

John Alexander O'Malley

Assistant Professor
Division of Counseling and Family Therapy
Rueckert-Hartman College for Health Professions
Regis University
500 East 84th Ave.
Thornton, CO 80229

Education/Credentials

University of Wyoming <i>PhD, Counselor Education and Supervision (CACREP accredited)</i>	May 2018
Northern Illinois University - School Counseling Institute <i>School Counselor Certificate</i>	July 2011
University of Nebraska at Kearney <i>Master of Science in Education, Community Counseling (CACREP accredited)</i>	December 2009
University of Denver <i>Bachelor of Music, Trumpet Performance</i>	June 2006

Credentials

National Certified Counselor (NCC) #269228
Licensed Professional Counselor- Colorado # LPC.0016184
School Counselor Initial Special Services License #277126

Professional Experience

Assistant Professor, Rueckert-Hartman College for Health Professionals at Regis University
Denver, CO | June 2021—present

- Duties include teaching, scholarship and service for the CACREP accredited Clinical Mental Health Program

Clinical Assistant Professor, Morgridge College of Education at the University of Denver
Denver, CO | July 2018—July 2021

- **Taught** a 48-quarter (32 semester) credit course load with experience teaching the following courses for the MA Clinical Mental Health, MA School Counseling, and MA Higher Education programs:
 - CNP 4720 Group Counseling
 - CNP 4741 Intermediate Counseling Techniques
 - CNP 4743 Fieldwork in Counseling
 - CNP 4750 Counseling Psychology Practicum
 - CNP 4751 MA Internship
 - COUN 4600 Introduction to Professional Counseling and Ethical Issues
 - COUN 4680 Theories of Counseling
 - COUN 4810 Comprehensive School Counseling Programs
 - COUN 4920 Internship II
 - HED 4229 Student Support in College
 - HED 4247 Retention, Persistence and Student Success in Postsecondary Setting

- **Developed** a total of four courses for the SchoolCounseling@Denver Online Program
 - COUN 4600 Introduction to Professional Counseling and Ethical Issues
 - COUN 4680 Theories of Counseling
 - COUN 4810 Comprehensive School Counseling Programs
 - COUN 4920 School Counseling Internship II
- **Administrative:** Was a founding faculty member of the SchoolCounseling@Denver Program. These responsibilities included:
 - Collaborated with the CACREP accreditation; submitted self-study in October 2020
 - In partnership with the lead faculty member, successfully navigated and received approval of curriculum from the Colorado Department of Education
 - Hired, Supervised, developed, and evaluated adjunct faculty as a course lead

Private Practice Owner and Therapist, O'Malley Counseling LLC

Denver, CO | April 2017—present

- Provide therapeutic interventions services to adolescents, adults, and couples
- Employ evidence-based interventions from ACT, EFT, CBT, and Mindfulness-based approaches
- Maintain electronic files and documentation via Theraest in compliance with oversight agencies
- Create and employ marketing strategies to advertise and produce successful referral process

Assistant Professor & Program Lead, College of Arts and Sciences at Johnson and Wales University

Denver, CO | August 2015—June 2018

- **Teaching:** Assistant Professor with a nine-course teaching load per year while carrying out administrative responsibilities. Designed and taught the following courses:
 - PSYC1001 Introductory Psychology
 - PSYC2020 Industrial/Organizational Psychology
 - PSYC2100 Health Psychology
 - PSYC2150 Interpersonal Processes in the Workplace
 - PSYC2200 Professional & Ethical Issues in Applied Psychology
 - PSYC3001 Social Psychology
 - PSYC3099 Psychology Internship
 - PSYC3150 Applied Behavior Analysis
 - PSYC3350 Psychology of Motivation and Leadership in the Workplace
 - PSYC4150 Psychology of Conflict Resolution
 - PSYC4300 Contemporary & Critical Issues In Applied Psychology
- **Administrative:** Held the title Program Lead while launching new program, overseeing the administrative aspect of the new Applied Psychology program. These responsibilities included:
 - Designed curricula for the courses within the Applied Psychology program
 - Created a four-campus system wide assessment tool to evaluate program and university outcomes
 - Responsible for hiring and on-boarding adjunct program faculty
 - Supervised, developed, and evaluated the teaching of two adjunct faculty
 - Oversaw the master course schedule for the Applied Psychology courses
 - Collaborated with JWU admissions on program recruitment
 - Oversaw, developed, and led program retention initiatives
- **University Service Highlights:**
 - Faculty Advisor for Student Newspaper 2016 to 2018
 - Faculty representative on university juridical panel hearing from 2016 to 2018
 - Faculty Advisor for the Society of Latinos from 2016-2017

- Faculty Advisor for the Black Student Union from 2013-2016

Contributing Faculty, *Department of Counseling and School Psychology*

Kearney, NE | January 2017—present

- Helped design and taught the following courses using Canvas online platform:
 - CSP 860 Theories of Counseling
 - CSP 868 Student Development Theory
 - CSP 869 Foundation of Student Affairs

School Counselor (Post-Secondary Option Coach), *Mapleton Public Schools*

Thornton, CO | August 2016—present

- Completed Wyoming Doctoral Internship as a School Counselor for Mapleton Early College, Academy High School, and North Valley School for Young Adults
- Implemented ASCA model to support academic, career, and personal/social learning domains
- Monitored the Colorado state-mandated Individual Career and Academic Plans (ICAP) for North Valley School for Young Adults graduating seniors
- Developed school counseling program evaluation tool used to evaluate post-secondary district goals
- Administered the Mapleton district counseling program evaluation to different classes (Class of 2016 and Class of 2015) on the effectiveness of the school counseling program's post-secondary outcomes
- Took a systems approach working with students, parents, teachers, and school administrators to support students in graduation and completion of ICAP
- Oversaw the alternative and partial credit recovery program
- Developed an after school program to help students with scholarship applications and applying to different colleges and post-secondary programs

Site Director, *Center for Talented Youth at Johns Hopkins University/Civic Education Project at Northwestern University*

Baltimore, MD & Berkeley, CA | June 2015—August 2015

- Served as Site Director, a role similar to a head of school or principal for a joint program between Johns Hopkins University and Northwestern University
- Provided overall leadership and managed the day-to-day operations at the site
- Collaborated with other site administrators, counselors, instructors, teaching assistants, resident assistants, parents, students, host institution representatives, and various advisory contacts including JHU's offices of human resources, legal counsel and risk management, as well as year-round CTY administrators

Academic Support Counselor, *Center for Academic Support at Johnson and Wales University*

Denver, CO | August 2012—August 2015

- Developed a comprehensive student advising plan, including the development of:
 - Academic Action Plan (solution-focused approach to helping support students on probation)
 - Metacognition development through the Academic Workshop Series
 - Intensive 6-week writing program focused on developmental education
- Provided leadership to a staff of 12 work study students and 8 peer tutors
 - Monthly training and development on best practices to help students struggling academically
 - 1-on-1 coaching on how to help tutor students who were struggling academically
- Collaborated to deliver on campus initiatives to achieve Johnson and Wales 2017 Centennial Plan
 - Administered a needs assessment to be used as data on student success

- Developed the Diversity Dialogues Program to meet JWU diversity initiatives
- Provided advising and counseling to support academic, social, and professional development among the student body of the university
- Developed and facilitated experiential trainings in order to improve student behaviors with study methods, test-taking strategies, and note-taking processes
- Consulted with faculty on effective approaches to interact with students who have learning disabilities or learning differences
- Promoted academic enrichment by offering sessions on college writing skills, reading comprehension, creative writing, and a series of other academic enrichment programs to enhance student performance

Adjunct Faculty, Department of Arts and Science at Johnson and Wales University

August 2012—August 2015 | Denver, CO

First Year Initiatives and Orientation Advisor, Student Affairs at Johnson and Wales University

Denver, CO | August 2011—August 2012

Residence Director, Student Affairs at Johnson and Wales University

Denver, CO | August 2011—August 2012

Coordinator, Office of International Programs at Northeastern Illinois University

Chicago, Illinois | August 2010—August 2011

Hall Director, Residential and Greek Life at the University of Nebraska at Kearney

Kearney, Nebraska | August 2007—June 2009

Mental Health Counselor Intern, Resurrection Behavioral Health

Melrose Park, IL | August 2009—December 2009

Mental Health Counselor Intern, Maine Center

Park Ridge, IL | August 2009-December 2009

Program Counselor, Comitis Crisis Center

Denver, CO | September 2006—June 2007

Refereed Professional Presentations

O'Malley, J. (2020) *School counselor supervision: A model for success*. Colorado School Counseling Association. Virtual.

O'Malley, J. (2020) Neuweiler, A. Lepper, E. Pinto, S. *Rainbows and rosaries: Experiences of LGBTQ+ people practicing Catholicism*. 2020 SAIGE Virtual Conference. Virtual.

O'Malley, J. (2020) *Emphasizing intersections: Teaching counselors to leverage intersecting identities*. 2020 Rocky Mountain Association for Counselor Education and Supervision Conference. Virtual.

O'Malley, J. & Harris, A. (2020) *A. Strategies for Counselors When Working with Multiracial Clients*. 2020 Colorado Counseling Association Conference. Virtual.

O'Malley, J. (2019) *Discovering islands of competence through play: Experiences of individuals with learning disabilities*. Association for Creativity in Counseling Conference. Clearwater, FL.

O'Malley, J. (2019) *White fragility in counselor education*. Association of Counselor Education and Supervision Conference. Seattle, WA.

- Pinto, S. & **O'Malley, J.** (2019) *Ten lessons from starting a new CACREP-Aligned Counseling Program*. Association of Counselor Education and Supervision Conference. Seattle, WA.
- O'Malley, J.** (2019) *Building island of competence to support students with a learning disability*. Colorado School Counseling Association Conference. Loveland, CO.
- O'Malley, J. & Pinto, S.** (2019) *12 Tips for Supervision of School Counseling Interns*. Colorado School Counseling Association Conference. Loveland, CO.
- Pinto, S. & **O'Malley, J.** (2019) School counselor onboarding. Colorado School Counseling Association Conference. Loveland, CO.
- O'Malley, J.** (2019) *Using the here-and-now in counseling and supervision*. Colorado Counseling Association. Lakewood, CO.
- O'Malley, J.** (2019) Supporting the neurodiversity of SLD in an online environment. Colorado Adult Learning Symposium. Denver, CO.
- O'Malley, J., Blueford, J.** *Supporting neurological diversity across the lifespan. Counseling adults with SLD and ADHD*. Association for Adults Development and Aging Conference. Chicago, IL.
- O'Malley, J.** (2019) *Working with college students with LD*. American College Counseling Association. San Diego, CA
- O'Malley, J.** (2018) *Preparing counselor educators to works with the 1 in 5 who learn differently*. Rocky Mountain Association of Counselor Educators. Salt Lake, UT
- O'Malley, J.** (2018) *Listening in the age of divisiveness*. Rocky Mountain Association of Counselor Educators. Salt Lake, UT
- O'Malley, J.** (2018) *School counselors supporting the 1 in 5 who learn differently*. Colorado School Counseling Association. Keystone, CO

Invited Presentations

- O'Malley, J.** (2020). *Webinar on how to use online learning for effective teaching in the context of Covid-19*. University of KwaZulu, South Africa. Online
- O'Malley, J.** (2020) Best practices of online education. University of KwaZulu, South Africa. Online
- O'Malley, J.** (2019) *Trauma informed approaches to classrooms*. Mapleton Public Schools. Thornton, CO.
- O'Malley, J.** (2019) *Lets talk about race? Importance to expanding the definition of racism*. Nebraska Cultural University Conference. Kearney, NE
- O'Malley, J.** (2018) *Meaning we make from our adversity*: Beta Men's Conference. Kearney,
- O'Malley, J.** (2017). *Travel your journey: A road map of ethnic identify develop for youth*. Nebraska Cultural University Conference. Kearney, NE
- O'Malley, J.** (2017). *Building resilience with an eye toward the future*. BETA-Men. Youth Empowerment Conference. Kearney, NE
- O'Malley, J.** (2016). *A social justice lens to viewing learning disabilities*. Shepard Symposium of Social Justice. Laramie, WY
- O'Malley, J.** (2016). *What is racism? Importance to expanding the definition of racism*. Nebraska Cultural University Conference. Kearney, NE
- O'Malley, J.** (2016). *Incorporating growth mindset and grit into life*. BETA-Men. Youth Empowerment Conference. Kearney, NE
- O'Malley, J.** (2015). *What are these things called microaggressions? Tips to navigating microaggressions*. Nebraska Cultural University Conference. Kearney, NE
- O'Malley, J.** (2014). *Lights, camera, action: Using video to process hard situations*. Nebraska Cultural University Conference. Kearney, NE
- O'Malley, J.** (2013). *Travel your journey: A road map of ethical identify develop for youth*. Nebraska Cultural University Conference. Kearney, NE

- O'Malley, J.** (2012). *What is racism? Importance to expanding the definition of racism*. Nebraska Cultural University Conference. Kearney, NE
- O'Malley, J.** (2011). *Travel your journey: A road map of ethical identify develop for youth*. Nebraska Cultural University Conference. Kearney, NE
- O'Malley, J.** (2010). *What is racism? Importance to expanding the definition of racism*. Nebraska Cultural University Conference. Kearney, NE
- O'Malley, J.** (2009). *Multiculturalism and resilience: Tools to improve resilience*. Nebraska Cultural University Conference. Kearney, NE
- O'Malley, J.** (2008). *Multiculturalism and resilience: Tools to improve resilience*. Nebraska Cultural University Conference. Kearney, NE

Publications

- O'Malley, J., Teman, E., & Dzik, P.** (2020). Discovering islands of competence through play: Experiences of individuals with a learning disability. *Journal of Creativity in Mental Health*.
DOI: 10.1080/15401383.2020.1792381

Publications in Progress

- O'Malley, J.** Experiences of clients with a learning disability with professional counselors.
- O'Malley, J., Harris, A., Hurtado, A. & Dzik, P.** Experiences of multiracial college students.
- O'Malley, J., Pinto, S.** Rainbows and rosaries: Experiences of LGBTQ+ people practicing Catholicism
- Musliu, S. & **O'Malley, J.** Experiences of counselors in training discussing existential issues with clients.
- Balser, J. & O'Malley, J.** Experiences of social entrepreneurs navigating a blended capital reality.

Professional Affiliations

American Counseling Association
 American School Counseling Association
 Association for Spiritual, Ethical and Religious Values in Counseling
 Association of Counselor Education and Supervision
 Association of Creativity in Mental Health
 Chi Sigma Iota
 Colorado Counseling Association
 Counselors for Social Justice
 Colorado School Counseling Association
 Rocky Mountain Association of Counselor Education and Supervision
 Society for the Advancement of Psychotherapy
 Society for Sexual, Affectional, Intersex, and Gender Expansive Identities

Awards

College Distinguished Teaching Award AY 2019-2020- University of Denver
 University Wide Career Champion Award AY 2019-2020- University of Denver
 University Wide Career Champion Award AY 2018-2029- University of Denver
 Honoree Member of Sigma Lambda Beta- University of Nebraska Office of Multicultural Affairs

