

VOLLEYBALL RULES

GENERAL:

- Games are played in the Ranger Dome, east of the Field House
- Games are played consecutively, full court
- Games will be best out of five sets, with each set being played to 15 points [must win set by margin of at least two points]

PARTICIPANTS:

- Only full-time Regis students may participate
- Teams can have a maximum of 12 players on their rosters
- Teams must have at least 3 men and at least 3 women on their rosters
- There must always be at least 2 women and at least 2 men on the court

RULES OF PLAY:

- Standard Indoor Volleyball rules apply
- No Playing off the foot