

Kyle M. Lucas
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Education

PhD, Counselor Education and Supervision <i>University of Northern Colorado, Greeley, Colorado</i>	May 2018
MA, Forensic Psychology <i>University of Denver, Denver, Colorado</i>	June 2008
BA, Psychology <i>University of Colorado Colorado Springs, Colorado Springs, Colorado</i>	May 2006

Licensure and Certifications

Licensed Professional Counselor, Colorado, License No. 5903	Renewal August 31, 2027
<i>Colorado Sex Offender Management Board</i>	
• Full Operating Level Adult Treatment Provider • Developmental Disability Specialty • Approved Clinical Supervisor • Full Operating Level Evaluator • Developmental Disability Specialty	
<i>Additional Training</i>	
• Eye Movement Desensitization and Reprocessing training	

Academic Appointments

Assistant Professor <i>Regis University, Counseling Program, Denver, Colorado</i>	May 2025–Present
Affiliate Faculty <i>Regis University, Department of Psychology, Denver, Colorado</i>	Intermittent, 2013–2025
Adjunct Faculty <i>University of Northern Colorado, Greeley, Colorado</i>	Intermittent, 2012–2021
Adjunct Faculty <i>Adams State University, Alamosa, Colorado</i>	2019

Teaching

Doctoral Teaching

Regis University

CES 803 Multicultural and Ethical Practice	2025–Present
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University of Northern Colorado

APCE 702 Advanced Practicum in Individual Counseling	2019
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APCE 712 Advanced Practicum in Individual Counseling	2019
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Master's Teaching

Regis University

MCPY 630 Group Counseling	2025–Present
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MCPY 610 Counseling Theories	2025–Present
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MCPY 692 Counseling Practicum	2025–Present
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MCPY 698 Internship in Counseling	2025–Present
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University of Northern Colorado

APCE 605 Group Therapy Lab Experience	2021
APCE 668 Sexuality Counseling (Co-instructor with Betty Cardona)	2013
APCE 616 Career Theory, Counseling, and Assessment (Co-instructor with Jennifer Murdock)	2013

Adams State University

COUN 566 Introduction to Play Therapy	2019
COUN 580 Advanced Play Therapy Theory and Skills	2019

Undergraduate TeachingRegis University

PSY 250 General Psychology	2013–2025
PSY 357 Lifespan Human Development	2013–2025
PSY 457 Developmental Psychology I	2013–2025
PSY 458 Developmental Psychology II	2013–2025
PSY 461 Psychology of Adulthood and Aging	2013–2025

University of Northern Colorado

UNIV 101 Foundations for Learning and Development	2012–2014
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Curriculum and Course Development

- Designed CES 803 Multicultural and Ethical Practice for the Counselor Education and Supervision doctoral program.
- Redesigned MCPY 610 Counseling Theories.

Guest Lectures

- MCPY 622 Diagnosis and Assessment: Sexual disorders and offending behavior, Regis University.
- Special Topics in Marriage and Family Therapy: Sexual offending and domestic violence within a course on narcissistic abuse and coercive control, Regis University.

Academic Advising and Doctoral Supervision

- Advise approximately 40 master's students in the Counseling Program.
- Supervise doctoral internships that include supervision of master's students, co-teaching, and development of a research lab.

Clinical Supervision***Ability Counseling LLC***

Supervision of pre-licensure therapists and student interns	2011–Present
• Supervised post-graduate clinicians and interns across professional roles	

Regis University

MCPY 692 Counseling Practicum	2025–Present
MCPY 698 Internship in Counseling	2025–Present

University of Northern Colorado

APCE 702 Advanced Practicum in Individual Counseling	2019
APCE 712 Advanced Practicum in Individual Counseling	2019

APCE 612 Practicum in Counseling	2019
APCE 713 Play Therapy Practicum	2019
APCE 619 Counseling Internship	2019

RSA Inc

Internship Program Coordinator and Supervisor	2010–2011
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Clinical Experience

Clinical Director

September 2011–Present

Ability Counseling LLC, Thornton, Colorado

Website: Abilitycounseling.org

- Provide individual psychotherapy to children, adolescents, and adults.
- Specialize in treatment for children, adolescents, and people with intellectual and developmental disabilities.
- Provide trauma treatment and EMDR, particularly for survivors of sexual abuse.
- Provide sex-offense-specific therapy to adults and people with intellectual and developmental disabilities.
- Conduct sex-offense-specific evaluations and prepare reports for courts, attorneys, and probation departments.
- Consult with professionals and residential agencies serving people with intellectual and developmental disabilities and with professionals in the criminal justice system.
- Manage staff and hiring, policy development, quality assurance, and clinical program development.
- Developed sex-offense-specific treatment curricula for people with cognitive disabilities and autism.
- Developed online resources and training for direct support professionals serving people with intellectual and developmental disabilities in community settings.
- Provide specialized training to community professionals serving people with developmental disabilities and histories of problematic sexual behavior.
- Provide clinical supervision to pre-licensure professionals and student interns.

Clinical Therapist

March 2008–December 2011

RSA Inc, Lakewood, Colorado

- Provided court-mandated treatment to people on probation or parole for sexual offenses.
- Maintained an individual therapy caseload of more than 30 clients.
- Specialized in therapy for people with developmental disabilities.
- Facilitated seven to eight group therapy sessions each week.
- Conducted psychosexual evaluations for courts and attorneys to assess risk and treatment needs before sentencing.
- Coordinated cases with probation officers and other supervising agencies.
- Supervised intern therapists and managed the internship program.

Consultation

Victim Representative Consultant

January 2014–August 2015

Colorado Department of Youth Corrections, Colorado

- Provided consultation to clinicians treating youth who had sexually offended.

Additional Consultation

- Provide ongoing consultation to residential agencies serving people with intellectual and developmental disabilities.
- Provide pro bono training and consultation to probation departments as requested.
- Conduct forensic evaluations and prepare reports for courts, attorneys, and probation departments.

Awards and Honors

Gary Burgin Sex Offender Management or Treatment Leadership Award	2026
University of Northern Colorado First Year Scholars Faculty Nomination	2014

Research and Scholarly Contributions

Dissertation

Lucas, K. (2018). Understanding supervisees' experiences in clinical supervision from an attachment perspective [Doctoral dissertation, University of Northern Colorado].

Journal Publications

Lucas, K., Cureton, J. L., Pergantis, S., & Murdock-Bishop, J. (2022). Insecurely-attached supervisees' perspectives of attachment in supervision. *Journal of Counselor Practice*, 13(1), 79–102.

Lucas, K., & Murdock, J. L. (2015). Developing an online counseling skills course. *International Journal of Online Pedagogy and Course Design*, 4(2), 46–63.

Murdock, J. L., Stipanovich, N., & Lucas, K. (2013). Peer mentoring through letter writing: Creating meaningful connections in counselor education. *British Journal of Guidance and Counselling*, 41(5), 487–503.

Scholarship in Progress

- Development of the Hourglass Case Conceptualization Model.
 - Application of Erikson's psychosocial stages to group counseling processes.
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Conference Presentations

Lucas, K., Assad, A., & Cordova, J. (2026, July). Reimagining sex offense treatment and supervision for people on the autism spectrum. Colorado Sex Offender Management Board Annual Conference, Breckenridge, Colorado.

Lucas, K., & Wimmer, L. (2026, May). The Hourglass Case Conceptualization Model. Association for Humanistic Counseling Annual Conference, New Orleans, Louisiana.

Lucas, K., & Assad, A. (2025, July). Treating outside the box. Colorado Sex Offender Management Board Annual Conference, Breckenridge, Colorado.

Lucas, K. (2024, July). Clinical supervision with forensic populations. Colorado Sex Offender Management Board Annual Conference, Breckenridge, Colorado.

Lucas, K. (2024, July). Case conceptualization with forensic clientele. Colorado Sex Offender Management Board Annual Conference, Breckenridge, Colorado.

Kelly, M., & Lucas, K. (2021). Increasing intrinsic motivation with intellectually and developmentally disabled individuals in sex-offense-specific treatment. Colorado Sex Offender Management Board Annual Conference, Breckenridge, Colorado.

Parra, J., Rigsby, J., & Lucas, K. (2016). Increasing empathy awareness for mandated clients. American Counseling Association Annual Conference.

- Lucas, K., & Pergantis, S. (2015). Investigating the need for first-year doctoral mentorships: An examination of program, student, and institutional fit. Association for Counselor Education and Supervision Conference, Philadelphia, Pennsylvania.
- Vaughan, A. L., & Lucas, K. (2014). An adapted self-determination measure and college student success. American Educational Research Association Annual Meeting, Philadelphia, Pennsylvania.
- Vaughan, A. L., Lucas, K., & Pote, S. (2014). The role of a first-year seminar course on student self-determination. Annual Conference on the First-Year Experience, San Diego, California.
- Kreider, H. D., & Lucas, K. (2013). With great power comes great responsibility: Addressing gender and power dynamics in personal and professional relationships. Women's Conference, University of Northern Colorado, Greeley, Colorado.
- Lucas, K. (2013). Addressing gender dynamics: Male counselors and female clients in play therapy. Association for Counselor Education and Supervision Conference, Denver, Colorado.
- Kreider, H., & Lucas, K. (2013). With great power comes great responsibility: Addressing gender dynamics in supervision. Association for Counselor Education and Supervision Conference, Denver, Colorado.
- Lucas, K., & Sumida, J. (2013). New perspectives on victim clarification. Colorado Sex Offender Management Board Annual Conference, Breckenridge, Colorado.
- Lucas, K., & Parra, J. (2012). Increasing empathy awareness with mandated clients. Rocky Mountain Association for Counselor Education and Supervision Conference, Park City, Utah.
- Mack, J., & Lucas, K. (2012). Developing social skills counseling groups for college students with Asperger's syndrome. Rocky Mountain Association for Counselor Education and Supervision Conference, Park City, Utah.

Non-Juried Presentations

- Lucas, K. (2023, August). Clinical supervision with forensic populations. Training presented for the Office of Domestic Violence and Sex Offender Management.
- Lucas, K., Gursky, M., Kelly, M., Fox, S., Edwards, L., & Major, D. (2021, June). Working with DD/ID individuals who have committed sexual offenses. Training presented for the Colorado Sex Offender Management Board.
- Gursky, M., Lucas, K., Taliencio, K., & Tucker, A. (2021, March). Working with people with intellectual disabilities who have committed sexual offenses. Training presented to probation officers in Colorado.
- Lucas, K. (2021, February). Developmental strategies to promote social and emotional development. Thornton Elementary School, Thornton, Colorado.
- Lucas, K. (2019, January). Taking a trauma-informed approach in an elementary school setting. Hillcrest Elementary School, Northglenn, Colorado.
- Lucas, K. (2017, October). Trauma and PTSD. Colorado Association of Nurses for the Developmentally Disabled Annual Conference, Crested Butte, Colorado.

- Lucas, K., & Carlson, E. (2017, June). Mental health and diagnosis. Adams County Probation Department, Brighton, Colorado.
- Lucas, K., & Kisicki, J. (2017, April). Sex-offense-specific treatment for people with intellectual disabilities. Colorado Sex Offender Management Board, Lakewood, Colorado.
- Vaughan, A. L., Lucas, K., & Lalonde, T. (2014, March). An evolving first-year seminar course: Student perspectives and achievement. Poster presented at the University of Northern Colorado Annual Assessment Fair, Greeley, Colorado.
- Lucas, K. (2013, March). Sex-offense-specific treatment and containment of developmentally disabled offenders. Ability Counseling LLC, Lakewood, Colorado.
- Lucas, K. (2012, December). Empathy in counseling: Perspectives from counselors in training. University of Northern Colorado Graduate Student Research Night.
- Lucas, K. (2011, March). Treatment of sexual offenders with co-occurring mental health disorders. Jefferson County Mental Health, Arvada, Colorado.
- Gulley, A., Lucas, K., & Marlow, S. (2010, November). Sex-offense-specific treatment with special populations: Women offenders and developmentally disabled offenders. Jefferson County Courthouse, Golden, Colorado.

Public Scholarship and Professional Education

- Participant, Think + Change podcast series, The Arc of Aurora.
- Created an online training resource for direct support professionals serving people with intellectual and developmental disabilities in community settings.

Grants Awarded

- Lucas, K., Parra, J., & Vaughan, A. L. Student perspectives on first-year curriculum and instruction. University of Northern Colorado Assessment Mini-Grant, \$800, July 2013–June 2014.

Service

University and Program Service

Regis University

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| Chair, Counseling Program Faculty Search Committee | Summer 2026 |
| <ul style="list-style-type: none"> • Led a search resulting in one faculty hire. | |
| Chair, Counseling Program Faculty Search Committee | Spring 2026 |
| <ul style="list-style-type: none"> • Led a search resulting in three faculty hires. | |
| Faculty Representative, Chi Sigma Iota, Rho Upsilon Chi Chapter | 2026–Present |
| <ul style="list-style-type: none"> • Meet biweekly with and supervise student chapter leadership. • Coordinate a speaker series featuring practicing counselors and other professionals. • Organize fall and spring induction ceremonies and the Blessing of the Heart ceremony for students entering the clinical phase of the program. • Coordinate volunteer activities and student social events. • Promote student advocacy, community engagement, and developing connections with the Colorado Counseling Association. | |

Member, Rueckert-Hartman College of Health Professions Academic Integrity Board.	May 2025–Present
Member, Counseling Program Handbook Committee	May 2025–Present
Admissions Committee Member, Counseling Program	May 2025–Present
Review applications, conduct interviews, and participate in admission decisions for master’s applicants.	
Student Remediation Committee Member and Chair	May 2025–Present
Serve on student remediation committees and currently chair one committee.	
Faculty Mentor	May 2026–Present
Mentor one newly hired faculty member.	
Program Assessment	May 2025–Present
Enter key performance indicator and course assessment data each semester as part of departmental assessment processes.	
<i>University of Northern Colorado</i>	
Member, APCE Social Justice Committee	2013–2015
Small-Group Facilitator, Catalyst Social Justice Retreat	2014
Volunteer, ACES National Conference, Denver, Colorado	2013
Professional Leadership and Service	
<i>Colorado Sex Offender Management Board</i>	
Chair, Intellectual and Developmental Disabilities Work Group	Current
Former Member, Best Practices Committee	
Professional Affiliations	
American Counseling Association	2011–Present
Association for Counselor Education and Supervision	2011–Present
Association for Play Therapy	2020–Present
Chi Sigma Iota, Rho Epsilon Chapter	Inducted April 2013
Volunteer and Community Service	
Educational and experiential workshop on blindness, Thornton Elementary School	2026
Parenting classes, Early Childhood Partnership of Adams County	2022
Parenting workshop on early childhood development, Thornton Elementary School	2020
Pro bono group therapy focused on social and emotional support, Hillcrest Elementary School	2019
Pro bono individual and play therapy for low-income individuals and families	2018–Present