

RUECKERT-HARTMAN COLLEGE FOR HEALTH PROFESSIONS

Master of Arts in Marriage and Family Therapy

Clinical Manual



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GENERAL INFORMATION

PURPOSE OF CLINICAL MANUAL

The purpose of this manual includes the following:

- To help the student plan for and navigate the Practicum and/or Internship portion of the MAMFT program
- To describe the requirements and components of Practicum and Internship
- To communicate policies and procedures for Practicum and Internship, including the clinical training lab and placement in the community
- To provide all the forms that are needed in Practicum and Internship
- To facilitate links with important web site information

It is expected that all faculty and students engaged in Practicum and Internships will be familiar with the information contained within this manual. **All faculty and trainees must adhere to the American Association for Marriage and Family Therapy** Code of Ethics (http://www.aamft.org/imis15/content/legal_ethics/code_of_ethics.aspx).

<u>STAFF</u>

Administration

Meghan Kepler, Administrative Coordinator – Thornton keple452@regis.edu, 303-964-6386

Rowan Geistmann, Clinical Administrative Coordinator – Thornton rgeistmann@regis.edu

FACULTY

Jennifer Cates, PhD, LMFT- MFT Program Chair jcates001@regis.edu

 $Lindsay\ Edwards, PhD,\ LMFT-MFT\ Clinical\ Coordinator\\ \underline{ledwards002@regis.edu}$

Luis Alvarez LPC – Director Regis Center for Counseling and Family Therapy $\underline{lalvarez005@regis.edu}$

The above mentioned faculty are all Licensed Clinicians. All regular and affiliate faculty who teach Practicum and Internship hold licenses in good standing and are AAMFT Approved Supervisors or AAMFT Approved Supervisor Candidates.



HIPAA Privacy & Security Reminder

The goals for maintaining rigorous adherence to HIPAA compliance requirements within all Regis University-sponsored programs, projects and activities are designed to:

- Ensure the security and confidentiality of PHI and ePHI as covered by HIPAA;
- Protect against any anticipated threats or hazards to the security or integrity of such information, and
- Protect against unauthorized access, use or disclosure of such information.

During the first week of Practicum, students will complete the necessary training on how to comply with the policies and procedures for maintaining HIPAA compliance and utilizing the HIPAA electronic footprint and counseling clinics. Compliance with HIPAA must be maintained during practicum and internship courses as well as any other Regis University-sponsored activities that involve PHI and ePHI.

Reminders

Protected health information (PHI) is any information that allows you to associate a person's identity with their health care information. This applies to all forms of media including: paper documents, electronic files and data, course notes, research papers, video and sound recordings, photos, charts, etc. As it pertains to Regis University-sponsored programs, project and activities, the following are reminders of common privacy and security practices for protected health information that must be followed:

- Any personal documents and notes in any form that contains individually identifiable health information on patients you come into contact with as a result of Regis University-sponsored training must be properly protected and its confidentiality must be maintained.
- Regis University students who are training at partner health provider organizations are
 prohibited from removing documents that contain individually identifiable health information
 without a written and signed authorization from the health care provider's Health Information
 Management (HIM) Department or authorized representative <u>and</u> the proper patient
 authorization.
 - Special note on minors—in most cases, minors cannot legally consent or authorize the release of their protected health information.
- Regis University students participating in Regis University-sponsored health care training and research activities must only use de-identified information or limited data sets in any presentations or publications outside of the health care provider organization. (See RCCFT manual for information on 'How to de-identify individual health information'.)
- For Regis University students participating in Regis University-sponsored health care training and research activities, the following activities involving individually identifiable health information are explicitly prohibited:
 - o Sending such information through unsecure email,
 - Posting such information on any social networking site—regardless of the user account used by the Regis University student, faculty or staff to post the information, and
 - o Disclosing such information during classroom discussions and/or presentation.

Policy compliance and sanctions

It is the responsibility of each student to review all aspects of the course syllabus including the Regis University HIPAA Privacy & Security Reminders. In doing so, the student acknowledges that he or she agrees to adhere to these practices. Furthermore, the student agrees not to divulge

the contents or to provide access of any examination or assignment to another student in this or ensuing semesters.

All violations of the Regis University HIPAA privacy and security policies and practices are taken very seriously. All violations will be reported to the Regis University HIPAA Privacy & Security Committee for review to determine the extent of the violation and the appropriate sanctions to be applied, where necessary.

Sanctions may include notification of the student's advisor with a note in the student's advising file, reductions in the grade for the course up to and including failure, and remedial action as directed by the Regis University HIPAA Privacy & Security Committee.

Reporting requirements

The goals for maintaining rigorous adherence to HIPAA compliance requirements within all Regis University-sponsored programs, projects and activities are designed to:

- Ensure the security and confidentiality of PHI and ePHI as covered by HIPAA;
- Protect against any anticipated threats or hazards to the security or integrity of such information, and
- Protect against unauthorized access, use or disclosure of such information.

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Sanctions may include notification of the student's advisor with a note in the student's advising file, reductions in the grade for the course up to and including failure, and remedial action as directed by the Regis University HIPAA Privacy & Security Committee.

HIPAA Privacy Policy Link:

 $\frac{https://in2.regis.edu/sites/academicaffairs/Academic\%20Affairs\%20Policies\%20and\%20Bylaws/Forms/AllItems.aspx}{}$

How to de-identify individual health information

Health information must be stripped of all of the following elements that identifies the individual, his or her relatives, employers, or other household members

- Names;
- Social Security numbers;
- Telephone numbers;
- All specific geographic location information such as subdivisions smaller than a State, including street address, city, county, precinct, zip code, and their equivalent geocodes, except for the initial three digits of a zip code, if, according to the current publicly available data from the Bureau of the Census: (1) The geographic unit formed by combining all zip codes with the same three initial digits contains more than 20,000 people; and (2) The initial three digits of a zip code for all such geographic units containing 20,000 or fewer people is changed to 000;
- All elements of dates (except year) for dates directly related to an individual, including birth date, admission date, discharge date, date of death; and all ages over 89 and all elements of dates (including year) indicative of such age, except that such ages and elements may be aggregated into a single category of age 90 or older;
- Fax numbers:
- Electronic mail addresses:
- Medical record numbers;
- Health plan beneficiary numbers;
- Account numbers;
- Certificate/license numbers;
- Vehicle identifiers and serial numbers, including license plate numbers;
- Device identifiers and serial numbers;
- Web Universal Resource Locators (URLs);
- Internet Protocol (IP) address numbers;
- Biometric identifiers, including finger and voice prints;
- Full face photographic images and any comparable images;
- Any other unique identifying number, characteristic, or code (note this does not mean the unique code assigned by the investigator to code the research data)

MAMFT CLINICAL COURSE OVERVIEW

MAMFT Course Overview and Requirements for Practicum

Regis MAMFT students complete a one-semester practicum on campus. They work with individuals, couples and families while being supervised by an AAMFT Approved Supervisor or AAMFT Approved Supervisor Candidate behind a one-way mirror or video monitor.

Students must apply for Practicum by the application deadlines (See practicum Appendix A):

Fall Semester: July 1
Spring Semester: November 1
Summer Semester: March 1

Students will be registered by the Clinical Administrative Coordinator for two classes (MFT690 & MFT692) which include:

- Clinical work & supervision at either the Regis Center for Counseling and Family Therapy
 —Thornton or Regis Center for Counseling and Family Therapy -Colorado Springs. This
 class meets for a 6 hour class period once each week during the semester and includes
 both the clinical work AND supervision. Specific days and times for practicum vary
 between semester and assignment to practicum occurs after the application deadline each
 semester. See PRACTICUM section of the manual for more details.
- Time outside of clinical work and supervision to complete case documentation. This typically takes an additional 2-4 hours a week. All of this work must occur on-campus in the HIPPA compliant lab. Hours for the HIPPA lab are the same as campus hours. Students can not access the HIPPA lab when the campus is closed.

MAMFT Course Overview and Requirements for Internship

Students will be registered by the Clinical Administrative Coordinator for one class (MFT 699A or MFT 699B)- which includes:

- Approximately 20-25 hours per week at an approved clinical Internship site This time includes about 10-15 client contact hours each week, individual/triadic supervision with approved site supervisor, documentation, preparation, training, and inservice time.
- Regis Group Supervision- This class meets for 2 hours every week during weekday hours (9-5pm) with a Regis AAMFT Approved Supervisor faculty and a maximum of 8 Regis student interns. Specific days and times for internship sections vary between semester and assignment to internship section occurs after the application deadline each semester. See INTERNSHIP section of the manual for more details.

MAMFT CLINICAL HOUR REQUIREMENT OVERVIEW

Students must accrue a minimum of **300** *direct clinical contact hours* in order to complete the clinical component of the MAMFT program.

Direct Clinical Contact Hours are defined as a therapeutic meeting of a therapist and client (individual, relational, or group) occurring in-person synchronously, either physically in the same location or mediated by technology. Assessments may be counted if they are in-person processes that are more than clerical in nature and focus. Also, therapy services delivered through interactive team modalities may provide direct client contact for specific team members who have in-person interaction with the client/system during the session. Therapy team members who engage the therapeutic process only behind the mirror may not count the experience as direct client contact. Activities such as telephone contact, case planning, observation of therapy,

record keeping, trainings, role-playing, travel, administrative activities, consultation with community members or professionals, and/or MFT relational/systemic supervision are not considered direct client contact.

Of the 300 total clinical hours, a minimum of **100** hours must *relational hours*, meaning that they are delivering therapeutic services to two or more individuals conjointly, who share an ongoing relationship beyond that which occurs in the therapeutic experience itself. Relational hours can be counted with relational subsystems that include a person whose only available means to participate in the in-person therapeutic meeting is electronic (e.g., incarcerated, deployed or out-of-town subsystem members.) Examples of relational systems include:

- family subsystems
- intimate couple subsystems,
- enduring friendship/community support subsystems
- residential, treatment, or situationally connected subsystems
- * Group therapy can be counted as relational hours if those in the group therapy have a relationship outside of (above and beyond) the group itself. Conversely, group therapy sessions of otherwise non-related individuals are not considered as relational hours

In addition to clinical hours, students must accrue a minimum of **100 systemic clinical supervision hours** under the supervision of faculty supervisor (of which a minimum of 50 hours must use observable data).

Systemic Clinical Supervision is supervision with faculty supervisors that is focused on the trainees case material and person-of-the-therapist training in order to serve training goals. Of the 100 required systemic clinical supervision hours, 50 of these hours must use observable data.

Faculty Supervisor is a full-time or affiliate faculty member who is teaching and providing clinical supervision in a Practicum course, providing triadic supervision in Practicum, or teaching an Internship course.

Observable Data includes audio and video recordings, as well as live (behind the mirror, in the room co-therapy, reflecting teams, etc.).

Below is an example of how to complete your clinical and supervision hours in order to finish them in a timely fashion.

Semester	Direct Client Contact <i>Minimums</i>	Supervision <i>Minimums</i>
Practicum	30	50
Internship A	135	28
Internship B	135	28
TOTALS	300*	100**

^{*} A minimum of 100 direct client contact hours must be relational

^{**} A minimum of 50 supervision hours must include observable data

Inappropriate Activities

In a Regis clinical placement, it is <u>inappropriate</u> for Regis MAMFT students to engage in any of the following activities:

- Case management only/milieu management
- Childcare or babysitting of clients' children
- General filing and clerical activities
- Receptionist or secretarial roles

Logging Clinical Hours

Students must log their direct clinical contact hours and supervision hours on a weekly basis using in Tevera - the online platform used to organize the documentation of your clinical experience on and off-campus. To access Tevera, you must use the links provided in your Worldclass Practicum and Internship course pages.

MFT GENERAL INTERNSHIP SITE REQUIREMENTS

A Community Internship Site must meet the following requirements:

- have a current legal co-signed contract with Regis University before assigning an intern to duties at the clinical site
- be an agency which serves underserved populations
- meet Regis' Division of Counseling and Family Therapy standards for clinical training (see more details below)
- provide a variety of populations and clinical training modalities
- have no legal or ethical investigations or violations in process
- engage in a face-to-face interview process with prospective interns
- prevent dual relationship with interns (e.g. current or previous supervisor, therapist, family member, or close friend)
- provide a licensed clinical site supervisor
- charge no money for the required supervision
- report any changes in the agency or the supervision to the MAMFT Internship Coordinator and the Regis faculty supervisor
- allow the Regis faculty supervisor to meet periodically with the site supervisor

Licensed Site Supervisors and Weekly Supervision

Sites are expected to employ or have contractual agreements with Licensed Clinicians (LMFT, LCSW, LPC, or Licensed Psychologists) who (a) have training and experience working with couples and families, (b) have experience supervising clinicians who are working with couples and families, and (c) who are preferably AAMFT Approved Supervisors who will act as supervisors for our students. Students are required to have a minimum of one hour per week of face-to-face clinical supervision with their primary site supervisor who maintains active licensure status.

Appropriate Disclosure Forms and Releases

Clinical sites are expected to provide the appropriate disclosure forms and releases for the student's use with their clients. The form should disclose the student's intern status and also request permission to audiotape or videotape for training purposes. A generic example of a form for requesting permission to record sessions is provided in Appendix E. of this manual.

American Association for Marriage and Family Therapy Code of Ethics

Students in the MAMFT program are being trained under the AAMFT Code of Ethics and are expected to follow this code of ethics throughout their clinical training. http://www.aamft.org/imis15/content/legal_ethics/code_of_ethics.aspx

Process of Securing an Appropriate Clinical Site

(Begin this process at least **TWO** (2) semesters before you plan to start Practicum)

- 1. Reflect upon your own professional goals and the clinical population(s) you are most interested in learning about.
- 2. Check out the list of approved clinical sites on in Tevera To access Tevera, you must use the link provided on the **DCFT and ME** page in Worldclass https://worldclass.regis.edu/d2l/home.
- 3. Once you have narrowed your selection, contact the site(s) to learn about the application process and arrange for an interview(s).
- 4. Review "Questions to Ask When Interviewing a Clinical Site" before your interview. (See following page)
- 5. You must submit your PRACTICUM APPLICATION by the deadline indicated (See Practicum section of this manual). Students who submit applications for Practicum according to the application deadlines and who meet all criteria for enrolling in the Practicum course will receive priority assignment.
- 6. If your application is approved, the Clinical Administrative Coordinator will register you for your Practicum courses (MFT690/692), which total 6 credit hours.
- 7. Three semesters of clinical placement are required (Practicum, Internship A and B). These are taken in consecutive order. In certain circumstances, students may need to register for Internship C to complete their hours.
- 8. Students must complete an INTERNSHIP APPLICATION by the deadline indicated (see Internship section of this manual).
- **9.** If your application is approved, the Clinical Administrative Coordinator will register you for your Internship supervision course (MFT699 A/B) (see *Assignment to MFT 699A/B Internship Supervision sections* for more information about assignment based on priority).

*Questions to Ask When Interviewing a Clinical Site

*Be knowledgeable of all the requirements of Practicum and Internship as described in the current Clinical Manual before your interview.

What are the clinical site's expectations of a student in Internship?

Does the site have the resources to offer you the required number of client hours per week for couple and family therapy? Remember 100 of your total 300 client contact must be relational.

What types of therapy? -- Individual, couple, family, group? (Some variety is recommended)

Can the site provide a supervisor who is licensed (LPC, LSW, PhD, LMFT, Licensed Psychologist or Psychiatrist) with at least 2 years of experience in the area in which they will be supervising you? (AAMFT Approved Supervisor or AAMFT Supervisor Candidate preferred)

Can the site offer one designated hour per week of individual supervision with the licensed supervisor?

Will the licensed supervisor be on site while you are seeing clients? Were an emergency situation to arise, how could you reach your supervisor?

The site may not charge you for supervision.

Will the site require you to attend staffing, consultations, group supervision, and in-service sessions as part of your clinical placement?

Is the site's requirement for hours compatible with your schedule?

Note to the student: The site must be on our approved list of clinical placements (see Approved Sites in Tevera). It is possible to have a new site approved, if the request is made at least two semesters in advance of when you plan to begin your Internship (See following page for a detailed description of the Process for Getting Approval for a New Clinical Site).

You will remain at the same clinical site throughout your Internship unless there are some unusual circumstances. Switching sites or group supervision groups depends upon approval of your Practicum or Internship supervisor and the program Clinical Coordinator.

Process for Getting Approval for a New Clinical Site

- 1) Make an appointment with the prospective clinical site's Internship Coordinator/Supervisor for an interview with them. Read the Clinical Manual and use the "Questions to Ask When Interviewing a Site" sheet to help you prepare for the interview. Present the "Clinical Site Requirements" (see above) to them. The agency must meet these requirements in order to be considered for approval.
- 2) If you feel the site meets your needs and Regis' program requirements, email the MFT Clinical Coordinator (see page 4 for contact information) and include information about how the site meets each of the clinical site requirements. Also, include contact information for the person you met with in your email to the MFT Clinical Coordinator and notify the site that someone from Regis will be contacting them to follow-up.
- 3) If the clinical site appears to be a good candidate for our program, the MFT Clinical Coordinator will arrange for a site visit evaluation usually by themselves or their faculty designee.
- 4) The MFT Clinical Coordinator or designated faculty site evaluator will write up a Site Evaluation Report and seek input and approval from the MFT Faculty Committee.
- 5) If the clinical site is approved, then an Affiliation Agreement (legal contract) is initiated and expedited by the program Clinical Administrative Assistant.
- 6) When the Affiliation Agreement has been approved and signed by both Regis legal counsel and the agency's legal representative, and all required documentation is accounted for, the approval process is complete.

LEGALITIES, EXAMS, AND LICENSING

Student Liability Insurance Student Liability Insurance

You will be covered with student liability insurance through Regis University beginning with Practicum and continuing throughout your completion of Internship. If your placement site requests it, a copy for proof of this coverage may be obtained by sending the name and address of your clinical site to the Clinical/Lab Assistant, including the name of the person who needs to receive the document. Students are also required to purchase their own liability insurance. MFT students often use CPH and Associates or AAMFT as their providers of liability/malpractice insurance, but other companies may be available as well. Students can contact AAMFT for additional information on obtaining malpractice insurance.

Workers' Compensation Coverage

You are also provided Worker's Compensation Coverage through Regis University while at an approved clinical site during Practicum and Internship. Please see Practicum section of this manual.

Licensure

Completing a Masters Degree in Marriage and Family Therapy is a major step toward state licensure. The degree itself does not guarantee licensure. Licensure is granted by the state, not by Regis University. Students are responsible for the knowledge about and pursuit of all steps toward licensure.

For details on licensure post graduate requirements, check the Department of Regulatory Agency's (DORA) Licensed Marriage and Family Therapist (LMFT).

During your last semester of Internship, you are highly encouraged to register as a Marriage and Family Therapist Candidate for eligibility in acquiring post-graduate hours toward state licensure. For requirements in this process, please refer to the DORA website.

RELEVANT WEBSITES

Colorado Department of Regulatory Agencies (DORA)

Verification of site supervisor license

http://cdn.colorado.gov/cs/Satellite?c=Page&childpagename=DORA-Reg%2FDORALayout&cid=1251632282502&pagename=CBONWrapper

Ethical Principles and Codes of Conduct

American Association for Marriage and Family Therapy

http://www.aamft.org/imis15/AAMFT/Content/Legal_Ethics/Code_of_Ethics.aspx

Mental Health Statues

COLORADO MENTAL HEALTH STATUTE EMERGENCY PROCEDURE

TITLE 19: COLORADO CHILDREN'S CODE PART 3-- CHILD ABUSE OR NEGLECT

Regis University Division of Counseling and Family Therapy

Tevera: This is the online platform we use to organize the documentation of your clinical experience on and off-campus. To access Tevera, you must use the link provided on the **<u>DCFT</u>** and <u>ME</u> page in Worldclass

<u>DCFT and ME</u> in Worldclass: https://worldclass.regis.edu/d2l/home . See instructions for self-registration for DCFT and ME on next page.

SELF-REGISTRATION FOR DCFT AND ME

Announcing the new one stop shop for all of your DCFT resources, located conveniently in WorldClass:

DCFT and Me

Here you will find all of the on-going resources you need as a student in the Division of Counseling and Family Therapy. It will take you through all the stages of your journey, providing you with the information that you need to be successful every step along the way!



For example, you can easily browse and locate all of the current MAC and MFT clinical sites.

In order to get access to this you must self-register in WorldClass. Once you enroll, you will always have access to it anytime simply by logging into WorldClass.

Follow these steps:

- Log into WorldClass https://worldclass.regis.edu with your Regis credentials.
- Scroll down below the Announcements on the left side to the Services and Support box
- Select the Self-Registration link in the Services and Support box (refer to screen shot to the right)
- 4. Select DCFT and Me

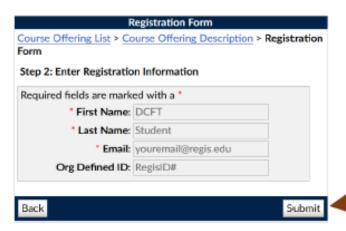


Course Offering Code •	Course Offering Name	Offering Enrollmen Cost Status
CCIS_Compliance	CC&IS Compliance	Not Enrolled
CCL5_Compliance	CCLS Academic Integrity Assessment	Not Enrolled
DCFT_and_Me	DCFT and Me	Not Enrolled
Excel Assessment	Excel Assessment	Not Enrolled

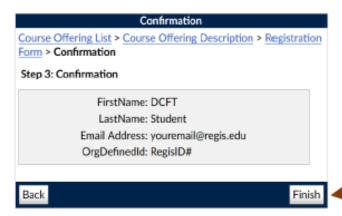
Select Register



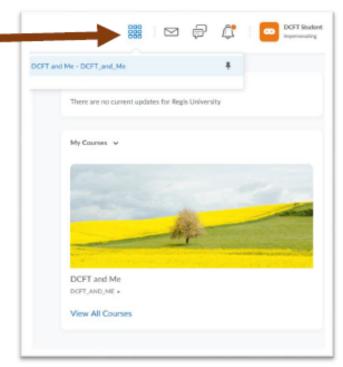
Select Submit (your information should be pre-filled)



7. Select Finish



 Moving forward the DCFT and Me course will be available under the Select a Course tool.



If you have any questions or problems with accessing DCFT and Me, contact ITS help

1-800-388-4050 or its@regis.edu

PRACTICUM

PRACTICUM ON-CAMPUS CLINIC INFORMATION

The Regis on-campus clinic, located at the Thornton campus, has been established for the Division of Counseling and Family Therapy to provide meaningful professional training for master's and post-master's certificate students in the delivery of traditional and innovative therapeutic services.

The Regis Center for Counseling and Family Therapy (RCCFT) is open to community members of the greater Denver metro. The RCCFT contributes to the boarder Denver community by providing quality and affordable counseling and family therapy services to individuals, couples, and families with a wide variety of mild to moderate mental health issues.

Regis Center for Counseling and Family Services Phone: 303-964-5786 Website: <u>regis.edu/lowcostcounseling</u>

HOURS

Clinical hours at the Regis Center for Counseling and Family Therapy (RCCFT) vary, depending on the hours clinical practice are conducted. Practicum hours vary depending on the semester. Hours are subject to change according to university scheduling, client needs, and supervisory availability. Check Web Advisor for details. Appointments with clients during Practicum must be scheduled during class time. Days and times may vary, but practicum is scheduled on a weekday for a 6 hour time block and it occurs once a week for the entire semester. Typically practicum begins in the afternoon and lasts through the evening. Appointments are scheduled according to the university calendar.

NOTE: RCCFT does not have emergency or crisis services, 24-hour services, and is not open on weekends. It is also closed on posted university holidays, for five to six weeks during Christmas and New Years, and for one- two weeks between the semesters.

PROCEDURES and PAPERWORK

Refer to the Regis Center for Counseling and Family Therapy (RCCFT) Manual for details related to the policies and procedures of the center.

Pre-Session

In addition to being introduced to general HIPAA policies and procedures during their Ethics course, MFT students are also required to complete a self-led training wherein they learn about HIPAA policies and procedures specific to our clinic and the Regis University HIPAA server and successfully pass an a quiz before they can see clients. This HIPAA training takes place at the beginning of MFT 690/692 Practicum and Practicum Supervision. A HIPAA confidentiality statement must be signed by all staff (students, faculty, and office) who have any contact with clients, their files or associated confidential material. This training is completed on the DCFT and Me site of Worldclass https://worldclass.regis.edu/d2l/home. Instructions for self-registering for the DCFT and Me site in World Class can be found in the General Information section of this manual.

Standard Paperwork & Organization (copies in RCCFT Manual)

Typically your client file is closed at the end of the semester; please organize your electronic file according to the instructions in the RCCFT Manual. Clients should complete all of their forms online through our Titanium client website at https://regis-ccft.titaniumhwc.com/.

Forms Typically Completed by Client at the First Session

- Disclosure & Clients Rights Statement
- Privacy Policies and Procedures (HIPAA form)
- Teletherapy Consent Form (if applicable)
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- Minor Consent Form (if applicable)
- COVID-19 Informed Consent for In-Person Services (if applicable)
- Client Information Forms

Forms Completed During the Course of Therapy

<u>Case Notes</u>. The standard case note is in SOAP format and should be used by all students enrolled in Practicum. Case notes must be completed after each session and filed within 24 to 48 hours (depending on instructor). Students should refer to the RCCFT Manual for details about completing case notes in Titanium https://regis-ccft.titaniumhwc.com/. **Practicum faculty must review and sign all case notes**.

<u>Discharge Summary</u>. At the conclusion of services, the discharge summary must be completed for your client(s). *Practicum faculty must review and sign the discharge summary*.

<u>Release of Information</u>. If it becomes necessary to request information or to provide information to a third party, this form must be completed and signed by the client. It is important that the client understands the implications and limitations of signing this release of information form.

<u>Child Abuse Reporting Form.</u> Should your client provide information about a child being abused, it is your responsibility to report to the Colorado Department of Human Services Colorado Child Abuse and Neglect Hotline at 1-844-CO-4-KIDS (1-844-264-5437) within 24 hours. A completed form describing the incident and your report should be placed in the client's file immediately following the report.

<u>Life Pledge</u>. The life pledge is to be filled out by the client and therapist together, when there are concerns about the safety of the client or the client is in danger of engaging in self-harming behavior. This form consists of an agreement between the client and therapist that the client will contact individuals/agencies to be noted on the form before engaging in any self-harming behavior.

Practicum Application and Requirements

In order to be admitted to clinical placement, a student must do the following:

- If involved in any remedial process, student must have met the requirements of the remediation plan and must be approved by the Remediation Committee to move forward in the program.
- Be completely familiar with the Clinical Requirements as described in this manual.
- Successfully complete all pre-requisite courses (see course section on Practicum Application) with a grade of B- or higher.
- Submit a Practicum Application to the MFT Clinical Coordinator by the designated deadline
- Any zero score in Counseling Techniques I (MFT635) will require some type of remediation.

While in placement a student must do the following:

- Attend all required Regis Group Supervision sessions and successfully complete the requirements of each semester's work (see Syllabi for MFT690/692).
- Discuss any potential "Incomplete" with the Group Supervisor.

Practicum Application Information

Practicum consists of two courses (MFT 690/692) that students take to begin working therapeutically with clients under direct, live supervision. There are two parts to Practicum: providing individual, couple, and/or family therapy in the Regis Center for Counseling and Family Therapy, and participating in triadic and group supervision.

For most students, Practicum will begin sometime during their second year of course work in the program. Students must apply for Practicum by submitting the Practicum Application packet to the Clinical Assistant by the following deadlines:

• Fall Semester: July 1

Spring Semester: November 1Summer Semester: March 1

Notification of acceptance to Practicum will be provided as soon as applications submitted by the published deadline have been processed. Allow at least 2-3 weeks from the Application Deadline date for processing your application. Please note that you cannot self-register for Practicum. Since this is an application process and we are creating courses with a specific number of students in each class, we will have the Registrar's Office register students after the application process is complete.

During Practicum, students accrue direct client contact hours with individuals, couples, and families plus live and case report supervision by AAMFT Approved (or Candidate) Supervisors.

Students must complete all requirements for Practicum that are outlined in the Practicum syllabus and the Clinical Manual. Students are also evaluated by their supervisors and a grade of pass or no pass will be assigned by faculty supervisors for Practicum (MFT690/692).

Students will be assigned a specific 6 hour block of time each week at the clinic for 14 weeks. Usual days for Practicum are Monday, Tuesday, Wednesday, and Thursday. 100% attendance in Practicum is required. If you have questions about any of the procedures or requirements for Practicum, contact Andrea Hernandez, Clinical Administrative Coordinator ahernandez030@regis.edu or Dr. Lindsay Edwards, MFT Clinical Coordinator, at ledwards002@regis.edu.

During the Practicum semester, students must also arrange an Internship. Students apply for Internship positions from approved community Internship sites. Certain placement sites may have specific application deadlines, start dates, and/or orientation seminars.

PRACTICUM APPLICATION

Practicum Applications should be completed in Tevera. To access Tevera, you must use the link provided on the <u>DCFT and ME</u> page in Worldclass https://worldclass.regis.edu/d2l/home. Once in Tevera, use the Site Placement workspace. To find more information about how students can access Tevera, please visit https://knowledge.tevera.com/space/OS. See Appendix A for an example application.



Masters of Arts in Marriage and Family Therapy

Practicum Application

Application Deadlines.
□ Fall Semester: July 1
☐ Spring Semester: November 1
□ Summer Semester: March 1
Students who submit <u>completed</u> applications for Practicum according to the application deadlines and who meet all criteria for enrolling in the Practicum course will receive priority assignment. Students submitting Practicum applications after the published deadline will be placed on a space available basis but are not guaranteed approval for Practicum course assignment.
Notification of acceptance to a Practicum will be provided as soon as applications submitted by the published deadline have been processed. Allow at least 2 weeks from the Application Deadline date for processing your application. The assigned group supervisor of each section will provide specific information and guidelines to students registered in their sections. Students whose applications are not accepted may ordinarily reapply for the following semester, unless other pre-requisites are established as part of a remediation process, or they have been terminated from the program. Please note that students who submit a complete practicum application by the published deadline will be contacted by the Compliance Office and requested to submit to a background check. Student Name: {document.staff}
ID#:
Mailing Address:
City:
State:
Zip:
Home Phone: {document.staff.phone.home}
Work Phone: {document.staff.phone.work}
Cell Phone: {document.staff.phone.mobile}
Regis Email Address:
Current Employer Name*:
Employer Address:
City:
State:
Zip:
Position Held:
Supervisor Name:
Do you plan to continue employment:

□ Yes □ No
Practicum Section Preferences: Please refer to WebAdvisor for current, available course offerings & indicate your preferred days and times for Practicum Supervision (based on sectio offerings listed in WebAdvisor). Practicum sections meet once per week. You must give availability for more than one section of Practicum. Instructor Information will not be provided, please make selections based on your availability. *If more than one section is offered. There may be semesters where there is only one section of Practicum.
First Preference:
Please refer to WebAdvisor for available course offerings. Second Preference: Please refer to WebAdvisor for available course offerings.
Third Preference:
Please refer to WebAdvisor for available course offerings. Courses Completed Year/Semester Theories of Family Therapy Assessment and Diagnosis Techniques in Family/Couple Therapy Professional Orientation / Ethics Counseling Techniques I *
List other courses relevant to your preparation for Practicum:
If you can provide counseling/therapy in a Language other then English, please list language(s):
 Cower letter addressing your readiness for the clinical component and your unique skills Signed disclosure form for Workman's Comp Coverage Signed HIPAA Privacy & Security Policy & Practices Form Proof of (Active) Student Liability Insurance- Attached Copy of "Certificate of Insurance" from CPH & Associates (Student liability insurance is a free benefit of student membership in AAMFT.) Clinical Orientation Certificate
☐ I give consent for the Division of Counseling and Family Therapy to register me for practicum
and/or internship.
☐ I confirm that I have read the clinical manual and understood what I have read.
Student's Signature: Date



WORKMANS COMPENSATION DISCLOSURE FORM

(REQUIRED WITH PRACTICUM APPLICATION)

As a Practicum or Internship student you are covered by Regis University employee Worker's Comp while at your clinical site placement. In the event of an injury at your clinical site, immediately contact your direct supervisors and the Regis Department of Human Resources: 303-458-4161. The following WCI information is also found on the Regis web page: Insite> Human Resources> Employee Benefits> Workers' Compensation. Click on links for forms and current provider lists.

Read the following information and return signed/dated copy with Practicum Application:

WORKERS' COMPENSATION INSURANCE

Regis University provides workers' compensation insurance at no cost to employees. This program covers any injury or illness sustained in the course of employment that requires medical, surgical, or hospital treatment. Employees who sustain work-related injuries or illnesses should inform their supervisors immediately.

Contact for questions or to report an injury/illness: Human Resources 303-458-4161 hrinfo@regis.edu

Very Important - If there is a medical emergency, please dial 911 immediately. The first priority is to get the injured employee medical assistance.

Injuries/illnesses should be reported to the Human Resources Department as soon as possible - no matter how insignificant you feel they may be.

HOW TO REPORT AN INJURY OR ILLNESS

Step One:

- Notify your direct supervisor and the Department of Human Resources IMMEDIATELY.
- Human Resources can help you with selecting a provider, completing the necessary forms and providing authorization to a selected provider.
- If the Human Resources Department is closed, please proceed to the next steps and notify Human Resources when the office opens.

Step Two:

• Complete a First Report of Injury form [Click Here] and submit to the Human Resources Department within 48 hours of the injury.

Step Three:

- If medical attention is needed, select a designated medical provider from the list provided [Click Here].
- Once a provider has been chosen, complete the Designated Medical Provider form [Click Here] and return it to the Human Resources Department.
- Please note that you must only visit a provider that is included on the designed list (unless there is an emergency). Failure to do so may result in your visit not being covered by workers' compensation insurance.

, (print name), ha	ve received, read, and understand the information
provided to me regarding my Worker's C	comp benefits with Regis University.
Student Signature	



Acknowledgment of Regis University HIPAA Privacy & Security Policy & Practices

By signing this form, I acknowledge that I have read and understand my responsibilities for following and abiding to the Regis University privacy and security policies and practices for Protected Health Information (PHI) and Individually Identifiable Health Information. Furthermore, I agree not to divulge the contents of or to provide access to any student documents in my possession that contain PHI or IIHI to another student during the current or ensuing semesters.

In the event I become aware of the unauthorized use or disclosure of PHI or ePHI that is under the control and protection of Regis University, I will report the incident within 5 days of discovery to:

Sheila Carlon, HSA Division Director Regis University 3333 Regis Blvd. Denver, CO 80221 303 458 4108 PrivacyOfficer@Regis.edu

I understand that all reported violations are reviewed by the Regis University HIPAA Privacy & Security Committee to determine the extent of the violation and the appropriate sanctions to be applied, where necessary.

Violations of the Regis University HIPAA privacy and security policies and practices are taken very seriously. I understand these sanctions may include notification of the student's advisor with a note in the student's advising file, reductions in the grade for the course up to and including failure, termination from the program or other remedial actions as directed by the Regis University HIPAA Privacy & Security Committee.

Signature:	
Printed Name:	
Date:	



RUECKERT-HARTMAN COLLEGE FOR HEALTH PROFESSIONS

DIVISION OF COUNSELING AND FAMILY THERAPY Marriage and Family Therapy Clinical Competency Evaluation

	Check One: Individual/Triadic Supervisor \square Faculty Group Supervisor \square Site Supervisor \square											
	Check One: Practicum \square Internship A \square Internship B \square Internship C \square											
Stu	Student Therapist Name:Semester:											
Per	Person Completing Form: Date:											
PROFESSIONALISM & ADMINISTRATIVE COMPETENCIES (SLO-6, SLO-7, SLO-13; CC-1, CC-4)												
The	rapist's al	bility to fi	ulfill prac	ticum/ag	gency resp	oonsibilit	ies and co	oordinate	e a caselo	pad		
	□ 1		\Box 2		3	□ 3		□ 4		□ 5		
	Jnsatisfac	tory			Me Expec	eets tations			E	ceptional		
1.	Therapis	st comple	etes all pa	aperwor	k require	ements sa	tisfactor	rily				
					5							
	1	2	3	4	5	6	7	8	9	10		
	Unsatisfactory Improvement				Me	eets	Exc	eeds	Excep	otional		
			Nee	ded	Expec	Expectations Expectations						
2. Therapist complies with clinical setting					etting pol	licies and	procedu	ıre				
					5							
	Unsatis				Meets			Excep	otional			
			Nee	ded	Expec	tations	Expec	tations				
3. Therapist provides referrals when appropriate												
					5							
	1	2			•	•			•	•		
	Unsatisfactory Improvement					eets		Exceeds		otional		
Needed						tations		Expectations				
4.	. Therapist is professional in in			n intera	ctions wi	th peers	and supe	ervisors				
	1	2	3	4	5	6	7	8	9	10		
	Unsatis	sfactory	Improv		Me		Exc		Excep	otional		
·			Nee	ded	Expec	tations	Expectations					

5.	5. Therapist is professional in their interactions with clients											
	1	2	3	4	5	6	7	8	9	10		
		sfactory		•	•	eets		eeds	Excep	tional		
		•	Nee	eded	Expec	tations	Expec	tations	-			
DD	OFFCCI	ONAL D	EVELO	DMENIT	COMPL	TENCT	ES (SLO	C SI O 7	CI O 12.	CC 1 CC 4		
										CC-1, CC-4		
	erapist's d nily therap	•	use resou	rces to pi	romote g	rowth an	d present	oneself (as a marr	iage and		
								□ 4				
	1					3		4		5		
	Unsatisfa	ctory				leets ctations			Ех	ceptional		
6.	Therapis	st uses su	pervisio	n in orde	r to grov	w and lea	ırn					
		2										
							•	•	9	10		
	Unsatis	sfactory					Exc		Excep	tional		
			Nee	eded	Expec	tations	Expec	tations				
7.	Therapis	st is prep	ared for	supervis	ion and	uses sup	s supervision time wisely					
		2										
				•	•					, i		
	Unsatis	sfactory	-						Exceptional			
			Nee	eded	Expec	tations	Expec	tations				
8.	Therapis	st recogn	izes and	appropr	iately de	als with	ethical is	sues				
	1	2	3	4	5	6	7	8	9	10		
	Unsatisfactory		Improv	vement	Meets		Exceeds		Excep	tional		
			Nee	eded	Expectations		Expec	tations				
9.	Therapis	st adhere	s to the A	AAMFT	Code of	Ethics a	nd practi	ices in ac	ccordanc	e with		
	Colorado state law											
		2										
	Unsatisfactory Improvement							eeds	Exceptional			
Needed Expectations Expectations												
10.	Therapis	st is awar	e of thei	r own pr	ofession	al develo	pment p	rocess				
	1	2	3	4	5	6	7	8	9	10		
		sfactory	Improv	vement	Me	eets	Exc	eeds	Excep	·		
	Chambiactory		Nee	eded	Expec	tations	Expectations		1			

during work with clients to "do no harm"		ıding	g their ov	vn value	s and per	rsonal dy	O	-		_	sideration	
Unsatisfactory Improvement Needed Expectations Exceeds Exceptional	duri	ng w	ork with	clients t	o "do no	harm"						
Unsatisfactory Improvement Needed Expectations Exceeds Exceptional												
Needed Expectations Expectations		1	2	3	4	5	6	7	8	9	10	
12. Therapist is familiar with various mechanisms of change (insight, experience, language, behavioral, psychoeducation interventions) and corresponding therapy models	Un	ısatis	factory							Excep	otional	
behavioral, psychoeducation interventions) and corresponding therapy models				Nee	ded	Expec	tations	Expec	tations			
behavioral, psychoeducation interventions) and corresponding therapy models	12. Ther	rapis	t is famil	liar with	various	mechani	sms of c	hange (in	sight, ex	perience	. language.	
Unsatisfactory Improvement Needed Expectations Exceeds Exceptional THERAPIST RELATIONAL COMPETENCIES (SLO-4., SLO-12; CC-2, CC-3) The ability to establish and maintain a therapeutic rapport.		-						•	0 ,	-	, ,	
Unsatisfactory Improvement Needed Expectations Exceeds Exceptional THERAPIST RELATIONAL COMPETENCIES (SLO-4,, SLO-12; CC-2, CC-3) The ability to establish and maintain a therapeutic rapport.												
THERAPIST RELATIONAL COMPETENCIES (SLO-4., SLO-12; CC-2, CC-3) The ability to establish and maintain a therapeutic rapport.		1	2	3	4	5	6	7	8	9	10	
THERAPIST RELATIONAL COMPETENCIES (SLO-4., SLO-12; CC-2, CC-3) The ability to establish and maintain a therapeutic rapport.	Un	ısatis	factory	-						Excep	otional	
The ability to establish and maintain a therapeutic rapport.				Nee	ded	Expec	tations	Expec	tations			
The ability to establish and maintain a therapeutic rapport.	THERA	PIS'	T RELA	TIONAI	COMP	ETENC	IES (SLC)-4 SI O-	.12· CC-2	CC-3)		
1									12, CC-2,	, CC-3)		
Comparisor Com	The abil	ity to	establisi	h and ma	ıntaın a t	herapeut	іс гарроі	t.				
Comparisor Com												
Comparison Expectations Expectations		1			2		_		4		_	
13. Therapist is able to build rapport with a wide range of clients representing various demographic backgrounds	Unsa	itisfa	ctory							Ex	xceptional	
demographic backgrounds	Expectations											
1 2 3 4 5 6 7 8 9 10	13. Ther	rapis	t is able	to build	rapport	with a w	ide rang	e of clien	ts repres	senting v	arious	
Unsatisfactory Improvement Needed Expectations Exceeds Exceptional 14. Therapist conveys respect (understanding, acceptance, warmth, compassion, empathy) to clients												
Unsatisfactory Improvement Needed Expectations Exceeds Exceptional 14. Therapist conveys respect (understanding, acceptance, warmth, compassion, empathy) to clients										l 🗆		
Needed Expectations Expectations 14. Therapist conveys respect (understanding, acceptance, warmth, compassion, empathy) to clients		1	2	3	4	5	6	7	8	9	10	
Needed Expectations Expectations 14. Therapist conveys respect (understanding, acceptance, warmth, compassion, empathy) to clients	Un	ısatis	factory	Improv	ement	Me	eets	Exc	eeds	Excep	tional	
to clients			•	Nee	ded	Expec	tations	Expec	tations	-		
to clients	14 Thor	ia	4 00 m v 0 v v	a maan aa	(undou	tandina	agganta		mth aan	maggian	omnothy)	
		_	•	s respeci	(unders	tanding,	accepta	nce, wari	mui, con	ipassion,	empamy)	
Unsatisfactory Improvement Needed Expectations Expectations 15. Therapist uses self in establishing and maintaining the therapeutic relationship	to cn	ients										
Unsatisfactory Improvement Needed Expectations Expectations 15. Therapist uses self in establishing and maintaining the therapeutic relationship												
Needed Expectations Expectations 15. Therapist uses self in establishing and maintaining the therapeutic relationship		1	2	3	4	5	6	7	8	9	10	
15. Therapist uses self in establishing and maintaining the therapeutic relationship	Un	, I								Excep	otional	
1 2 3 4 5 6 7 8 9 10 Unsatisfactory Improvement Needed Meets Exceeds Exceptional Expectations Expectations Expectations				Nee	ded	Expec	tations	Expec	tations			
Unsatisfactory Improvement Meets Exceeds Exceptional Needed Expectations	15. Ther	rapis	t uses sel	lf in esta	blishing	and mai	ntaining	the thera	apeutic r	elationsl	nip	
Unsatisfactory Improvement Meets Exceeds Exceptional Needed Expectations	Г	7		Ιп	Ιп		Ιп	Ιп	Ιп	Ιп	Ιп	
Unsatisfactory Improvement Meets Exceeds Exceptional Needed Expectations		<u> </u>	2	3	4	5	6	7	8	9	10	
Needed Expectations Expectations	Un	ısatis	factory			_	1				!	
•	• •											
16. Therapist maintains clients' engagement in sessions	16. Ther	rapis	t mainta	ins clien	ts' engag	gement ir	ı session:	-				
	Г	_ • ·		Ιπ	l n	, 	l 🖂	Ιπ	Ιπ		Ιπ	
1 2 3 4 5 6 7 8 9 10	L	1										

	Unsatis	sfactory				Meets Expectations				otional			
17.	17. Therapist works flexibly and creativity to maintain presence with clients												
										10			
	Unsatis	sfactory	Improv Nee	vement eded	Me Expec	eets tations	Exce Expec	eeds tations	Excep	otional			
	18. Therapist effectively uses humor and solemnly to foster an appropriate and productive therapeutic relationship												
		2											
	1	2	3	4	5	6	7	8					
	Unsatis	sfactory	Improv	ement	Me	eets	Exc	eeds	Excep	otional			
			Nee	ded	Expec	tations	Expec	tations					
19. ′	Therapis	st level of	self-con	fidence a	allows for	r effectiv	e therap	y					
		2											
	Unsatis	sfactory						Exceeds Exceptional Expectations					
20.	Therapis	st is able											
	1	2	3	4	5	6	7	8	9	10			
	Unsatis	sfactory						Exceeds Exceptional Expectations					
			Nee	eaea	Expec	tations	Expec	tations					
	ASSESSMENT & PERCEPTUAL COMPETENCIES (SLO-4, SLO-8, SLO-11, SLO-12, CC-2, CC-3)												
The	rapist's a	ability to o	observe p	atterns o	f interaci	ion							
								□ 4					
						3		4		5			
·	Jnsatisfa	ctory				eets ctations			E	ceptional			
21. Therapist observes bidirectional influence within the system and interactional patterns													
	1	2	3	4	5	6	7	8	9	10			
	Unsatis	sfactory	Improv		Me			eeds	Excep	otional			
	Needed Expectations Expectations												
22.	Therapis	st is able	to disting	guish bet	ween the	e content	and the	process					
	1	2	3	4	5	6	7	8	9	10			

	Unsatis	sfactory	Improv Nee	vement eded	Me Expec	eets tations	Expect	eeds tations	Excep	otional
	Therapis concerns		to effecti	effectively use the DSM 5 in their conceptualization of clien						
	П	Ιп	Ιп			Ιп	Ιп	П	Ιп	Ιп
	1	2	3	4	5	6	7	8	9	10
		sfactory	Improv	ement	Mε	eets		eeds		
24. Therapist views diagnosis through a systematic perspective and in a manner congrue with their identified theory										
	with thei	r identifi	ied theor	y						
	1	2	3	4	5	6	7	8	9	10
		sfactory	Improv	ement	Me	eets	Exc	eeds		
			Nee	ded	Expec	tations	Expec	tations		
25.	Therapis	st can un	derstand	presenti	ing conc	erns fron	n a varie	ty of the	oretical o	orientations
	while wo	rking pr	imarily v	within on	e identif	ied theo	ry			
										10
	Unsatis	sfactory		Improvement					Excep	otional
				ded	Expec	Expectations		Expectations		
26	Thoronic	1 1 20 00000	smont fo	oneoe on	the entir	o systom	os tho n	nit of tre	atmont	even if only
	parts of				the entil	e system	i as the u	mit or tre	tatilient,	even ii omy
	1									
	Unsatis	sfactory	Improvement						Exceptional	
			Nee	ded	Expec	tations	Expec	tations		
27.	Therapis	st is able	to assess	external	and into	ernal str	essors on	the syst	em	
	1									
	1	2	3	4	5	6	7	8	9	10
			Improv	ement	Me	Meets		Exceeds		
			Nee	ded	Expec	tations	Expec	tations		
28.	Therapis	st integra	ites cultu	ral attun	ement v	when asse	essing cli	ents, acc	ounting f	for the
	influence	e of socio	-cultural	context	on client	ts and th	e therap	eutic pro	cess	
		1	1		•	1	-		1	
	1	2	3	4	5	6	7	8	9	10
		sfactory								
	Silvationactory		Nee	ded	Expec	tations	Expectations		-	

CONCERNIAL COMPETENCIES (SLO 4 SLO 9 SLO 11 SLO 12 CG 2 CG 2)											
CONCEPTUAL COMPETENCIES (SLO-4, SLO-8, SLO-11, SLO-12; CC-2, CC-3)											
Therapist's ability to integrate observations with theory, resulting in appropriate intervention and treatment goals											
			Г	\neg		П		П		П	
	1		,			3		<u> </u>		5	
Unsa		ctory		<i>_</i>		eets	Į	7	I Ex	Exceptional	
Clist	atisia	ctory				ctations			L.	coptional	
					LAPE	ctations					
29. The	29. Therapist bases case conceptualization upon their identified theory										
[П	lπ	П	lπ	Ιп	Ιп	lп	Ιп		П	
	<u>–</u> 1	2	3	4	5	6	7	8	9 Excep	10	
I I	ı ncatic	factory	Improv	ı T vement	Me	ets	Fyc	eeds	Excen	tional	
O.	nsans	stactory	Nee	eded	Expec	tations	Expec	tations	Елеср	tionar	
			1100	dea	Ехрес	tations	Lxpcc	uuions			
30. The	rapis	t develor	os treatn	nent goal	s with cl	ient inpu	ıt while a	lso basiı	ng the go	als on	
	-	d theory		8		•			0 0		
		·									
[9		
	1	2	3	4	5	6	7	8	9	10	
									Excep		
		,		eded					1		
					1		1				
31. The	rapis	st concep	tualizes	the syste	m as the	unit of t	reatment	t, even if	only par	ts of the	
•		re preser									
[9		
	1	2	3	4	5	6	7	8	9	10	
									Excep		
		•		eded					1		
					1		1				
32. The	32. Therapist integrates cultural attunement when intervening with clients (race, socio-										
ecor	nomi	c status, o	culture,	ethnicity	, religion	, sexuali	ty, gende	er identi	ty etc.)		
			•		1	•	1	1			
[9		
	1	2	3	4	5	6	7	8	9	10	
U	nsatis	sfactory	Impro	vement	Me	eets	Exc	eeds	Excep	tional	
		sfactory	Nee	eded	Expec	tations	Expec	tations			
33. Therapist takes gender socialization and its effect on relationships and therapy into											
consideration											
[
	1	2	3	4	5	6	7	8	9	10	
		•		•	•		•	•	Excep		
0.		· · · · · · - J					Expec				

STRUCTURING COMPETENCIES (SLO-8, SLO-11, SLO-12; CC-2, CC-4)

Therapist's ability to	o appropriately dire	ect therapy					
□ 1 Unsatisfactory	2	Meets	4	5 Exceptional			
		Expectations					
34. Therapist's ability to pace the session appropriately, including starting on time and							
ending on time							
1 2	3 4	5 6	7 8	9 10			
	Improvement		Exceeds	xceeds Exceptional			
Ĭ	Needed	Expectations	Expectations	1			
25 Th	•		4	bl. 4			
35. Therapist make	•	•	_				
amerem perspe	cuves and manage	e verbai interaction	ons in the therapy i	TOOM			
1 2	3 4	5 6	7 8	9 10			
Unsatisfactory	Improvement		Exceeds	Exceptional			
	Needed	Expectations	Expectations				
36. Therapist establ	lishes and reviews	a formal case pla	n with clients (if ar	opropriate to the			
clinical model)		w 2023-202		, p			
1 2	3 4	5 6	7 8	9 10			
Unsatisfactory	1		1. Exceeds	Exceptional			
	Needed	Expectations	Expectations				
37. Therapist effectively prepares clients for termination							
1 2	3 4	5 6	7 8	9 10			
Unsatisfactory	Improvement	Meets	Exceeds	Exceptional			
	Needed	Expectations	Expectations				
	COMPETENCIE		I O 10 GI O 11 GI O	12 (CC 2 (CC 5)			
INTERVENTION				-12; CC-2, CC-5)			
Therapist's ability to	purposefully inter	vene to facilitate c	change				
1	2	3	4	5			
Unsatisfactory		Meets		Exceptional			
		Expectations					
38. Therapist links	intervention with	their identified th	neory				
_ 1 _				_ ı _			

	1	2	3	4	5	6	7	8	9	10	_
	Unsatis	sfactory	Improv	ement	Me		Exce	eeds	Excep	tional	
		•	-	ded	Expec	tations	Expec	tations	•		
39.	Therapis	st is able	to effecti	vely imp	lement a	case pla	an				
	П	lп	lп		П	Ιп	ΙΠΙ	П	ΙΠ	Ιп	
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	Unsatis			ement			•	eeds	Excep	tional	
			Nee	ded	Expec	tations	Expect	tations			
40.	Therapis	st evaluat	tes the ou	itcome of	f interve	ntions aı	nd active	ly monit	ors clien	t reactio	ns
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	Unsatis	sfactory	Improv	ement	Me	eets	Exce	eeds	Excep	tional	
			Nee	ded	Expec	tations	Expect	tations			
OV	ERALL	COMPE	TENCY								
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	Areas	s for furt	ther grov	vth in sul	bsequent	semeste	ers:				
_				-			program		_		
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	ervisor at ne interns		the traine	ee has cor	npleted a	ill of the	casework	and asso	ociated re	sponsibil	lities
		-									
Stuc	lent							_ Date:			
Sup	ervisor _							_ Date:			
Tria	dic Supe	rvisor						_ Date:			



Center for Counseling and Family Therapy Client Information Form

Thank you for choosing the Regis Center for Counseling and Family Therapy. We offer affordable counseling services for children, adults, couples and families in a comfortable confidential setting.

In order to support our continued operations we ask clients to pay a small fee for our services. However, if at any time you are unable to pay your fee, or if you need to renegotiate the fee of the services you are receiving, please let your counselor or therapist know. You will not be turned away for services for an inability to pay.

Client fee:	(please check one)	_ individual fee	family fee
Date Completed:			
Client Information - Please fill or	ut all areas below:		
Full Name:			
Gender:	Pronouns:		DOB:
Street Address:	City, State, Zip:		Can we send mail to this address? □Yes □No
Preferred Phone: ()	- Type: Home/ Work / Cell		n message at this number? □Yes □No
Relationship Status: Single Domestic Partners Married Separated Divorced Widowed Living Together Poly Relationship	Race/Ethnicity: White/Euro-Ameri Biracial Asian/Asian-Ameri Black/African-Am Hispanic/Mexican Native American/I Other: Specify:	rican erican American/Latin ndian	
Health and Wellness Information:			
Have you been to therapy before?	□ Yes □ No		
Dates and reason for previous the	rapy:		
How helpful was the therapy?	□ Very helpful □ Mostly helpful	☐ Somewhat help	oful 🗆 Not at all helpful
How much has someone else pres	sured you to come to therapy? □ A lo	ot 🗆 Some	□ A little □ None
Please list any current physical hea	alth problems you have:		

A)				В)				
C)	D)							
Please list any pre	scription me	edications you are	currently ta	king:				
Medication:				Reason:				
Medication:	D							
iviedication.				Reason:				
Medication:				Reason:				
Please provide inf	ormation al	bout your housel	nold:					
Name	Age	Occupation	Rela	ationship to	You	For youth under medical decision-		
How much social s	upport do y	ou receive from th	ne following					
Extended family			□ A lot	□ Some	□ A little	□ None		
Friends and neighl	oors		□ A lot	□ Some	□ A little	□ None		
Co-workers			□ A lot	□ Some	□ A little			
Religious/spiritual	communitie	25	□ A lot	□ Some	□ A little			
Other:			□ A lot	□ Some	□ A little	□ None		
Alcohol and Substa	ance Use:							
Do you use Mariju	ana? 🗆	Yes □ No	How much	and how ofte	en?			
Do you use other	drugs? 🗆	Yes □ No	How much	and how ofte	en?			
Do you drink alcoh	nol? 🗆	Yes □ No	How much	and how ofte	en?			
Have you ever felt	that you sh	ould cut down on	your drinkin	g? □ Yes	□ No			
Have people anno	yed you by o	criticizing your dri	nking?	□ Yes	□ No			
Have you ever felt	bad or guilt	y about your drinl	king?	□ Yes	□ No			
Have you ever had	l a drink first	t thing in the morr	ning to stead	ly your nerve	es or get rid	of a hangover?	□ Yes □ No	
Have any of the fo	llowing resu	ılts from your use	of alcohol o	r drugs:				

Traffic ticket/violation □ Ruined a relationship □ Black outs □ Trouble with the legal system □ Fight with a friend □ Academic problems Disciplinary action □ Job Loss □ Other □							
Emotional Wellbeing:							
What is your current stress level? (1=no stress,	10=extrem	e stress): ា	□1 □2 □3	□4 □5 □6	□7 □8	□ 9 □10	
Do you feel safe at home? ☐ Yes ☐ No	Are you h	appy with y	our living arrang	gements?	□ Yes	□ No	
Can you talk to your family about your persona	l concerns a	and probler	ns	□ Yes	□ No		
Is your family emotionally close?				□ Yes	□ No		
Is your relationship with your family satisfactor	y?			□ Yes	□ No		
Please indicate which of the following your fam	nily has a his	story of:					
Alcohol or drug addiction Physical Abuse Emotional and/or Mental Abuse Suicide Other Depression Other Other Other Description Other Other Description Other Other Other Description Other Other							
In the last two weeks, how much of the time have you	All of the time	Most of the time	More than half the time	Less than half the time	Some of the time	At no time	
Felt sad or down in the dumps							
Lost interest in your daily activities							
Lacked strength and energy							
Felt less self-confident							
Felt guilty or had a nagging conscience							
Felt that life wasn't worth living							
Had difficulty concentrating (i.e. when watching television etc.)							
Felt very restless							
Felt subdued							
Had trouble sleeping at night							
Suffered from reduced appetite							
Suffered from increased appetite							
Suffered from headaches							
Had weight loss or gain							
Struggled with controlling anger							
Experience extreme mood shifts							

Felt overwhelming anxiety						
In the last two months, how much of the time	All of the time	Most of the time	More than half the time	Less than half the time	Some of the time	At no time
have you Had academic or work-related problems	the time	the time	nan the time	the time	the time	time
Acted in a violent manner						
Felt extremely angry						
Had difficulty expressing your emotions						
Had difficulty managing stress						
Felt dissatisfied with your appearance						
Have you suffered a recent loss? If so which?		Yes			No	
Death						
Job Loss						
Relationship Ending						
Dramatic change in your health						
Have you ever experienced the following?:		Yes			No	
Tried to control your weight with vomiting, not eating, diuretics, laxatives, excessive exercise, and/or diet pills						
Had an unwanted sexual experience						
Additional Information:						
Have you ever felt like or tried harming yourself (past or present)? Please explain:						
Have you ever felt like or tried harming others (past or present)? Please explain:						

Please describe your reason for seeking counseling:	
The state of the s	
-	
Is there anything else you would like use to know?	
	_
Client Signature:	Date:



Biopsychosocial Assessment and Treatment Plan

Introduction

The mission of the Master of Arts in Marriage and Family Therapy (MAMFT) program is to prepare competent and effective professionals who practice systemic/relational therapy with individual, couples, or families with an emphasis on: (a) excellent clinical skills that are informed by diverse theoretical traditions; (b) personal growth opportunities to encourage person-of-the-therapist competence and to facilitate an awareness of their own approach to therapy; and (c) an awareness of the construction of power and knowledge, and how to work therapeutically with dominant and oppressed people, systems, and ideas.

We use a strengths based empowerment model of psychosocial assessment and treatment planning. This model presents client concerns in the context of their relationships and the larger systems within which clients live. We expect that MFTs are competent in their ability to collaborate with their clients and arrive at an accurate diagnosis that informs the treatment plan. MFTs will incorporate clients' perceptions, concerns, and understandings. MFTs design interventions that align with the clients' goals and objectives.

The psychosocial assessment and treatment planning interview is a process of fostering a foundational relationship. Clients must trust that you are genuinely interested in them and that you believe that they are the experts of their own life experience. MFTs often normalize, validate, and provide hope during the psychosocial assessment and treatment planning. The therapeutic relationship is present when you are writing the reports as well. Clients can have access to these documents, so write them in a way that affirms clients as human beings worthy of dignity and respect.

Finally, be aware of power as the MFT and possible areas of marginalization that the clients have experienced. Consider ahead of time about how you can be prepared for clients who are elderly, adopted, LGBTQ, military, felons, undocumented immigrants, living in poverty, ethnically/culturally/racially marginalized, or are people with disabilities (including traumatic brain injury).

The psychosocial assessment should be written as a report using the following template. The treatment plan should be completed on the form attached. Use the following sections to guide your clinical interview so that you can write the report and plan.

Psychosocial Assessment Template

Client Identifying Information

For each member of the client (depending on if this client is an individual, couple, or family), provide the following factual information based on client report or case records.

Name:

Age:

Biological Sex:

Gender Identity:

Race:

Ethnicity:

Religion/Spirituality:

Relationship Status:

Occupation:

Living Situation:

Sexual Orientation:

Children:

Presenting Concern

Start with client description of the concern or reason seeking services. Include duration, frequency, and consequences of the issues of concern and how client has addressed the concerns in the past.

In addition, discuss how the following systems have been impacted by the concern and have impacted the client.

Family situation

Physical environment

Economic environment

Educational/occupational history

Physical well-being/health

Relevant cultural, racial, and religious factors

Sexual orientation and gender identity factors

Current social/sexual/emotional relationships

Legal involvement

Use of internal and external resources to face challenges

Clinician Observations of Client

Depending on the client, this could be of an individual, couple, or family. Remember there can be different family forms (family of creation, family of choice, etc.) Include objective **observations**, not opinions.

Physical appearance (dress, grooming, striking features)

Communication styles (abilities & challenges)

Thought processes (memory, intelligence, clarity of thought, mental status)

Expressive overt behaviors (mannerisms, speech patterns)

Mental status exam (if appropriate)

Relevant History

Discuss history in each of the following areas as it pertains to the presenting issue. You are not limited to these areas - these are a starting place.

<u>Family History</u> – can use genogram to convey this information

Family composition

Birth order

Where & with whom reared

Relationship with parents/guardian

Relationship with siblings

Abuse or trauma

Significant family events (births, deaths, divorce, separations, moves, etc.)

Mental health conditions in Family of origin

<u>Developmental History</u> – use particularly with children or if relevant to the presenting issue.

Be aware of cultural differences in expectations for development.

Medical problems/conditions at birth

Developmental milestones (mobility, speech, toilet training, etc.)

Family Interrelationships

Interacting roles within the family (who makes decisions, who is responsible for what)

Family disagreements or disappointments

Family rituals or celebrations

Educational and Occupational History

Level of education attained

School performance

Learning problems/difficulties

Areas of achievement

Peer relationships

Type of employment

Employment history

Adequacy of wage earning ability

Quality of work performance

Relationship with authority figures and coworkers

Religious and/or Spiritual Development

Importance of religion in upbringing

Affinity for faith tradition

Involvement in religious activities

Positive or negative experiences

Social Relationships

Size and quality of social network

Ability to sustain friendships

Pertinent social role losses or gains

Social role performance within cultural context

Historical patterns of familial and social relationships

Intimate Relationships

Type and quality of relationships

Relevant sexual history

Ability to sustain intimate (sexual and nonsexual) contact

Significant losses

Traumas

Conflicts in intimate relationships

Way of dealing with losses or conflicts

Problems or strengths in intimate relationships

Health - medical, psychological, substance history and impact on functioning

Drug, alcohol, or tobacco use or misuse, (when use began; intensity, duration, and

frequency)

Medications

Accidents

Disabilities

Emotional difficulties including mental illness

Hospitalizations

Use of previous therapy

Current or history of suicidal ideation or attempts

Current or history of self-harm

Current or history of harm to others

Current or history of binging, purging, or restricting

Pertinent health behaviors such as nutrition, exercise, stress management

Quality of sleep

<u>Legal</u> – juvenile or adult contact with legal authorities

Type of problems

Jail or prison sentence

Effects of rehabilitation (or lack of) in justice system

Effects of prison system

Environment Conditions

Urban or rural

Length of time in current living environment

Living arrangement history

Economic/class structure of neighborhood

Description of home

<u>History of Marginalization and Privilege</u> – as it pertains to current issue

Collaborative Assessment

Integrate the clients' concerns with your understanding to describe the underlying causes or contributing factors that have created the clients' concerns. Articulate the prognosis for change. Include DSM 5 diagnosis. As appropriate, include the following:

Social emotional functioning – ability to express feelings, form relationships; describe the predominant mood or emotional pattern (optimism/pessimism, temperament)

Psychological factors – impulse control, defense mechanisms, coping style

DSM 5 diagnosis

Environmental issues and constraints

Conclude the assessment with a statement about the clients' motivation for help, your ability to provide help, other resources that may be necessary to resolve the presenting concern, and the anticipated outcome of treatment.



DIVISION OF COUNSELING AND FAMILY THERAPY MASTER OF ARTS IN MARRIAGE AND FAMILY THERAPY

Treatment Plan

Therapist:			Case/Client	t(s):		
Date:			Therapy Mo	odel Used:		
Primary Client C	onfiguratio	<u>n:</u>	Clients Also	Seen As:		
☐ Couple ☐ Conjoint ☐ Family ☐ Individual (Adult) ☐ Individual (Child)			□ Family □ Individua	□ Conjoint □ Family □ Individual (Adult) □ Individual (Child)		
Client Concer	n #1:					
Client goal #1	persona	ıl/relational dy	namic:	to reduce (sy	/mptom):	
☐ Increase ☐ Decrease						
		Меа	sure of Progr	ess		
		1100.	50 6 5) 1 1 5g	with no		
Able to sustain	1 :	for period of:		more than:	episodes of:	
		Enter #	□ Weeks □ Months	Enter#		
Initial Phase C	bjectives:					
a.						
Interventions						
b.						
Interventions						
C.						
Interventions						

Client C	oncern	#2:					
Client go	oal #2	personal	/relational dy	namic:	to reduce (symptom):		
□ Increa	ase						
□ Decre	ase						
			Меа	sure of Progre	ess		
Able to s	sustain:		for period of:		with no more than:	episodes of:	
			Enter #	□ Weeks □ Months	Enter #		
Initial Pl	hase Ob	jectives:					
a.							
Interver	ntions:						
b.							
Interver	ntions:						
C.							
Interver	ntions:						
Anticipa	ited stre	engths:					
Anticipa	ited obs	stacles:					
			Clie	nt Perspectiv	re		
Has trea		olan been client:	if no, explair	1			
☐ Yes ☐ No							

Describe areas of client agreement and concern:	
Referrals to Other Resources:	
I/We have read, understand, and ag	
Client Signature(s):	Date:
	Date:
	Date:
	Date
	Date:
Minor child signature(s):	
	Date:
	Date:



PROFESSIONAL DISCLOSURE AND CLIENT RIGHTS STATEMENT

Thornton Counseling Center 500 E. 84th Avenue Thronton, CO 80229 Colorado Springs Counseling Center 7450 Campus Drive, Suite 100, Colo. Springs, CO 80920

Phone: 719-264-7027

Phone: 303-964-5786

I am a master's level marriage and family therapist-in-training enrolled in Practicum. Among requirements for this course is a series of **45 minute** therapy sessions, which I will record for use during individual and group supervision. Our sessions may be viewed as they occur (via one-way mirror or video feed) by my supervisor and other trainees enrolled in the Division for Counseling and Family Therapy. After our sessions, I will review the recordings with my supervisor and course colleagues, and the recordings will be destroyed by the end of the semester. These recordings are for educational purposes only and will not be added, attached or compiled with your medical or client records. I may also prepare a verbatim transcript that will provide another opportunity for me to improve my therapy skills. *During our session, I may take a break or receive a call from the "team" behind the mirror*.

You are entitled, to receive information from myself (or my supervisor) about the methods of therapy, and the techniques used. Our therapy will take place at the same time weekly during the 16-week semester. Near the end of the semester, we will discuss termination, referral(s), and/or continuing at the LAB next semester with a different therapist. You can seek a second opinion from another therapist or terminate therapy at any time.

My supervisor and fellow trainees will regard everything you say or reveal during sessions in a professional manner. However, because of the nature of this experience, the limits of confidentiality typically assured for clients will be broadened to include my supervisors and fellow trainees. We would be unprofessional if any of us discussed the interaction with any person outside of our class group. Additionally, in a professional relationship (such as ours) sexual contact between client and therapist is never appropriate and is illegal in the state of Colorado. It should be reported to the Department of Regulatory Agencies (see contact information below).

Information provided by and to a client in a professional relationship with a psychotherapist is legally confidential, and cannot be disclosed without written consent. There are certain legal exceptions to confidentiality that may include, but are not limited to, a court order or subpoena. I am also required to:

- 1. Report child abuse or neglect to the Department of HHS and/or law enforcement;
- 2. Report the abuse and exploitation of elders, 70 years of age or older (C.R.S. 18-6.5-108);
- 3. Release information when court ordered to do so:
- 4. Report when there is a legal duty to warn of a threat from a client of imminent physical violence and/or when a client is a "danger to self or others" (C.R.S. 27-65-102(4.5));
- 5. Release information when there is a "condition in which a person as a result of a mental health disorder, is incapable of making informed decisions about or providing for his or her essential needs without significant supervision and assistance from other people" (C.R.S. 27-65-102(9));
- 6. Release information when required to report a threat to the national security of the U.S.; and

- 7. Release information when a therapist needs to request a "Welfare check through law enforcement" in the event that the therapist becomes concerned about the client's safety/welfare.
- 8. There is a "duty to warn: ... where the patient has communicated to the mental health provider a serious threat of imminent physical violence against a specific person or persons, including those identifiable by their association with a specific location or entity (C.R.S. 13-21-117);
- 9. Where there is a duty to warn, the mental health provider: "... shall make reasonable and timely efforts to notify the person or persons, or the person or persons responsible for the specific location or entity that is specifically threatened, ... (C.R.S. 13-21-117).

Note that ONLY authorized persons will have access to your records. If you return to the clinic for future therapy, your records may be reviewed by the new trainee and her or his supervisor. At the completion of your therapy, these records will be filed in the HIPAA secure server for seven years, after which they will be erased.

Please also review the following:

The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. The Board of Registered Psychotherapist Examiners can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800. As to the regulatory requirements applicable to mental health professionals: a Licensed Clinical Social Worker, a Licensed Marriage and Family Therapist, and a Licensed Professional Counselor must hold a master's degree in their profession and have two years of post-master's supervision. A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision. A Licensed Social Worker must hold a master's degree in social work. A Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure. A Certified Addiction Counselor I (CAC I) must be a high school graduate, and complete required training hours and 1000 hours of supervised experience. A CAC II must complete additional required training hours and 2,000 hours of supervised experience. A CAC III must have a bachelor's degree in behavioral health, and complete additional required training hours and 2,000 hours of supervised experience. A Licensed Addiction Counselor must have a clinical master's degree and meet the CAC III requirements. A Registered Psychotherapist is registered with the State Board of Registered Psychotherapists, is not licensed or certified, and no degree, training or experience is required.

EMERGENCIES: The Counseling Lab operates as a training facility, with NO emergency services.

FEE AND PAYMENT POLICY: No fees will be collected for therapy services.

CANCELLATION POLICY: Cancellations must be made to either the Thornton Center at (303) 964-5786 or the Colorado Springs Center at (719) 264-7027 at least 24 hours in advance.

I acknowledge that I have read and received a copy of this information. I understand my rights as a client.

Client (print name)	Client/Legal Guardian's Signature
Marriage and Family Therapist in-training (print name)	Marriage and Family Therapist-in-training Signature
Faculty Supervisor (print name)	Degrees/Licenses
Faculty Supervisor Signature	Date



Rueckert-Hartman College for Health Professions Division of Counseling and Family Therapy

Regis Center for Counseling and Family Therapy

Consent to Treatment for Minor Child

Print legal name of minor child here:	
I,, as parent or guardia have been assigned parental responsibilities to consent for heaminor child and I hereby give consent for my child to receive at Regis University.	•
I understand that only the therapist, supervisor(s) and other strinformation learned during the course of therapy. (Please read Furthermore, I understand Regis University is under no obligating child's therapy to other persons or agencies.	d Patient Rights Form for exceptions.)
I understand that the student conducting this therapy will be d professor and that to facilitate this supervision, therapy sessio with me will be videotaped.	
I understand that when parents or unmarried or divorced, Coloassigned parental responsibilities access to medical records. T 123.8, you authorize the graduate student in training to provide individual by authorizing me to provide services to a child in	Therefore in compliance with C.R.S § 14-10-le access to treatment information to such an
I was informed during the initial intake and I understand that supervisors DO NOT agree to testify in court. If you are involved to understand that the role of the graduate student counserecommendations for the court concerning custody or parentinopinions on issues involved in the litigation. By signing this distudent counselor assigned to you and your family as a witness shown that testimony by therapists in domestic cases causes distherapist and client. Only court-appointed experts, investigate to the court on disputed issues concerning parental responsibility. (Adapted from Lane, 2009).	lved in a divorce or custody litigation, you elor in training is not to make ng issues or to testify in court concerning lisclosure statement, you agree not to call the si in any such litigation. Experience has lamage to the clinical relationship between ors, or evaluators can make recommendation.
Parent or Guardian Signature	Date
Witness	Date



Rueckert-Hartman College for Health Professions Division of Counseling and Family Therapy

Regis Center for Counseling and Family Therapy

CLIENT CASE NOTES

Client's Name(s):			Page #:			
Counselor's Name:		Supervisor's Name:				
Date:	Length:	Type: Individual	Payment:			
	•	"SOAP" Notes:	•			
 S: Summary What was said & done from the client's perspective. Themes Reported symptoms 						
O: Observations						
 A: Assessment Of the client Major concerns Changes since the last session Interventions used 						
P: Plan To achieve treatment goals Future directions Homework Date of next session						
Counselor's Signature:			Date:			
Supervisor's Signature:		Date:				



Rueckert-Hartman College for Health Professions Division of Counseling and Family Therapy

Regis Center for Counseling and Family Therapy

LIFE PLEDGE

I,	agree not to kill, harm, o				
hopeless, or feel worried abo	under any circumstances. Furthermore should I become depressed or feel about my ability to care for myself at any time of day or night I will speak with cluding crisis phone lines(24 hour crisis line: 1-800-273-8255) or will admit				
People with whom I can talk	to and will contact are:				
NAME:	RELATIONSHIP:	PHONE #:			
Date	Client's Signature				
Date	Counselor's Signature				

INTERNSHIP

INTERNSHIP DESCRIPTION

Course Overview for Internship

Students should secure an internship placement during or before their practicum semester. Students should apply for internship during their practicum semester by the application deadlines.

Fall Semester: July 1
Spring Semester: November 1
Summer Semester: March 1

Students will be registered by the <u>Clinical Administrative Coordinator</u> for one class (MFT699A/B/C-<u>Syllabus</u>) which includes:

- Approximately 20-25 hours per week at an approved clinical Internship site This time includes about 10-15 client contact hours each week, individual/triadic supervision with approved site supervisor, documentation, preparation, training, and inservice time.
- Regis Group Supervision- This class meets for 2 hours every week during weekday hours (9-5pm) with a Regis AAMFT Approved Supervisor faculty and a maximum of 8 Regis student interns.

Approved Clinical Sites:

A list of approved clinical can be found in Tevera. To access Tevera, you must use the link provided on the **DCFT and ME** page in Worldclass https://worldclass.regis.edu/d2l/home.

MAMFT INTERNSHIP REQUIREMENTS

Direct Clinical Contact and Clinical Supervision Hours

Students should expect to spend 16-24 hours each week at their clinical internship placement in order to complete the required hours within two semesters. The 16-24 hours each week should involve time spent conducting therapy, attending supervision (individual and group), writing case documentation, and other appropriate clinically related tasks.

Students should plan to complete 250-270 direct client contact hours during their internship experience (Includes MFT699A and MFT699B). Each semester, the student should aim for 135 direct client contact hours and 28 systemic clinical supervision hours.

Direct Clinical Contact Hours are defined as a therapeutic meeting of a therapist and client (individual, relational, or group) occurring in-person synchronously, either physically in the same location or mediated by technology. Assessments may be counted if they are in-person processes that are more than clerical in nature and focus. Also, therapy services delivered through interactive team modalities may provide direct client contact for specific team members who have in-person interaction with the client/system during the session. Therapy team members who engage the therapeutic process only behind the mirror may not count the experience as direct client contact. Activities such as telephone contact, case planning, observation of therapy, record keeping, trainings, role-playing, travel, administrative activities, consultation with community members or professionals, and/or MFT relational/systemic supervision are not considered direct client contact.

Systemic Clinical Supervision is supervision with faculty supervisors that is focused on the trainees case material and person-of-the-therapist training in order to serve training goals. Of the 100 required systemic clinical supervision hours, 50 of these hours must use observable data.

Faculty Supervisor is a full-time or affiliate faculty member who is teaching and providing clinical supervision in a Practicum course, providing triadic supervision in Practicum, or teaching an Internship course.

Observable Data includes audio and video recordings, as well as live (behind the mirror, in the room co-therapy, reflecting teams, etc.).

Inappropriate Activities

In a Regis clinical placement, it is <u>inappropriate</u> for Regis marriage and family therapy students to engage in any of the following activities:

- Case management only/milieu management
- Child care or baby sitting of clients' children
- General filing and clerical activities
- Receptionist or secretarial roles
- Providing services to clients after agency hours with no supervisor on site

Licensed Site Supervisors and Weekly Supervision

Sites are expected to employ or have contractual agreements with Licensed Clinicians (LMFT, LCSW, LPC, or Licensed Psychologists) who (a) have training and experience working with couples and families, (b) have experience supervising clinicians who are working with couples and families, and (c) who are preferably AAMFT Approved Supervisors who will act as supervisors for our students. Students are required to have a minimum of one hour per week of face to face clinical supervision with their primary site supervisor who maintains active licensure status.

Appropriate Disclosure Forms and Releases

Clinical sites are expected to provide the appropriate disclosure forms and releases for the student's use with their clients. The form should disclose the student's intern status and also request permission to audiotape or videotape for training purposes.

American Association for Marriage and Family Therapy (AAMFT) Code of Ethics

Students in the MAMFT program are being trained under the AAMFT Code of Ethics and are expected to follow this code of ethics throughout their clinical training. http://www.aamft.org/imis15/content/legal_ethics/code_of_ethics.aspx

Internship Application and Requirements

In order to be admitted to clinical placement, a student must do the following:

- If involved in any remedial process, student must have met the requirements of the remediation plan and must be approved by the Remediation Committee to move forward in the program.
- Be completely familiar with the Clinical Requirements as described in this manual.
- Successfully complete all pre-requisite courses with a grade of B- or higher.
- Submit an Internship Application to the Clinical Administrative Coordinator by the designated deadline
- Acquire passing scores on any given Student Performance Evaluations (SPE). Any zero score will require some type of remediation.
- Secure Internship placement at a Regis approved clinical site
- Avoid any potential dual relationships at the clinical site (e.g., working for employers, family members, friends, interning at the same site where you work)
- Not expect money for interning nor be charged by the agency for supervision

A student may not register for MFT 699A/B Internship Supervision when the following conditions exist:

- Placement has not yet been confirmed by the clinical site
- The clinical site cannot offer supervision with a licensed clinician (LPC, LCSW, LMFT, Licensed Psychologist), who has had at least two years' experience working in areas s/he will be supervising
- Students are not assured that a clinical supervisor will available whenever the student is working with clients during the Internship semester(s)
- Regis does not have a current legal contract with the clinical site

While in placement a student must do the following:

- Complete the remainder of their 300 direct client contact hours and their 100 systemic clinical supervision hours.
- Attend all required Regis Group Supervision sessions throughout a minimum of two Internship semesters and successfully complete the requirements of each semester's work (see Syllabi for MFT 699 online).
- Register for an additional semester (MFT 699C) if requirements have not been met in two Internship semesters of placement.
- Keep the Regis Group Supervisor informed of any issues or changes at the clinical site, especially any issues affecting program requirements.
- Discuss any potential "Incomplete" with the Group Supervisor.

Assignment to MFT 699A/B Internship Supervision sections

Students are assigned to **MFT 699A/B Internship Supervision** sections based on the availability of open seats in a given section (no more than 8 students to a section) as well as student preference. We assign students based on their preference in this order:

i. Existing internship students (internship B/C) who respond by email to the Clinical Administrative Coordinator with their preferences by the given deadline are assigned to sections first based on those preferences.

- ii. Existing internship students (internship B/C) who *do not* respond to the Clinical Administrative Coordinator with their preferences by the given deadline are assigned to the same section they have been in, unless this section is no longer offered on the same day/time. In this situation, existing internship students are assigned based on the balance of sections.
- iii. Internship A applicants who submit a complete application with a clinical placement secured by the application deadline are assigned by their preference based on the remaining available seats.
- iv. Internship A applicants who submit their application by the deadline without a clinical placement are assigned to the remaining seats based on preference, but must secure a clinical placement and submit documentation of their placement no later than three weeks after the application deadline. If students do not secure a placement in this time frame, they will be removed from the section and not guaranteed a seat in internship for the upcoming semester.
- v. Internship A applications who submit a complete application with a clinical placement secured, but did so past the application deadline, are not guaranteed a seat in internship and will be assigned to an internship section based solely on availability in sections. If there are no remaining available seats, student who do not submit by the deadline will have to delay their start until the next semester.

INTERNSHIP APPLICATION

Internship Applications should be completed in Tevera. To access Tevera, you must use the link provided on the <u>DCFT and ME</u> page in Worldclass https://worldclass.regis.edu/d2l/home. Once in Tevera, use the Site Placement workspace. To find more information about how students can access Tevera, please visit https://knowledge.tevera.com/space/OS. See Appendix A for an example application.

APPENDIX A



Masters of Arts in Marriage and Family Therapy

Internship Application

□ Fall Semester: July 1			
☐ Spring Semester: November	r 1		
☐ Summer Semester: March 1			
Early submissions will be proce Evaluations. Unlike Practicum, sections and student indicated	essed immediately. App Internship group super		
DEGREE:			
□ MAMFT			
CERTIFICATE:			
□ Depth Psychotherapy □ Student Name: {document.star} ID#: Mailing Address: City: State: Zip: Home Phone: {document.staff} Work Phone: {document.staff.} Cell Phone: {document.staff.pl Regis Email Address:	f.phone.home} phone.work}	☐ Marriage & Family	☐ Military Families
Current Employer Name*: Employer Address: City: State: Zip: Position Held: Supervisor Name: Do you plan to continue emplo	ovment:		
☐ Yes	, jinone	□No	
If you plan to work with child	iren or adolescents d		the following courses
. ,			

must be taken prior to or concurrently with Practicum:

- a. MCPY 668 Play in Family Therapy offered spring & fall (first 4 weekends)
- b. MCPY 678 Introduction to Play Therapy- offered spring (last 4 weekends)
- c. MCPY 677 Counseling Children & Adolescents- offered summer (first 4 weekends)
- Note It is highly recommended that you select the course that corresponds with the
 population seen at the specific site.

<u>Courses Completed</u> <u>Year/Semester</u> <u>Grade</u> (if completed)

Practicum MFT690/692

Proposed Internship Site:

Agency Name:

Program:

Agency Address:

Contact Person:

Phone:

Email Address:

Degree/Licensure:

Expires (See DORA):

** If the Site Supervisor is NOT an AAMFT Approved Supervisor, the site supervisor will need to complete the Supervisor Qualification Form and submit it to the MFT Intnership Coordinator for approval.

Type of Clients you will work with:

If you work at an Internship site where children and adolescents are the primary population you must take one of the following courses prior to Internship:

- MCPY 668 Play in Family Therapy,
- MCPY 678 Introduction to Play Therapy
- MCPY 677 Counseling Children & Adolescents

Internship Site Schedule (include days/ times if k

Start Date at Internship: (must be at beginning of a semester)

□ I give consent for the Division of Counseling and Family Therapy to register me for practicum and/or internship.

Include the following with your Internship Application:

- Proof of (Active) Student Liability Insurance Attach Copy of "Certificate of Insurance" from CPH & Associates (Student liability insurance is a free benefit of student membership in AAMFT)
- A cover letter stating your reasons for choosing this site and describing your overall plan for completing a minimum of 375 hours (40% must be relational hours).
- 3. A letter of acceptance from the site
- Site Supervisor Qualification Form and Site Supervisor Resume (if Site Supervisor is not AAMFT Approved Supervisor, a Licensed Marriage and Family Therapist or already approved as a Regis University Supervisor)
- Verification of site supervisor's license. This may be found at <u>HERE</u>)

Check List

By placing a checkmark next to each item, you agree it is completed and attached in your application.

^{*}Note – It is highly recommended that you select the course that corresponds with the population seen at the specific site.

☐ Completed application form
□ Copy of "Certificate of Insurance" Exp:
□ Letter of acceptance from site
☐ Site supervisor's license verification
☐ Site supervisor's resume
☐ Site Supervisor Qualification Form
☐ Cover Letter (tell us about your choice of placement & plans to attain clinical hours)
Student's Signature: Date
Practicum Faculty Supervisor Signature: Date

APPENDIX B



RUECKERT-HARTMAN COLLEGE FOR HEALTH PROFESSIONS

Division of Counseling and Family Therapy

Master of Arts in Marriage and Family Therapy

Site Supervisor Qualification Form

This form must be approved by the MFT Clinical Coordinator PRIOR to beginning clinical contact.

In order to document the expertise of our faculty and clinical supervisors, we request that you complete the following information. We use this information to make decisions about course teaching assignments and clinical supervisor approval. Please be thorough in your responses and attach additional documentation as needed. If you have completed this form in prior semesters, please continue to update this form each semester that you supervise and keep it for your records.

Today's Date:	Name:							
Agency:								
Phone:	Email:							
Street:	City, State, Zip Code:							
Gender:	Ethnicity:							
Are you an AAMFT Approved Supervisor? Yes	No							
If yes, when does it expire? You d	lo not need to fill out the rest of this form.							
Are you an AAMFT Approved Supervisor Candida If yes, when does it expire? Are you an AAMFT Clinical Fellow? Yes	No							
Are you approved by the state to supervise MFT ca								
What year did you start supervising students in their								
What year did you start practicing as a Marriage an	•							
Are you currently engaged in clinical practice?	Yes No							
family therapy. Examples: courses such as principle adolescents in therapy, and/or workshops represent techniques, and/or training institutes focusing on re	ed by marriage and family therapists on clinical elationship counseling techniques. Titles should reflect family therapy, i.e., focusing on relationship counseling							
looking for information indicating that you have we	•							

•	been practicing MFT for less than 5 years, number of hours of post degree clinical hours acquired between and
experience a minimum experiences workshops which will	requirements for supervisors: 3000 hours of post-master's degree hours of clinical (2000 hours for doctoral level applicants) providing marriage and family therapy over meriod of 3 years. Continuing competency/education — list any continuing competency is related to the field of marriage and family therapy (i.e. coursework taught by you, attended or presented; publication, training, experiences etc.) We are looking for information indicate that you have participated in activities that support a systemic approach to treatment e foundation of marriage and family therapy training.
of marriage course or e (supervisio	ry Training – Describe the training you received in providing supervision related to the field e and family therapy. Include the information on the requirement of one semester graduate equivalent experience and give information about your supervision of supervision training n of you doing supervision of another therapist). of experience supervising students in their work as MFTs? on Course: Approx # hours
Supervisio	n of supervision:
Year	Approx # hours Location and Supervision Mentor Name
Were any c	of the supervisors in your own training Marriage and Family Therapists? Yes No
•	ofessional associations related to the field of marriage and family therapy to which you belong
Time Fram	e Name of Association
List any scl	holarly work you have done that is related to the field of marriage and family therapy:

IMPORTANT: Please attached a copy of your current résumé or curriculum vitae to this form as well.

Appendix C



RUECKERT-HARTMAN COLLEGE FOR HEALTH PROFESSIONS

Division of Counseling and Family Therapy

MAMFT Semester Internship Description and Goals (Page 1)

(Copy Course Description/Goals page and Learning Contract page back to back)

PLEASE CHECK ONE:	
MFT 699A MFT 699B MFT 699	9CMFT 699C
Semester Year	
Together with your site supervisor, compledocument in to your Faculty Group Super	ete the Course Description and Learning Contract. Hand this visor at your second class meeting.
Student:	
Address:	Zip:
Phone:	Email:
Site Supervisor:	
Supervisor Phone:	
Site Name:Site Address:	
Site reducess.	
The following are categories of clinical exindicate the training objectives you will pu	speriences for the Internship. With your site supervisor, please ursue this semester.
Child Therapy	Adolescent Therapy
Couple Therapy	Family Therapy
Individual Counseling/Therapy	Group Counseling/Therapy
Psychodiagnostic Intake	Emergency/Crisis Intervention
Psychological Test Administration	and Interpretation
Documentation (Treatment plans, c	clinical reports, case summaries)
Consultation/Referral (case confere	ences, referral to other agencies)
Individual Clinical Supervision (on	ne hour per week required)
Group Clinical Supervision	
Video/audio taping of client session	ns (releases required)
In-service, staff training, staff devel	lopment meetings
Program evaluation and administra	tion
Other (please specify)	



RUECKERT-HARTMAN COLLEGE FOR HEALTH PROFESSIONS

Division of Counseling and Family Therapy

MAMFT Semester Internship Description and Goals (Page 2)

(Copy Course Description/Goals page and Learning Contract page back to back)

Goals and Outcomes:

Please include areas of training that will be the focus of this Internship. These will be determined with the site supervisor. (Examples: I will complete of two intake interviews with new clients, I will score and interpret one adolescent test battery, I will write and present three clinical cases to facility staff)

1.	
2.	
3.	
4.	
5.	
6.	
Onsite Supervision Contract:	
I,, ag (supervisor's name, license)	gree to be the designated onsite clinical supervisor for
Regis University intern(student's name)	during his or her placement with our agency. The
designated hour for our supervision is(day of v	and must occur once a week on a week, time of day)
regular basis. I will notify the student's Regis su	pervisor of any changes in this arrangement.
Date signed:	
Please print onsite supervisor's name:	
Other signatures required:	
Student:	Date:
Regis Faculty Group Supervisor:	Date:

Appendix D Supervisory Disclosure Statement

The purpose of this disclosure statement is to provide you, the supervisee, specific information regarding the nature, expectations, and evaluation process of this relationship.

I ar	n a licensed clinician						
		License Type	Licei	nse Number		State	
anc	I I adhere to the Code of Ethics po	ublished by:	ACA		NASW l that apply)	V APA	
My	clinical background includes:	Providing 1	psychot	herapy to	individua	ls since _	
		Providing 1	psychot	herapy to	families s	since	
		Counselor	educati	on/supervi	sion sinc	e	_
I re	eceived my master's degree in		TT'-1	fro	m	TI ' ' NI	
anc	l my doctoral degree in	Degree	fr	om		University Nar	ne
	Degree Topectations:	itle				University Nar	ne
	pervision will be provided in the f	following fo	rmats:				
		Individual S _Group Sup Triadic Sup Live Obser	pervision pervision vation b	n n oehind one	-way mir	ror	
 3. 4. 7. Ple door 	Supervision is a confidential relation the information jeopardizes the consupervisor with another clinician Regis Internship faculty engage issues or concerns that are related in a timely and sensitive manner. The intern will be expected to concered to concered the intern will be expected to concered the intern must bring progress in the client behavior affects them a for the intern, but personal issues supervisor will make that recommend the intern is expected to notify the intern becomes aware. For expensive the intern will be evaluated. No fees will be charged for super assess feel free to discuss any of the cument and sign in the space prove diffications of this relationship.	client or the and However, in a collaborated to the study of the study of the study of the supervisory as a person as will be discomendation, the supervisory as a person as a person as will be discomendation, the supervisory of the superviso	intern, i it is un- rative su- lent's pe- d (e.g., t supervis relation and their cussed a or regard ential du or's cell	s unethical derstood appervision erformance capes reviews for for revision. This response and if there and irelation phone nursupervision supervision derstood appears to the cape of the	l or illegand agreed model. To at the Intervention and sincludes to it. Supapy for the tregular of aships with mber	al, or warrad upon that this model aternship settlements or construction in the interned or concernate the clients,	ants consultation by this at site supervisors and I requires that when site arise, they are shared concerns) to discuss pared to discuss how/if is not personal therapy eems prudent, the ing behaviors of which suicidal or homicidal
	Intern Signature				Date		
	Supervisor Signature				Date		

Appendix E CLIENT RELEASE FORM for audio or video recording

	(agency)	
	, have been informed that my counselor is rision of Counseling and Family Therapy of Regis Univ	versity, College for
I further agree to allow one or more of my the students with their supervisors for training pu	nerapy sessions to be audiotaped, videotaped, and/or view urposes only.	wed by intern
I understand that I will be counseled by a grafamily therapy and is being supervised by a family therapy and it is a family the family the supervised by a family the supe	aduate student who has completed advanced coursework faculty member and a site supervisor.	in marriage and
This agreement will terminate when I and/or	my therapist deem appropriate. See details below:	
Client's signature		
Age	Date	
Parent or guardian's signature if needed: Signed	Date	
Therapist's signature	Date	



DIVISION OF COUNSELING AND FAMILY THERAPY MASTER OF ARTS IN MARRIAGE AND FAMILY THERAPY

Systemic Treatment Plan

Therapist:				Case/Client	Case/Client(s):					
Date:				Therapy Mo	Therapy Model Used:					
Primary Client Configuration:				Clients Also	Seen As:					
□ Couple				□ Couple						
□ Conjoint				☐ Conjoint						
□ Family				\square Family						
□ Individual ((Adul	lt)		□ Individua	al (Adult)					
□ Individual (Child)				☐ Individua	al (Child)					
				☐ Group						
Client Cond	cern	#1:								
Client goal	#1	persona	l/relational dy	namic:	to reduce (sy	mptom):				
☐ Increase										
□ Decrease	!									
			Меа	sure of Progr	ess					
					with no					
Able to sust	ain:		for period of:		more than:	episodes of:				
			Enter #	☐ Weeks ☐ Months	Enter #					
Initial Phase	e Obj	iectives:								
a.										
Interventio	ns:									
b.	Į.									
Interventio	ns:									
C.										
Interventio	ns:									

Client Concern #2:								
Client goa	al #2	persona	ıl/relational dy	namic:	to reduce (sy	mptom):		
□ Increas								
			Меа	sure of Progre				
Able to su	ıstain:		for period of:		with no more than:	episodes of:		
			Enter #	□ Weeks □ Months	Enter#	•		
Initial Pho	ase Obj	iectives:						
a.								
Intervent	ions:							
b.								
Intervent	cions:							
c.								
Intervent	ions:							
Anticipated strengths:								
Anticipat	ed obs	tacles:						
			Clie	nt Perspectiv	re			
Has treati reviewed			if no, explain	1				
□ Yes □ No								
Describe agreemen								

Referrals to Other Resources:	
I/We have read, understand, and agr	ree to this Treatment Plan:
Client Signature(s):	Date:
	Date:
	Date:
	Date:
Minor child signature(s):	Date:
	Date:

REGIS UNIVERSITY

RUECKERT-HARTMAN COLLEGE FOR HEALTH PROFESSIONS

DIVISION OF COUNSELING AND FAMILY THERAPY Marriage and Family Therapy Clinical Competency Evaluation

	Check (One: Indivi	dual/Triadi	c Superviso	or 🗆 Fac	culty Group	p Superviso	or 🗆	Site Super	rvisor
		Check C	ne: Practi	cum 🗆 I	nternship A	. □ Inte	rnship B 🗆	Interns	hip C □	
Stu	dent Therapist	Name: _			S	emester:				
Pers	son Completing	g Form: _			I	Date:				
	PROFESSIO 1, CC-4)	NALISN	M & AD	MINIST	RATIVE	COMPI	ETENCI	ES (SLO	-6, SLO-7	, SLO-13; CC
	Therapist's a	bility to fi	ulfill prac	cticum/ag	ency resp	onsibilit	ies and c	oordinate	a caselo	oad
	□ 1 Unsatisfac	etory	2			∃ 3 eets		□ 4	F	□ 5 xceptional
	Olisatistae	iory				tations			D	Aceptional
41.	Therapist con	npletes al	ll paperv	vork requ	uirement	s satisfa	ctorily			
	1 Unsatis	2 sfactory	Impro	vement	5 Me Expec	eets	Exc	eeds	9 Excep	10 otional
42.	Therapist con	nplies wi	th clinica	l setting	policies	and proc	cedure			
	1 2 Unsatisfactory		3 4 Improvement Needed		5 6 Meets Expectations		Exceeds		9 10 Exceptional	
43.	Therapist pro	vides ref	errals w	hen appr	opriate					
			Impro	$\begin{array}{c cccc} \square & \square & \square \\ \hline 3 & 4 & \\ \hline \text{Improvement} & \\ \end{array}$		eets	Exc	eeds	9 10 Exceptional	
44.	Therapist is p	rofession		eded e <mark>ractions</mark>		tations e <mark>rs and s</mark>	-	tations o rs		
	1	2	3	4	5	6	7	8	9	10
	Unsatis	sfactory	Improvement Needed			eets tations	Exceeds Expectations		Exceptional	

	$\begin{array}{c c} 1 & 2 \end{array}$		3	4	5	6	7	· ·		9 10		
	Unsatis	Unsatisfactory Improvement Needed			Meets Expectations		Exceeds Expectations		Exceptional			
ı			1100	deu	Expectations Expectations							
	PROFESSIO	ONAL D	EVELO	PMENT	COMPE	ETENCI	ES (SLO-	6, SLO-7	, SLO-13;	CC-1, CC	C-4)	
	Therapist's a family therap	-	use resou	irces to p	romote g	rowth an	d present	oneself c	as a marr	iage and		
			[
	1		!	□ 2		3		4		5		
	Unsatisfa	ctory			M	leets			Ez	xceptiona	.1	
	Expectations											
46. Therapist uses supervision in order to grow and learn												
	1	2	3	4	5	6	7	8	9	10	•	
	Unsatis	sfactory						eeds	Excep	tional		
			Nee	eded	Expec	tations	Expec	tations				
47. Therapist is prepared for supervision and uses supervision time wisely												
	П	Ιп	Ιп	Ιп	Ιп	Ιп	Ιп	Ιп	Ιп	П		
	1	2	3	4	5	6	7	8	9	10		
	Unsatis	sfactory	Improvement		· · · · · · · · · · · · · · · · · · ·			Exceeds		Exceptional		
			Nee	eded	Expec	tations	Expec	tations				
48. T	Therapist reco	ognizes a	nd appr	opriately	deals wi	ith ethica	al issues					
	1	2	3	4	5	6	7	8	9	10		
	Unsatis	sfactory	-					eeds	Excep	tional		
			Nee	eded	Expec	tations	Expec	tations				
49. T	Therapist adh	eres to t	he AAM	FT Code	of Ethic	s and pr	actices ir	accorda	ance with	ı Colorac	do state	
l	aw											
		Ιп	Ιп	Ιп	П	Ιп	Ιп	Ιп				
	1	2	3	4	5	6	7	8	9	10		
	Unsatis	sfactory	Impro	vement	Me	eets	Exc	eeds	Excep	tional		
			Nee	eded	Expec	tations	Expec	tations				
50. T	Therapist is a	ware of t	heir owr	n professi	ional dev	elopmer	nt process	S				
		ΙΠ	lп	ΙΠ	Ιп	ΙΠ	lπ	Ιп	ΙΠ	Ιп		
	1	2	3	4	5	6	7	8	9	10	:	
				vement	Me	eets	Exc	eeds	Excep			
		-	Nee	eded	Expec	tations	Expec	tations	_			
51. T	Therapist's se	lf-aware	ness allo	ws them	to recog	nize pers	son-of-th	e-therap	ist conce	rns inclu	ding	
	heir own valu				_	_		_			_	
	elients to "do i	_										
	П											

		1 2 Unsatisfactory		•				7 8 Exceeds		9 10 Exceptional		_
				Needed		Expectations		Expec	Expectations			
		_					_	_	_	nce, lang	guage, be	ehavioral,
psychoeducation interventions) and corresponding therapy models												
												_
		1	2	3	4	5	6	7	. 8	9	10	
	Unsatisfactory		Improvement Needed							Exceptional		
	THERAPIST RELATIONAL COMPETENCIES (SLO-4,, SLO-12; CC-2, CC-3)											
	The ability to establish and maintain a therapeutic rapport.											
							4					
	1		2		3		4		5		_	
		Jnsatisfa	ctory			Meets Expectations					Exceptional	
53. Therapist is able to build rapport with a wide range of clients representing various demographic												
backgrounds												
	•	1	2	3	4	5	6	7	8	9	10	-
	Unsatisfactory		-		Meets				Exceptional			
				Needed		Expectations		Expectations				
54. Therapist conveys respect (understanding, acceptance, warmth, compassion, empathy) to clients												
					4							
	•	1	2	3	4	5	6	7	8	9	10	-
	Unsatisfactory		Improvement		Meets		Exceeds		Exceptional			
	Needed Expectations Expectations											
55.	Thera	pist uses	s self in e	stablishi	ing and n	naintaini	ing the th	erapeut	ic relatio	nship		
	•	1	2	3	4	5	6	7	8	9	10	_
						Meets		Exc			Exceptional	
				Nee	eded	Expec	tations	Expec	tations			
56.	Thera	pist mai	ntains cl	ients' en	gagemen	it in sessi	ions					
					4							_
	Unsatisfactory			Improvement Needed		Meets Expectations		Exceeds Expectations		Exceptional		
57. Therapist works flexibly and creativity to maintain presence with clients												
	,											_
		1	2	3	4	5	6	7	8	9	10	

		Unsatis	sfactory	Improvement Meets Needed Expectations			Exceeds Expectations		Exceptional			
		npist effe onship	ctively u	ses hum	or and so	olemnly 1	o foster	an appro	priate a	nd prod	uctive th	erapeutic
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			sfactory	•	vement		eets	Exc			ptional	
				Nee	eded	Expec	tations	Expec	tations			
59. ′	Thera	apist leve	el of self-	confiden	ce allows	s for effe	ctive the	rapy				
			2									
		1	2	3	4	5	6	7	8	9	10	_
		Unsatis	sfactory		vement		eets		eeds	Exce	ptional	
<i>c</i> o <i>r</i>	Tl		h]		eded	-	tations	-	tations			
60.	1 nera	ipist is a	ble to see	tneir ro	ne and in	inuence i	in the sys	stem	i			
			2									_
			•	•	•	5	6	7	8	9	10	
		Unsatis	sfactory	-			eets		eeds	Exce	ptional	
				Nee	eded	Expec	tations	Expec	tations			
	ASS CC-		NT & Pl	ERCEPT	TUAL CO	OMPET	ENCIES	(SLO-4,	SLO-8, SI	LO-11, SI	LO-12, CO	C-2,
	The	rapist's a	ability to o	observe p	oatterns o	f interac	tion					
				[
		1					3		□ 4		5	
	Ţ	Jnsatisfa	ctory				leets			E	xception	al
						Expe	ctations					
61. ′	Thera	apist obs	erves bid	lirection	al influer	nce withi	n the sys	stem and	interact	ional pa	tterns	
			2									_
		1	2	3	4	5	6	7	8	9	10	
		Unsatis	sfactory							Exce	ptional	
				Nee	eded	Expec	tations	Expec	tations			
62. ′	Thera	apist is al	ble to dis	tinguish	between	the con	tent and	the proc	ess			
			2									_
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Strengths and growth during current semester:

Areas for further growth in subsequent semesters:

<u>Signatures</u>. This evaluation will be placed in the student's program file. These signatures attest that the signers have seen the evaluation and reviewed its contents. The signature of the internship supervisor attests that the trainee has completed all of the casework and associated responsibilities of the internship.

Student	Date:
Supervisor	Date:

Appendix H



Division of Counseling and Family Therapy

CLINICAL INTERNSHIP SITE EVALUATION BY STUDENT

Please print		
Student	Date	
Clinical Site Supervisor		
Site Name		
Site Address		
Regis Faculty Internship Instructor		
Supervised Internship placement from(/to (mo/day/yr)	
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Would you recommend this placement to	to other students?	
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Check any item below which applies to y I would like for this information to be available to future students.	you: e placed in the clinical placement binder to be	
☐ I am comfortable with future students this site. My phone number/ email is	nts contacting me directly to gain information about is	
Student Signature:	Date:	

Appendix I Capstone Presentation Capstone Project for MAMFT

Your capstone project is the culminating and determinative assignment of the MAMFT curriculum. It includes both a written case study and a formal oral presentation of your work with a client system. Together the paper and presentation are your opportunity to demonstrate how you work as a clinician by using a clinical case to demonstrate your efforts and ideas. As such, the focus of both the presentation and the paper should be how you work as a therapist. In doing this, you are meant to show competency in the assessment of client systems, skillfulness in formulating a clinical goal(s) in collaboration with clients, sound grasp of the ethical and legal responsibilities of clinical work, and the intentional use of effective systemic interventions. Additionally, your identity as a systemically oriented therapist should be threaded throughout the various components of your paper and presented in a way that shows you embody a clear theoretical orientation and self-awareness around person-of-the-therapist considerations. In other words, prepare to present yourself as a professional with confidence rooted in competence.

Written Case Study

Below we have provided some guidelines for how you might structure your written case study to comprehensively present your work with clients during the assessment phase, when developing goals, while intervening, and ultimately as you terminate with clients. The following is a detailed description of the components you will want to include as you write these sections. While we have provided extensive details related to each section of the capstone paper, it is important to note that you will need to be concise in your descriptions so your paper is between 25-30 *pages* (including the title page, all references, tables, and figures). Your reference list is included in the page limit, and you are required to have a minimum of 12 scholarly sources. Only the treatment plan is exempt from the page limit. If your paper is more than 30 pages, it will be returned to you and you will not be able to present your capstone.

Theoretical and Research Basis for Treatment

This section includes important context for presenting your work with the client family. Specifically, describe your *systemic* theoretical orientation, including a brief description of your theory's cornerstone concept or philosophical underpinnings and provide a discussion of current research related to the case you are presenting.

Theoretical Orientation. Presenting your theoretical orientation involves discussing the basic principles of a *systemic* theoretical model (citing <u>original primary sources</u> throughout this discussion). Please <u>do not</u> cite resources like those by Robert Guise or Diane Gehart, as these are review texts and do not offer a nuanced understanding of specific models. **Briefly** explain the following for your model:

- 1. Assumptions about the origin of problems (why problems occur in systems)
- 2. Theoretical assumptions of the model including why change happens and under what circumstances change happens (the *why* of the model)
- 3. Assessment specific to the model (how the model views systemic context)

- 4. General treatment goals of the model
- 5. Basic interventions of the model (the *what* of the model)
- 6. Commonly used techniques of the model (the *how* of the model)
- 7. The role of the client in this model (where is the client located in the experience i.e. as the agent of change, narrator)
- 8. Your role as the therapist in this model (what clinical posture you hold i.e. expert, collaborator, co-author)
- 9. What limitations exist for the model and what adaptations (if any) you have made
- 10. How well the model informs/accounts for diversity in clients' cultural identities and experiences

A critical requirement of the capstone assignment is a clearly articulated theoretical framework that underpins every aspect of your work. It is not enough to describe your theoretical orientation without then applying it throughout your capstone paper. It should be evident throughout your paper that you move from and embody the theoretical orientation in a way that is consistent with the assumptions of the model. Said differently, your theoretical orientation should emerge in all sections of your capstone because your theoretical model should frame how you went about each of the clinical tasks with your client family. Consider the difference between saying "Emotion Focused Therapists focus on identifying attachment injuries" and "As an emotion focused therapist, I focused on understanding how the conflict Chris and Pat were experiencing was the manifestation of the attachment injuries they both experienced in their family of origins." One reflects an academic understanding of a model while the other indicates an integrated identity as an emotion focused therapist and the embodiment of the theoretical orientation. It will not be enough to simply say what clinical model you follow. Capstone requires that you present in a way that makes your emerging clinical identity clear. You are essentially using your work with one of your clients as the medium through which you demonstrate how you assess client systems, how you formulate goals with clients, and intervene from your theoretical orientation.

Integration of Research. In addition to describing your theoretical orientation, this section should include a discussion of current and related research.

- 1. Mention research on best practices and/or effectiveness research for a particular clinical strategy that addresses the primary concern your clients faced.
- 2. Cite research that indicates how common a particular phenomenon is and under what circumstances it emerges. Include research on the effectiveness of your clinical model and any contraindications supported by empirical findings.
- 3. Use social research (PEW, CATO, etc.) to discuss current social trends as a means of contextualizing your clients' experiences. Remember that the strongest clinicians are intentional about using clinical and social research in their work.

Case Introduction

In this section, provide the reader with information about the client system and a general overview of the structure of therapy. This involves a description of who you are working with including:

- 1. Each clients' constellation of sociocultural identities (age, developmental stage, racial identity, cultural/ethnic identity, sexual identity, gender identity, class background, physical ability, educational experiences, religious/spiritual affiliations, etc.). Use the RESPECTFUL model as a framework for providing this information
- 2. Each clients' employment status
- 3. How the various clients are related to each other

It is also important to include information about the structure of therapy including:

- 1. How many sessions you have seen the clients. Include frequency and length of sessions (e.g. weekly for 50 min)
- 2. Reasoning underlying length of treatment
- 3. In what composition(s) you saw the clients. Include reasoning for underlying compositions.

**Be sure that when you refer to specific clients you protect their identities by using pseudonyms, changing any identifiable information, and not disclosing the site name and location. Instead provide only a contextual description of the site. Please see the clinical manual on page# for additional information on how to de-identify a case.

Presenting Complaints

In this section, you will want to include an accurate representation of what the clients said they came to therapy for help with. Clients' descriptions of their concerns are essential context for understanding a case and for your work with the client system. This section might include:

- 1. What each client said was the concern
- 2. If there was agreement among family members about the concern
- 3. What each client initially described wanting to get from therapy (note that this may be distinct from the clients' goal for example, one client may state initially they want relief)

History

It is important to describe how the clients came to be in therapy and if they are in therapy of their own volition. Historical data includes:

- 1. Referral information this provides information about, how the client family came to the agency, consultation with other professionals at intake, how "resourced" the client was in their community, who they considered (or did not consider) to be a resource, and whether they were a visitor, complainant, or customer of therapy
- 2. Your understanding of the "why now" question, meaning what precipitated their coming to therapy from your perspective
- 3. Whether the clients were mandated for therapy and how this impacted your work with them

Assessment

When describing your assessment efforts, demonstrate that you were purposeful and systemic in your collection of data related to the client system. To be truly systemic in your assessment, it will be important that you have assessed for and integrated any biological, psychological, and social contributors in to your conceptualization of the clients' concerns. As a means of providing a quick and consolidated look at your assessment efforts, use and present *at least* two of the following: timeline, genogram, structural map, and/or results from a formal assessment instrument. Your choice of assessment methodologies and mechanisms should be clearly tied to your theory. Additionally, your description of your assessment efforts should include information about:

- 1. Clients' expectations related to therapy and the therapeutic process
- 2. How the problem has impacted and continues to impact the clients' lives
 - a. Outcomes from any formal assessment instruments you have used. If you used a formal assessment instrument, be sure to include details about the reliability and validity of the scale.
- 1. Unique strengths and resiliencies of the client system
- 2. Complete biopsychosocial for every client attending therapy
- 3. How broader cultural dynamics shaped the presentation of the client(s) symptoms and were contributing to the client(s) concerns. This should include how understanding the clients' intersectional identities helped to inform how you understand the problem and how you formulate goals.
- 4. DSM 5 differential diagnoses for every client attending therapy and for the system as a whole. In addition to mentioning what diagnosis you used, you will want to demonstrate your thought process by addressing the following:
 - a. Describe symptom severity and level of functioning that informed your decision for each diagnosis
 - b. Describe alternative diagnosis you considered and then ruled out for each client

- c. Describe your thinking related to the costs and benefits of providing formal diagnosis for individuals in the family system
- d. Describe how you used DSM 5 diagnosis in your treatment of the client system
- e. Describe what cultural/contextual considerations you weighed as you arrived at the various diagnoses
- f. Describe how individual diagnoses might have contributed to relational concerns and how relational concerns might have impacted individual diagnosis

Provide a case conceptualization. From a systemic perspective, a case conceptualization includes your impressions of what systemic dynamics (e.g. structural features, interactional patterns, intergenerational patterns, attachment experiences, and broader cultural dynamics) are contributing to your clients' presenting problem. Your description of these patterns should clearly reflect knowledge of socio-political context, your theoretical orientation, and the language of your model.

When describing your systemic impression be sure to include a description of the primary interactional pattern between clients, an explanation of how cultural context has shaped this interactional pattern, and the hypothesized homeostatic functioning of the presenting problem.

Articulation of the primary pathologizing interpersonal pattern should include the following:

- 1. Description of the start of the tension in the system
- 2. Description of the conflict or other symptom that escalate the tension in the system
- 3. Description of how the system returns to "normal" (homeostasis)

Articulation of how cultural context shapes the primary interactional pattern between clients should:

1. Explain how the primary pathologizing interpersonal pattern reflects features of the broader cultural system (e.g. white supremacy, gender-based inequity, gender binary, classism)

Articulation of the hypothesized homeostatic functioning should:

1. Explain how the primary pathologizing interpersonal pattern functions for the client system (e.g. creates independence/distance, establishing influence, reestablishes connection, otherwise organizes the system)

Goal Development and Treatment Plan

In this section, you will want to demonstrate your ability to develop a plan for your work with a client system. Begin by *very briefly* describing the client(s) presenting concerns and then

describe the client(s) long term goal(s) for therapy with a corresponding short term objective(s). Each goal should simultaneously be:

- 1. Process oriented rather than content oriented
- 2. Consistent with what you presented in your case conceptualization
- 3. Use the language of your theoretical orientation
- 4. Emphasize intrapersonal/relational functioning in the system
- 5. Be stated in terms of the positive (what clients want rather then what they don't want)
- 6. Be congruent with the clients' presenting concern
- 7. Concrete and measurable

In this section you will also want to demonstrate that you addressed the dilemma of change with your client(s) as well as discussed the goal(s) and treatment plan with them in order to identify and respectfully address areas of agreement and disagreement. This is in the interest of showing that you developed the goal(s) with the client(s) in a collaborative fashion that honors client autonomy. Finally, complete and attach a systemic treatment plan using the provided template.

Course of Treatment and Continued Assessment of Progress

The treatment section of your capstone project is where you describe your intervention efforts (i.e. what you did to foster change for your clients) during each phase of therapy. Remember that your descriptions of your interventions should use the language of your theoretical model and reflect the theoretical underpinnings of that model in their focus. This section should address each of the following:

- 1. Describe how you identified which members of client system would be involved in specific tasks and stages of the treatment
- 2. Describe a beginning, middle, and end phase of treatment
- 3. Provide at least one detailed example *for each phase of therapy* that includes actions you took to foster systemic change and how the client responded to those actions
- 4. Include specific techniques you used (i.e. metaphor, reframing, inventiveness, creativity, humor, prescribing symptom) in your descriptions
- 5. Explain how you assessed the effectiveness of your interventions and evaluated client progress
 - a. This can be through the use of a formal assessment tool, through informal solicitation of feedback from the client, and/or by revisiting/revising therapeutic goals
- 6. Describe your working alliance with *each* client as well as the entire system including:

- a. How well you were connected with each client
- b. How each client may have experienced you in session
- c. Process-level observations regarding your involvement in the client system
- 7. Describe any collaboration with collateral systems that happened as treatment progressed
- 8. Describe any advocacy efforts you made to intervene in the broader systems affecting your client(s) in order to support your client(s) change
- 9. Explain what adjustments you made to your interventions and/or techniques based on cultural/contextual factors. These can include:
 - a. Structural and/or policy demands of your internship site
 - b. Unique needs of the client population served by your internship site
 - c. The socio-political identities of your client(s)
 - d. Established/cited limitations of your clinical model
 - e. Other complicating factors (e.g. medical management, involvement in legal system, broader healthcare systems impacting access to systemically oriented therapy)

Ethical and Legal Issues

Your discussion of the ethical and legal considerations of a case should demonstrate that you have identified the most salient ethical and/or legal issues of your case, that you accessed the appropriate resources for support when addressing ethical and legal concerns, and that you were able to weigh and act on various ethical demands in a way that prioritizes client well-being. To do this, describe:

- 1. The most salient ethical/legal concerns of the case and the decision making process you used to address them
 - a. Demonstrate how you used all of the available relevant resources (e.g. supervision, AAMFT Code of ethics, Colorado Revised Statutes, books/articles) to inform your decision making for handling each ethical/legal concern
- 2. What actions you took based on your decision
- 3. What the outcomes of these actions were and how these have informed what you would do in a future similar situation

Reflections

It is likely that you have dedicated a significant amount of time and energy outside of the therapy room to evolving and consolidating your identity as a systemically oriented therapist. Be sure that you document these efforts. In the reflection section of your capstone, you should include:

- 1. Person-of-the-therapist insights you had during your work with client(s) such as:
 - a. Which process level patterns you inherited from your FOO and how they manifested for you as you participated in the client system
 - b. How your socio-political identities have shaped your values, attitudes, beliefs, and primary emotions and how these manifested for you when working with the client system
- 2. A description of how the intersection of your own and the client(s)' socio-political identities either inhibited or facilitated the therapeutic relationship and process
- 3. Any missteps, oversights, and/or ruptures in the therapeutic alliance that occurred during your work with the clients and what you learned from these experiences that helped you evolve as a therapist

In the reflections section, you must also describe at least one of two of the Key Jesuit Values that were most meaningful for you as you worked with the client system. Reflection questions for the Key Jesuit Value are listed below for you to consider as you address this requirement.

- a. <u>Cura Personalis</u> In what way did your experience reflect your concern for your client(s)' personal development and how did you respond in terms of promoting human dignity?
- b. <u>Unity of Mind and Heart</u> How did you integrate your academic knowledge with care and compassion for your client(s)?
- c. <u>Finding the Sacred in All Things</u> How did this experience fit into the notion of developing your own spiritual awareness and how you "ought to live"?
- d. <u>Magis</u> What is your understanding of working towards the "greater good" and how did your work with your client help them "meet the challenges of their present circumstances?"
- e. <u>Men and Women for Others</u> In what way did your work address issues of inequity and center/prioritize those with non-dominant experiences?

Case Study Presentation

Below we have provided some guidelines for how to structure the presentation of the case study you have selected for your Capstone. As context for the presentation of the case, you will want to clearly state what theoretical orientation you use and a brief explanation of the basic principles of your model. For the remainder of the presentation, present the information in a way that follows the overall structure of the course of therapy. Specifically, start with a brief introduction of the case and then present your assessment of the system that informed your conceptualization of the case. Move to the goals you established with clients and end with interventions and techniques you used to facilitate the client(s) stated goal(s). You will also want to describe your efforts to assess your clients' progress, manage any ethical/legal concerns, and end with a brief summary of the current status of your work with the client system. As a means of concluding your presentation, you can describe your reflections about the case and your evolution as a systemic therapist. Remember that this presentation is meant to reflect the preeminent example of your work so you will want to be practiced in your presentation of this information.

Suggested time frame for presentation sections:

Statement of Theoretical Orientation - 5 minutes **Brief Case Introduction** - 5 minutes - 10 minutes Assessment and Analysis of System - 10 minutes Goal Development and Treatment Plan Course of Treatment and Continued Assessment of Progress - 10 minutes Ethical and Legal Issues - 5 minutes Reflections Including Regis Mission - 5 minutes Questions and Group Discussion - 10 minutes



DIVISION OF COUNSELING AND FAMILY THERAPY MASTER OF ARTS IN MARRIAGE AND FAMILY THERAPY

Treatment Plan								
Therapist:				Case/Client	_ Case/Client(s):			
Date:				Therapy Model Used:				
Primary C	lient Coı	<u>ıfiguratior</u>	<u>1:</u>	Clients Also	Clients Also Seen As:			
□ Couple □ Conjoin □ Family □ Individu □ Individu	ual (Adu	-		 □ Couple □ Conjoint □ Family □ Individual (Adult) □ Individual (Child) □ Group 				
Client C	Client Concern #1:							
Client go	oal #1	persona	l/relational dy	namic:	to reduce (sy	/mptom):		
□ Increa								
			Меа	sure of Progr	ess			
Able to s	sustain:		for period of:		with no more than:	episodes of:		
			Enter #	\square Months	Effter #			
Initial Pl	hase Ob	jectives:						
a.								
Interventions:								
b.								
Interver	ntions:							
C.								

Interventions:	Interventions:							
Client Concern	Client Concern #2:							
Client goal #2	persona	al/relational dy	namic:	to reduce (sy	mptom):			
□ Increase								
☐ Decrease								
		Меа	sure of Progr					
Able to sustain		for period of:		with no more than:	episodes of:			
		Enter #	□ Weeks □ Months	Enter #				
Initial Phase Ob	jectives:							
a.								
Interventions:								
b.								
Interventions:								
C.	_							
Interventions:								
Anticipated str	engths:							
Anticipated ob	stacles:							
	Client Perspective							
Has treatment reviewed with		if no, explair	1					

☐ Yes ☐ No	
Describe areas of client agreement and concern:	
Referrals to Other Resou	rces:
I/We have read, unders	tand, and agree to this Treatment Plan:
Client Signature(s):	Date:
	Date:
Minor child signature(s):	Date:
	Date:
	Date:

Master of Arts in Marriage and Family Therapy Capstone Project Student Rubric

Student Name:	Date:	Faculty Evaluator:						
Faculty Supervisor:		Site:						
A. Statement of Theoretical O	rientation (5 minutes)							
Grasp of why change occurs from systemic theoretical model (i.e. Systemic understanding of the origins of and solutions to concerns)								
Knowledge of primary intervention								
Knowledge of primary techniques								
Description of the client(s)' role an	*	systemic theoretical model						
Flexibility with regard to technique								
Adjustments in use of theory based		therapy services						
Theoretical congruence in presenta								
Integration of research (e.g. best pr	actice, contraindications, si	upport for social trends)						
Comments on Presentation:								
B. Case Introduction (5 minut	tes)							
Description of client system and in	what configuration they w	rere seen						
Description of client(s) presenting	complaints							
Presentation of relevant backgroun	d information for case							
Comments on Presentation:								
C. Assessment and Analysis of	f System (10 minutes)							
Description of systemic impression	ns of case and client(s) proc	eess						
Client(s) concerns represented with	nin systemic case conceptua	alization						
Articulation of differential diagnos	tic impression for each clie	ent						
Integration of diagnostic impressio	· · · · · · · · · · · · · · · · · · ·							
Description of bidirectional influer		and relational dynamics						
Client's strengths, resources, and c	<u>_</u>							
Explanation of cultural/contextual	considerations weighed dur	ring diagnosis						
Comments on Presentation:								

D. Goal Development and Treatment Plan (10 minutes)
Goal(s) of client system described
Primary treatment goal(s) formulated in relation to systemic theoretical model
Primary treatment goal(s) focused primarily on process instead of content
Client(s) concerns addressed by primary treatment goal(s)
Assessment and analysis of system used to formulate primary treatment goal(s)
Ability to connect individual symptoms with systemic functioning
Completion of treatment plan
Comments on Presentation:
E. Course of Treatment and Continued Assessment of Progress (10 minutes)
Description of intervention efforts based on systemic theoretical model
Detailed examples of intervention and client response given for each phase of therapy
Description of how therapist's effectiveness and client progress were evaluated Involvement in client system was therapeutic and professional in nature
Awareness of client(s)' perception of therapist
Awareness of chem(s) perception of therapist Awareness of self in the therapeutic relationship
Adjustments made in intervention efforts based on cultural/contextual factors affecting client(s) and/or therapy
services
Comments on Presentation:
G. Ethical and Legal Issues (5 minutes)
Most salient ethical/legal concerns of case identified
Use of all available relevant resources for informing ethical/legal decision
Ability to make sound ethical/legal decision

Description of outcomes from actions and impact on therapist's future work Comments on Presentation: H. Reflection (5 minutes) Insights related to person-of-the-therapist Insights on impact of intersecting socio-political identities for work with client system Sense of self as a lifelong learner Reflection reflects an evolution as a therapist by addressing successes and any missteps, oversights, or ruptures in therapeutic alliance Description of Key Jesuit Values that were meaningful for therapist in work with client Comments on Presentation: I. Overall Quality of Oral Presentation Oral Presentation
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Oral Presentation
Maintained client confidentiality
Well-articulated; Easy to follow
Facility with psychological language
Presentation focused on therapist/therapist's work; case study used to demonstrate work
Adherence to time guidelines
Comments on Presentation:

Appendix J



Rueckert-Hartman College for Health Professions Division of Counseling and Family Therapy Master of Arts in Marriage and Family Therapy

Dora Verification Checklist for MFT Students

Please check the boxes as you complete the below tasks and then submit the checklist with required documents to your internship instructor. Please submit all necessary documentation to Dr. Jennifer Cates to this email address <u>jcates001@regis.edu</u> and <u>cc</u> any <u>relevant instructors along with your advisor</u>.

□ I attest I am not a part of an active remediation.
☐ Master of Education certificate DORA form is attached with top portion completed and filled out.
☐ I have ran and attached my program evaluation from Webadvisor and have cc'd my advisor to this email. I am on track to successfully complete program requirements by end of term.
☐ I have successfully passed capstone.
☐ I am on track to complete all requirements by end of the term.
If you are taking additional courses that are required for your degree please check the box below.
□ I have copied my instructor who can verify that I am on track to complete with a grade of B or higher
☐ I understand if I do not complete all the requirements for my degree successfully DORA will be contacted to revoke my verification

MAMFT POST MASTER'S CERTIFICATE APPLICATIONS

Practicum Application

Practicum Applications should be completed in Tevera. To access Tevera, you must use the link provided on the \underline{DCFT} and \underline{ME} page in Worldclass $\underline{https://worldclass.regis.edu/d2l/home}$. Once in Tevera, use the Site Placement workspace. To find more information about how students can access Tevera, please visit $\underline{https://knowledge.tevera.com/space/OS}$. See below for an example application.



Masters of Arts in Marriage and Family Therapy

Practicum Application

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Application Deadlines:
□ Fall Semester: July 1
☐ Spring Semester: November 1
□ Summer Semester: March 1
Students who submit <u>completed</u> applications for Practicum according to the application deadlines and who meet all criteria for enrolling in the Practicum course will receive priority assignment. Students submitting Practicum applications after the published deadline will be placed on a space available basis but are not guaranteed approval for Practicum course assignment.
Notification of acceptance to a Practicum will be provided as soon as applications submitted by the published deadline have been processed. Allow at least 2 weeks from the Application Deadline date for processing your application. The assigned group supervisor of each section will provide specific information and guidelines to students registered in their sections. Students whose applications are not accepted may ordinarily reapply for the following semester, unless other pre-requisites are established as part of a remediation process, or they have been terminated from the program. Please note that students who submit a complete practicum application by the published deadline will be contacted by the Compliance Office and requested to submit to a background check. Student Name: {document.staff}
ID#:
Mailing Address:
City:
State:
Zip:
Home Phone: {document.staff.phone.home}
Work Phone: {document.staff.phone.work}
Cell Phone: {document.staff.phone.mobile}
Regis Email Address:
Current Employer Name*:
Employer Address:
City:
State:
Zip:
Position Held:
Supervisor Name:

Do you plan to continue employment:

□ Yes □ No	
Practicum Section Preferences: Please refer to WebAdvisor for current, available course offerings & indicate your preferred days an times for Practicum Supervision (based on sectio offerings listed in WebAdvisor). Practicum sections meet once per week. You must give availability for more than one section of Practicum. Instructor Information will not be provided, please make selections based on your availability. *If more than one section is offered. There may be semesters where there is only one section of Practicum.	nd
First Preference:	
Please refer to WebAdvisor for available course offerings. Second Preference:	
Please refer to WebAdvisor for available course offerings.	
Third Preference:	
Please refer to WebAdvisor for available course offerings. Courses Completed Year/Semester Theories of Family Therapy Assessment and Diagnosis Techniques in Family/Couple Therapy Professional Orientation / Ethics Counseling Techniques I *	
List other courses relevant to your preparation for Practicum:	
If you can provide counseling/therapy in a Language other then English, please list language(s):	
To complete your application include the following: 1. Cover letter addressing your readiness for the clinical component and your unique skills 2. Signed disclosure form for Workman's Comp Coverage 3. Signed HIPAA Privacy & Security Policy & Practices Form 4. Proof of (Active) Student Liability Insurance- Attached Copy of "Certificate of Insurance" from CPH & Associates (Student liability insurance is a free benefit of student membership in AAMFT.) 5. Clinical Orientation Certificate	
☐ I give consent for the Division of Counseling and Family Therapy to register me for practicum	
and/or internship.	
☐ I confirm that I have read the clinical manual and understood what I have read.	
Student's Signature: Date	

Internship Application

Internship Applications should be completed in Tevera. To access Tevera, you must use the link provided on the <u>DCFT and ME</u> page in Worldclass https://worldclass.regis.edu/d2l/home. Once in Tevera, use the Site Placement workspace. To find more information about how students can access Tevera, please visit https://knowledge.tevera.com/space/OS. See below for an example application.



Masters of Arts in Marriage and Family Therapy

Internship Application

Application Deadlines:		
□ Fall Semester: July 1		
☐ Spring Semester: November 1		
☐ Summer Semester: March 1		
Early submissions will be processed immediately. A Evaluations. Unlike Practicum, Internship group sup sections and student indicated preferences.		
DEGREE:		
□ MAMFT		
CERTIFICATE:		
☐ Depth Psychotherapy ☐ Child & Adolescent	☐ Marriage & Family	☐ Military Families
Student Name: {document.staff} ID#:		
Mailing Address:		
City:		
State:		
Zip:		
Home Phone: {document.staff.phone.home}		
Work Phone: {document.staff.phone.work}		
Cell Phone: {document.staff.phone.mobile} Regis Email Address:		
regis Linaii Address.		
Current Employer Name*:		
Employer Address:		
City:		
State:		
Zip:		
Position Held:		
Supervisor Name:		
Do you plan to continue employment:		
□Yes	□ No	
If you plan to work with children or adolescents	during internship one of	the following courses

must be taken prior to or concurrently with Practicum:

- a. MCPY 668 Play in Family Therapy offered spring & fall (first 4 weekends)
- b. MCPY 678 Introduction to Play Therapy- offered spring (last 4 weekends)
- c. MCPY 677 Counseling Children & Adolescents- offered summer (first 4 weekends)
- Note It is highly recommended that you select the course that corresponds with the
 population seen at the specific site.

population seen at the specific site.

Courses Completed Year/Semester
Practicum MFT690/692
Proposed Internship Site:
Agency Name:
Program:
Agency Address:

Phone:

Email Address:

Contact Person:

Degree/Licensure:

Expires (See DORA):

** If the Site Supervisor is NOT an AAMFT Approved Supervisor, the site supervisor will need to complete the Supervisor Qualification Form and submit it to the MFT Intnership Coordinator for approval.

Type of Clients you will work with:

If you work at an Internship site where children and adolescents are the primary population you must take one of the following courses prior to Internship:

- MCPY 668 Play in Family Therapy,
- 2. MCPY 678 Introduction to Play Therapy
- 3. MCPY 677 Counseling Children & Adolescents

*Note – It is highly recommended that you select the course that corresponds with the population seen at the specific site.

Internship Site Schedule (include days/ times if k

Start Date at Internship: (must be at beginning of a semester)

□ I give consent for the Division of Counseling and Family Therapy to register me for practicum and/or internship.

Include the following with your Internship Application:

- Proof of (Active) Student Liability Insurance Attach Copy of "Certificate of Insurance" from CPH & Associates (Student liability insurance is a free benefit of student membership in AAMFT)
- A cover letter stating your reasons for choosing this site and describing your overall plan for completing a minimum of 375 hours (40% must be relational hours).
- 3. A letter of acceptance from the site
- Site Supervisor Qualification Form and Site Supervisor Resume (if Site Supervisor is not AAMFT Approved Supervisor, a Licensed Marriage and Family Therapist or already approved as a Regis University Supervisor)
- Verification of site supervisor's license. This may be found at <u>HERE</u>)

Check List

By placing a checkmark next to each item, you agree it is completed and attached in your application.

☐ Completed application form
☐ Copy of "Certificate of Insurance" Exp:
□ Letter of acceptance from site
☐ Site supervisor's license verification
☐ Site supervisor's resume
☐ Site Supervisor Qualification Form
$\hfill\square$ Cover Letter (tell us about your choice of placement & plans to attain clinical hours)
Student's Signature: Date
Practicum Faculty Supervisor Signature: Date