## Which form should I use—Exempt Application Form or Expedited/Full-Board Application Form?

After reading the "IRB Application Start Here" document, you and your research team have determined that your project is human subjects' research. Next, you will need to determine which application form (Exempt Application Form or Expedited/Full-Board Application Form) is the appropriate one to use when logging on to IRBNet.

## **Useful Definitions**

**\*Minimal risk:** is defined by federal regulations as the probability and magnitude of harm or discomfort anticipated in the research. In order to be considered as exempt research, engaging in the research should not inflict greater risk than ordinarily encountered in daily life or during the performance of routine physical or psychological examinations or tests.

## 1) Are you using data that is publicly available?

If yes, use the *Exempt Application Form*. If no, proceed to question 2.

2) Is your research: survey research, interview research, or observational research where the participants cannot be identified and the release of information would be harmful to them?

If yes, use the *Exempt Application Form*. If no, proceed to question 3.

3) Is the research: education research on normal educational practices?

If yes, use the Exempt Application Form. If no, proceed to question 4.

4) Does the research involve collecting voice, video, digital, or image recordings and no more than minimal risk to the participants?

If yes, use the Expedited/Full-Board Application Form. If no, proceed to question 5.

5) Does the survey or research seek personally sensitive information that if released could place the participant at risk?

If yes, use the Expedited/Full-Board Application Form. If no, proceed to question 6.

- 6) Does the research involve non-invasive clinical, medical, or sports-training research and presents no more than minimal risk to the participants?
- If yes, use the *Expedited/Bull-Board Application Form*. If no, proceed to question 7.

If you are unsure, please contact your professor for assistance and clarification.

7) Does the research involve deception of the participants or experimental manipulation of the participants and no more than minimal risk to the participants?

If yes, use the Expedited/Full-Board Application Form. If no, proceed to question 8.

## 8) Does the research present more than minimal risk\* to the participants (such as an invasive medical procedure)?

If yes, use the *Expedited/Full-Board Application Form*.

You have now identified the form you will use for your Human Subjects Application. After watching the training videos at <u>http://www.irbnetresources.org/tresources/training.html</u> (user name: regis; password: training), Go to <u>IRBNet</u> and begin your application by clicking the "New User Registration" link in the top right corner of the page. Once you have logged in, click on New Project If at any time you have questions, contact <u>irb@regis.edu</u>.