

**RUECKERT-HARTMAN COLLEGE FOR HEALTH PROFESSIONS
DIVISION OF COUNSELING & FAMILY THERAPY**

Master of Arts in Counseling (MAC) Essays

MAC Essay 1: AUTOBIOGRAPHICAL ESSAY

In an autobiographical essay (1,000 - 1,500 words) describe your personal, professional, and educational history. This section will give the Admissions Committee a better understanding of the relationship of your interest in the Master of Arts in Counseling program to your specific career objectives, a sense of your capacity for introspection, reflection and personal growth, and insight into the life event(s)/experience(s) that have influenced your interest in the field of psychotherapy.

Disclaimer: If your GPA falls below the preferred GPA of 2.90, you are required to answer the following questions: What contributed to your low academic performance during your undergraduate coursework? What steps have you taken to rectify this? What can you do to be successful academically in graduate school?

MAC Essay 2: CURRENT INTEREST AND VIEWS ESSAY

Elaborate (1,000 words or less) upon the tradition(s) in the history or field of counseling/psychology that have most influenced and shaped your understanding of the practice of counseling (e.g. the scientific tradition, depth psychology, humanistic counseling, family therapy). This section will give the Admissions Committee a better understanding of the orientation you bring to your studies and/or the particular areas of interest you wish to pursue.

Disclaimer: If your GPA falls below the preferred GPA of 2.90, you are required to answer the following questions: What contributed to your low academic performance during your undergraduate coursework? What steps have you taken to rectify this? What can you do to be successful academically in graduate school?

Completed essays can be returned to RUAdmissions@regis.edu.