2006	S	Dr. H. Helm	**Practicum in Counseling.** Supervised individual counseling experiences in a laboratory setting. Supervision directed toward improvement of skills and case management.

OTHER COURSE WORK

Date	Grade	Instructor	Title and Description
Spring 2010	A	Dr. M. Lahman	**Qualitative Case Study Research.** An in-depth examination of case study methodology as it relates to qualitative research.
Summer 2009	A	Dr. S. Powell	**Psychological Consultation.** Overview of consultation theory and practice. Mental health,

			expert, collaborative, behavioral and organizational models discussed and applied to problems in school and agency settings.
Spring 2009	A	Dr. D. Phillips	**Advanced Research Methods.** Designed and conducted research which contributed to my field of study.
Fall 2008	A	Dr. M. Geist	**Introduction to Qualitative Research.** Intro to qualitative research-foundations, methods, and processes.
Summer 2008	A	Dr. J. Schaffer	**Statistical Methods III.** A basic understanding of multivariate statistical procedures.
Spring 2008	A	Dr. L. Black	**Research Seminar in Counselor Education.** A review and analysis of reported research in counselor education.
Spring 2008	B	Dr. J. Schaffer	**Statistical Methods II.** A basic understanding of analysis of variance.
Fall 2007	A	Dr. H. Helm	**Counseling Supervision & Theory.** Study models of supervision and problems involved in training individuals to engage in the therapeutic process.
Fall 2007	A	Dr. F. Hanna	**Seminar in Instruction, Pedagogy, and Evaluation in Counseling and Psychology.** In-depth study of instructional principles, pedagogy, and evaluation procedures.
Summer 2007	B	Dr. D. Mundfrom	**Statistical Methods I.** Fundamentals of statistical analysis, including both descriptive and inferential procedures.
Spring 2007	A	Dr. H. Helm	**Professional Development.** An overview of current professional issues with special focus on understanding and developing a professional identity.
Spring 2007	A	Dr. D. Luzzo	**Advanced Career Counseling, Theory & Assessment.** In-depth study of career guidance and counseling throughout the life span. Career theory, resources, assessment, technology, and ethical and legal considerations.
Fall 2006	A	Dr. L. Softas-Nall	**Seminar: Contemporary Issues in Couples & Family Therapy.** Study of current issues and research in family therapy.
Fall 2006	A	Dr. T. Baldo	**Professional Development Seminar.** Current professional issues in Counselor Education. Focus on understanding and developing a professional identity within the field.
Summer 2006	A	Dr. K. Norem	**Theories of Counseling.** Major theories of counseling, learning, psychotherapy, and human

development covered with an emphasis on understanding the relationship between theory and counseling techniques.

CURRICULUM VITA – MASTERS PROGRAM

PRACTICA

Date	Grade	Instructor	Title and Description
October 2004	S	Dr. L. Black	**Practicum in Individual Counseling.** Provides the student direct instruction in basic counseling skills and a supervised counseling experience. Students have the opportunity to learn and develop counseling skills, initial diagnostic competencies, client record keeping, and the formulation of treatment plans.

ASSESSMENT

Date	Grade	Instructor	Title and Description
September 2003	A	Dr. A. Baldo	**Appraisal & Assessment: Community Counseling.** Investigate standardized and non-standardized psychological instruments, including aptitude, achievement, intelligence and personality tests, and analyze them in terms of uses, interpretation, ethics, testing programs and case studies.
October 2004	A	Dr. R. Thye	**Career Theory, Counseling and Assessment.** Study of career theories, classifications of the world of work, career counseling with special populations, and career assessment tools.

OTHER COURSEWORK

Date	Grade	Instructor	Title and Description
June 2003	A	Dr. L. Black	**Sexuality Counseling.** Increase the effectiveness of counselors in treating various sexual issues. Addressed sexual systems, sexual myths, variations in sexual behavior and common sexual concerns.
July 2003	A	Dr. D. Gonzalez	**Psychology of Prejudice.** Understand the nature of prejudice, origins, causes, consequences and dynamics; increase the understanding of others and diminish prejudice, enhance cultural competencies.
August 2003	A	Dr. D. Mundfrom	**Intro To Graduate Research.** Become informed consumers of research in counseling.
October 2003	A	Dr. D. Gonzalez	**Abnormal Psychology.** Study of abnormal behavior, causes, symptoms, characteristics, classification,

			prevention and treatment.
November 2003	A	Dr. J. M. Faragher	**Assessment and Treatment of Substance Abuse.** Examine major treatment approaches and their accompanying theories. Investigation of pharmacological and medical aspects of substances. Explore meanings of addiction and abuse in relation to related compulsive behaviors.
January 2004	B	Dr. S. Shaw	**Legal & Ethical Aspect of Counseling and Psychology.** Interrelationship of ethical standards and legal regulation in professional counseling, education, and psychology. Examine ethical standards, litigation, and legal regulation in regard to professional practice.
February 2004	A	Dr. K. Norem	**Group Dynamics and Facilitation.** Study the theoretical bases of group process; including leadership roles, stages of group development, facilitation styles and the research and development of the u se of groups in counseling and therapy.
April 2004	A	Dr. R. Lennon	**Life Span Development.** Examine development in three major categories social/emotional, cognition/learning and physical.
May 2004	A	Dr. M. Slyter	**Counseling Children or Adolescents.** A comprehensive study of a variety of therapeutic counseling approaches and techniques used effectively with children and adolescents.
June 2004	A	Dr. D. Christianson	**Community Psychology and Social Systems.** Gain knowledge and sophistication about the field of mental health. Appreciate the unique components of Community Psychology/Mental Health.
July 2004	A	Dr. B. Johnson	**Theories of Counseling.** The study and initial analysis of the major counseling theories and elements of effective psychotherapy as they apply to the counseling process.
July 2004	A	Dr. W. Walsh	**Family Systems.** Understand the family as a system and a focus of treatment.
August 2004	A	Dr. T. Baldo	**Orientation to Community Counseling.** Provides a conceptual foundation for the counseling profession with emphasis on community counseling. Places the profession in a historical context; introduces associations, licensure, certification, accreditation, codes of ethics, and practice settings.
Nov. 2004	A	Dr. W. Walsh	**Advanced Methods: Couples and Family Therapy.** In-depth study and experience of marriage and family therapy; theory and process; particular emphasis on techniques.

June 2005	A	Dr. M. S. O'Halloran	**Child Abuse & Neglect.** Introduction to major issues in the child abuse field, including definitions, causes, effects, assessment, prevention, treatment, and legal issues.