

CURRICULUM VITAE

Joshua Kreimeyer
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EDUCATION

- 2019 **PhD in Counselor Education and Supervision**
Regent University, CACREP Accredited - Virginia Beach, VA
- 2011 **Post Graduate Certificate in Marriage and Family Therapy**
Regis University, COAMFTE Accredited – Denver, CO
- 2007 **Master of Arts Counseling**
Assemblies of God Theological Seminary – Springfield, MO
- 1998 **Bachelor of Science, Recreation**
Mankato State University – Mankato, MN

INTERNSHIPS

- September 2016-August 2019* **Cross-Cultural Supervision**
Online supervision of charter Ukrainian counseling students
Kyiv, Ukraine
- March 2014* **Emotion Focused Therapy Externship**
Colorado Center for Emotion Focused Therapy
Denver, CO
- June 2011- December 2011* **Marriage and Family Internship**
US Dept. of Veterans Affairs, Vet Center
Colorado Springs, CO
- January 2007- December 2007* **Community-Based Counseling Internship**
Ozarks Counseling Center
Springfield, MO

LICENSES & CERTIFICATES

- 2015 **AAMFT Approved Supervisor**
- 2015 **Licensed Marriage and Family Therapist (LMFT);** State of Colorado, license # 0001255

2012 Licensed Professional Counselor (LPC); State of Colorado, license # 0006517

2007-2009 PREPARE/ENRICH, EMDR, EFT, Nurturing Parenting, Love and Logic and Gottman Level II Trained

ACADEMIC EMPLOYMENT HISTORY

UN International Organization on Migration July 2019- Present
Consultant/Educator
Kyiv, Ukraine

Develop and facilitate psychosocial education for/to Ukrainian Psychologists working with military veterans and their families. Course topics include: trauma-informed care; individual/couple/family/child/adolescent treatment skills; special issues (DV, sleep, suicide, and substance abuse); and Compassion Fatigue.

Ukrainian Institute for Education in Psychology and Counseling August 2019-Present
MAC/MFT Faculty

Vul. Chystyakiska 7-75, Kyiv, Ukraine

Develop and facilitate courses in charter trauma-informed Counseling program in Ukraine: Supervision of Supervision; Intro to Trauma; Family Programming; Play Therapy; Clinical Internship

UETS, visiting faculty May 2016-Present
MAC/MFT Faculty

Kvitka Cisyk Street, 57, Kyiv, Ukraine, 04075

Courses developed and taught in charter IRCEP Master's in Counseling program in Ukraine.

Clinical Internship (Military Families; Play Therapy)
Intro to Trauma/Psychological First Aid
Cognitive Processing Therapy
EMDR Basic Training
Counseling Skills
Psychopathology
Couples and Family Therapy
Intro to Play Therapy

Regis University, FT Instructor January 2017-Present

Coordinator Counseling Military Families Certificate

Rueckert-Hartman College for Health Professions

Division of Counseling and Family Therapy

7450 Campus Drive, Suite 100

Colorado Springs, CO 80920

Courses taught in graduate level programs: MA in Counseling (CACREP Accredited); MA in Marriage and Family Therapy (COAMFTE Accredited).

CFT 650: Military Family of Origins
CFT 660: Military Substance Use Treatment
MCPY 698: Supervised Counseling Internship
MCPY 692/693 Counseling Practicum
MFT 690/692 Marriage and Family Practicum
MFT 620: Assessment and Diagnosis
MFT/MCPY 660: Substance Use Treatment
CFT 663: Counseling Military Families
CFT 662: Counseling Military Couples

***Regis University, Lead Affiliate Faculty,
Counseling Military Families Certificate
Rueckert-Hartman College for Health Professions
Division of Counseling and Family Therapy
7450 Campus Drive, Suite 100
Colorado Springs, CO 80920***

June 2016-December 2016

Courses taught in graduate level programs: MA in Counseling (CACREP Accredited); MA in Marriage and Family Therapy (COAMFTE Accredited).

MFT 667: Couples Therapy
CFT 660: Military Addictions Treatment
MCPY 698: Supervised Counseling Internship
MFT 699: Supervised MFT Internship

Online courses designed, developed and taught:

CFT 662: Counseling Military Couples
CFT 663: Counseling Military Families
CFT 673: Approaches to Trauma Therapy

Supervision at campus clinic internship site and community-based site, Mt. Carmel:
Provide supervision for graduate level Counseling and Marriage and Family Therapy interns.

***Regis University, Affiliate Faculty
Rueckert-Hartman College for Health Professions
Division of Counseling and Family Therapy
7450 Campus Drive, Suite 100
Colorado Springs, CO 80920***

August 2013 – May 2016

Courses taught in graduate level programs: MA in Counseling (CACREP Accredited); MA in Marriage and Family Therapy (COAMFTE Accredited).

CFT 663: Counseling Military Families
CFT 662: Counseling Military Couples
MFT 667: Couples Therapy
MFT/MCPY 660: Substance Abuse Counseling

Regis University, Affiliate Faculty
College for Professional Studies
School of Education and Counseling
7450 Campus Drive, Suite 100
Colorado Springs, CO 80920

January 2012 – August 2013

Courses taught in graduate level programs: MA in Counseling (CACREP Accredited); MA in Marriage and Family Therapy (COAMFTE Accredited):

MCPY 663: Counseling Military Families

MFT 667: Couples Therapy

MFT/MCPY 660: Substance Abuse Counseling

Argosy University
7600 East Eastman Avenue
Denver, CO 80231

September 2012- May 2013

Courses taught in undergraduate program, both in blended format.

HUM 201: U.S. History

PHI 301: World Religions

Regis Academic Warriors, Faculty Advisor September 2011-September 2012

Regis University Branch of Student Veterans of America

Charter member, Faculty Advisor and Community Services Chairperson for student and alumni led veterans group; Participate in regular meetings and committees; Facilitate Memorial Day and Veterans Day events on campus; Lay groundwork for group adopt-a-road project; Assist in establishment of rules, by-laws, and position descriptions for organization, logo, and inaugural Regis Academic Warrior coins.

CLINICAL PRACTICE EXPERIENCE

Supervisor for MAC/MFT post-degree license candidates
Kreimeyer Counseling Services
Colorado Springs, CO

August 2016-Present

Provide individual clinical supervision to post-degree pre-licensure Clinicians.

Counselor/Family Therapist (Private Practice)
Mayfield Counseling
Colorado Springs, Colorado

September 2016- March 2017

Provide outpatient mental health services to individuals, couples, families, and children to include Tricare and Medicaid clients as well as sliding fee scale and some pro bono families from local treatment program; Provide supervision to MAC/MFT clinical interns; Facilitate trainings on and off site.

Mental Health Therapist (TRICARE)
Haven Behavioral Healthcare: Family Support Center
Colorado Springs, CO

January 2015 – July 2015

Part-time private practice with active duty military individuals, couples, adolescents and their families. Practice with systemic approach to therapy, specializing with relationships, marriage, pre-marriage, depression, anxiety, and religious/spiritual issues.

Readjustment Counselor/ Family Therapist *November 2010–September 2016*
US Dept. Of Veterans Affairs, Vet Center
Colorado Springs, CO

Full-time practice with individuals, couples, adolescents and their families. Practice with a systemic approach to therapy, specializing with trauma, significant other relationships, depression, anxiety, religious/spiritual, substance use and men's issues. Provide supervision of practicum/internship students and post degree clinicians acquiring hours towards LPC and LMFT licensure. Facilitate outreach and mental health services to rural veterans in Custer (2010-2011) and Teller (2014-2016) Counties CO through collaboration with local health clinics.

Challenge Treatment Specialist *May 2009 – October 2010*
US Bureau of Prisons, US Penitentiary
Florence, CO

Develop and facilitate drug and alcohol programming in residential, modified therapeutic community. Facilitate programming to work within established community and group dynamics. Provide crisis intervention and risk management for clients with higher lethality. Case management duties including admission and discharge planning, coordination of care and arrangement of appropriate follow up services.

Contract Therapist *January 2008- April 2009*
Ozarks Counseling Center
Springfield, MO

Provide individual, family, and group therapy to at risk individuals, children and families in a community based, sliding fee scale clinic. Under United Way funded grant, create & co-facilitate domestic violence prevention and anger management group therapy sessions for adolescents and families in group home setting.

PROFESSIONAL PRESENTATIONS (INVITED)

Kreimeyer, J. (2018). National Endowment for the Arts: Creative Forces Community Summit. Reaching and engaging military families. University of Colorado, Colorado Springs, CO, February 15th and 16th.

Zaporozhets, O., Stafford, K., Kreimeyer, J., & Schoenenberg, C. (2017, October). Mental Health Standards of Care for Treating Military Families. Presented at the conference facilitated by the Counsel of Mothers and Wives of Anti-terrorist Operation (war) Combatants: We are Together Conference. Bila Tserkva, Ukraine.

Zaporozhets, O., Kreimeyer, J., & Towns, D. (2017, October). Standardization of mental health services for military members and their families in Ukraine. Presented at the Seminar for Ukrainian Military Psychologists and Government Administrators in Mental Health and Psychological Support Services, facilitated by the Administration of the President of Ukraine, Kyiv, Ukraine.

Kreimeyer, J. (2017). Roundtable on Resilience: Focus on Resilience in Family Systems. Presented and broadcast on National News Agency of Ukraine, October 17th, 2017.

Kreimeyer, J. (2017). 2017 VA Mental Health Summit: Saving Lives- Enhancing the Network of Support for Veterans and their Family Members. Presented on: Engagement of Families in Suicide Prevention and Safety Planning. Colorado Springs, CO, September 13th 2017.

Kreimeyer, J. (2017). US Bureau of Prisons, Englewood FCI, 2017, Diversity and Inclusion Day. Presentation on: The Journey of Cross-Cultural Supervision in Ukraine. Englewood, CO, August 15th, 2017.

Kreimeyer, J. (2017). Meeting with Advisor to Ukrainian President on creating a mental health hotline in Ukraine. Kyiv, Ukraine, May, 26th, 2017. Presented on mental health hotline in United States and shared of special line for veterans.

Kreimeyer, J. (2017). Kyiv Institute of Business and Technology: XXI International Scientific Practical Conference, Kyiv Ukraine, May 25th, 2017. Presented on study of Impact of Trauma Training on Compassion Fatigue Levels.

Kreimeyer, J. (2017). Vice-Prime Minister and Minister of Health roundtable on creating mental health continuum of care in Ukraine. Kyiv, Ukraine, May 22nd, 2017. Presented on stages of treatment in the United States with focus on treatment of military and family of military.

Kreimeyer, J. (2017). Research and Practice Seminar: Educational Continuum. Psychological Experts in Helping Families in the ATO (front lines of war in Ukraine). Presented on stages of deployment and importance of Role Exit Theory in working with military families. May 20th, 2017.

Kreimeyer, J. (2010-2012). *US Department of Veterans Affairs, Vet Center, Mental Health Services: PTSD and Trauma Focused Treatment*. Various locations across Colorado to include Southern Teller County Resource Meeting, Military instillation out briefings, and national "VA 2 Vets" initiative covering every county in Colorado.

Presentations (Juried)

Torres-Bernal, A. & Kreimeyer, J. (2018, April) Colorado State Convening on Children, Youth and Families. The transmission of substance use through generational pathways. Keystone, CO.

Kreimeyer, J. & Diffe, P. (2017, November). Springs Mental Health Summit. Upstream Methods to Engaging Family Systems in Suicide Prevention. Colorado Springs, CO.

Kreimeyer, J. & Huntington, J. (2017, September). Symposium: A Distinctive Vision? Catholic Higher Education 50 Years After Land O' Lakes. Presented on Jesuit Infused Training for Working with Military Families: The parallel Mission. St. Louis University.

CURRENT RESEARCH

Regent University. (2019). *Effectiveness of Counselor Education Program in Ukraine*. Kyiv, Ukraine.

Regis University. (2017, Currently in Data Collection Phase). Outcome Study: *Welcome Home Warrior military family retreats*. Colorado Springs, CO.

Regis University. (2017, Currently in Data Collection Phase). *Partners for Change Outcome Management System*. Colorado Springs, CO.

Publications (Juried)

Porok, N., Zaporozhets, O., Kreimeyer, J., Grydkovets, L., Tsarenko L., Kovalchuk, O., Nevmyrzhyskiy, V., Kondratyenko L., Manyilova L., Chekstere O., Paliyenko, T. (2018). Основи реабілітаційної психології: подолання наслідків кризи [Foundations of Rehabilitation Psychology: Overcoming consequences of crisis], volume 1]. Kyiv, Ukraine: Organization for Security and Co-Operation in Europe (OSCE).

Grydkovets, L., Weber, T., Zhuravlyova, N., Zaporozhets, O., Klyimishyn, O., Kreimeyer, J., Mokrousova, A., Prorok, N., Syrotych, N., Sirenko, T., Tsarenko, L., Shaposhnik, N. (2018). Основи реабілітаційної психології: подолання наслідків кризи [Foundations of Rehabilitation Psychology: Overcoming consequences of crisis], volume 3. Kyiv, Ukraine: Organization for Security and Co-Operation in Europe (OSCE).

Kreimeyer, J. (2017). Impact of trauma training on compassion fatigue levels. *Kyiv Institute of Business and Technology, BIZNIK*, 2, 33, 114-115.

Kreimeyer, J. & Zaporozhets, O. (2016). Psychological trauma therapy for military families. *Kyiv Institute of Business and Technology, BIZNIK, 3, 31, 43-47.*

PUBLICATIONS (Non-Juried)

Kreimeyer, J. (In Print). Family Trauma Program. Trauma Treatment Handbook. Kyiv, Ukraine.

Kreimeyer, J. (Fall 2012). *Impact of Deployments on Today's Military Families*. Regis University, Regis Today.

Grants

Huntington, J., Cates, J., Kreimeyer, J. & Osterlund, L. (2017-Present). Colorado Springs Health Foundation: Behavioral Health Counseling for Military Couples, Children and Families (Awarded \$370,000).

Kreimeyer, J. (2017). Regis University Technology in the Classroom Grant. (Awarded \$5,000)

Osterlund, L., Huntington, J., Cates, J., & Kreimeyer, J. (2016-17). Colorado Springs Health Foundation: Behavioral Health Counseling for Military Couples, Children and Families (Awarded \$50,000).

VOLUNTEER EXPERIENCE

- Teaching and Supervising graduate level counseling students in Kyiv Ukraine. Building the field of Counseling through IRCEP (CACREP) standard level teaching/supervising and online cross-cultural distance supervision (2016-present)
- Youth Group Volunteer, Church at Briargate, Colorado Springs, CO (2015- present)
- Connections Class Facilitator, Church at Briargate, Colorado Springs, CO (2015-2017)
- Men's Ministry Committee Member, Church at Briargate, Colorado Springs, CO (2014-2015)
- Collaborate with local theater owner to establish Active Duty and Veterans Open Mic Jam Night, Over 200 in attendance to this monthly event (2012-2014)
- Home Group Coordinator, Church at Briargate, Colorado Springs, CO (2012-2015)
- Develop and facilitate leadership and spiritual formation training for church home groups, Church at Briargate, (2011-2013)
- Rad DAD reading program and Russian translation services volunteer, Springfield Public Schools, Springfield, MO (2004-2009)
- Family of Hope, International Adoption Services, volunteer translation services (2003-2009)
- School volunteer with reading and cultural awareness classes, 221st Base Support Battalion, Department of Defense Schools, Wiesbaden Germany (2002-2003)

PROFESSIONAL ASSOCIATIONS/LEADERSHIP POSITIONS

- Global Health Pathway charter Committee Member, Regis University (2017-present)
- American Association of Marriage and Family Therapy, Student to Clinical Member #141375 (2013- present)
- American Counseling Association, Member (2015-present)

HONORS/AWARDS/SCHOLARSHIPS

- Regis Ignatian Scholar Program (2016-2017)
- Regis University, Excellence in Teaching Award (2016)
- Regent University, Academic Scholarship (2015-2016; 2016-2017)
- US Department of Veterans Affairs Performance Awards (2013, 2014, 2015)
- US Department of Veterans Affairs Leadership Development Academy (2015)
- Regis University, Leadership Academy (2011)
- US Bureau of Prisons, Staff Training Academy, Certificate of Exceptional Performance for Academics (2009)
- Army Commendation Medal; Global War on Terrorism Medal (2003)
- NATO Service Medal (2000)

CONTINUING EDUCATION

- Rocky Mountain Association for Counselor Education and Supervision Conference 2018, Park City UT.
- Colorado Mental Health Professions Conference, Supervision focused presentations and keynote by Irv Yalom, Finding Meaning and Purpose in Your Work, (21-23 April 2016)
- PESI, Bessel Van Der Kolk, Trauma, Attachment and Neuroscience: New Psychotherapeutic Treatments (NOV 2014)
- Duke University Health System, Psychological Health and Resilience Summit (SEP 2014)
- Duke University Health System, Psychological Health and Resilience of Children in Military Families (APR 2014)
- Colorado Association for Marriage and Family Therapists, The Divorce and Custody Process in Colorado, Leslie Mathews, JD (JUN 2013)
- VA Employee Education System, Behavioral Interventions for Sleep and PTSD, (JUL 2013)
- PESI, Eric Gentry, PhD, Compassion Fatigue, (MAY 2012)
- EMDRIA, EMDR and the Treatment of War and Terrorism Survivors: Working with the latest Generation, 16 hrs., Albuquerque, NM (FEB 2011)
- Colorado Association for Marriage and Family Therapists, CO Association for MFT Annual Conference, Monica McGoldrick, PhD, Context and Connection: A Sense of Home

- and Transforming Narratives Using Genograms, (*OCT 2010*)
- Odyssey, Denver, CO; All courses and hours for Colorado Certified Addiction Counselor II (*2009-2010*)