

# SPIRITUALITY IN HEALTH AND HEALING GRADUATE CERTIFICATE



## Find deeper meaning in the healing journey.

Rooted in Jesuit values and open to students of all faiths and backgrounds, the **Spirituality in Health and Healing Graduate Certificate** at Regis University invites health care professionals to explore the powerful connection between faith, ethics and whole-person care. Designed for practicing clinicians and health professionals, this 12-credit academic certificate blends online and in-person course work with a one-of-a-kind retreat experience in the serene setting of Sedalia, Colorado. This hybrid format gives students the opportunity to pause, reflect and connect with a supportive community — while learning to better serve patients in mind, body and spirit.

### QUICK FACTS

- Flexible: Program can be completed in 1 year
- Convenient: Hybrid (online and on campus) 8-week and 12-week courses designed to fit your busy schedule
- Relevant: Gain skills in integrative patient care, cultural and religious competency, and more
- Networking: Enjoy access to valuable connections, partnerships and a supportive community
- Scholar Practitioner Model: Expert faculty with years of professional experience

### PROGRAM FORMATS

- Online: Hybrid 8-week and 12-week terms, with intensive retreats
- Start Dates: June
- Total Credit Hours: 12



Spiritual well-being is associated with 30% lower risk of emotional exhaustion and compassion fatigue among clinicians.<sup>1</sup>

<sup>1</sup>Journal of Clinical Nursing, 2020

<sup>2</sup>Grand View Research, 2023

<sup>3</sup>Journal of General Internal Medicine, 2019



Projected growth of the global integrative health and wellness market by 2030, indicating rising demand for spiritually-informed, holistic care.<sup>2</sup>



Percentage of patients say their spiritual beliefs are important to their health care decisions, yet only 30% feel their providers address these needs.<sup>3</sup>

## Awards

#1 Best Nursing Schools in Colorado, collegefactual.com, 2023

#1 Best Colorado Online Colleges, forbes.com, 2024

#1 Private College in Colorado with Best ROI, stacker.com, 2023

#2 Best Colleges for Nursing in Colorado, niche.com, 2023



### OPEN TO ALL

The ideal candidate for this program is a practicing health care professional or health professions student who is seeking to deepen their understanding of spirituality, explore the ethical dimensions of whole-person care and integrate compassionate, faith-informed practices into their clinical work — regardless of their religious background or belief system.

## Program Overview

Through the lens of *cura personalis* — care for the whole person — students deepen their own understanding of spirituality and how it shapes the healing process. You'll learn how to engage patients compassionately, respect diverse faith traditions and apply ethical frameworks that support spiritual well-being in clinical settings. Whether you're seeking personal renewal, professional growth or a way to address burnout with purpose, this program offers the tools to transform your practice — and yourself.

## Courses

### IPE 610 A and B: Spirituality in Health and Healing I and II

Explore your own sense of purpose and spiritual growth while learning practical ways to bring whole-person care into your health care practice — through online discussions, reflective retreats and hands-on activities.

### IPE 601: Interprofessional Integrated Approaches to Health

Discover how traditional, holistic and alternative therapies can come together to support whole-person care — giving you the tools to thoughtfully combine physical, mental, social and spiritual approaches in treating common and chronic health conditions.

### HCE 604: Ethics for Health Professionals

Engage in an exploration of real-world ethical challenges in health care — equipping you with the tools to navigate moral dilemmas through case studies, reflection and a grounding in both philosophical and faith-based ethical frameworks.

**TOTAL: 12 CREDIT HOURS**



**SCAN CODE TO SEE FULL PROGRAM CURRICULUM AND ACADEMIC REQUIREMENTS**

## Ready to Apply?

### GAIN IN-DEMAND SKILLS

- | Integrative patient care
- | Cultural and religious competency
- | Ethical decision-making
- | Community building
- | Interdisciplinary collaboration

### REQUIREMENTS AND DEADLINES:

To apply to the Spirituality in Health and Healing Graduate Certificate program, you will need:

- | B.S. in a health science-related degree (such as Nursing, Counseling, Pharmacy, Physical Therapy)
- | Completed online application
- | Official degree-bearing transcripts from prior college(s) and institutions
- | Resume
- | Two essay responses

### ADMISSIONS TIMELINE

Applications are accepted and reviewed on a rolling basis. It is recommended you apply to this program at least 4 weeks prior to the fall start term.

### TUITION AND FINANCIAL AID

For cost of attendance, please visit [regis.edu/cost](https://regis.edu/cost). For questions, please contact our financial aid office at **800.568.8932** and [rufinancialaid@regis.edu](mailto:rufinancialaid@regis.edu). **Limited scholarships are available. Contact Admissions to apply.**

See our educational benefits and funding options for active-duty military members or veterans at [regis.edu/preferred-military](https://regis.edu/preferred-military)

## Get Started

### Questions?

Our admissions team can help you choose the program that fits your goals, find options that save time and money, and help you through your online application.

### Contact

[ruadmissions@regis.edu](mailto:ruadmissions@regis.edu)  
800.944.7667

### Apply Today

[regis.edu](https://regis.edu)

