Christian Little, PT, DPT, OCS, FAAOMPT

Assistant Professor
School of Physical Therapy
Rueckert-Hartman College for Health Professions
clittle@regis.edu

Education:

Regis University, Denver, Colorado, Manual Therapy Fellowship Program, 2010-2011
University of Southern California, Los Angeles, California, Orthopedic Residency Program, 2007-2008
Regis University, Denver, Colorado, Physical Therapy, 2004-2007, Physical Therapy, DPT
Northern Arizona University, Flagstaff, Arizona, Exercise Science, 2002-2004, Exercise Science, B.S.

Licensure Information/Registration Number:

Colorado Physical Therapist License #10931, 2010-present

Certifications:

APTA Board Certified Orthopedic Certified Specialist, 2008-Present
Fellow of American Academy of Orthopedic Manual Physical Therapy, 2011-Present

Employment & Positions Held:

Academic Experience

Assistant Professor, Regis University, Denver, CO (August, 2011 – Present)
Lab Coordinator, Instructor, Regis University, Denver, CO (August, 2010 – August, 2011)
Volunteer affiliate faculty member at San Francisco State University/University of California San Francisco, San Francisco, CA (August, 2009 – December, 2009)
Affiliate faculty member, Regis University, Denver, CO (August, 2008 – August, 2010)
Teaching assistant at University of Southern California, Los Angeles, CA (August, 2007 – August, 2008)

Non-Academic Experience

Physical Therapist, Physical therapy services to students and faculty at Regis University. Regis Cares Faculty Practice (September, 2010 - Present)
Physical Therapist, Treat orthopedic related injuries across life spectrum. Agile Physical Therapy (September, 2008 - September, 2010)
Physical Therapist and Resident, Treat orthopedic related injuries across life spectrum and complete an orthopedic residency program. Kern and Associates Physical Therapy and University of Southern California (August, 2007 - August, 2008)
Founder/President, American Academy of Orthopedic Manual Physical Therapy-student Special Interest Group (2005-2007)

Intellectual Contributions:

Peer Reviewed Presentations:

International

Little, C & McDonald, C. (2013 October). Conservative Management of the Hip: The Labrum, hip OA, and Beyond. Presented at Gruppo Di TeapiaManuale Meeting, Genova, Italy.

Little, C & McDonald, C. (2012 October). Conservative Management of the Hip: The Labrum and Beyond. Presented at IFOMPT Meeting, Quebec City, Canada.

National

Noteboom JT, Little C, Boissonault W. (2013 October). Survey of Manipulation Instruction In First-Professional Physical Therapy Education Programs. Presented at AAOMPT Conference, Cincinnati, Ohio.

Noteboom JT, Mulligan N, Little C, Amundson J, DeGroot K, Douglass B, Grazda D, Rush S, Tank C. (2013 October). A Comparison Of Student And Clinical Faculty Perceptions Related To Manual Therapy Performance. Presented at AAOMPT Conference, Cincinnati, Ohio.

Robertson, E, Bade, M, Little, C (2013 October). Moving Artificial Pillars. Presented at AAOMPT Conference, Cincinnati, Ohio.

Kinney AE, Albin S, Little C. (2013 October). Orthopedic Manual Therapy For The Geriatric Patient With Foot And Ankle Pathology. Presented at AAOMPT Conference, Cincinnati, Ohio.

Little, C. & Albin, S. (2012 Feburary). Manual Therapy Interventions for Individuals with acute and chronic foot and ankle pathology. Presented at APTA Combined Sections Meeting, Chicago, Illinio.

McPoil, T. & Little, C. (2011 October). Use of Foot Orthoses to Enhance the Outcomes of Manual Therapy and Exercise in an Individual with Significant Orthopaedic Trauma. Presented at AAOMPT Conference, Anaheim, California.

Hammerich, A, McDonald, C, and Little, C. (2011 June). Aging Joints: Issues on Aging. Presented at APTA Annual Conference and Exposition, National Harbor, Maryland.

Barnes, C., Smith, M., Hasset, E., Kunisch, A., Little, C., Modica, J., Reimer, S., Sabin, S., & Talkington, K. (2007 February). A Pilot Study of Bilateral Arm Training with Repetitive Auditory Cueing in Subjects with Low Functioning Upper Limb Hemiparesis as a Result. Presented at APTA Combined Section Meeting, Boston, Massachusetts.

Barnes, C., Smith, M., Hasset, E., Kunisch, A., Little, C., Modica, J., Reimer, S., Sabin, S., & Talkington, K. (2007 June). A Pilot Study of Bilateral Arm Training with Repetitive Auditory Cueing in Subjects with Low Functioning Upper Limb Hemiparesis as a Result. APTA Annual Conference and Exposition, Denver, Colorado.

Non-Peer Reviewed Presentations:

Little, C. Manual Therapy Management of the Lumbar Spine and Hip. Presented in Omaha, Nebraska at Creighton University. 2013

Little, C. Evidence Based Approach to the Management of Aging Joints. Presented in Petaluma, CA at the APTA Redwood District Meeting. 2011

Little, C. Spine Interventions. Presented to Rueckert-Hartman College for Health Professions Faculty Forum. 2011

Little, C. Current Evidence in Low Back Pain. Presented to a Palo Alto, CA orthopedic private practice. 2010

Little, C. Differential Diagnosis, Manual Therapy, and Therapeutic Exercise Interventions for Cervicogenic Headaches. Presented to a Palo Alto, CA orthopedic private practice. 2010

Little, C. Manual Therapy for the Older Adult. Presented to a Palo Alto, CA orthopedic private practice. 2009

Little, C. Taping and Manual Therapy for the Ankle. Presented to a Palo Alto, CA orthopedic private practice. 2009

Little, C. Vestibular Dysfunction. Presented to a Santa Monica, CA orthopedic private practice. 2008

Little, C. Differential Diagnosis of the Cervical, Thoracic, and Shoulder. Presented to a Vail, CO orthopedic private practice. 2007

Little, C. Neurorehabilitation-Balance. Presented to a Santa Barbara, CA neuororehabilitation center. 2006

Little, C. Case series: COPD and Outcomes with 6 Weeks of Cardiopulmonary Rehabilitation. Presented to a Denver, CO cardiopulmonary hospital. 2006

Funded/In Review Grant Activity:

Funded

Noteboom, T, Little, C, Boissonnault, B. A Follow-up Survey of Thrust Joint Manipulation Content in 1st-Professional Physical Therapy Programs in the U.S. 2011

Barnes, C., Smith, M., Hasset, E., Kunisch, A., Little, C., Modica, J., Reimer, S., Sabin, S., & Talkington, K. A Pilot Study of Bilateral Arm Training with Repetitive Auditory Cueing in Subjects with Low Functioning Upper Limb Hemiparesis as a Result. SPARK Research Grant. 2007

Research:

Areas of interest include prevention, prediction and translational research in the area of musculoskeletal disorders with a focus in hip and spine.

Membership in Scientific/Professional Organizations:

American Academy of Manual Physical Therapy-student Special Interest Group (AAOMPT-sSIG), founder and President, 2005-2007, National
AAOMPT member, 2005-Present, National
American Physical Therapy Association, Section on Orthopedics, 2004-Present, National
American Physical Therapy Association, California, 2007-2010 (Inactive)
American Physical Therapy Association, Colorado, 2010-Present

Community Service:

Chair of a Committee

2010-Present: Move Forward 5K/10K Race Faculty Representative
2009: ACL injury prevention and performance enhancement sessions with soccer and basketball teams
2005: Parks and Recs Adaptive Water Skiing Program

Member of a Committee

2010-Present: Arrupe High School Athlete Screenings
2010: Volunteer for Building Strength Foundation Event
2010: Pro bono services to underserved individuals in community
2010: Athletes in Action soccer trip to South Africa
2007: Volunteer soccer coach
2006: ACL injury prevention sessions with Arvada Soccer Club
2006: Argyle senior living home
2006: Hot on Life: Adaptive sporting event

Services to the Students and University/College/School Committees/Councils/Commissions:

Service to the University

Department Assignments

Department Representative:

2012-Present: Awards Committee
2010-Present: Move Forward 5k/10K Race
2010-Present: 9 Health Fair
2011: Western Faculty Conversations in Jesuit Higher Education Conference. "Teaching Ethics in Jesuit Higher Education."

Mentoring Activities:

2012-Present: 2015 Class Advisor
2012-Present: 2014 Co-research advisor
2011-Present: Faculty advisor to students in the entry level Doctor of Physical Therapy Program
2010-Present: Offer optional manual therapy and article review sessions to 3rd year DPT students
2010-Present: Provide students with Webinar on residency programs and mentor students on residency process
2011-Present: Provide opportunities for students to attend presentations by colleagues visiting to teach the transitional DPT/Manual Therapy Fellowship courses
2010: Supervised students at Inner City Health Fair for student service project

College Assignments

Member:

2011-Present: 9 Health Fair research collaboration with Pharmacy and Nursing

University Assignments

Mentorship Activities:

2010-Present: Arrupe High School student athlete screenings and mentor DPT students through process

2010-Present: Collaborate with Athletic trainers to treat Regis University Athletes at Regis Cares

Service to the Profession

Member: Committee

2010-Present: American Academy of Orthopedic Manual Physical Therapy- Research Committee, (National).

Other Professional Service Activities

2009: American Academy of Orthopedic Manual Physical Therapy- District Delegate-House of Delegates, Washington, DC, (National).

Honors and Awards:

Excellence in Service Award. Regis University. 2007

Continuing Education Attended:

Research-Related Conference/Seminar

2013: American Academy of Orthopedic Manual Physical Therapy (AAOMPT) Conference, Cincinnati, Ohio. Attended orthopedic and manual therapy related topics

2012: International Federation of Orthopedic Manual Physical Therapy Conference, Quebec City, Canada. Attended orthopedic and manual therapy related topics

2011: American Academy of Orthopedic Manual Physical Therapy (AAOMPT) Conference, Anaheim, CA. Attended orthopedic related and manual therapy related topics

2011: APTA Annual Spring Convention & Exhibition, National Harbor, Maryland. Attended orthopedic related and manual therapy related topics

2010: American Academy of Orthopedic Manual Physical Therapy (AAOMPT) Conference, San Antonio, TX. Attended orthopedic related and manual therapy related topics

2009: AAOMPT Conference, Washington, DC. Assisted with lab of Student Breakout Session: Shoulder. Attended orthopedic and manual therapy related topics

2008: AAOMPT Conference, Seattle, WA. Assisted with lab at Manual Therapy in the Older Adult. Attended orthopedic and manual therapy related topics

2008: APTA Combined Section Meeting, Nashville, TN. Attended orthopedic related topics

2007: APTA Combined Section Meeting, Boston, MA. Attended orthopedic related topics

2005: APTA CO Chapter Annual Spring Convention & Exhibition, Denver, CO

2006: APTA Combined Section Meetings, San Diego, CA. Attended orthopedic related topics

2005: APTA National Student Conclave, Denver, CO. Attended orthopedic related topics

Professional Seminars/Workshops

2011: American Physical Therapy Association (APTA) Education Section New Faculty Development Workshop, Indianapolis, Indiana

2010-2011: Management courses for the Regis Manual Therapy Fellowship, Denver, CO

2010: Running Injuries, Palo Alto, CA

2009: APTA Combined Section Meeting, Las Vegas, NV. Pre Conference on Foot and Ankle

2009: Differential Diagnosis Palo Alto, CA

2009: Grade V Mobilization Palo Alto, CA

2008: University of Southern California Post Professional Continuing Education, Los Angeles, CA. 5 day manipulative training course with Gibbons and Teyhon

2007-2008: University of Southern California Post Professional Continuing Education Courses, Los Angeles, CA

2006: APTA Sponsored Continuing Education Course on BPPV, Santa Barbara, CA

2006: AAOMPT Conference, Charlotte, NC. Assisted with lab portion of Student Breakout Session: SI Manipulation. Attended orthopedic and manual therapy related topics

Current Teaching Responsibilities in the Entry-Level Program:

Support management course laboratory in professional entry program (DPT), DPT 772 Professional Issues III, DPT 781 PT Topics: Manipulation Elective, DPT 735 Musculoskeletal Management III, DPT 7966 PT Capstone Portfolio