

CURRICULUM VITAE

Julie (Jules) A. Javernick, CNM, DNP
Associate Professor, Loretto Heights School of Nursing
Carroll Hall #313
3333 Regis Blvd. Denver, CO 80221
jjavernick@regis.edu

Education

| | | | |
|-------|-----------------------------|---|------------|
| 05/16 | Doctor of Nursing Practice | The University of Colorado, College of Nursing, Aurora, CO | |
| 12/99 | Master of Science | The University of Colorado, College of Nursing Aurora, CO | Midwifery |
| 6/96 | Bachelor of Science Nursing | The Johns Hopkins University School of Nursing, Baltimore, MD | |
| 5/85 | Bachelor of Arts | The University of Oklahoma Norman, OK | Journalism |

Licensure and Certification

Colorado RN 112468, Active, 1996
Prescriptive Authority, RXN-0000300-CNM, Active, 1999
Advanced Practice Nurse, 0003001-CNM, 1999
American Midwifery Certification Board, Active, 1999

Employment History

Associate Professor

Regis University Loretto Heights School of Nursing, Denver, CO Aug. 2021-Present

- Coordinator, CHOICE/Ascend BSN program
- Didactic, lab and simulation instructor for Nursing of Childbearing Families and Reproductive Health course
- Didactic instructor for Pathophysiology course
- Didactic instructor for Concepts for the Professional Nursing Role
- Didactic instructor for Health Promotion, Disease Prevention and Health Care Policy

Associate Professor

Denver College of Nursing, Denver, CO

Nov. 2020-Sept. 2021

- Didactic instructor for Foundations of Nursing, Research and Evidence-Based
- Practice, Nursing Concepts for the Multigenerational Childbearing Family and
- Leadership and Management.
- Faculty advisor for ADN and BSN students
- Provide instruction, support, and education to ADN and BSN students in the clinical
- skills lab

Adjunct Faculty

Metropolitan State University, Denver, CO

May 2018-Oct. 2022

- Simulation lab instructor for OB and Newborn scenarios
- Guided pre-brief and post-briefing sessions as well as directing simulation experience

University of Colorado, College of Nursing, Aurora, CO

May 2016-Present

- Didactic Instructor for OB/GYN Essentials for the FNP
- Didactic Instructor for Advanced Physical Assessment
- Clinical instructor for multiple midwifery students

Frontier Nursing University, Hyden, KY

May 2013-Oct. 2020

- Clinical Instructor for CNM students
- Provided oversight for students in their final semester of school
To provide antepartum, intrapartum, postpartum, and gynecological care to women across the lifespan

Clinical Director, Midwifery

Westside Women's Care, Wheat Ridge & Arvada, CO

May 2015-Nov 2021

- Provide antepartum, intrapartum, postpartum, and gyn care
- Supervised the clinical practice of 7 CNMs including writing clinical practice guidelines, maintaining schedule, hiring, and firing personnel
- Liaison between the midwifery group and the physician practice
- Liaison between the midwifery group and Lutheran Medical Center
- Developed a program with Stride health center to care for their patients in labor

Nurse-Midwife, Full-Scope

Westside Women's Care, Wheat Ridge & Arvada, CO

Oct. 1999-Mar 2015

- Provided antepartum, intrapartum, postpartum and gyn care to a low- and high-risk patient population
- First assist on all cesarean sections for the practice

Staff Nurse, Labor/Delivery

Exempla Lutheran Medical Center, Wheat Ridge CO

Oct. 1996-Oct. 1999

- Managed and provided complex patient-centered care to diverse patient population: antepartum, intrapartum, and postpartum patients
- Served as patient advocate and educator, performed clinical assessments, and worked

in collaboration with providers to manage clinical conditions

Managing Editor, *OT Week*

The official publication of the American Occupation Therapy Association,
Rockville, MD 1989-1994

Honors and Awards

The Cura Personalis Faculty Award 2024
Regis University, RHCHP

The Daisy Faculty Award 2023
Regis University, Loretta Heights School of Nursing

DNP Capstone Award for outstanding DNP project 2016
The University of Colorado, College of Nursing

Scholarly Activities

Publications

Javernick, J., (2024). A Novel Nonhormonal Treatment for Vasomotor Symptoms of Menopause. *Nursing for Women's Health*. February 2024:80-83.
[https:// doi.org/10.1016/j.nwh.2023.11.005](https://doi.org/10.1016/j.nwh.2023.11.005)

Javernick, J., Dempsey, A., & DeLeon, B. (2020). Birthing suites within a community hospital: An innovative approach to perinatal services. *Journal of Midwifery and Women's Health*, 21 February 2021. <https://doi.org/10.1111/jmwh.13207>

Javernick, J. & Dempsey, A. (2017). Reducing the primary cesarean birth rate: A quality improvement project. *Journal of Midwifery and Women's Health*; 62:477-483

Presentations

Javernick, J.A. (2021, October), How to Promote a Home-Like Birth in the Hospital. Presentation to Sigma Theta Tau International Chi Alpha Chapter Meeting. Approved for CNE activity: **211012-CO-1, from the Emergency Nurses Association**

Javernick, J.A. (2020, October). *Birth suites within a community hospital: An innovative approach.* Poster presentation for the American College of Nurse Midwives Colorado Affiliate Midwifery Symposium. Denver, CO

Javernick, J.A. (2018, August). *Reducing the cesarean section rate in first time mothers.* Oral presentation for the meeting of the Sisters of Charity of Leavenworth annual perinatal safety meeting, Broomfield, CO

Javernick, J.A., & Dempsey, A. (2016, July). *Reducing the cesarean section rate in first time mothers*. Poster presentation for the annual meeting of the Association of Women's Health, Obstetrics and Neonatal Nurses. Dallas, TX

Javernick, J.A. (2016, August). *Reducing the cesarean section rate in the first-time mothers*. Oral presentation for the annual meeting of New West Physicians, Wheat Ridge, CO

Javernick, J.A. (2016, October). *Intermittent auscultation: The good, the bad, the evidence*. Oral presentation for the Aurora Nurse Midwives annual symposium, Aurora, CO

Professional, Scientific, Honorary Associations, or Societies

| | |
|---|--------------|
| American College of Nurse Midwives, national organization and local affiliate | 2001-present |
| Friends of Nursing membership chair, | 2016-2018 |
| Sigma Theta Tau, | 1999-present |

Service to the College/University

| | |
|--|-------------------|
| Nurse Faculty Organization, Chair | Aug. 2023-2025 |
| Nurse Faculty Organization, Chair-Elect | Aug. 2022-2023 |
| Quality Assessment and Evaluation Committee, Secretary | Aug. 2021-2022 |
| DNP Mentor | June 2020-Present |
| Regis University Loretto Heights School of Nursing | |

Service to the Community

| | |
|---|----------------|
| Supporting Vaginal Birth for Low-Risk Mothers (SOAR), a quality improvement project of CPQPC, partner | June 2018-2021 |
|---|----------------|

Rewrote Lutheran Medical Center Bylaws to allow midwifery students to complete clinicals at the hospital

Successfully petitioned Lutheran Medical Center Medical Executive Committee to grant admitting privileges to Certified Nurse Midwives

| | |
|----------------------------------|-------------------|
| Volunteer, Denver Rescue Mission | Oct. 2021-Present |
|----------------------------------|-------------------|

HOSPITAL COMMITTEES

| | |
|--|-----------|
| Lutheran Medical Center Credentials Committee (the first and only non-physician provider on a hospital committee), | 2018-2021 |
|--|-----------|

| | |
|---|-----------|
| Lutheran Medical Center, member, Perinatal Quality Review Committee | 2018-2021 |
|---|-----------|

