David Shaw, PT, DPT

Board-Certified Orthopedic Clinical Specialist

PROFESSIONAL SUMMARY

Doctor of Physical Therapy (DPT) and Board-Certified Orthopedic Clinical Specialist (OCS) with advanced post-graduate residency training and experience across high-volume outpatient orthopedic clinics. Special interests include pre- and post-operative rehabilitation, sports-related injuries, and evidence-based manual therapy. Known for collaborative care, patient education, and contributing to clinical excellence through mentorship, teaching, and faculty involvement.

LICENSURE AND ORTHOPEDIC CREDENTIALS

- Licensed Physical Therapist – State of Colorado, FSBPT
- Board-Certified Orthopedic Clinical Specialist (OCS) – ABPTS
- Orthopedic Physical Therapy Residency Graduate – ABPTRFE
- Affiliate Faculty, per diem – Regis University, School of Physical Therapy
- Dry Needling Levels I & II
- Basic Life Support (BLS) Provider – AHA

CLINICAL EMPLOYMENT AND EXPERIENCE

Physical Therapist, Instructor, and Sports Resident
RegisCARES | Regis School of Rehabilitative and Health Sciences | Denver, CO August 2026 – current

- Gather and evaluate quantitative and qualitative clinical information relevant to the patient's health and execute a management plan based on evidence based principles.
- Demonstrate appropriate verbal and non-verbal communication skills with individuals, groups, the community and the general population.
- Collaborate effectively to build sustainable and equitable relationships with patients and multi-disciplinary teams to facilitate the attainment of meaningful health outcomes for patients and communities.
- Prioritize and effectively execute tasks through teamwork, make informed decisions when allocating finite health care resources, provide leadership within the context of professional organizations and the health care system.
- Recognize advocacy as essential to health promotion at the level of the patient, the practice population, the health care team, and the broader community, and demonstrate the importance of advocacy in responding to the challenges represented by social, environmental, and biological factors that influence the health of patients and society.
- Engage in lifelong learning, critically appraise and apply evidence in practice and facilitate the education of student, residents, patients, colleagues and others.
- Commit to the highest standards of excellence in clinical care and ethical/legal conduct and embrace a professional role with a distinct body of physical therapy knowledge, skills and attributes dedicated to improving the health and well-being of others.
- Develop life-long learners committed to the mission of Regis University to be inspired to make a positive impact in a rapidly changing global health society, to be purposeful and continually examining, contributing to and questioning health care delivery.

CACC Physical Therapy | Denver, CO March 2026 – August 2026
Power Health Colorado, LLC | Aurora, CO April 2025 – February 2026
CACC Physical Therapy | Englewood, CO and Aurora, CO May 2023 – April 2025

- Evaluate and manage a diverse outpatient orthopedic caseload including post-operative knees/shoulders, spine, sports injuries, and chronic pain.

- Develop and implement individualized, evidence-based plans of care emphasizing functional outcomes and patient education.
- Collaborate with PTs, PTAs, chiropractors, physicians, and physician assistants to coordinate care and optimize outcomes.
- Integrate manual therapy, therapeutic exercise, and dry needling to restore mobility, strength, and function.
- Maintain compliance with Medicare, Medicaid, and commercial insurance documentation standards.

Clinical Education Experiences

1. Therapeutic Associates Oregon City Physical Therapy | Oregon City, OR — August 2021 – October 2021
2. Pro Active Physical Therapy and Sports Medicine | Eaton, CO — May 2022 – June 2022
3. Denver Health Inpatient Rehabilitation | Denver, CO — October 2022 – December 2022
4. ALTA Physical Therapy & Pilates | Boulder, CO — January 2023 – April 2023

Physical Therapy Aide
Atlas Physical Therapy | Denver, CO — March 2017 – August 2020
Movement for Life Physical Therapy | Morro Bay, CA — January 2016 – March 2017

EDUCATION

Doctor of Physical Therapy
Regis University | Denver, CO — April 2023

Bachelor of Science, Kinesiology – Exercise Science
California Polytechnic State University | San Luis Obispo, CA — June 2016

PEER REVIEWED PUBLICATIONS

Albin A, Hoffman LR, MacDonald CW, Bates A, Brewer A, Gordon A, Hua J, Shaw D, Koppenhaver S, Hebert JJ. Dry needling directly into trigger points is associated with improved gait parameters: A randomized controlled trial. *JMMT*. May 2026. DOI: 10.1080/10669817.2026.2666327

CONTINUING EDUCATION

- Linking Clinical Neurodynamics with Outpatient Orthopedic Rehab, Functional Rehab, and Manual Therapy
- IJSPT Journal Clubs: UCL Reconstruction
- Attended PTA CSM 2026
- MEND Colorado Shoulder and Lumbar Courses
- Functional Capacity Evaluation (FCE) Training

LEADERSHIP AND SERVICE

- APTA Orthopedic Mentor
- Clinical Instructor
- Regis Student Orthopedic & Sports SIGs Co-Chair
- Arrupe Jesuit High School – annual preseason injury screenings and weekly injury checks
- Porter-Billups Leadership Academy and GEAR UP Colorado – community health and diversity outreach events
- Morro Bay High School Volunteer Football and Weightlifting Coach
- Cal Poly Strength and Conditioning Volunteer Assistant – NCAA Division I Men's Tennis team
- Intramural Basketball Referee