

# Joanna Sturhahn Stratton, Ph.D., LMFT, LP

## EDUCATION

- Ph.D.           **THE UNIVERSITY OF DENVER** (APA Accredited) Denver, CO  
Ph.D. in Counseling Psychology – Aug. 2006  
Dissertation- Intergenerational Transmission: Gendered Communication Patterns
- M.A.           **THE UNIVERSITY OF CHICAGO** Chicago, IL  
M.A. in the Social Sciences: Psychology – Aug. 2000  
Honors: Magna Cum Laude  
Thesis- Correlates of Concurrent Relationship Satisfaction
- B.A            **WILLIAM JEWELL COLLEGE** Liberty, MO  
B.A. Psychology; Leadership Emphasis – May 1998  
Honors: Magna Cum Laude  
Thesis- God's Love: Salve or Solve?

## PRESENT EMPLOYMENT

- May 2008-present**           **REGIS UNIVERSITY-** Professor  
Founder Regis Neighborhood Health  
*Master of Arts in Counseling Program/Marriage and Family Therapy*  
**Hired to teach the following courses:**  
    Skills for Helping Professionals  
    Community Counseling  
    Counseling Techniques I, II  
    Practicum Lab and Triadic supervision  
    Theories of Family Therapy  
    Marital Theory and Couples Counseling  
    Assessment and Diagnosis  
    Integrated Healthcare  
    MFT Clinical Internship
- Duties*
- Develop curriculum, choose class readings, prepare and present class lectures, facilitate students' critical thinking processes
  - Grade and analyze performance on papers, presentations and exams
  - Participate in faculty meetings, rubric assessments, MFT planning meetings and departmental research
  - Create a new course entitled: Mind/Body Health
  - Help guide direction of Marriage and Family Program accreditation and prepare materials for self-study and site visit
  - Participate in student interviews, orientation and internship fairs
  - Evaluate students in Capstone presentations
  - Screen all affiliate faculty applicants, conduct interviews and create faculty mentorships
  - Serve on Regis Inter-professional Education Committee
- Assistant Dean: Anibal Torres Bernal, Ph.D.

May 2008-present

**UNIVERSITY OF COLORADO DENVER SCHOOL OF MEDICINE-** Assistant Clinical Professor

*Family Medicine Residency*

- Precepting residents on behavioral health issues with their patients
  - Review performance of residents as they integrate mental health knowledge into their practice with patients
  - Deliver didactics to residents on patient health behavior change goals
  - Counsel individuals, couples and families in medical clinic and in hospitals to improve mental and physical health outcomes
  - Supervised APA Ph.D. candidates in an out-patient medical clinic and while providing consultation in an in-patient setting
  - Lead pediatric obesity prevention and treatment initiative
- Immediate Supervisor: Shandra Brown-Levey, Ph.D.

**PROGRAM EVALUATION AND ADMINISTRATION EXPERIENCE: INTEGRATED HEALTHCARE**

Sep. 2006-Oct. 2007

**Post-Doctoral Fellow-** University of Colorado at Denver and Health Science Center: Placement-Foothills Behavioral Health

*Administration and Evaluation Psychology*

- Focus on the development of administrative/ program evaluation skills in public health institutions: Clinica Campesina/People's Clinic
  - Gain comprehensive knowledge of integrated healthcare systems nationwide and application of best practices
  - Develop criteria, implement evaluation plan and analyze quantitative and qualitative data to evaluate health outcomes generated from integrated healthcare programs with underserved populations
  - Analyze data, write detailed reports and disseminate findings
  - Form agendas and lead committee meetings: i.e. clinical guidelines
- Total Hours: 2000+ (*Provided all hours needed for licensure*)  
Post-doc supervisor: Chad Morris, Ph.D.  
Immediate supervisor: Barbara Smith, R.N., Ph.D.

**TEACHING/SUPERVISION EXPERIENCE**

Aug. 2007-May 2008

**Affiliate Professor** – Regis University Master of Arts in Counseling Program

*Hired to teach the following courses:*

Community Counseling  
Counseling Techniques

*Duties*

- Develop curriculum, choose class readings, prepare and present class lectures, facilitate students' critical thinking processes
  - Grade and analyze performance on papers, presentations and exams
  - Encourage learning through applied exercises
- Director of Counseling Program: JoLynne Reynolds, Ph.D.

- Aug. 2006-Nov. 2006**      **Adjunct Professor** – The University of Denver  
 Counseling Psychology Doctoral Program  
*Developed and taught the following course:*  
 Family Systems and Couples Therapy  
*Duties*
- Develop curriculum, choose class readings, prepare and present class lectures, facilitate students’ critical thinking processes
  - Grade and analyze performance on papers, presentations and exams
  - Encourage learning of techniques through applied exercises
- Director of Counseling Psychology: Cynthia McRae, Ph.D.
- Aug. 2003-Aug. 2005**      **Adjunct Professor** – Metropolitan State College of Denver  
*Taught the following courses*  
 Introduction to Psychology (six semesters)  
 Abnormal Psychology  
 Psychology of Counseling  
*Duties*
- Developed curriculum, prepared class lectures, designed, graded and analyzed performance on exams for Introduction Psychology, Abnormal Psychology and Psychology of Counseling classes
  - Graded written assignments, provided written and oral feedback, supervised relevant research and advised students on academic and career development decisions and concerns
- Program Director of Psychology: Ellen Susman, Ph.D.
- Aug. 2005- Aug. 2006**      **Lecturer-** Colorado State University  
*Department of Psychology (Undergraduate)*  
*Counseling Psychology Program (Graduate)*
- Summer 2005-2006**      **Supervisor** – Colorado State University  
*Counseling Psychology Program*
- Consulted counseling psychology doctoral students on clinical cases for two hours a week
  - Viewed/evaluated clinical videos; encouraged critical thinking
  - Facilitated discussions regarding professional growth
- Sep. 2004-Dec. 2004**      **Teaching Assistant** – DU Clinical Psychology Department
- Lectured in Marital and Family Relationships and Therapy class
  - Met with small groups weekly and advised on projects
  - Conducted study sessions, wrote, administered and scored tests
- Instructor: Howard Markman, Ph.D.
- Feb. 2003-present**      **Certified PREP Workshop Presenter** – Prevention and Relationship Enhancement Program
- Certified to give presentations on relationship dissolution prevention and relationship satisfaction enhancement techniques

- Conducted workshops for couples who want to increase relationship satisfaction and learn communication skills

**Summers 2004, 2005**

**Instructor** – Rocky Mountain Talent Search (Talented and Gifted Program for nationally selected adolescent youth)

- Prepared interactive course material and designed exams for Introduction to Psychology classes
  - Facilitated group projects for 12-15-year olds in the program
  - Provided extensive verbal feedback for students and held conferences with the students' parents
- RMTS Director: Kristin Rigby, B.A.

**Sep. 2001-June 2003**

**Teaching Assistant** – DU Counseling Psychology Department

- Assisted in teaching Masters Beginning and Intermediate Counseling Techniques classes (four quarters)
  - Met with two small groups weekly and supervised students' therapeutic techniques
  - Graded papers and evaluated taped and in vivo counseling sessions
- Instructors: Cyndy McRae, Ph.D. and Maria Riva, Ph.D.

**Jan. 2003-June 2003**

**Teaching Assistant** – DU Counseling Psychology Department

- Lectured and consulted students in Psychoeducational Assessment class for doctoral students
  - Evaluated the administration and scoring of WISC-III, WAIS- III, Heaton Neurological Screening Battery, WMS-III, DAS and Shipley Institute of Living Scale
- Instructor: Max Wachtel, Ph.D.

**Summers 2002-2003**

**Supervisor** – DU Counseling Psychology Department  
Part of requirement for Advanced Practicum class

- Consulted Master's students on clinical cases
  - Received supervision from faculty on supervision experience
- Supervisor: Patrick Sherry, Ph.D.

**CLINICAL EXPERIENCE**

**May 2007-present**

**Assistant Clinical Professor**- University of Colorado at Denver  
School of Medicine – Department of Family Medicine

- Co-consultations with residents with mental health diagnosis, solution-focused psychotherapy, behavioral interventions
  - Health behavior change interventions
  - Community resources counseling
  - Supportive psychotherapy
- Immediate Supervisor: Deborah Seymour, Psy.D.

**Aug. 2005-Aug. 2006**

**Psychology Intern- Colorado State University Counseling Center (in fulfillment of doctoral requirement)**

- Provided individual counseling
- Administered, scored and interpreted psychological assessments

- Co-led an eating disorder and interpersonal process therapy group
  - Provided presentations, conducted trainings, and acted as a liaison to campus advocacy offices
  - Specialized professional learning in psychopharmacology/ mind-body connection.
  - Shadowed a psychiatric nurse practitioner for six months
  - Designed eating disorder treatment group and measured outcomes
- Total Hours: 2000  
Supervisor: Susan MacQuiddy, Ph.D., Director

**Aug. 2003-Aug. 2004**

**Psychology Extern – Denver Health Medical Center In-patient Psychiatric Unit (in fulfillment of doctoral requirement)**

Short-term crisis intervention for mentally ill patients

- Conducted process and drug and alcohol recovery group therapy sessions with patients on both locked and unlocked units
- Engaged in informal therapy in the milieu
- Assessed suicide and homicide risk
- Administered, scored and interpreted psychological assessments and wrote reports: Personality Assessment Inventory (PAI), WAIS-III, WMS-III, Heaton Neurological Screening Battery, Halstead Category Test, Behavior Dyscontrol Scale Test and Memory Malinger (TOMM)

Total Hours: 750

Supervisor: Gerald A. Carpenter, Psy.D., Director

**Aug. 2002-Aug. 2003**

**Graduate Student Trainee – University of Denver Counseling and Behavioral Health Center (in fulfillment of doctoral requirement)**

Psychological services for undergraduate and graduate students

- Provided counseling to individuals and couples
- Attended assessment seminars, individual and group supervision
- Provided outreach services on gender issues, eating disorders, and sexually transmitted diseases
- Administered, scored and interpreted psychological assessments and wrote reports: Rorschach, MMPI, Connors, Wechsler Adult Intelligence Scale-III (WAIS-III), Woodcock-Johnson III Tests of Achievement, Minnesota Multiphasic Personality Inventory- 2 (MMPI-2), Rorschach

Total Hours: 830

Supervisor: Jennifer Cornish, Ph.D., Director

**Mar. 2002-Aug. 2002**

**Intern – Aurora Mental Health - Child and Family Outpatient Program – Aurora, CO. (in fulfillment of doctoral requirement)**

Community mental health for children and families receiving Medicare

- Facilitated various group therapy sessions for conduct disordered children, impulse control problems, sexually abused adolescents and psychoeducational groups for parenting skills
- Provided counseling for individuals and families
- Attended workshops on suicide assessment, multiculturalism, and art therapy

Total Hours: 346

Supervisor: Kim Wagner, M.S.W., LC.S.W., Program Director  
Child/Adolescent Outpatient Services

- Jan. 2002-Jul. 2002**      **Clinic Intern – The University of Denver Counseling Clinic (in fulfillment of doctoral requirement)**  
Training site for counseling psychology doctoral students
- Provided counseling to adults, children and families from the community
  - Received live and immediate supervision from a supervisor and a team of peers and provided live supervision and feedback to counselor-in-training
  - Administered, scored, interpreted and wrote reports: California Psychological Inventory (CPI), Fundamental Interpersonal Relations Orientation-Behavior (FIRO-B), Managerial Style Questionnaire (MSQ), Minnesota Multiphasic Personality Inventory-2 (MMPI-2), Myers-Briggs Type Indicator (MBTI), Shipley Institute of Living Scale and Strong Interest Inventory
- Total Hours: 85  
Supervisor: Barbara Vollmer, Ph.D., Clinic Director

**RELEVANT RESEARCH EXPERIENCE**

- Sep. 2001-August 2006**      **Research Assistant - Dr. Howard Markman, DU’s Center for Marital and Family Studies: Assist in the Family Stability Project**
- Conducted couple interviews as part of a longitudinal study
  - Coded dyadic communication
  - Developed original research questions, developed measures and recruit participants for study
- Sep. 2001-Jun. 2005**      **Research Group - Dr. Cyndy McRae, University of Denver Counseling Psychology Department**
- Developed research questions and hypothesis about life satisfaction in graduate school
  - Developed qualitative methodology and interview participants
  - Administered interview and code themes
  - Analyzed data and wrote paper for publication
- Sep. 2001-Jun.2005**      **Research Group - Dr. Patrick Sherry, University of Denver Counseling Psychology Department**
- Organized and conducted sleep study to assess consequences of sleep deprivation
  - Traveled nationally to administer sleep deprivation measures to transportation workers
  - Analyzed results and created poster presentations about fatigue and work performance
  - Reviewed literature, analyzed managerial data from the CPI260, (California Personality Inventory) and wrote paper for publication

- Sep. 2000-Jul. 2001**      **Research Assistant** - Dr. Emma Adam, *Northwestern University*  
Assist Dr. Emma Adam in Physiological Stress in the Family Study
- Conducted literature reviews
  - Assisted with data analysis of cortisol levels in saliva and other subjective stress measures and wrote-up results in APA format
- May 2000-Sep. 2000**      **Research Assistant** - *Alfred P. Sloan Working Family Center: University of Chicago and NORC*
- Interviewed parents and adolescents in dual earner families about life experiences, stress and coping mechanisms
  - Organized data and coded qualitative responses gathered with the experiential sampling method
- Oct. 1999-Jun. 2000**      **Research Assistant** - *Psychology Department, The University of Chicago*: Assist Dr. Nancy Stein in couples conflict lab
- Conducted diagnostic/demographic interviews
  - Facilitated couple's conflict resolution interaction
  - Developed statistics

## PRESENTATIONS

- Owen, J. J., Stratton, J. S., & Sherry, P. (2002). *Workload, Social Support, & Job Stress in Transportation workers*. College of Education Research Conference, Denver, CO.
- Stratton, J. S., Clark, J., Kim, M., Banes, K., & Sherry, P. (2002). *Mediating Effects or Intervention on Salivary Cortisol in Railroad Workers*. College of Education Research Conference, Denver, CO.
- Stratton, J. S., Sherry, P., & Owen, J. J. (2002). *Predicting Acceptance of Monitoring Devices for Truck Drivers*. College of Education Research Conference, Denver, CO.
- Stratton, J. S., Goodrich, A., & Mielke, A., & McRae, C. (2002). *Examination of Life Satisfaction in Graduate Students and Faculty*. College of Education Research Conference, Denver, CO.
- Owen, J. J., Stratton, J. S., & Sherry, P. (2002). *Workload, Social Support, & Job Stress in Transportation Workers*. American Psychological Society Conference, New Orleans, LA.
- Stratton, J. S., Sherry, P., & Owen, J. J. (2002). *Predicting Acceptance of Monitoring Devices for Truck Drivers*. Rocky Mountain Psychological Association Conference, Salt Lake City, UT.
- Stratton, J. S., Clark, J., Kim, M., Banes, K., & Sherry, P. (2002). *Mediating Effects or Intervention on Salivary Cortisol in Railroad Workers*. American Psychological Association Conference, Chicago, IL.
- Stratton, J. S., Goodrich, A., Mielke, A., Kirschenbaum, S., & McRae, C. (2003). *Life Satisfaction of Graduate Students in the College of Education*. College of Education Research Conference, Denver, CO.

- Owen, J. J., Stratton, J. S., Gafford, J., Clark, J., Baharaini, N., Zarra, J., & Sherry, P. (2003). *Fatigue & Work Performance*. Rocky Mountain Psychological Association, Denver, CO.
- Stratton, J. S., Goodrich, A., Mielke, A., Kirschenbaum, S., & McRae, C. (2003). *Life Satisfaction of Graduate Students in the College of Education*. Rocky Mountain Psychological Association, Denver, CO.
- Prevention and Relationship Enhancement Program (PREP) 2004, 2005, Denver, CO  
Conducted workshop for couples that wish to bolster their romantic relationships.
- Stratton, J. S. & Kellaway, J. A. (2006). *Efficacy of a Short-Term Group Therapy Treatment Model for Emotion-Related Binge Eating Disorder: Mid-Treatment Results*. Colorado Psychological Association Conference, Englewood, CO.
- Kellaway, J. A. & Stratton, J. S. (2006). *Efficacy of a Short-Term Group Therapy Treatment Model for Emotion-Related Binge Eating Disorder*. Colorado/ Wyoming Counseling Center Conference, Boulder, CO.
- Stratton, J. S., McRae, C., Markman, H. J. (2007). *Intergenerational Transmission of Gendered Communication Patterns*. Rocky Mountain Psychological Association Conference. Denver, CO.
- Stratton, J. S. (2007). *Program Evaluation of an Integrated Healthcare Program: Putting the Head Back on the Body*. Organization of Program Evaluators Conference. Peaceful Valley, CO.
- Arman, J. Bennett, S. Medina, S., & Stratton, J.S. (2008). *Portals of Perception*. Rocky Mountain ACES Conference. Breckenridge, CO.
- Stratton, J. S., & Owen, J. J. (2008). *Men Don't Cry in Therapy: Masculinity Changes Everything*. Colorado Counseling Associating Conference. Estes Park, CO.
- Seymour, D., Stratton, J. S., & Clampitt, D. (2009). *Lights, Camera, Action (or Contemplation): Facilitating Health Behavior Change Conversations in Family Medicine Residents*. Society for Teachers of Family Medicine. Denver, CO.
- Seymour, D., & Stratton, J. S. (2010). *Countertransference in the Doctor Patient Relationship*. Society for Teachers of Family Medicine. Vancouver, B.C.
- Stratton, J. S. & Medina, S. (2010). *The Recipe for Successful Couple's Counseling: Does Compromise or Individuation Help Cook up the Best Relationship?* Colorado Counseling Association. Denver, CO.
- Seymour, D., Stratton, J. S., Taylor, G., Mami, C. (2011). *Teaching and Measuring Health Behavior Change Curriculum*. The Forum for Behavioral Science in Family Medicine. Chicago, IL.
- Stratton, J. S. & Huntington, J. (2012). *Training Counseling in Mind Body Health*. ASERVIC Conference on Spirituality and Counseling. Santa Fe, NM.
- Stratton, J. S. & Seymour, D. (2012). *Engaging residents in the PCMH curriculum: One unified goal*. The Forum for Behavioral Science in Family Medicine. Chicago, IL.



- Cates, J., Christensen, T., Beres, S., Stratton, J.S., & Reynolds, J. (2013). Engaging children in family therapy: Using play RESPECTFULLY. AAMFT National Conference. Portland, OR.
- Brown Levey, S., Green, L., Stratton, J.S., Cifuentes, M., & Seymour, D. (2013). *Improving Integration: Making Better Use of Behavioral Health Provider Skills*. Collaborative Family Healthcare Association's 15th Annual Conference.
- Stratton, J.S. & Cuccia, J. (2014). *Therapeutic Interventions for Idiopathic Pain*. Colorado Counseling Association. Denver, CO.
- Stratton, J.S., DeBell, C., Cates, J., Huntington, J., & Sablatura, P. (2014) *Uh oh! Missed opportunities, do-overs, and lessons learned in counselor supervision*. Rocky Mountain Association of Counselor Education and Supervision. Jackson Hole, WY.
- Buck, K. & Stratton, J. S., & Bartkus, R. (2014). The Magic and Synergy in Co-Consultation: The Novel Way Residents Reach Milestones. The 35th Forum for Behavioral Science in Family Medicine. Chicago, IL.
- Stratton, J.S. & Buck. *Couples Counseling in Primary Care*. (2015). Society of Teachers of Family Medicine.
- Stratton, J., Davis, A., & McGuire, M. (2015). RHCHP Healthcare Summit Health Coaching: Taking your practice to the next level. Denver, CO.
- Stratton, J.S. & Buck. *Couples Counseling in Primary Care*. (2015). Society of Teachers of Family Medicine. Orlando, FL.
- Falardeau, A., Buck, K., Brown Levey, S., & Stratton, J.S. (2015). Changing Your Status to "It's Complicated": A Family Medicine Residents' Curriculum for Partnering with Complex Patients to Improve Care and Decrease Cost. Society of Teachers of Family Medicine. Orlando, FL.
- Stratton, J.S. & Huntington, J. (2015). The evolving role of social media when processing bad news, loss or grieving: The Facebook Factor. Colorado Counseling Association. Denver, CO.
- Stratton, J. & Buck, K. (2105). 1 Family & 1 Couple: Advocating for LMFTs in Primary Care. Association of Marriage and Family Therapy. Austin, TX.
- Cates, J., Miller, B. & Stratton, J.S. (2105). Relationship Between Test Scores and Performance. Association of Marriage and Family Therapy. Austin, TX.
- Baerncopf, R. & Stratton, J. S. (2015). When chronic pain hurts relationships: In search of new systemic ways to treat chronic pain. Celebration of Research, Scholarship and Creative Excellence. Regis University; Denver, CO.
- Lyon, C., Boyd, K., & Stratton, J.S. (2015). Transitions of Care: Hospital to Home. IHQSE. Presentation to Board of Directors University of Colorado Family Medicine. Denver, CO.
- Lyon, C., Boyd, K., & Stratton, J.S. (2015). Transitions of Care: Hospital to Home. IHQSE. Presentation to Final Stakeholders. CTP Training Course. Denver, CO.

- Stratton, J.S. & Buck. Couples Counseling in Primary Care. (2015). Society of Teachers of Family Medicine. Orlando, FL.
- Brown, Levey, S., Hubley, S., Buck, K., Seymour, D. Stratton, J. S., Taylor, D., Weiner, A. (2015). *Mirror mirror on the wall. Does your practice do it all?* Association of Psychologist in Academic Health Centers. Accepted. Atlanta, GA.
- Stratton, J. S., Langner, S., Odell, C., & Reed, A. (2015). Well-child checks and normal childhood development. Presented at the University of Colorado Family Medicine Residency Lecture Series. Denver, CO.
- Reed, A, Stratton, J. S. (2015). Preparing children for medical procedures. Presented at the University of Colorado Family Medicine Residency Lecture Series. Denver, CO.
- Lyon, C., Boyd, K., & Stratton, J. S. (2015). Transitions of Care: Hospital to Home. IHQSE. Presentation to Board of Directors University of Colorado Family Medicine.
- Lyon, C., Boyd, K., & Stratton, J. S. (2015). Transitions of Care: Hospital to Home. IHQSE. Presentation to Final Stakeholders. CTP Training Course.
- Stratton: Faculty sponsor: Integrative Healthcare presentation – collaborative work with doctoral students in pharmacology and physical therapy – 2015 Showcase Student Event at Regis University (Master of Counseling Student: Randy Gallamore, Pharmacology Doctoral Student: Megan Willis and Physical Therapy Doctoral Student: Rebecca Brunson)
- Stratton: Faculty sponsor: Proposal to present the medical family therapy model in a level 5 facility environment at the 2016 Mental Health Conference (Faculty Mentor: Dr. Joanna Stratton; Master of Counseling Student: Randy Gallamore Pharmacology Doctoral Student: Megan Willis and Physical Therapy Doctoral Student: Rebecca Brunson)
- Stratton, J. S. & Huntington, J. (2016). Integrative Behavioral Health Care and the Treatment of Acute and Chronic Pain. Colorado Springs. Addictions Symposium: Colorado Springs, CO
- Osterlund, L., Huntington, J., Stratton, J. S. Duggan, C., Scherer, S., Nash, J., Davis, A. (2016). Establishing Core Competencies for Behavioral Health Providers Working in Primary Care. ACA Conference. Denver, CO.
- Stratton J. S. & Huntington J. (2016). *Integrative Behavioral Health Care and the Treatment of Acute and Chronic Pain*. Addictions Symposium: Colorado Springs, CO.
- Buck, K., Stratton, J. S., & Reed, A. (2016). *Educating health psychologists: An urgent focus for training at a transformational time in healthcare*. American Psychological Association National Conference: Denver, CO.
- DeBell C., Stratton J. S., Huntington J, Nash J, Davis A, and Duggan C. (2016). *Building a University-Based Integrated Health Clinic: Multidisciplinary Collaboration to Address the Health for ALL People*. American Psychological Association National Conference: Denver, CO.

- Reed, A., Stratton, J. S., Brown Levey S., Hubley S., & Carty, J. (2016). *The PARSE Model of Primary Care Supervision*. American Psychological Association National Conference: Denver, CO.
- Lyon C., Boyd-Trull K., Stratton J. S., and Miller, C. (2016). *Primary Care Transitions Program*. American Association of Family Physicians Scientific Assembly: Orlando, FL.
- Lyon C., Boyd-Trull K., & Stratton J. S. (2016). *Transitions of Care Program in an Academic Family Medicine Residency Program*. North American Primary Care Research Group: Colorado Springs, CO.
- Lyon, C., Boyd-Trull, K., & Stratton J. S. (2016). *Hello...? It's me...? I wonder if after your hospitalization you'd like to meet...?"; A Transitions of Care Program in a Family Medicine Residency*. Society of Teachers in Family Medicine Conference of Process Improvement: San Diego, CA.
- Shea, L. A., England, R., Nash, J. D., Stratton, J. S., Davis, A., & Gorman, I. (2016). *Caring for a community: Serving mind, body and spirit of a diverse community*. American Public Health Association Annual Meeting & Expo: Denver, CO.
- Stratton, J. S., Davis, A., Shea, L., Duggan, C., & Miller, B. (2017). *New! Collaborative Health Care Ethical Decision-Making Model for Interprofessional Health Care Teams*. Collaborative Family Healthcare Association; Houston, TX.
- Reed, A., Stratton, J. S., Brown Levey, S., Hubley, S., Carty, A., & Hoet, A. (2017). *Supervising Psychology Trainees in Integrated Primary Care using the PARSE Model*. Society of Teachers of Family Medicine: San Diego, CA.
- Nguyen, C., Shea, L. and Stratton, J.S. (2018). Integrating Pharmacy and Behavioral Health Curriculum: Evaluation the Numerous Benefits. American College of Clinical Pharmacy Global Conference. Seattle, WA Oct. 20-23.
- Debell, C., Stratton, J. S., Huntington, J., Cates, J., & Miller, B. (2018) Enhancing the Trainee Experience and Improving Client Outcomes with Client Centered Feedback. RMACES. Park City, UT.
- Brooks, M. & Stratton, J. S. (2019). The Stigma and Secondary Effects of the Opioid Epidemic. The American College of Health Association Conference. Denver, CO.
- Boyd-Trull, K., Lyon, C., Miller, C. & Stratton, J. S. (2019) *Sustained Process to Improve Transitions of Care for Post-Hospitalized Patient*. UCH Quality and Safety Symposium.
- Buck, K., Stratton, J., & Hodgson, J. (2019). *Let's talk about sex: Treating erectile dysfunction in an integrated primary care setting*. Collaborative Family Healthcare Association Conference. Denver, CO.
- Brooks, M. & Stratton, J. S. (2019). Stigma and secondary effects of the opioid epidemic. Grand Rounds. Department of Psychiatry. Rocky Mountain Vista Medical School.
- Royzman, K., Brooks, M. & Stratton, J. S. (2021) OUD and Sigma. APhA Conference. Poster

## PUBLICATIONS

- Stratton, J. S., Mielke, A., Kirshenbaum, S., Goodrich A., & McRae, C. (2006). Finding a balanced life: Factors that contribute to life satisfaction in graduate students. *Journal of College and Character*, 7 (8), 1-10.
- Stratton, J. S., & Smith, R. (2006). Supervision of couples cases. *Psychotherapy: Theory, Research, Practice, Training*, 43 (3), 337-348.
- Stratton, J. S., & Kellaway, J. A. (2006). Does emotional eating merit clinical attention? *Colorado Psychological Association Bulletin*, 34 (7), 13.
- Stratton, J. S., Kellaway, J. A., & Rottini, A. M. (2007). Retrospectives from three counseling psychology pre-doctoral interns: How navigating the challenges of graduate school in the face of death and debilitating illness influenced the development of clinical practice. *Professional Psychology: Research and Practice*, 38 (6), 589-595.
- Cates, J., Christensen, T., Beres, S., Stratton, J., Lonneman-Doroff, T., & Reynolds, J. (2013). Engaging children in family therapy: Using play RESPECTFULLY. *Family Therapy: The American Association for Marriage and Family Therapy Newsletter*, May/June.
- Stratton, J., Buck, K., & Heru, A. (2017). Best Practice for Family-Centered Healthcare: A three step model. Integrating Behavioral Health and Primary Care. Edited by Dr. Robert Feinstein, Dr. Joseph Connelly, and Marilyn Feinstein. *Oxford University Press*
- Miller, C. M., Bennett, H. J., Boyd-Trull, K., Lyon, C., & Stratton, J. S. (2017). Calls by RN Care Managers Post-Hospitalization Improve Transitions of Care. *American Academy of Ambulatory Care Nursing's Journal*. May/June.
- \*\*\*Brooks, M. J., Holm, S. E., Thomas, S., Rich, A. J. Addressing Opioid Misuse and Abuse through Interprofessional Engagement and Education. *The Internet Journal of Allied Health Sciences and Practice*. 2017 Dec 22;16(1), Article 9.
- Acknowledgement:*  
 The authors thank the following individuals who contributed to the development and execution of this panel discussion: Roxanne England, MS, RN; Christine Feltman, PharmD; Ira Gorman, PT, DPT, PhD, MSPH, BA; Suzie Stolte; **Joanna S. Stratton, PhD, LMFT, LP**; and Rob Valuck, PhD, RPh.
- \*\*\*Lyon, C., Stratton, J. S. & Boyd-Trull, K. (2018). Transitions of Care Program in a Family Medicine Training Program. *Families Systems and Health*. Revision.
- Stratton, J. S.. & Gallamore, R. D.. (2019) "Learning About Roger: A Supervision Case," *Counseling and Family Therapy Scholarship Review*: Vol. 2 : Iss. 1 , Article 4.
- Buck, K., Stratton, J. S., Hodgson, J. (2019). *Let's talk about sex: Treating erectile dysfunction in an integrated primary care setting*. Submitted.
- Shea LA, **Stratton J**, Bui D, Nguyen C. Integrating a pharmacy student into a marriage and family therapy counseling course: A pilot. *INNOVATIONS in Pharmacy*. 2020. 11(2):17. <https://doi.org/10.24926/iip.v11i2.2299>

Buck, K., Hodgson, J., & **Stratton, J.** (2020). Erectile Dysfunction: How to help patients and partners. *Journal of Family Practice, 69*, 251-254.

**Stratton, J. S.** (2020) Want to improve your own state of mind? Learn the practice of wishing well. Denver Post.

Stratton, J.S. (2021) Global pandemic spotlights our need to forgive. Denver Post

Stratton, J. S. (2021) Mental health needs surge during pandemic. Denver Post.

## **JOURNAL ARTICLE REVIEWER**

2009

*The Clinical Supervisor: A Journal of Interdisciplinary Research, Theory, and Practice*

## **SERVICE/LEADERSHIP**

### **Current**

- Regis Neighborhood Health Founder
- Interprofessional Committee- Rueckert Hartman School of Health Professional (RHCHP)
- Clarion Competition Committee- Regis University
- Mentoring research for student projects and interdisciplinary collaboration
- Completion of University of Colorado Hospital Institute for Healthcare Quality, Safety and Efficiency Certificate Training Program. One-year leadership program in Quality Improvement.- one of three health professionals chosen from Family Medicine Department
- Clinical Consortium Member- RHCHP
- Established three new clinical sites as part of Cultivate Health and provide supervision for trainees to provide free counseling to an underserved community
- Co-lead Diabetes Self-Management Support Group (Cultivate Health)
- American Psychological Association site supervisor
- Served as panelist of Opioid Addiction Project (RHCHP)
- Collaborated with healthcare professionals on literature regarding opioid epidemic
- Volunteer through Boy Scouts of America
- Volunteer through Bethlehem Lutheran Church
- DCFT Clinical Coordinator



- Helped write and secure two separate multi-million-dollar grants given over eight years to address the prevention and treatment of childhood obesity in a high-risk urban community
- Provide mental and physical health services to patients and training to University of Colorado Denver family medicine residents and deliver these services in health clinics and hospitals

- 2006- 2007**                    **Post-doctoral Fellowship:** Awarded one of three post-doctoral fellowships in Research, Evaluation and Policy Psychology in the state of Colorado by the University of Colorado and Health Sciences Center.
- 2001-2005**                    **Colorado Fellowship:** Awarded for academic achievement by The University of Denver faculty.
- 2003-2005**                    **George W. & Maime Dodd Miller Scholarship:** Awarded for academic achievement by The University of Denver faculty.
- 1998**                            **Distinguished Graduate in Psychology:** Selected by college professors as the outstanding graduate at William Jewell College upon graduation.
- 1996**                            **Oxford University,** Oxford, England: Selected for distinguished tutorial study in psychology.
- 1994-1998**                    **Pryor Leadership Fellow:** One of 16 college freshman selected to participate in a four-year honors curriculum to enhance leadership.

## **PROFESSIONAL AFFILIATIONS**

Member of American Psychological Association – Affiliate since 2001  
Member of Rocky Mountain Psychological Association – Affiliate 2002-2005  
Member of Colorado Psychological Association- Affiliate 2005-2006  
Member of Organization of Program Evaluators- Affiliate in 2007-2008  
Member of Society of Teachers of Family Medicine- Affiliate since 2007  
Member of American Association of Marriage and Family Therapists- Member since 2012

## **LICENSURE**

Licensed Clinical Psychologist in Colorado (L.P.) #3149  
Licensed Marriage and Family Therapist in Colorado (LMFT) #1116  
AAMFT Approved Supervisor – April 2016- current