PARENT’S guide to CAREER SERVICES at REGIS UNIVERSITY

Promoting success in your student’s journey from college to career
Discovering the answers to these and related questions is crucial to helping your student successfully chart and pursue a personally fulfilling and professionally rewarding career path.

At Regis University’s Career Services, we help your student make informed career decisions and take the steps that will lead to career fulfillment and success. In pursuing that mission, we want to enlist your support and offer the following suggestions to ensure your student achieves his or her highest potential in the world of work.

Encourage your student to visit Career Services.

Career related decisions shouldn’t be made in haste. It’s important to make well-informed decisions for the sake of one’s professional development, personal well-being and financial security. Our career counselors can help navigate these decisions with a full range of assessments and individual career counseling sessions to provide the information and confidence your student needs.

If your student hasn’t selected a major, becomes unsure about the major he or she has declared or needs help defining a career path, Career Services can help.

Encourage your student to visit Career Services regularly throughout the year to take full advantage of the services and resources it offers and to build the career development skills necessary to compete in our challenging labor market.

Allow your student to make his or her own choices.

Studies show college students who use the full range of career center services tend to be **MORE OPTIMISTIC** and feel **MORE PREPARED ABOUT TRANSITIONING** from **COLLEGE** to **CAREER**.

Students should develop and pursue their own career goals based on their skills, interests, personality and values. Encourage your student to select a major and pursue a career path he or she feels enthusiastic about. That enthusiasm will be more likely to translate into personal satisfaction and career success.
ENCOURAGE ACADEMIC AND CAREER CURiosity AND EXPLORATION.

Being curious and willing to explore possibilities is an important part of making informed career decisions. Encourage your student to enroll in different courses that may be of interest and learn about appealing occupations.

Invite your student to look at Linking Majors to Careers, available on our website under the “Resources & Services” link and the “Planning Guide” tab.

INVITE YOUR STUDENT TO WRITE A RESUME WITH HELP FROM CAREER SERVICES.

In order to be competitive, it’s essential to have a resume that effectively presents your skills and experience. The career counselors at Career Services are skilled in providing your student the critique and advice that can get his or her resume noticed by a prospective employer.

ENCOURAGE NETWORKING TO BUILD RELATIONSHIPS.

Encourage your student to attend the Career Services events that teach networking skills and provide opportunities to practice and refine them. Networking is an essential skill necessary for success in transitioning from college to career. It’s about building mutually beneficial relationships with others to help one become a working member of an occupational community.

SUPPORT CAREER SERVICES.

Call us when your business needs to recruit college students or college graduates to fill a summer, part-time or full-time position.

Post jobs at no cost on our online CareerLink system, exclusively offered to Regis students and alumni. For more information about recruiting at Regis, contact Karen Metzger Adducci, employer relations developer, at kmetzger@regis.edu.

SUPPORT INVOLVEMENT IN EXPERIENTIAL LEARNING AND EXTRACURRICULAR ACTIVITIES.

Encourage your student to intern while at Regis. Internships are outstanding learning opportunities that can lead to great jobs.

Clubs, sports and volunteering provide opportunities to develop valuable leadership, teamwork, time management and communication skills that employers find highly desirable.

SUGGEST A CAREER-PLANNING COURSE.

College, Careers & Your Future (PC 220) is a two-credit course designed for students who have not yet declared a major, are considering a change of major or who want to make or confirm career decisions. For more information about PC 220, contact Shelle McLean, senior career counselor, at smclean@regis.edu.

Students explore the career planning process throughout the semester. Various assessments to identify skills, interests, personality and values, and how to relate them to decision-making, are available.
Successfully transitioning from college to career takes planning and commitment. Career Services is dedicated to promoting your student’s success in that journey, and we look forward to your collaboration and support.

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