

**RUECKERT-HARTMAN COLLEGE FOR HEALTH PROFESSIONS
DIVISION OF COUNSELING & FAMILY THERAPY**

Master of Arts in Counseling (MAC) Essays

MAC Essay 1: AUTOBIOGRAPHICAL ESSAY

In an autobiographical essay (1,000 - 1,500 words) describe your personal, professional, and educational history. This section will give the Admissions Committee a better understanding of the relationship of your interest in the Master of Arts in Counseling program to your specific career objectives, a sense of your capacity for introspection, reflection and personal growth, and insight into the life event(s)/experience(s) that have influenced your interest in the field of psychotherapy.

Disclaimer: If your GPA falls below the preferred GPA of 2.90, you are required to answer the following questions: What contributed to your low academic performance during your undergraduate coursework? What steps have you taken to rectify this? What can you do to be successful academically in graduate school?

MAC Essay 2: CURRENT INTEREST AND VIEWS ESSAY

Elaborate (1,000 words or less) upon the tradition(s) in the history or field of counseling/psychology that have most influenced and shaped your understanding of the practice of counseling (e.g. the scientific tradition, depth psychology, humanistic counseling, family therapy). This section will give the Admissions Committee a better understanding of the orientation you bring to your studies and/or the particular areas of interest you wish to pursue.

Disclaimer: If your GPA falls below the preferred GPA of 2.90, you are required to answer the following questions: What contributed to your low academic performance during your undergraduate coursework? What steps have you taken to rectify this? What can you do to be successful academically in graduate school?

**Master of Arts in Marriage and Family Therapy (MAMFT) Essays MAMFT Essay 1:
AUTOBIOGRAPHICAL ESSAY**

In an autobiographical essay (1,000 - 1,500 words) describe your personal, professional, and educational history. This section will give the Admissions Committee a better understanding of the relationship of your interest in the Master of Arts in Marriage and Family Therapy program to your specific career objectives, a sense of your capacity for introspection, reflection and personal growth, and insight into the life event(s)/experience(s) that have influenced your interest in the field of psychotherapy.

MAMFT Essay 2: CURRENT INTEREST AND VIEWS ESSAY

Elaborate (1,000 words or less) upon your interest in the field of Marriage and Family Therapy, particularly focusing upon the approaches or styles of therapy to which you are drawn. How do you imagine this work will be a service to the community? Address how issues of power, culture, and relationships play a part in the life of couples, families, and individuals. This essay will give the MAMFT Admissions Committee a better understanding of the orientation you bring to your studies and/or the particular areas of interest you wish to pursue.

See second page for Post-Masters Certificate essay instructions.

Completed essays can be returned to RUAdmissions@regis.edu.

LOOK OUTWARD. INQUIRE WITHIN.

Post-Master's Certificate in Marriage and Family Therapy Essay

Elaborate (1,000 words or less) upon your interest in the field of Marriage and Family Therapy, particularly focusing upon what approaches or styles of therapy you are drawn to and how you imagine this work will be a service to the community.

This essay will give the MAC Admissions Committee a better understanding of the orientation you bring to your studies and/or the particular areas of interest you wish to pursue.

Post-Master's Certificate in Child and Adolescent Counseling Essay

Elaborate (1,000 words or less) upon your interest in counseling children and adolescents, particularly focusing upon life and professional experiences that would contribute to your success counseling them. Include your views on the special skill needs of counselors who work with these populations.

This essay will give the MAC Admissions Committee a better understanding of the orientation you bring to your studies and/or the particular areas of interest you wish to pursue.

Post-Master's Certificate in Depth Psychotherapy Essay

Please describe in three to five pages what draws you to the Transformative Certificate. Have you had prior classes, an experience, a dream or an image that has influenced your desire to pursue this certificate? What do you hope to learn or gain from completing this certificate?

This essay will give the MAC Admissions Committee a better understanding of the orientation you bring to your studies and/or the particular areas of interest you wish to pursue.

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