

Kathleen Yahya PT, DPT, GCS

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Education

Doctor of Physical Therapy, Regis University
May 2009

Bachelor of Science, Biology
St. Norbert College, De Pere Wisconsin
May 2006

Licensure/Certifications

Colorado, Physical Therapist License # 0010418
Board Certified Geriatric Specialist
Basic Life Support (BLS)

Employment History

Educator, Physical Medicine and Rehabilitation Department,

St. Joseph Hospital, Denver Colorado December 2020 - Present

- Develop relationships with multiple departments to leverage learning opportunities including competencies for closed in-line suctioning, disconnection of tube feeding and use of simulation lab for training to improve associate and patient safety during mobility
- Create and implement an 'Early Career Coaching/Mentorship Program' to improve employee retention and associate in engagement in the first year of employment
- Streamline processes for tracking continuing education, chart reviews and department goals.
- Schedule and organize department orientation for seventeen new associates (PT, OT, SLP, aide) in a dynamic work place. Serve as Site Coordinator of Clinical Education.

Critical Care Specialist Physical Therapist

St. Joseph Hospital, Denver Colorado March 2017 - December 2020

- Serve as primary physical therapist in the Critical Care Unit (CCU) including daily early mobility, contact for nursing staff, nursing leadership and physicians for patient care and quality programs in the ICU

Affiliate Faculty - Regis University

Denver, Colorado 2013 - April 2022

- Serve as a faculty extender for classes related to my area of acute care expertise including exercise physiology, acute care simulation laboratory and exercise prescription. Served as small group facilitator for problem based learning in Professional Issues course.
- Encourage critical thinking through inquiry, build rapport with students and encourage professionalism in all clinical settings

Staff Physical Therapist - Swedish Medical Center,

Englewood, Colorado March 2011 - February 2017

- Managed a variety of patients with multiple complex diagnoses in a Level One Trauma, acute hospital setting including critical care, cardiac care & multi-trauma units. Handled a variable patient load between patients and daily tasks including equipment ordering, discharge recommendations, education to patients, family and staff and participate in multi-disciplinary rounds
- Participated in an interdisciplinary rehabilitation council to improve department morale, team work and education opportunities. Team member of hospital wide committee for improving venothrombotic events (VTE) outcomes. Founding member of therapy department professional development committee.
- Specially trained to provide wound care management including negative pressure dressing application/changes, selective sharp debridement, and positioning for pressure relief.

Physical Therapist, Northern Colorado Rehabilitation Hospital

Johnstown, Colorado July 2009- February 2011

- Coordinated scheduling, treatment plan, equipment needs and therapy related discharge planning in a fast paced, dynamic work environment
- Developed an understanding of the unique needs of various settings including out-patient, long term acute care and an inpatient rehabilitation facility and provided care in all three settings at single facility

Service to the Profession/Advisory Positions Held

- PIMA PTA Program - Advisory Council Member
 - 2019 - Present
- Academy of Acute Care Therapy - Clinical Rehab Educators Focus Group Co-Chair
 - October 2022 to present
- Colorado Acute and Rehabilitation Special Interest Group (CARE SIG),
 - President - 2012 - 2018
- Colorado APTA Board of Directors
 - CARE SIG Representative 2012-2016 -
 - SIG Director 2016 - May 2020

Professional Presentations and Posters

Case Presentation and Reflections on Patient with Multi-Trauma Complicated by COVID-19
SCL Respiratory Symposium 2021, Feb 2021

Poster: Simulation lab use for purpose of training in ICU lines and tubes
St. Joseph Hospital Week, 2021

Hospital Associated Deconditioning
SCL Respiratory Symposium, Jan 2020

Poster: Intensive Care Diary Implementation: A Pilot Project St. Joseph Hospital Week, 2019

Poster: Does the presence of an ICU Specialist in the ICU effect nurses perception of early mobility and communication with therapy staff?
St. Joseph Hospital Week, 2018

Membership in Scientific/Professional Organizations

- American Physical Therapy Association, Colorado Chapter 2006 - Present
- Academy of Acute Care Physical Therapy 2015 - Present
- Academy of Cardiovascular & Pulmonary Physical Therapy 2017- Present