Counseling

Engage in personal reflection and critical thinking while developing a discerning mind and heart in order to serve those in need. With an MA in Counseling from Regis, you’ll develop a strong foundation of theoretical knowledge and practical counseling skills that prepare you to work with diverse populations in mental health counseling settings.

Care for the whole person.

Through hands-on counseling experiences at interactive learning centers, you’ll graduate ready to make a positive impact with an emphasis on social justice and advocacy in a changing society. Specialized certifications are offered in areas such as Counseling Children and Adolescents, Marriage and Family Therapy, Counseling Military Families and Depth Psychotherapy.

- You might be wondering:
  - **In what format are classes held?**
    Evening classes are taught at our Thornton campus, with a combination of 7- and 14-week terms. Weekend intensives are held 4-5 days per semester on Fridays and/or Saturdays.
  - **How long does the program take to complete?**
    This program takes an average of 3 years to complete.
  - **When can I start?**
    Program starts are offered in January, May and August.
Degree Plan

**CORE COURSES**  
60 credit hours

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>MCPY 602</td>
<td>Spirituality and Counseling</td>
</tr>
<tr>
<td>MCPY 605</td>
<td>Human Growth and Development</td>
</tr>
<tr>
<td>MCPY 610</td>
<td>Theories of Counseling</td>
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<tr>
<td>MCPY 615</td>
<td>Cultural Issues and Social Justice</td>
</tr>
<tr>
<td>MCPY 622</td>
<td>Diagnosis and Treatment Planning in CMHC</td>
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<tr>
<td>MCPY 625</td>
<td>Professional Orientation and Ethical Issues</td>
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<tr>
<td>MCPY 630</td>
<td>Groups: Process and Counseling</td>
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<tr>
<td>MCPY 635</td>
<td>Counseling Techniques I</td>
</tr>
<tr>
<td>MCPY 636</td>
<td>Counseling Techniques II</td>
</tr>
<tr>
<td>MCPY 640</td>
<td>Research Methods and Program Evaluation</td>
</tr>
<tr>
<td>MCPY 645</td>
<td>Clinical Assessment</td>
</tr>
<tr>
<td>MCPY 650</td>
<td>Career Counseling and Development</td>
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<tr>
<td>MCPY 660</td>
<td>Substance Abuse Counseling</td>
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<tr>
<td>MCPY 672</td>
<td>Crisis, Trauma and Loss</td>
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<tr>
<td>MCPY 692</td>
<td>Practicum: Clinical Supervision</td>
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<tr>
<td>MCPY 693</td>
<td>Counseling Practicum</td>
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<tr>
<td>MCPY 698A</td>
<td>Supervised Counseling Internship A</td>
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<tr>
<td>MCPY 698B</td>
<td>Supervised Counseling Internship B</td>
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<tr>
<td>Select one course: MCPY or MFT</td>
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</tr>
<tr>
<td>Select one course: Choose from any post-graduate counseling certificate program</td>
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</tbody>
</table>

**TOTAL: 60 CREDIT HOURS**

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**Not quite ready for the full degree?**

**POST-GRADUATE CERTIFICATES**

Whether you are a new graduate of a counseling program, still completing your master’s degree in a counseling program, or an experienced counselor, our 18-credit-hour post-graduate certificates will help you become a more skilled counseling professional.

- Counseling Children and Adolescents
- Counseling Military Families
- Marriage and Family Therapy
- Depth Psychotherapy

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**Ready to get started?**

Your Regis admissions counselor will work with you one-on-one. We’ll help you choose the program that fits your goals, find options that save time and money, and help you through your online application.

**Contact**  
ruadmissions@regis.edu  
800.944.7667

**Ready to Apply?**  
regis.edu/apply

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**What You’ll Need**

**TO APPLY:**
- Official bachelor’s transcript
- Two admissions essays
- Two professional and/or academic recommendation forms
- Current resume including all professional and volunteer experience
- On-campus interview

**TUITION AND FEES**

Tuition for this program for the 2019-2020 academic year is:
- $695 per credit hour
- Additional fees: background checks, practicum fee, books and materials, etc

To learn about financial aid options available, contact the financial aid office at 800.568.8932 or visit regis.edu/financialaid.

**APPLICATION DEADLINES:**
- February 3, 2020
- June 1, 2020
- September 21, 2020

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Regis University’s Master of Arts in Counseling degree (Specialty: Clinical Mental Health Counseling) is accredited by the Council for Accreditation of Counseling & Related Educational Programs (CACREP), the Council for Higher Education Accreditation (CHEA) and is approved by the International Registry of Counselor Education Programs (IRCEP).

Regis University is regionally accredited by the Higher Learning Commission (HLC).