## SUPPORTING STUDENTS OF CONCERN

#### **IMPORTANT RESOURCES**

#### **Campus Safety**

Main Hall 129 303.458.4122 Open: 24/7/365

#### Counseling and Personal Development

Coors Life Directions Center 114 303.458.3507\* ocpd@regis.edu

\*On-call clinicians available after hours

## Office of the Vice President for Student Affairs

Student Center 223 303.458.4086 studentaffairs@regis.edu tinyurl.com/regisconcern

## Student Disability Services and University Testing

Clarke Hall 226 303.458.4941 disability@regis.edu

#### **Student Health Services**

Coors Life Directions Center 114 303.458.3558 rushs@regis.edu

#### **Residence Life and Housing**

Modular 187 303.458.4991 reslife@regis.edu

## **Equal Opportunity and Title IX Coordinator**

303.964.6435 titleix@regis.edu regis.edu/titleix

#### **University Ministry**

Student Center 214 303.458.4153 umin@regis.edu

#### **Violence Prevention Program**

Student Center 200D 303.458.4029 vpp@regis.edu

#### **OFF-CAMPUS RESOURCES**

#### **Emergency Responders**

911 (off campus) 9-911 (on campus)

#### The Blue Bench

(24-hour rape crisis line) 303.322.7273

#### **National Suicide Lifeline**

1.800.273.TALK(8255)

#### Safehouse Denver

(Domestic violence support) 303.318.9989

#### How can I tell if a student is in distress?

- · Depressed mood or lethargy
- · Hyperactivity or rapid speech
- Unexplained crying, irritability, anxiety or anger
- Slipping academic performance, changes in attendance/participation, decreased ability to focus
- Changes in personal hygiene, dress or appetite
- Strange or bizarre behavior, including loss of contact with reality
- Talking or writing about suicide or homicide
- Highly disruptive behavior (e.g. hostility, aggression or violence)

#### What can I do for a student in distress?

- Arrange to talk with them outside of class and express your concern about their behavior.
- Listen to them in a sensitive, nonjudgmental way.
- Use direct nonthreatening language it is better to state your concerns directly than ignore them.
- Take all suicidal or homicidal expressions seriously, and seek immediate help from Campus Safety or local police.
- Remind the student that help is available and that seeking help is a sign of strength.
- Make the appropriate referrals. They should make their own appointments if possible, but you can offer to walk them to the appropriate office or allow them to use your phone to schedule an immediate appointment.
- Do not offer or commit to keep your conversation with them confidential.

## Disclosure of Sexual Assault, Relationship Violence or Stalking:

- If a student discloses that they were sexually assaulted, or experienced stalking or relationship violence, let them know that you believe what they are telling you.
- Refer the student to confidential support.
   The Office of Counseling and Personal
   Development can be reached at 303.458.3507.
   The Violence Prevention Program Coordinator, a confidential advocate for victims, can be reached at 303.458.4029.
- The Blue Bench is an off campus rape crisis line and can be reached at 303.322.7273.
- As a faculty member, you are responsible for reporting all allegations of sexual assault or harassment, gender discrimination, relationship violence or stalking, regardless of whether a student requests confidentiality.
- To report an incident, contact 303.458.6435 or TitleIX@regis.edu.

#### Confidentiality

 Concerns about confidentiality should not keep you from talking with a student about your concerns or hinder you from calling any office to discuss a student you are concerned about. While offices can only legally share some information, it is important as campus

- colleagues to have open communication.
- All matters related to allegations of sexual assault, sexual harassment, gender discrimination or domestic violence must be reported - regardless of whether or not a student requests confidentiality. If the event occurred prior to the student's attendance at Regis, and the student was of legal age at the time of the assault, you do not need to report the incident.
- FERPA, Family Educational Rights and Privacy Act, protects the privacy of student education records. You may only share student education records with other University employees who have a need to know. Any concerns related to FERPA should be directed to the Office of Academic Records and Registration at 303.458.4126.

## REGIS UNIVERSITY'S NONDISCRIMINATION AND SEXUAL MISCONDUCT POLICY

Regis University attempts at all times to maintain a safe environment that supports and enhances the University mission. Regis University is committed to stopping, preventing, and addressing all forms of sex and gender based discrimination, including sexual harassment, sexual violence, domestic violence, dating violence and stalking. Regis University strives to increase awareness of sexual misconduct and to engage the community in creating a culture of respect and responsibility.

#### **Reporting Obligations**

Responsible employees are required to report incidents of misconduct. Supervisors, faculty members, affiliate faculty, academic advisors, resident assistants, residence life coordinators, campus safety personnel etc. are all listed as responsible employees and therefore are mandatory reporters.

#### **Requests for Confidentiality**

Individuals who do not wish to have their claims of sexual misconduct investigated should limit their contact to those with privileged protection. The University provides confidential support for cases of sexual misconduct, stalking and dating abuse through:

- Violence Prevention Program Coordinator
- Campus mental health counselors and staff at the Office of Counseling and Personal Development
- Jesuits (in their role as priests)
- University ministry staff (excluding peer ministers)

The above employees have a privilege to withhold information, to the extent consistent with the law, only when they are acting in the scope of their license or certification for these functions and/or working in their professional capacity.



# RESPONDING TO DISTRESSING STUDENT BEHAVIOR

#### **EMERGENCY**

An emergency exists when a student is an immediate threat to themselves or others.

#### Examples include:

- Possession of a weapon
- · Suicidal actions or threats
- Acts or threats of violence/sexual violence
- Psychotic episode (i.e., out of control emotions, hearing voices, tangential speech), student injury, illness or death

## Northwest Denver Campus 303.458.4122

Campus Safety available 24/7/365

#### **Extension Campuses**

911

Give the dispatch person your location and nature of the emergency.

If any of the above happens while you are off campus or at any campus other than the Northwest Denver Campus, call 911 immediately.

If calling from the Northwest Denver Campus, dial 9-911.

#### **NON-EMERGENCY**

If a student discloses a non life-threatening emergency that is still concerning to the student's health, academic or developmental success, please call the Office of Counseling and Personal Development at x3507 or 303.458.3507, or Student Health Services at x3558 or 303.458.3558.

#### Examples:

- · Eating disorder
- Substance abuse
- · Death of a family member/friend
- · Disclosure of past traumatic events
- Medical condition
- Housing/roommate concerns
- Disability/academic concerns
- Any pattern of odd behavior that may pose a non-emergency threat to health and safety

Counseling 303.458.3507

Counseling available 24/7/365

Whom to Contact	Campus Safety	Counseling and Personal Development	Vice President for Student Affairs Office	Violence Prevention Coordinator	Student Health Services	Student Disability Services	Residence Life (if applicable)	Title IX Coordinator
Working with a student who:	First Action = 1			Further Action = 2				
Poses an immediate danger to self or others	1	2	2				2	
Talks about suicide or homicide	1	2	2				2	
Exhibits behavior that seems out of touch with reality		1	2					
Shows signs of alcohol or drug use (if the student appears impaired or under the influence, call campus safety)		1	2		2			
Seems overly emotional		1	2					
Is having difficulty because of the death or illness in the family		1	2					
Appears to have an eating disorder or body image disorder		1	2		1			
Continuously distrupts class and refuses to stop	1	2	1					
Advises you of a chronic illness (e.g., asthma, diabetes, etc.)					1	2		
Has a pattern of displaying anger or hostility inappropriately (if experiencing an immediate safety emergency, call 911)	2	1	1					
May have a disability						1		
Victim of sexual violence, relationship violence or stalking		2	2	1	2			1
Victim of discrimination			2					1

#### SHARING DISTRESSING STUDENT BEHAVIOR

Non-academic concerns, such as repeat behavior, in-class actions and overall concerns about students can be shared online at:

#### tinyurl.com/regisconcern

The information submitted is routed to the office of the Vice President for Student Affairs, and with the assistance of the Students of Concern Team, communication and outreach will occur to ensure students are directed to the appropriate resources and support services.

If you would like to report a concern that does not involve a student, please contact Campus Safety at 303.458.4122.