

Jordan Rogers, PhD, LPC (CO)
Littleton, CO | she/her
Curriculum Vitae

EDUCATIONAL BACKGROUND

2016-2020	PhD, Counseling University of North Texas (UNT) Department of Counseling & Higher Education, Denton, TX Counselor Education & Supervision , CACREP Accredited Dissertation Title: <i>Every Body Matters: College-Aged Women's Experiences of Body Positivity and Self-Acceptance</i>
2013-2015	Master of Science (MS), Counseling & Development Texas Woman's University (TWU) Department of Counseling & Development, Denton, TX Counseling & Development , CACREP Accredited GPA: 3.9
2011-2012	Bachelor of Arts in Psychology University of North Texas (UNT) Department of Psychology, Denton, TX Major: Psychology, Minor: Rehabilitation Studies Honors: Magna Cum Laude GPA: 4.0

UNIVERSITY POSITIONS

2026-present	Assistant Professor, Regis University Clinical Mental Health Counseling Teach 3:3:3 across curriculum for counselors-in-training
2023-2026	Core Faculty, Lecturer, University of Oklahoma (OU) Clinical Mental Health Counseling (CMHC) Online Program <i>Seeking CACREP Accreditation</i> Teach 3:3:3, online, asynchronous / synchronous courses for counselors-in-training.
Summer 2023	Adjunct Faculty Member, Grand Canyon University Facilitated online teaching and supervision in asynchronous/synchronous counselors-in-training.
2021-2023	Adjunct Faculty Member, University of North Texas (UNT) <i>CACREP Accredited</i> Facilitated online, face-to-face, and hybrid courses for counselors-in-training.
2021-2023	Adjunct Faculty Member, Tarleton State University <i>CACREP Accredited</i> Facilitated online, asynchronous courses for counselors-in-training.

2019-2021	Faculty Development Specialist, UNT <i>University Quality Enhancement Plan (QEP), Provost's Office</i> Developed high-impact practice curriculum & experiential learning training opportunities for faculty; provided consultation on inclusive pedagogy.
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CLINICAL CREDENTIALS

Texas Licensed Professional Counselor-Supervisor (LPC)

License #: 74861

First Licensure Date: 10.06.2015

Effective Rank Date: 05.07.2018

Approved Supervisor Designation: 1.21.2025

Colorado Licensed Professional Counselor (LPC)

License #: 0019372

Endorsement Effective Date: 05.10.2023

Effective Date: 09.01.2025

CLINICAL POSITIONS

2023-current	Counselor & Consultant <i>Private Practice</i> Provides both telehealth and in-person contract counseling and consulting, offering an existential humanistic framework to adult clients experiencing relationship and identity concerns, career challenges/transitions, staff development, parenting issues, body image, aging, anxiety, and depression.
2018-2020	Counselor <i>Private Practice</i> Facilitated individual & group counseling to clients across the lifespan; facilitated child-centered play therapy with children & provided parental support following child-parent relationship therapy curriculum.
2017-2018	Group Counselor <i>Counseling & Family Therapy Clinic, Texas Woman's University Campus</i> Facilitated experiential counseling groups for counselors-in-training enrolled in their required Masters level Group Counseling course.
2017-2018	Counselor <i>Child & Family Resource Clinic, UNT Campus</i> Provided individual counseling to a variety of adult community mental health clients including university students; Collaborated with interdisciplinary treatment teams.
2016-2017	Counselor <i>Counseling Human Development Center, UNT Campus</i>

2016	Outpatient Case Manager & Counselor <i>Santé Center for Healing, Outpatient Addiction Program</i> Provided individual & group counseling to populations with substance abuse, process addiction, and mental health diagnoses; experienced writing curriculum for process groups; presented psychoeducational lectures & collaborations with interdisciplinary team.
2015	Intake & Admissions Counselor <i>Santé Center for Healing, Residential Addiction Treatment Center</i> Conducted clinical interviews determining level of care appropriation; established & maintained rapport with clients throughout transition to treatment; created & presented case conceptualizations to treatment team.
2015	Counselor Intern <i>Renfrew Center of Texas, Partial Hospitalization Program & Outpatient Eating Disorder Program</i> Organized & facilitated group counseling on a variety of topics; experienced in role of nutrition in the treatment of eating disorders; obtained clinical experience treating adolescents & adults with eating disorders and co-occurring mental health diagnoses.
2014	Counselor Intern, <i>Santé Center for Healing, Residential Addiction Treatment Center</i> Provided counseling in individual & group settings; gained clinical experience with adult populations with substance abuse, process addiction, and co-occurring mental health concerns.

Summer 2026-present **Assistant Professor**, Core Faculty, Regis University

- Practicum in Counseling
- Pre-Practicum

- Practicum in Counseling
- Counseling Techniques 1 (MCPY 635) (16-week format)

- Practicum in Counseling
- Counseling Techniques 1 (MCPY 635) (8-week format)

Spring 2026 **Adjunct Faculty Member & Clinical Faculty Supervisor**, University of Colorado,
Colorado Springs (UCCS)

-Internship in Counseling (COUN 5720)

Fall 2023-2026

Core Faculty Lecturer & Clinical Faculty Supervisor, University of Oklahoma (OU),
Online Synchronous Format

Spring 2026

- Theories in Clinical Mental Health Counseling (HR 5533)
- Theories in Clinical Mental Health Counseling (HR 5533)
- Multicultural Counseling (HR 5593) (8-week format)

Fall 2025

- Practicum in Counseling (HR 5283)
- Practicum in Counseling (HR 5283)
- Advanced Skills in Counseling (HR 5633) (8-week format)

Summer 2025

- Practicum in Counseling (HR 5283)
- Practicum in Counseling (HR 5283)
- Advanced Skills in Counseling (HR 5633) (8-week format)
- Advanced Skills in Counseling (HR 5633) (8-week format)

Spring 2025

- Practicum in Counseling (HR 5283)
- Practicum in Counseling (HR 5283)
- Theories in Clinical Mental Health Counseling (HR 5533)
- Advanced Skills in Counseling (HR 5633)

Fall 2024

- Theories in Clinical Mental Health Counseling (HR 5533)
- Theories in Clinical Mental Health Counseling (HR 5533)
- Practicum in Counseling (HR 5283)
- Practicum in Counseling (HR 5283)

Summer 2024

- Counseling Internship II (5913)
- Counseling Internship II (5913)
- Practicum in Counseling (HR 5283)
- Counseling Internship I (5903)

Spring 2024

- Practicum in Counseling (HR 5283)
- Counseling Internship I (HR 5903)
- Counseling Internship II (HR 5913)
- Counseling Internship II (HR 5913)

Fall 2023

- Group Counseling (HR 5433)
- Practicum in Counseling (HR 5283)
- Practicum in Counseling (HR 5283)
- Counseling Internship I (HR 5903)

Summer 2023	Adjunct Faculty Member & Clinical Faculty Supervisor , Grand Canyon University -Practicum in Counseling (CNL 624)
2021-2023	Adjunct Faculty Member , Tarleton State University -Career Counseling (CNSL 5351) -Human Development & Growth (CNSL 5304) -Psychopharmacology (CNSL 5332) -Assessment (CNSL 5381)
2021-2023	Adjunct Faculty Member , University of North Texas (UNT) -Counseling Internship I & II (COUN 5720/5721) -Practicum in Counseling (COUN 5690) -Career Development & Information Resources (COUN 5470)
Fall 2019	Primary Instructor , Course: Introduction to Group Counseling, UNT, Undergraduate Minor in Counseling
July 2019	Guest Lecture , Topic: "Multicultural Counseling with Military Populations."
Spring 2019	Co-Teacher , Master's in Clinical Mental Health Counseling, UNT, Course: Expressive Arts in Counseling
Summer 2018	Teaching Assistant , Master's in Clinical Mental Health Counseling, UNT, Course: Group Counseling Theories & Practice
April 2018	Guest Lecture , Topic: "Counselor Wellness," Course: Practicum in Counseling
Spring 2017	Teaching Assistant , Master's in Clinical Mental Health Counseling, UNT, Course: Counseling Essential Skills
2017-2018	Doctoral Student Clinical Supervisor , UNT -Practicum in Counseling -Advanced Skills in Counseling -Essential Skills in Counseling

RESEARCH ENGAGEMENT

2019-2020	Co-Principal Investigator , Dissertation, University of North Texas (UNT) Conducted phenomenological qualitative study on college-aged women's experiences of positive body image and self-acceptance.
2018-2019	Co-investigator , UNT Conducted research on Access Day One Pilot affordability initiative using digital textbooks at lower cost; qualitative analysis explored experiences & perceptions of initiatives of students & faculty participants; disseminated research findings in report to university stakeholders & publishing partners.

2017-2019	Research Team Member, UNT Grant awarded to facilitate research investigating the utility of expressive arts in the development of counselors-in-training self-awareness & empathy; collected & analyzed data for project publications & presentations.
2017-2018	Graduate Assistant, UNT Collected & interpreted data for the Veteran's Court Research Project; provided research assistance 10 hours/weekly.
2016-2019	Graduate Research Assistant, UNT Collected & interpreted data for university's quality enhancement plan associated with university accreditation; created rubric & corresponding prompts to engage learners in a reflective process to find meaning in their educational experiences attached to curriculum.
2014	Student Counselor & Data Collector, Texas Woman's University (TWU) Gained experience with play therapy utilizing child-centered interventions; provided weekly play therapy sessions in the school setting through grant funds.
2012	Research Assistant & Data Collector, UNT Analyzed statistical data utilizing SPSS for sports psychology department; collected data that evaluated adolescents on fitness & intuitive eating factors.

PEER-REVIEWED PUBLICATIONS

Fulton, K. A., Archibald, A., Hudson, C., **Rogers, J.**, Peecksen, S., & Heap, T. (2023). Cultivating responsible citizenship in a nontraditional degree program. *Journal of Adult and Continuing Education*.

Rogers, J., Peecksen, S., Douglas, M. E., & Simmons, M. (2019). Validation of a Reflection Rubric for Higher Education Experiential learning. *Reflective Practice: International and Multidisciplinary Perspectives*.

Douglas, M. E., Peecksen, S., **Rogers, J.**, & Simmons, M. (2019). College students' motivation and confidence for eportfolio use. *International Journal for eportfolio*.

Moy, J., Petrie, T. A., Dockendorff, S., Greenleaf, C., & Martin, S. (2013). Dieting, exercise, and intuitive eating among early adolescents. *Eating Behaviors Journal*, 14(4), 529-532.

PROFESSIONAL DEVELOPMENT & ENGAGEMENT

Fall 2025 Kram, K., Lowe, P., & **Rogers, J.** (2025, October). *Artful supervision: Applying activities in group supervision to enhance students' understanding of the Multicultural and Social Justice Counseling Competencies* [Conference presentation]. ACES Conference, Philadelphia, PA, United States.

Parmanand, S., **Rogers, J.**, Dohlman, J., Kram, K., & Gonzales, M. (2025, October). *Building relationships in online counselor education: A catalyst for growth, competence,*

and social justice. [Conference presentation]. ACES Conference, Philadelphia, PA, United States.

- Fall 2025 **Course Developer & Senior Seminar Facilitator**, University of Oklahoma's Osher Lifelong Learning Institute (OLLI)
Created and facilitated an online 6-week group curriculum based in expressive arts activities to foster insight and wellness along the lifespan among adult learners, *'Mental Health & Aging Well.'*
- Consultant**, The Lodge at Red Rocks, Morrison, Colorado
Created and consulted on a plan to support activities staff at a nursing home to increase resident quality of life and reduce staff/caregiver burnout.
- Fall 2024 **Participant**, LPC-Supervisor Training Course for Texas
Completed 40-Hour LPC-Supervisor training to become an approved supervisor in Texas.
- Summer 2024 **Course Developer**, OU
Created Theories in Clinical Mental Health Counseling (HR 5533) online course to be delivered asynchronous/synchronously.
- 2022- 2023 **Course Developer**, UNT
Created online courses converting traditionally face-to-face courses into digital, asynchronous/synchronous courses.

Courses

- Diagnosis & Treatment Planning in Counseling
- Counseling Internship I/II
- Career Development & Information Resources

- 2016-2021 **Doctoral Student/Candidate**, UNT
Created self-paced & group trainings, workshops, and conference content associated with the university's quality enhancement plan (QEP) supporting the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) accreditation.

Topics

- Introducing high-impact practices in higher education, *Self-paced training*
- Collaboration in the Classroom, *Online Workshop*
- Using the eportfolio in the Classroom, *Online Workshop*
- New Faculty Orientation, *Online Presentation*

Conference Presentations

- Student Portraits Assessment Symposium, *Poster Presentation*
- Transformative Learning Conference, *Content Lecture*
- Texas Association for Counselor Education & Supervision, *Roundtable Discussion*
- Transformative Learning Conference, *Poster Presentation*
- Graduate Student Research Symposium, *Poster Presentation*
- Association for Counselor Education and Supervision, *Roundtable Discussion*
- Doctoral Student Association, *Educational Lecture*

PROFESSIONAL & PERSONAL SERVICE

Summer 2026-present	Faculty Co-Chair, facilitate student meetings and provide mentorship for Regis’ Chi Sigma Iota Chapter with an emphasis on community engagement and professional development. Course Lead, coordinate syllabus revisions and updates for Career Counseling and Pre-Practicum and support faculty members teaching these courses to promote consistency while fostering authentic teaching practices in delivery of key performance indicators (KPIs). Admissions Committee Member, review applicants for the Master of Counseling program and facilitate group interviews, collaborating with colleagues in admissions. Facilitate counselor education and supervision doctoral interviews and collaborate with colleagues in admissions process.						
Spring 2026-present	Garden Club Consulting, Provides educational wellness consultation across the lifespan, integrating neuro-informed, humanistic, and holistic approaches to foster resilience, self-awareness, authentic living, and legacy development through consultation, workshops, and community programming.						
Summer 2025	Admissions Committee Member, Clinical Mental Health Counseling Program, OU Review and decide admissions for CMHC applications, participate in interview and decision-making process with colleagues and support staff.						
Fall 2024-Spring 2026	Co-Faculty Advisor, Clinical Mental Health Counseling Student Association, OU Engage and support counselors-in-training through voluntary student association where additional training opportunities create a professional learning community for students to strengthen their counseling skills and professional dispositions. <table><tr><td>Pre-Prac Training Program</td><td>Essential Skills Practice</td><td>Alumni Panel</td></tr><tr><td>Mentorship Program</td><td>Connect & Reflect Faculty Mentorship</td><td></td></tr></table>	Pre-Prac Training Program	Essential Skills Practice	Alumni Panel	Mentorship Program	Connect & Reflect Faculty Mentorship	
Pre-Prac Training Program	Essential Skills Practice	Alumni Panel					
Mentorship Program	Connect & Reflect Faculty Mentorship						
2024-current	Volunteer, Pepper’s Senior Dog Sanctuary, Jefferson County Provide support and care for unadoptable senior dogs; support volunteer coordinators connecting individuals with mental health services, specifically concerning grief.						
2023-2026	Faculty Advisor, Clinical Mental Health Counseling Program, OU Provide advising for CMHC online students regarding program navigation and professional development.						
2023-2024	Committee Member, University of Oklahoma (OU) Clinical Mental Health Counseling Online Program Hiring Committee & Recruitment Engagement						

2021-2022	Volunteer, Meals on Wheels Denton County Visit the homes of seniors in community to ensure quality of life, health & safety with daily nutritional meals.
2021	Grant Advocate, UNT Provided support through research, networking of university stakeholders, & consultation to submit an open educational resource (OER) grant in Texas.
2020	Participant, Inclusion, Equity & Community Building Series, UNT Attended 5-week didactic & experiential course engaging faculty & staff across campus in exploration of cultural humility, bias awareness, identity development, microaggressions, inclusive language, anti-racism, privilege, allyship, & change leadership to apply concepts learned to university policies, programs, practices & people.
2019	Volunteer Group Facilitator, Winning the Fight Organization, Flower Mound Organized & facilitated expressive arts activities for parents who have adult children with substance abuse & addiction.
2017	Professional Development Committee Chair, Chi Sigma Iota, UNT Developed & coordinated events to promote the professional development of counselors in training; Collaborated with various departments across university for workshops.
2016	Committee Member, Eating Disorder Committee, Santé Center for Healing Exposure to case conceptualization of client regarding applicable medical, therapeutic, & nutritional interventions with treatment staff; Promoted continuity of care for clients in eating disorder programming; Advocated & implemented necessary interventions with eating disorder program.
2012	Volunteer, Solutions of North Texas, Denton County Collaborated with a team to develop strategies to educate families on substance abuse.
2008-2015	Volunteer, Meals on Wheels Tarrant County, Hood County Visit the homes of seniors to ensure quality of life, health & safety with daily nutritional meals.

PROFESSIONAL AFFILIATIONS

2024-current	Member, National Career Development Association (NCDA)
2016-ongoing	Member, American Counseling Association (ACA)
2018-ongoing	Member, Association for Counselor Education and Supervision (ACES)
2019-2021	Member, Academic Resilience Consortium (ARC)
2017-2020	Member, Texas Counseling Association (TCA)
2016-2020	Member, Counselors for Social Justice (CSJ)
2016-2019	Member, Association for Creativity in Counseling
2014-2019	Member, Chi Sigma Iota Counseling Honors Society (CSI)

PROFESSIONAL INTERESTS

Counselors-in-Training (CIT)	Career Counseling & Development	Aging & Seniors
Clinical Supervision	Expressive Arts in Clinical Supervision	Existentialism
Social Justice and Anti-Racism	Humanistic Pedagogy	Couns. Theories
Child-Parent Relationship Training (CPRT)	Child-Centered Play Therapy (CCPT)	Neurodiversity
Interpersonal Neurobiology	Eating Disorders & Body Image	Polyvagal Theory

ACCOLADES & ACKNOWLEDGMENTS

Nomination: Association of Counselor Educators & Supervisors 'Outstanding Early Career Counselor Educator Award' (2026)
Toulouse Graduate School Dissertation & Thesis Award (2019)
Graduate Student Research Travel Grant (2019)
Federation Graduate Student Research Award (2018)
Michael & Ruthie Altekruze Scholarship (2016-2017)
Edward & Agnes Bonk Scholarship (2016-2017)
Academic Achievement Scholarship (2016-2017)
Employee of the Month: Santé Center for Healing (August 2015)
Texas Woman's University Graduate Student Scholarship (2013-2015)
Phi Kappa Phi Member (2012-2015)
Magna cum Laude Honors (2015)
Summa cum Laude Honors (2012)
Honors Scholar (2012)

CONTINUING EDUCATION (CE)

**Activities listed began in 2021 and are ongoing:*

- Latent Profiles of Counselor Burnout: Associations with Self-Discrepancy, 1 CEU, 3.5.26
- Incidence of Client-Initiated Workplace Violence Among Counselors: A National Study, 1 CEU, 3.5.26
- Counseling Interventions and Evidence-Based Treatment for BIPOC Children and Youth Who Have Experienced Racial Trauma, 1 CEU, 9.9.25
- Cutting Through Stigma: Suggested Best Practices for a Harm Reduction Approach to Nonsuicidal Self-Injury, 1 CEU, 9.9.25
- Youth and NonSuicidal Self Injury: Evidence-Based Counseling Best Practices, 1 CEU, 9.9.25
- Building Girls' Digital Resilience: Evidence-Based Interventions for Navigating Social Media, Addressing Cyberbullying, and Promoting Digital Wellness, 1 CEU, 9.9.25
- Counseling, Prevention, and Evidence-Based Treatment Affirming Counseling Strategies for LGBTQ+ Youth with Suicidal Ideation, 1 CEU, 9.9.25
- Counseling Interventions and Evidence-Based Treatment of Children and Youth Survivors of Sexual Trauma, 1 CEU, 9.9.25
- Evidence-Based Approaches for Addressing Adolescent Substance Use: A Deep Dive into Motivational Interviewing, 1 CEU, 9.9.25
- Rural Counseling Competencies, 1 CEU, 8.13.25
- Village Key-ple: Effective Counseling in School Communities, 1 CEU, 2.22.25
- Neurodiversity Fundamentals for Mental Health Practitioners, 1 CEU, 2.22.25
- Neurodiversity and Neuro-Affirming Counseling for Youth: Strategies for Counselors, 1 CEU, 2.22.25
- Adolescent Substance Use: What School Counselors Need to Know, 1 CEU, 2.22.25

- Neuro-Informed Supervision: Polyvagal Practices with Developing Clinicians, 1.5 CEUs, 2.21.25
- 40 Hour LPC/LMFT Supervisor Course, 40 Supervision CEUs/15 Texas Ethics CEUs, 10.22.24-1.17.25
- Addressing Neurodiversity with Neuro-Affirming Approaches, 1 CEU, 1.6.25
- Children and Youth Who Have Experienced School Shootings, 1 CEU, 1.6.25
- Orientation to Supervision, 2024 LPC Rules Review, 2 CEUs, 10.20.24
- Developmental Models of Supervision and ACES Best Practices, 3 CEUs, 10.21.24
- Theories of Counseling and Supervision, 3 CEUs, 10.23.24
- The Supervisory Relationship and Counselor Development, 3 CEUs, 10.24.24
- Ethical and Legal Issues in Supervision: Technology and ACA Best Practices, 3 CEUs, 10.25.24
- 2024 HIPAA and FERPA: Privacy and Security Training, 2 CEUs, 10.28.24
- Supervision Contract and Planning, 8 CEUs, 11.2.24
- Roles, Interventions, and Evaluation in Supervision, 6 CEUs, 11.4.24
- The Multiculturally Competent Supervisor Evaluation and Remediation, 4 CEUs, 11.7.24
- Challenging Clients and Counselor Interpersonal Stress, 1.5 CEUs, 9.24.24
- Counseling Compact Updates, 1 CEU, 8.20.24
- Don't Become a Case Study! Liability Risks and Recommendations for Counseling Practice, 1 CEU, 8.20.24
- Handling Depositions and Subpoenas, 1 CEU, 8.20.24
- Interpersonal-Psychological Theory of Suicide: School Engagement, 1 CEU, 8.20.24
- Mental health Counseling Technology: Ethical and Risk Management Strategies for Professional Counselors, 1 CEU, 8.20.24
- Private Practice Owner's Guide to Business Protocols and Human Resources Practices, 1 CEU, 8.20.24
- Association for Counselor Education and Supervision Conference, 14.5 CEUs, 10.11-10.15-23
- Behavioral Health Services for American Indians and Alaska Natives, Cultural Diversity/Special Populations, 7 CEUs, 9.21.23
- Clinical Supervision, Supervision, 2 CEUs, 9.21.23
- Clinical Supervision and Professional Development, Supervision, 4 CEUs, 9.21.23
- Pursuing Organizational Cultural Competence, Cultural Diversity/Special Populations, 3 CEUs, 12.9.21
- Suicide Prevention Treatment and Support, 6 CEUs, 12.9.21
- Privacy and Security of Electronic Health Information (HIPAA), Ethics/Legal/Confidentiality/HIPAA, 3 CEUs, 12.9.21
- Ethics, Confidentiality, and Boundary Issues in Professional Counseling, Ethics/Legal/Confidentiality/HIPAA, 2 CEUs, 12.9.21
- Clinical Supervision and Professional Development, Supervision, 4 CEUs, 12.9.21
- Promoting Emotional Health and Preventing Suicide: A Toolkit for Senior Centers, 3 CEUs, 12.7.21
- Creating a Trauma Informed Workforce, Trauma, 4 CEUs, 12.7.21
- Eating Disorders and Osteoporosis, 2 CEUs, 12.7.21