# Alexandra Gordon MSN, RN, CEN

## **Assistant Professor**

Rueckert-Hartman College for Health Professions, Loretto Heights School of Nursing
Regis University
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# **Education**

Year	Degree	Institution	Area of Study
2022- present	Doctor of Philosophy in Nursing	University of Colorado Anschutz 13120 East 19 <sup>th</sup> Ave Aurora, CO 90045	Caring Science
2017	Masters of Science in Nursing Education	Grand Canyon University 3300 W Camelback Rd Phoenix, AZ 85017	Nursing Education Master's Thesis: Mentorship in Nursing 4.0 GPA with Honors
2007	Bachelors of Science in Nursing	Samuel Merritt University 3100 Telegraph Ave Oakland, CA 94609	Nursing 3.85 GPA Magna cum laude
2005	Bachelors of Arts Biology & Sociology	Gonzaga University 502 E Boone Ave Spokane, WA 99258	Biology & Sociology

## **Licensure and Certification**

Year	Licensure/Certification	Organization	Status
2007- present	Registered Nurse	Colorado State Board of Nursing	Active
2014- present	Certified Emergency Nurse	The Board of Certification for Emergency Nursing	Active
2007-present	Advanced Cardiac Life Support	American Heart Association	Active
2007-present	Basic Life Support	American Heart Association	Active

2011-present	Trauma Nurse Core Course Instructor	Emergency Nurses Association	Active
2007-2023	Pediatric Advanced Life Support	American Heart Association	Inactive
2011- 2015	Neonatal Resuscitation Program	American Heart Association	Inactive
2011- 2015	S.T.A.B.L.E	S.T.A.B.L.E Program	Inactive
2011-2015	AWHONN Fetal Heart Monitoring	AWHONN	Inactive

## **Employment History**

Year	Institution	Position
2020-present	Regis University 3333 Regis Blvd. Denver, Colorado 80221	Instructor: 2020-present Traditional Program Coordinator: 2022-present

#### **Responsibilities and Achievements Traditional Program Coordinator:**

- Collaborate in the implementation, evaluation, and quality improvement activities for the Traditional Program
- Represent the Traditional Program within the LHSON, Regis University, and the professional community
- Participate in the implementation of operational and structural processes for the Traditional Program including:
  - Clinical placements
  - Off-track student schedules and support
  - Supporting student academic advising
  - Addressing actual and/or potential student issues and concerns
  - Coordinating making up missed courses with course faculty
  - o Participating in regular and ad hoc communications with students
  - o Coordinating student orientation and end of program events for the Traditional Program

### **Responsibilities and Achievements Instructor:**

- Effectively taught pre-licensure nursing students based on positive instructor evaluations
- Effectively taught Traditional, Accelerated, and CHOICE students in 5, 8, and 16-week block formats utilizing a variety of teaching methodologies to meet the individual needs of students
- Worked with a team to develop and teach NR462 in the new curriculum in Spring 2021. This included test writing, course redesign, and creation of new class, lab, and lecture material.
- Developed and taught Intro to Emergency Nursing Course (NR 488i) as the co-Course Resource Faculty. This included creating the necessary documents and presenting them to the curriculum committee for approval and writing lectures, exams, in class activities, and labs.
- Developed and taught Professional Formations (NR4880) as the co-Course Resource Faculty. This included
  creating necessary documents, presenting them to the undergraduate curriculum committee for approval,
  writing course content, and designing in-class activities. The course addresses student needs for professional
  skill development entering the workforce.
- Successfully adapted to teaching in a variety of venues including Zoom classrooms, on-campus classrooms, and off-campus classroom settings (hospitals in Denver, CO)

- Supported student professional development as the Regis Student Nurses Association Faculty Liaison
  - o 2022 Outstanding Academic Institution Award recipient
- Courses Taught LHSON, Nursing Pre-Licensure:
  - O NR 462: Introduction to Managing Health Care of the Older Adult and Adult
  - O NR 422: Clinical Leadership in Professional Nursing
    - Co-Course Resource Faculty (2021-2023)
  - O NR 420: Evidence-Based Practice and Healthcare Informatics
  - O NR 4880: Professional Formations
  - NR 488I: Introduction to Emergency Nursing
    - Co-Course Resource Faculty- Created the course with Co-CRF for Fall 2021
  - o NR 464: Advanced Medical Surgical Nursing Clinical Instructor

Year	Institution	Position
June 2020	Colorado Public Health Department	Master Trainer

Collaborated with an interdisciplinary team to build and implement a staff training curriculum for the COVID-19
 Field Hospital built in the Colorado Convention Center

Year	Institution	Position
2019-2021	Baxter Medical	Clinical Nurse Educator

#### **Responsibilities and Achievements**

- Provided on-unit RN training for the Baxter NICOM Non-Invasive Fluid Management Monitoring System
- Evaluated NICOM monitors and facilitated repairs as needed

Year	Institution	Position
2018-2019	Front Range Community College 3645 W 112th Ave Westminster, CO 80031	Nursing Faculty

#### **Responsibilities and Achievements**

- Effectively taught pre-licensure nursing students based on positive instructor evaluations
  utilizing a variety of teaching methodologies to meet the individual needs of students
- Lead Faculty for Medical Surgical Nursing I: Provided over 30 hours of lecture, wrote and proctored exams, coordinated clinical instructors, oversaw clinical for all students, planned and ran lab, planned the course and managed all instructors and faculty in course
- Lab faculty for Advanced Medical Surgical Nursing
- Ran simulations for Fundamentals and Medical Surgical courses
- Successfully adapted to teaching in a variety of venues including Zoom classrooms, on-campus classrooms, and off-campus classroom settings (hospitals in Denver, CO)

Year	Institution	Position
2015-2017	Lutheran Medical Center 8300 W 38th Ave Wheat Ridge, CO 80033	Clinical Practice Specialist Emergency Department

- Responsible for needs assessments, development, implementation, and evaluation of education for emergency nurses and staff including certification, remediation, mentoring, regulatory requirements, and products or systems roll-outs
- Successfully implemented CMS action plan by educating staff, auditing charts, and supporting hospital-wide education. Improved charting compliance from 25% to 100%
- Redesigned new employee orientation for the emergency department to improve compliance and assure all new staff were prepared to provide exemplary care
- Led a LEAN event to reduce door to needle times for stroke patients to below 20 minutes
- Ensure all staff members are up-to-date with required certifications and licensure
- Teach and Direct TNCC, ENPC, and PALS courses
- Designed and taught Emergency Nurse Internship and New Graduate Programs
- Designed and implemented hospital wide Mentorship Program for New Graduate Nurses
- Helped to teach and facilitate Metropolitan State University of Denver and SCL Emergency Training Collaboration

Year	Institution	Position
April-July 2015	AYA Healthcare Lutheran Medical Center 8300 W 38th Ave Wheat Ridge, CO 80033	Registered Nurse Emergency Department

#### **Responsibilities and Achievements**

• Successfully completed a 13-week travel contract at Lutheran Medical Center in the Emergency Department

Year	Institution	Position
2013-2015	NYU Langone Medical Center 550 First Avenue New York, NY 10016	Registered Nurse Emergency Department

#### **Responsibilities and Achievements**

- Provided exemplary evidenced based patient care to patients of all ages and cultural backgrounds. Served as a
  preceptor for travelers and new hires and was one of the primary RNs to work in the Pediatric Emergency
  Department
- Participated in a task force using evidence-based practice to streamline and improve patient care and flow in the Pediatric Emergency Department while reducing fear and trauma to young patients
- Member of Nurse Practice Council
- Member of the Palliative Care Council

Year	Institution	Position
2013-2014	The Morrison Center 461 Park Ave S 12th Fl New York, NY 10016	IV Registered Nurse

• Worked as a registered nurse in a very busy holistic private practice. Managing CNAs and phlebotomists, mixing and starting IVs, assessment, patient education and coaching, organization, and telephone triage

Year	Institution	Position
2011-2013	Vail Valley Medical Center 181 W Meadow Dr Vail, CO 81657	Registered Nurse Emergency Department and Women's and Children's Center

#### **Responsibilities and Achievements**

- Served as a staff nurse caring for patients in labor and delivery, postpartum, well baby nursery, and emergency settings. Demonstrated exceptional flexibility by providing patient care in eight different units throughout the hospital; wherever help was needed
- Served as a staff nurse caring for patients in labor and delivery, postpartum, well baby nursery, and emergency settings. Demonstrated exceptional flexibility by providing patient care in eight different units throughout the hospital; wherever help was needed.
- Developed and taught Basic EKG course for nurses from all departments
- Counseled RNs in goal setting and professional development
- Served on a committee to reduce costs and streamline care in the Women and Children's Center. Developed an inventive plan to reduce overtime, RN fatigue, and turnover
- Changed unit practice and provided RN education after learning lactation unit was not following evidence-based practice guidelines for nipple care
- Excellence Award Recipient for VVMC's Q1 2013 Service Peak

Year	Institution	Position
2009-2010	Post Street Surgery Center 2299 Post St Ste 108 San Francisco, CA 94115	Registered Nurse Pre-op and PACU

## **Responsibilities and Achievements**

 Provided care for patients undergoing orthopedic surgery. Conducted phone triage of all patients prior to surgery, educated and prepared patients for surgery, and cared for patients and family during the post-surgical period.

Year	Institution	Position
2007-2009	Alameda County Medical Center 1411 E 31st St Oakland, CA 94602	Registered Nurse Emergency Department

• After completing 16-week New Graduate Training Course, delivered a complete range of RN services and expertise from triage, assessment, treatment, education, and discharge to patients of all ages and acuity levels. Demonstrated exceptional multitasking and prioritization skills caring for multiple critically ill or injured patients simultaneously in a busy inner-city level I trauma center.

#### **Honors and Awards**

- RHCHP Junior Teaching Award Recipient, Regis University, 2023
- Nightengale Award for exemplary commitment to nursing and dedication to caring, 2023
- Deans Scholar Award Scholarship, University of Colorado, 2022
- Daisy Award for Extraordinary Nursing Faculty Nominee Spring 2021
- Excellence Award Recipient for Vail Valley Medical Center's Q1 2013 Service Peak

## **Professional Membership:**

Emergency Nurses Association (ENA), Member, 2007-present

- o Colorado ENA Media Chair, 2016-2018
  - Designed and managed ColoradoENA.org website and Colorado ENA Facebook page
  - Set up online call-in and videoconferencing for membership meetings to allow remove members to participate.
- o Colorado ENA National Delegate 2016, 2017, & 2022

National League for Nursing, Member, 2018-present American Holistic Nurses Association 2010-2016

#### Service

## Service to the College/University

Service to Regis University:

Ignatian Fellow (2023-present)

#### Service to Rueckert-Hartman College of Health Professionals (RHCHP):

Diversity Day, Regis University, October 2021

#### Service to Loretto Heights School of Nursing (LHSON):

- Faculty Liaison to the Regis Student Nurses Association 2020-2023
- Member and Secretary, Student Affairs Committee (SAC), 2020-2023
- Founding Member and Secretary, Justice, Equity, Diversity and Inclusion Committee (JEDI), 2023-present
- Co-Secretary, Nurse Faculty Organization (NFO), 2021-present
- Member, Nurse Faculty Organization (NFO), 2020-present
- Member, Faculty Governance Committee (FGC), 2022-present

Member of the NFO By-Laws Revision Committee, 2022-2023

## **Service to the Community**

#### Community

- Mountain Valley Horse Rescue Volunteer 2017-present
- Host and creator of the Love Loss Living Podcast 2020-2023
- Future of Nursing: Colorado Action Coalition Summit participant May 2022

## **Teaching Responsibilities**

- NR 462: Introduction to Managing Health Care of the Older Adult and Adult Course Resource Faculty
- NR 422: Clinical Leadership in Professional Nursing Co-Course Resource Faculty Fall 2021-Summer 2023
- NR 420: Evidence Based Practice and Healthcare Informatics
   Course Faculty
- NR 488I: Introduction to Emergency Nursing
   Co-Course Resource Faculty- Created the course with Co-CRF for Fall 2021
- NR 488K: Creating Resilience for Nurses
   Course Resource Faculty- Co-created the course for Fall 2022
- NR 4880: Professional Formation and Nursing Application
   Course Resource Faculty- Created the course for Spring 2023

#### **Summer 2024**

NR 463: Comprehensive Health Care of the Adult and Older Adult I (CHOICE) (co-teaching)

#### Spring 2024

NR 421: Clinical Reasoning and Judgement (co-taught)

NR 4880: Professional Formation and Nursing Application (co-taught)

NR 462: Introduction to Managing Health Care of the Older Adult and Adult (ASCEND) (co-taught)

#### Fall 2023

NR 462: Introduction to Managing Health Care of the Older Adult and Adult (Traditional)

NR 488I: Introduction to Emergency Nursing (Traditional)

NR 488K: Creating Resilience for Nurses (All Cohorts)

#### Summer 2023

NR 462: Introduction to Managing Health Care of the Older Adult and Adult (CHOICE)

**Spring 2023** 

NR 462: Introduction to Managing Health Care of the Older Adult and Adult (Accelerated)

NR 488K: Creating Resilience for Nurses (All Cohorts)

NR 4880: Professional Formation and Nursing Application

Co-created course

Fall 2022

NR 462: Introduction to Managing Health Care of the Older Adult and Adult (Traditional)

NR 488I: Introduction to Emergency Nursing (Traditional)

NR 488K: Creating Resilience for Nurses (All Cohorts)

**Summer 2022** 

NR 420: Evidence-Based Practice and Healthcare Informatics (Accelerated)

NR 462: Introduction to Managing Health Care of the Older Adult and Adult (CHOICE)

NR 422: Clinical Leadership in Professional Nursing (CHOICE)

**Spring 2022** 

NR 420: Evidence Based Practice and Healthcare Informatics (Traditional)

NR 462: Introduction to Managing Health Care of the Older Adult and Adult (CHOICE)

NR 422: Clinical Leadership in Professional Nursing (Traditional)

Updated course to reflect updated curriculum. Included updating lectures and updating the course schedule.

Fall 2021

NR 462: Introduction to Managing Health Care of the Older Adult and Adult (Traditional)

NR 4881: Introduction to Emergency Nursing (Traditional)

Co-Created course.

**Summer 2021** 

NR 462: Introduction to Managing Health Care of the Older Adult and Adult (CHOICE)

Spring 2021

NR 462: Introduction to Managing Health Care of the Older Adult and Adult (CHOICE)

NR 462: Introduction to Managing Health Care of the Older Adult and Adult (Accelerated)

Updated course to reflect updated curriculum. Included exam writing, lab creation, updating lectures, and updating the course schedule.

# Fall 2020

NR 462: Introduction to Managing Health Care of the Older Adult and Adult (Traditional)