

RegisCARES Personal Training Certification Funding Application

Purpose of the Funding Opportunity

The RegisCARES Personal Training Certification Funding Application provides financial assistance to full-time Regis University students who face a financial barrier in pursuing a professional certification in personal training. The purpose of this award is to help students gain a nationally recognized credential—either the ACSM Certified Personal Trainer (CPT) or the NSCA Certified Strength and Conditioning Specialist (CSCS)—to advance their career goals and contribute to the [RegisCARES](#) mission.

Eligibility Criteria

To apply, the student must:

- Be a full-time Regis University student in any major or program and in good academic standing;
- Be eligible and able to work on the Regis Northwest Campus in Denver, Colorado;
- Interview with RegisCARES Director and Personal Training Coordinator about interest in working at RegisCARES
- Be able to fulfill the post-certification employment requirements (see below);
- Meet the respective certification organization's eligibility requirements including maintaining a CPR/AED or BLS certification.

Details

If selected, RegisCARES will pay the certification exam fee directly to either:

ACSM: \$279 for the CPT exam

NSCA: \$340 for the CSCS exam

Note: Students are responsible for paying their own membership fees to the organization and for any retesting fees if applicable. If the student fails to pass the exam within 31 days of payment, they must reimburse RegisCARES the full amount of the certification fee.

Certification-Specific Requirements

For ACSM CPT Candidates:

- Must purchase a \$30 annual ACSM student membership
- RegisCARES will pay the one time \$279 ACSM CPT exam fee
- If the exam is not passed on the first attempt, the student must pay the \$175 retake fee and test within 30 days or reimburse RegisCARES
 - Follow guidelines established by ACSM when retesting. As of 2025, a 15-day waiting period is required by ACSM.

For NSCA CSCS Candidates:

- Must have either a completed Bachelor's degree or be within 15 credits of graduation
- Must purchase a \$70 NSCA student membership
- RegisCARES will pay the one time \$340 NSCA CSCS exam fee
- If the exam is not passed, the student is responsible for:
 - \$250 to retake one section
 - \$340 to retake both sections
- Follow guidelines established by ACSM when retesting. As of 2025, a 90-day waiting period applies before retesting. Students in this situation must communicate with RegisCARES to request continued support or consideration.

Post-Certification Employment Requirement

Upon passing the certification exam, the student agrees to:

- Be employed by RegisCARES as a personal trainer and receive hourly payment for sessions
- Complete a minimum of 20 paid personal training sessions within a maximum of 12 months before concluding employment (e.g., due to graduation or other changes)

Failure to complete these 20 sessions will result in a requirement to reimburse RegisCARES for the certification exam fee.

Note: Certification fees are set by ACSM and NSCA and are subject to change. RegisCARES will pay the full fee for the examination rather than a set dollar amount. RegisCARES hourly employment rates may also change over time.

Individuals who successfully pass the certification exam and gain employment with RegisCARES will write a hand-written personal thank you card to the donor who provided this opportunity.

APPLICATION

Applicant Information

Full Name:

Student ID:

Major/Program of Study:

Year in School/ number of credits completed and in progress:

Email:

Phone Number:

Personal statement (Max 600 words)

In your essay, please address the following:

- Why is this funding opportunity meaningful to you?
- Why do you want to become a certified personal trainer?
- What interests you about working with RegisCARES?
- How does this opportunity align with your personal and/or professional goals?

Submit your completed application via email to:

Dr. Erin Choice at echoice@regis.edu

Applications will be reviewed by RegisCARES staff and a review committee of two external members not affiliated with the clinic. The use of AI in the personal statement essay is strictly prohibited. Proof of financial hardship will not be required as part of your application, please speak about financial barriers in your personal statement.