PERSONAL STATEMENT

We are delighted that you have chosen Regis University for your degree completion. In this part of the application process, we would like you to tell us about yourself with a short personal statement. Please respond to these two prompts.

▲ Tell us about yourself.
▲ Tell us why you chose Regis for your studies.

Make it personal. We want to know about you. Tell us about your life path…where have you been and where are you going? What have you overcome, and what are your dreams for the future?

Not too short. Not too long. Make your statement fall between 400 and 600 words. (Applicants with statements below 400 words will be asked to rewrite.)

Show us your best writing skills. Please know that this personal statement is an indicator of your college-level writing skills. At Regis, we care about our students, and we know from experience that some incoming students do better in later courses if they first get some extra help with their writing. The statement you submit will help us know if we can help you by placing you in a writing class.

Take your time and get feedback. After you write your statement, set it aside and re-read it later. Ask a trusted friend or coworker to proofread your essay. Edit and rewrite as much as you like before submitting your completed application.

If you would like to know how Regis University scores personal statements, you can view our scoring rubric below.
**Reviewer Comments:**

*PY 221* is required for incoming students transferring in fewer than 30 credits and may be required for other reasons. It is also open to any returning student working on their bachelor’s degree completion.

**Course Descriptions**

*PY 221 - TRANSFORMING THE JOURNEY* covers methods for achieving academic success including: developing growth mindset for resiliency, finding work/school/life balance, motivation, goal setting, academic study skills, techniques for time and stress management, learning styles, and college community engagement.