

Dee (Dolores) Martinez, MSN, RN

Nursing Education Professional - Committed to promote the highest standards of health, well-being and continuous life-long learning.

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Colorado RN License – RN 0049431

WORK EXPERIENCE

Regis University Department of Nursing

October 2018 - Present

Instructor/Loretto Heights School of Nursing: Classroom and clinical instructor for a number of courses: community health, health promotion, capstone, clinical reasoning, and introduction to nursing courses for traditional, accelerated, and CHOICE student groups. Faculty Development Committee chair, course resource faculty for community health and externship courses, ExamSoft Task Force, NGN Task Force, St. Joseph Hospital DEU clinical faculty, SUN School Community Clinical and Nurse Consultant.

Tristar Risk Management/Managed Care

October 2014 – May 31, 2017

Medical Case Manager: Comprehensive case management services for injured workers for multiple client companies throughout Colorado while maintaining high customer service standards. Assistance with California cases. Collaboration with employers, providers, and injured workers to create positive outcomes and early return to work. Utilization review (URAC) and case management services including cancer program case management for firefighters. Creation of positive case management collaborative treatment plans to return injured workers to work as early as possible with a collaborative treatment plan while being responsible with health care costs. Consistent high performer creating positive outcomes and cost savings for highly complex work injuries in an aging population with chronic diseases.

Regis University Department of Nursing

May 1998 – October 2018

Adjunct Faculty/Faculty for the following courses:

Community Health Nursing - Classroom and clinical instruction for RN to BSN students, traditional and accelerated BSN students.

Clinical Medical-Surgical Practicum for senior nursing students in traditional and accelerated BSN programs at the Dedicated Educational Unit at Exempla St. Joseph Hospital

Junior Externship – Classroom and clinical oversight of this clinical course for juniors in the traditional BSN program

Case Management Graduate course - Curriculum development and classroom instruction for this Master's level course

Leadership- Classroom and clinical oversight for BSN and MSN Leadership practicum

County Technical Services, Inc.

May 1998-October 2014

Case Manager/Health Care Consultant: Administration and leadership of comprehensive case management services for multiple client employers throughout Colorado. Facilitation of positive outcomes for injured workers with effective treatment plans addressing physical restrictions for return to work. Collaboration with medical providers to provide medical care for injured workers within the work-comp system in Colorado. Facilitation of effective, efficient health care services directly with providers and clients with completion of regular chronological case reports with presentations for client companies and medical providers including quality initiatives, fiscal, outcome and quality reports. Responsible for working with complex work injuries with an aging population of workers with chronic diseases. Oversight of contracted field case management services throughout Colorado. Consistent efficient, effective high performer

University of Phoenix

May 1985-June 2017

Faculty: Serve as faculty for courses within the following programs: RN to BSN, LPN to BSN, and the MSN Program which included classroom instruction, on-line, clinical instruction. Served as preceptor for students in leadership and community health courses. Completed curriculum development for Community Health Nursing Theory and clinical course. Conducted new faculty assessments for new faculty hiring and contributed to the accreditation preparation and nursing student clinical handbook. Identified and coordinated new clinical placements for the LPN to BSN students. Also completed new faculty mentorship, training and faculty peer reviews. Lead Faculty 2005 - 2013.

Pacific Health Dimensions

April 1997-May 1998

Director – Responsible for the administration of medical management program: Development and delivery of managed care services for four provider groups in Denver and Colorado Springs areas. Responsible for utilization review and case management, creation of policies, procedures and protocols to exceed NCQA standards and specific management services for the four provider groups and seven hospital systems. Responsible for Physician Quality Management and Resource Management Committee direction, planning, and completion of key projects. Initiation of new programs and services. Continuous quality improvement, peer review and NCQA audits for payers. Responsible for fiscal management of capitated members in Denver and Colorado Springs areas.

Primera Healthcare

May 1995-April 1997

Manager –Utilization Review and Case Management: Initiation and development of managed care services for an integrated healthcare delivery system. Program development with creation of treatment guidelines, staff development and training to exceed NCQA standards. Development and implementation of a case management system with multiple hospitals, provider networks and Health Plans. Responsible for fiscal management of capitated groups in the Denver area. Initiation of Medicare, Medicaid and Senior managed care programs. Continuous quality improvement, peer review, provider profiling, outcome studies and strategic planning.

Rocky Mountain Health Care Corporation

June 1993-May 1995

Manager – Occupational Healthcare Management Services: Administration, direction of workers' compensation managed care services for a multi-state region (Colorado, New Mexico and Nevada); including provider relations, marketing, proposal development, program development, direction of the provision of services to client companies. Supervision of staff and nurse case managers, budget, and collaboration with claims staff to decrease workers' compensation costs to client companies.

Swedish Medical Center

April 1988-May 1993

Director: Occupational Health Services: Administration of a hospital-based occupational health program including the following: Supervision of a case management team, marketing, proposal development, collaboration with internal hospital departments and ambulatory care centers, protocol development, coordination with primary and specialty care physicians, with continuous quality improvement.

Metropolitan State College

August 1989-May 1990

Faculty: Part-time faculty for Community Health Nursing Clinical Course based at Denver Health and Hospitals Eastside Neighborhood Health Center.

Denver Visiting Nurse Service

August 1987-April 1988

Manager: Occupational Health and Wellness: Establishment, direction of service contracts to employers for occupational health and wellness services for Denver and Colorado Springs.

Ford Microelectronics

November 1986-August 1987

Occupational Health Nurse: Development, execution and management of a complete health program for 300 employees including medical/surveillance and wellness programs.

Brown Disc Manufacturing

July 1984-November 1986

Health Services Coordinator: Initiation and management of a health program for 300 employees including the development of wellness/health promotion/education programs, medical emergency/surveillance protocols, health insurance benefits package/employee assistance contract negotiation, protocol and standard development, pre-placement/periodic physical assessments/screenings/counseling.

Denver Visiting Nurse Service

April 1979-December 1983

Adult Nurse Practitioner/Team Leader: Development of Serving Seniors Program, budget preparation, statistical forecasting, quality assurance, marketing, contract negotiation, and program diversification.

El Paso County Health Department

February 1974-July 1978

Public Health Nurse/Team Leader/Discharge Planner: Responsible for a generalized public health caseload as well as discharge planning for two hospitals.

License

Colorado RN License – RN.0049431

EDUCATION

University of Colorado at Denver

May 1980

Completion of 12 hours toward a Master of Science Degree in Public Administration

University of Colorado Health Sciences Center

May 1980

Completion of Master of Science Degree in Nursing – Adult Nurse Practitioner Program

Loretto Heights College

May 1973

Completion of Bachelor of Science Degree in Nursing
Graduated Cum Laude

ADDITIONAL EDUCATION

Training in change management, re-engineering, continuous quality improvement and leading self-directed work teams

Completed 90 hours of education through the Western Institute of Addictions

Advanced training in current cancer treatment, grief support, stress management, communication and workers' compensation

Colorado Division of Workers' Compensation Cumulative Trauma Treatment Guideline Committee

Instructor training in CPR, First Aid, Smoking Cessation, Stress Management

Bilingual: English/Spanish

MEMBERSHIPS

Daisy Award 2021

Nightingale Nominee 2021

Outstanding Affiliate Faculty – Regis University – 2009

Directors Award - University of Phoenix - 2005

Nightingale Nominee – 2005

National League of Nurses - Current

American and Colorado Nurses' Association (ANA, CNA) – Current

Board of Directors – Bayaud Industries 1995-96

REFERENCES

Available upon request