**CULTIVATE HEALTH**

**HEALTH CARE**
**Regis Neighborhood Health**
- Primary health care led by nurse practitioners
- Integrated physical and mental care
- Behavioral health and counseling services
- Physical therapy
- Pharmacy
- Health education and prevention

**PREVENTIVE CARE**
- Physical activity and healthy food prescriptions
- Linked with community resources for healthy living

**COMMUNITY ENGAGEMENT**
- Healthy living coordinator
- Community alliance
- Community health worker

**HEALTHY EATING**
**Seed to Plate**
- Food production partners (UrbiCulture Farms and Groundwork Denver)
- Greenhouse (Groundwork Denver)
- The Center for Food Systems and Community Health
- Permaculture gardens (Regis College)
- Community education

**HEALTHY LIVING**
**Active Living**
- Bicycle safety repair and urban cycling classes (Bicycle Colorado)
- Walkability audit (WalkDenver)
- Outdoor adult fitness equipment (Trust for Public Land)

**Infrastructure**
- Median installation on Federal Blvd.
- Shared bicycle/vehicle lanes with markings
- Signed wellness walk

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