

Linda C. Osterlund, Ph.D., LMFT

CURRICULUM VITAE

EDUCATION

- 2011 **Doctor of Philosophy (Ph.D.), Counselor Education and Supervision**
Minor in Applied Statistics and Research Methods,
Emphasis in Couples and Family Therapy
School of Applied Psychology and Counselor Education, CACREP Accredited
University of Northern Colorado, Greeley, Colorado
Nominated Outstanding Dissertation Award: The Wisdom of the Counselor and the Counselor's Perception of the Therapeutic Working Alliance.
- 1990 **Master of Arts (M.A.), Marriage and Family Therapy**
Graduate School of Psychology, COAMFTE Accredited
Fuller Theological Seminary, Pasadena, California
- 1988 **Bachelor of Science (B.S.), Psychobiology**
College of Letters and Science
University of California, Los Angeles, California

EMPLOYMENT

ACADEMIC LEADERSHIP POSITIONS

Regis University
3333 Regis Boulevard
Denver, Colorado 80221

August 2018 – Present
Academic Dean & Professor
Rueckert-Hartman College for Health Professions

October 2016 – August 2018
Vice Provost & Professor
Office of the Provost

August 2013 – October 2016
Associate Dean & Associate Professor, Division of Counseling and Family Therapy
Rueckert-Hartman College for Health Professions

August 2012 – August 2013
Assistant Dean & Associate Professor, Graduate Counseling Program
College for Professional Studies

August 2007 – August 2012
Chair/Coordinator & Assistant Professor, Graduate Counseling Program (Colorado Springs)
College for Professional Studies

August 2005 – August 2007
Assistant Professor, Graduate Counseling Program (Colorado Springs)
School for Professional Studies

Linda C. Osterlund, Ph.D., LMFT

January 2005 – August 2005
Affiliate Faculty, Graduate Counseling Program (Colorado Springs)
School for Professional Studies

TEACHING – Faculty at Regis University

Division of Counseling and Family Therapy graduate degree programs: Master of Arts in Counseling (CACREP Accredited); Master of Arts in Marriage and Family Therapy (COAMFTE Accredited).

MCPY 650	Group Process and Counseling (SU05)
MAPY 654	Psychology of Women (SP05)
MCPY 610	Theories of Counseling (SP05, SP06, SP07)
MCPY 635	Counseling Techniques I (FA05, SU06, FA07, FA08, SU11)
MCPY 636	Advanced Counseling Techniques II (SP06, FA06)
MCPY 645	Research Methods and Program Evaluation (FA05)
MFT 690	Practicum in Marriage and Family Therapy (SP12, SU12, SP13)
MFT 692	Practicum: Clinical Supervision in MFT (SP12, SU12, SP13, SU16)
MCPY 692	Practicum: Clinical Supervision in Counseling (SU06, FA06, SP07, SU07, SP08, SU08, SP09, SU09, FA09, SP10, FA10, SU11, SP12, SP13, SU13, SU16)
MCPY 693	Practicum in Counseling (SU06, FA06, SP07, SU07, SP08, SU08, SP09, SU09, FA09, SP10, FA10, FA11, SP13, SU13)
MCPY 698AB	Clinical Internship Group Supervision (SU06, FA06, SP07, SU07, FA07, SP08, SU08, FA08, SP09, SU09, FA09, SP10, SU10, FA10, SP11, SU11, FA11, SP12, SU12, FA12, SU13, SU14)
MFT 650	Family of Origins and Life Cycles (FA08, FA10)
MCPY 665	Theories of Family Therapy (SP09)
MCPY 666	Practice of Family Therapy (SP07, SP10, SP11)
MCPY 600	Introduction to Community Counseling (SP08)
MFT 699AB	Internship in the Practice of Marriage and Family Therapy (SP09, SU09, FA09, SP10, SU10, SU13)
MFT 697	Supervision in Marriage and Family Therapy (SU11)
CFT 650	Military: Family of Origins & Life Cycles (Online: SP16)

June 2013- Instructor for Professional Psych Seminars

Employer:	California Association of Marriage and Family Therapy (CAMFT) in collaboration with Professional Psych Seminars
Position:	Instructor for 6-hour content session with 100 participants (recorded live for webinar)
Courses:	Supervision II: Internal Structures of Supervision

Spring 2013 – Adjunct Faculty

Employer:	Fuller Theological Seminary. Colorado Springs, Colorado Campus
Courses:	CN 504 Family Therapy and Pastoral Counseling

Fall 2011 – Adjunct Faculty

Employer:	University of Northern Colorado (UNC). Greeley, Colorado
Courses:	APCE 667 Advanced Therapy with Couples and Families

August 2007 – May 2011 – Graduate Teaching Assistant, University of Northern Colorado

APCE 714	Practicum in Supervision of Counseling, (FA09), Dr. Helm
APCE 715	Seminar in Counselor Supervision and Theory, (FA09), Dr. Helm
APCE 712	Advanced Practicum in Individual Counseling, (FA08), Dr. Cardona,

Linda C. Osterlund, Ph.D., LMFT

	and (SU09), Dr. Helm
APCE 657	Legal and Ethical Aspects of Counseling and Psychology (SP09), Dr. Black
APCE 774	Supervision of Marriage and Family Therapy (SP09), Dr. Cardona
APCE 650	Orientation to Community Counseling (SP08), Dr. Murdock

May 2003- July 2004 – Part-Time Instructor

Employer:	University of Nevada, Las Vegas, Nevada (UNLV)
Position:	Part-Time Instructor, CACREP Accredited Master's Degree in Counseling
	Graduate Courses:
	COU 719 Sexual Issues in Counseling (SU03)
	COU 776 Internship Practicum Course (SU03)
	Undergraduate Courses:
	COU 117 Interpersonal Skills in Relationships (FA03, SP04, SP04)
	COU 315 Communication Skills in Human Services (FA03)

July 2002 – Adjunct Faculty

Employer:	College of Santa Fe, Santa Fe, New Mexico
Courses:	EDU 565 Group Counseling (SU02)

CONSULTING

Regis University. Denver, Colorado.

Aug 2010– May 2011

Post-Master's Certificate for Counseling Military and their Families. Consultation for counseling laboratory construction and administrative set up of counseling practicum and internship experience for Master's Degree students. Created proposal for new academic certificate in Counseling Military Families; develop new courses in Crisis, Trauma and Loss and Counseling Military Families.

Regis University. Denver, Colorado.

Aug 2007 – Mar 2008

Master's Degree in Marriage and Family Therapy. Converted 51-credit master's degree to 60-credit degree program. Research COAMFTE requirements for practicum and internship coursework and experience. Set up program evaluation procedures. Assist with syllabi development for Marriage and Family Therapy courses. Revised student manual to reflect new MFT degree requirements.

Greater Europe Mission. Base Camp Road, Monument, Colorado.

February 2005 – November 2010

Independent Contractor/Consultant. Conducted psychological assessments for candidates from across the Nation applying for short-term and long-term missions overseas. Debriefing and counseling for missionaries returning from assignment.

City Impact, Inc. Oxnard, California.

June 2002- June 2004; January 2010; January 2016

Clinical Consultant. Assist City Impact, Inc. with re-organization of their Counseling Center to accommodate growth. Consult with executive, clinical and administrative staff. Work with overall strategic plan, develop job descriptions, assist with budgeting, and problem-solving. Interview prospective employees. Workshops and training for staff development. Assisted with maintaining compliance with State requirements for interns and licensed clinical therapists.

Linda C. Osterlund, Ph.D., LMFT

Initiated process for site approval as Medi-Cal provider.

CLINICAL PRACTICE

Private Practice, Licensed Marriage and Family Therapist and Supervisor

January 2012 – Present

3530 Doolittle Road, Monument, CO 80132

Private practice with individuals, couples, adolescents and their families. Systemic approach to therapy, specializing with relationships, marriage, pre-marriage, depression, anxiety, religious/spiritual and women's issues. Taught 40-Hour Fundamentals course for AAMFT Approved Supervisors (SU12). Supervision of supervision group SU12-SU14. Supervision of interns acquiring hours towards LPC and LMFT licensure.

Private Practice, Licensed Marriage and Family Therapist

November 2004 – September 2007

1750 Deer Creek Road, Monument, Colorado 80132

Part-time private practice with individuals, couples, adolescents and their families. Systemic approach to therapy, specializing with relationships, marriage, pre-marriage, depression, anxiety, religious/spiritual and women's issues.

Private Practice, Licensed Marriage and Family Therapist and Supervisor

May 2003- July 2004

298 West Horizon Ridge Parkway, Suite 201, Henderson, Nevada 89052

Part-time private practice therapy with individuals, couples, families, and adolescents. Clinical supervision of MFT Intern.

Private Practice, Licensed Marriage and Family Therapist and Supervisor

August 2002- July 2003

Life Spring Counseling Center, 6859 West Charleston Avenue, Las Vegas, Nevada 89117.

Part-time agency practice with individuals, couples, family, adolescents.

Clinical Supervisor, Licensed Marriage and Family Therapist and Supervisor

August 2001- May 2002

SKY Center, Suicide Prevention Project, The College of Santa Fe, 1600 St. Michael's Drive, Santa Fe, New Mexico 87505.

Clinical supervision of graduate students; conducting of weekly groups as co-therapist/supervisor at local elementary, middle and high schools; group supervision and one-way mirror supervision. Administrative responsibilities related to the operations of the counseling center. Assisted with student orientation and evaluations.

Contracted Therapist, Licensed Marriage and Family Therapist and Supervisor

Sept 1995 - Oct 2000

City Impact, Inc., P. O. Box 5678, Oxnard, California 93031

Marriage and Family Therapy office at Community Presbyterian Church, Ventura, California. Maintained caseload of 5 to 8 clinical counseling clients weekly.

Vice-President of Programs

May 2000-Oct. 2000

City Impact, Inc. P. O. Box 5678, Oxnard, California 93031

In addition to the responsibilities as Clinical Director, managed and administrated all programs, including the Youth Impact Outreach and Mentoring programs and the City Impact Institute. Over

Linda C. Osterlund, Ph.D., LMFT

600 at-risk youth and their families were served monthly. Responsible for program development, staff meetings, in-service training, and all aspects of personnel supervision and management. Initiated and maintained community relationships (see below). Administered budgets, grants and report writing. Conducted In-Service Trainings.

Clinical Director

1995-2000

City Impact, Inc. P. O. Box 5678, Oxnard, California 93031

Administration of counseling center. Management and supervision of up to 15 licensed and pre-licensed clinical counseling staff. Responsible for operations, policies and procedures, and all aspects of personnel management. Conducted clinical group supervision, and managed other licensed clinical supervisors. Maintained compliance with State requirements for interns and licensed clinical therapists. Developed contracts to provide counseling services for local schools (public and private), churches, and the County Probation Department. Conducted and supervised support groups at public schools and County Youth Detention Center. Marketing and expanding center to include several successful satellite counseling offices. Conducted public presentations, workshops, and local television interviews. Developed and implemented community-based premarital counseling program.

Clinical Therapist

Anacapa by the Sea

451 North Ventura Rd., Port Hueneme, California 93041

- | | |
|-----------|---|
| 1993-1999 | <u>Adult In-Patient Mental Health Unit</u> . Case management, group, individual and couple therapy. |
| 1994-1995 | <u>S.T.E.P.S. Residential Treatment Program</u> . Case management, group, individual, and family therapy. |
| 1990-1993 | <u>Adolescent In-Patient Treatment Program</u> . Case management, group, individual, family and multi-family group therapy. |

PUBLICATIONS

Peer Reviewed Journal Publications

- Osterlund, L. C. (2016). Developing wisdom in counselors of the future: Ignatian pedagogy applied to counselor education and supervision. *Ideas and Research You Can Use: VISTAS 2016*. http://www.counseling.org/docs/defaultsource/vistas/article_3557fd25f16116603abcacff0000bee5e7.pdf?sfvrsn=4
- Osterlund, L. (2015). An Experience that Forever Changed My Worldview. *Jesuit Higher Education* 4(2): 2-5.
- Osterlund, L. C., Bohat, K. J., & Phillips, K. (2015). 2015 Heartland Delta Virtual Conference. *Jesuit Higher Education: A Journal*, 4(2), 153-159.
- Osterlund, L. C. (2014). Wisdom in the counseling relationship. *Jesuit Higher Education*, 3(2): 74-84.
- Osterlund, L. & Mack, M. (2014). Graduate counseling student's personal relationships need intentional consideration for success. VISTAS 2014. https://www.counseling.org/docs/default-source/vistas/article_06.pdf

Linda C. Osterlund, Ph.D., LMFT

- Osterlund, L. C. (2011). *The wisdom of the counselor and the counselor's perception of the therapeutic working alliance*. (Dissertation; University of Northern Colorado).
- Osterlund, L. C., & Mack, M. (2011). *Promoting advocacy and leadership in counselor education through an innovative student and alumni association*.
http://counselingoutfitters.com/vistas/vistas11/Article_29.pdf
- Reynolds, J., & Osterlund, L. C. (2011). *Advocating for Military Families: A Counselor Education Model for Promoting a Culture of Advocacy and Action*. Retrieved from
http://counselingoutfitters.com/vistas/vistas11/Article_17.pdf
- Numbers, M., Osterlund, L., & Ungvarsky, J. (2011). *Military spouses: The overlooked, underpaid, and stressed-out casualties of war*. http://counselingoutfitters.com/vistas/vistas11/Article_15.pdf

Non-Juried Publications

- Osterlund, L., & Abrams, C. (2015). How do marriage and family therapists benefit from further training in addictions counseling? COAMFT Winter Newsletter, 2015.
- Osterlund, L. C. (Fall 2013). Increasing reflectivity in clinical supervision. Colorado Association for Marriage and Family Therapy; Fall Newsletter, 2013.
- Osterlund, L. C. (2010). Serving Soldiers in Colorado Springs. *Regis University Magazine*, April 2010.
- Osterlund, L. C. (2006). Effective group supervision. *The Therapist: Magazine of the California Association of Marriage and Family Therapists*, November/December 2006.
- Osterlund, L. C. (2006). The supervision disclosure: create a real document that you can use. *The Therapist: Magazine of the California Association of Marriage and Family Therapists*, September/October 2006.

PROFESSIONAL PRESENTATIONS

Peer Reviewed International Conference Presentations

- Calderon B., Thomas S.M., Fuller S., & Osterlund L. (2019, August). Evaluation of an interprofessional care conference simulation for 1st year professional students in the achievement of IPEC Core Competencies. Poster presentation. The NEXUS Summit, Minneapolis, MN.
- Thomas S.M., Fuller S., Osterlund L., & Calderon B. (2019, August). Evaluating IPE activities in achieving IPEC competencies using the Chiba Interprofessional Competency Scale (CISC29). Poster presentation. The NEXUS Summit, Minneapolis, MN.
- Osterlund, L. (2015, October). Developing Wisdom in Counselors of the Future: Ignatian Pedagogy Applied to Counselor Education and Supervision. *ACES Leadership for Culturally Relevant Pedagogy and Practice*. Philadelphia, PA.
- Osterlund, L. C. (2013, September). Creative Supervision Strategies for Counselors Working with Couples and Families. *ACES National Conference: Promoting Unity While Affirming Diversity*. Denver, CO.

Linda C. Osterlund, Ph.D., LMFT

- Osterlund, L. C. & Forbes, L. (2012). Counselor Leadership Skills, Counseling Relationships and Counselor Self-Efficacy. *38th Advanced International Winter Symposium; Addictive Disorders, Behavioral Health, and Mental Health*. Colorado Springs, CO.
- Reynolds, J., Osterlund, L. C., & Ungvarsky, J. J. (2011). Military families and wartime stress: Implications for counseling. *American Counseling Association National Conference and Exposition*. New Orleans, LA.
- Osterlund, L., Numbers, M., & Ungvarsky, J. J. (2011). Spouses supporting spouses: Counseling group for spouses of deployed soldiers. *American Counseling Association National Conference and Exposition*. New Orleans, LA.
- Ungvarsky, J. J., Osterlund, L. C., & Numbers, M. (2011). Spouses Supporting Spouses: Counseling Groups for Spouses of Deployed Soldiers. *Psychotherapy Associates Annual Winter Symposium*. Colorado Springs, CO.
- Osterlund, L. C., Alvarez, R., Bancroft, A., & Hill, A. (2010). A collaborative approach to counseling military couples. *AAMFT National Conference*. Atlanta, GA.
- Osterlund, L. C. (2009). *The Wise Counselor: Wisdom and the Counseling Relationship*. ACA National Conference and Exposition. Charlotte, NC.
- Medina, S. L. & Osterlund, L. C. (2009). *Common Pitfalls of Novice Couples Counselors*. ACA National Conference and Exposition. Charlotte, NC.
- Peer Reviewed Regional Conference Presentations**
- Osterlund, L. & Morris, S. (2018, July). Finance and academics: Collaboration creating integrated planning for program sustainability. *Society for College and University Planning, Conference*. Nashville, TN.
- Osterlund, L., Davis, A., Duggan, C., Huntington, J., & Nash, J. (2016, April). Establishing core competencies for behavioral health providers working in primary care. Paper presented at *Colorado Mental Health Professionals Conference*. Denver, CO.
- Osterlund, L., Huntington, J., & Raley, K. (2015, March). Leadership Training Mini-Intensive for Counselors in a Changing Health Care Environment. *Colorado Counseling Association Annual Conference*. Denver, CO.
- Osterlund, L. & Campbell, M. (2014, November). Serving the Underserved: Counselors Making a Positive Impact in a Changing Society. *Building Bridges to Inclusion Conference*. Regis University, Denver, CO.
- Osterlund, L. C., Jordan, L., & Martin, J. (2013). Creative Approaches in Clinical Supervision: Applicable to University, Community Agency, and Private Practice Settings; 3-Hour pre-conference workshop. *Colorado Counseling Association Annual Conference: Colorado Counselor's Let's Hear Your Voice*. Denver, CO.
- Osterlund, L. C. (2012). The Smart Counselor: A Counselor's Personal Relationships Need Intentional Consideration for Success. *Western Association for Counselor Education & Supervision: A Strong Past, A Bright Future*. Portland, OR.

Linda C. Osterlund, Ph.D., LMFT

- Osterlund, L. C. & Forbes, L. (2012). The Leadership Skills of the Counselor: The Impact of Leadership on the Counseling Relationship and Counselor Self-Efficacy. *Colorado Counseling Association Annual Conference: Imagine...Colorado Counselors Moving Forward, Looking Back*. Denver, CO.
- Osterlund, L. C., & Reynolds, J. (2010). Curriculum for Training Post-Master's Degree Counselors for Working with Military Families. *Creating Leadership and Scholarship through Innovation and Empowerment; Rocky Mountain Association for Counselor Education and Supervision Conference*. Jackson Lake Lodge, WY.
- Osterlund, L. C., & Mack, M. (2010). Promoting advocacy and leadership in counseling through an innovative student and alumni association. *Creating Leadership and Scholarship through Innovation and Empowerment; Rocky Mountain Association for Counselor Education and Supervision Conference*. Jackson Lake Lodge, WY.
- Osterlund, L. C. (November 2008). *The Wise Counselor: The Impact of a Counselor's Wisdom on the Counseling Relationship*. WACES Regional Conference: Making Connections and Growing Globally: New Horizons for Counselor Education. Palm Springs, CA.
- Osterlund, L. C. (2008). *The Development of Wisdom in Counseling*. RMACES Regional Conference: Sharing Tools for Awareness, Competence and Advocacy. Breckenridge, CO.
- Osterlund, L. C., Baker, V., Nilsson, A., & Smith, L. (2008). *Clinical Internship & Advocacy*. RMACES Regional Conference: Sharing Tools for Awareness, Competence and Advocacy. Breckenridge, CO.
- Medina, S. L. & Osterlund, L. C. (2006). *Making Research Methods Meaningful to Master's Level Students*. RMACES Regional Conference. Jackson, Wyoming.
- Invited Presentations**
- Osterlund, L., Reinkensmeyer, A., & Turner, B. (2019, October). *Building a 21st Century Workforce*. State of Reform Colorado Health Policy Conference. Denver, CO.
- Atkins, R. G. & Osterlund, L. (2018, March). *Data and Methodology for Program Portfolio Assessment*. American Council on Education, 100th Annual Meeting. Washington, D.C.
- Osterlund, L. (2016, April). Teaching counseling skills online: It can be done! Paper presented at the *Instructional Design and Technology Fair*. Regis University, Denver, CO.
- Osterlund, L. C. (2013, June). *Supervision II: Internal structures of supervision*. Instructor for continuing education course offered by California Association for Marriage for Marriage and Family Therapists. Costa Mesa, CA.
- Osterlund, L. C. (2013, April). *The Smart Counselor: A Counselor's Personal Relationships Need Intentional Consideration for Success*. Regis University Celebration of Research, Scholarship and Creative Excellence, Denver, CO.
- Osterlund, L.C. (2013, April). *Personality Types in Family Relationships*. Invited speaker for Mothers of Preschoolers and Beyond at Tri-Lakes Chapel, Monument, CO.
- Osterlund, L.C. (2011). *Learners Becoming Leaders in Counseling*. Invited speaker for the Chi Sigma

Linda C. Osterlund, Ph.D., LMFT

Iota Counseling Academic and Professional Honor Society, Rho Epsilon Chi Chapter Induction Ceremony at University of Northern Colorado, Greeley, CO.

- Osterlund, L.C. (2011). *Learners Becoming Leaders in the Graduate Counseling Division*. Invited speaker for the Chi Sigma Iota Counseling Academic and Professional Honor Society, Rho Upsilon Chi Chapter Induction Ceremony at Regis University.
- Osterlund, L.C. (2011). *Leadership in Counseling*. Invited speaker for the Chi Sigma Iota Counseling Academic and Professional Honor Society, Rho Upsilon Chi Chapter Induction Ceremony at Regis University.
- Osterlund, L. C., Diffie, P., Mack, M., Rosine, M., & Ruiz, J. (2011). *Leadership Academy*. Co-sponsored by Regis Alumni Counseling Association (RASCA), Student Veterans of America, Regis University Chapter (RAW) and Chi Sigma Iota, Rho Upsilon Chapter. Colorado Springs, CO.
- Osterlund, L. C. (2010). *The wisdom of the counselor and the counselor's perception of the counseling relationship*. Invited speaker for University of the Rockies, Colorado Springs, CO.
- Osterlund, L. C. (2010). *The wisdom of the counselor and the counselor's perception of the counseling relationship*. School of Educational Research, Leadership, and Technology Research Evening, University of Northern Colorado. Greeley, CO.
- Osterlund, L. C., Mack, M., Ruiz, J., & Rivera-Prestgard, C. (2010). *Leadership and Advocacy Workshop*, co-sponsored by Regis Alumni Counseling Association and Chi Sigma Iota, Rho Upsilon Chapter. Colorado Springs, CO.
- Osterlund, L. C. (2010). *Organizational Goal Setting and Team Building*. City Impact, Inc. Staff and Board Annual Retreat. Ventura, CA.
- Osterlund, L. C., Mack, M., Ruiz, J., & Rivera-Prestgard, C. (2009). *Leadership and Advocacy Workshop*, co-sponsored by Regis Alumni Counseling Association and the Graduate Counseling Program at Regis University. Colorado Springs, CO.
- Osterlund, L. C. (2009). *Treatment Planning*. Co-sponsored by Regis Alumni Counseling Association and the Graduate Counseling Program at Regis University. Colorado Springs, CO.
- Osterlund, L. C. (2009). *Pitfalls of Novice Couples Counselors*, co-sponsored by Regis Alumni Counseling Association and the Graduate Counseling Program at Regis University. Colorado Springs, CO.
- Osterlund, L. C. (2009). *Leadership Fellows Workshop*. Co-sponsored by Chi Sigma Iota Rho Epsilon and the School of Applied Psychology and Counselor Education at the University of Northern Colorado. Greeley, CO.
- Osterlund, L. C. (2009). *Transforming the Supervision Experience. Site Supervisor Workshop at the Regis University Internship Fairs. February 5, Denver, CO; February 6, Colorado Springs CO.*
- Osterlund, L. C. (2008). *Supervision: The Good, the Bad, and the Ugly*. Site Supervisor Workshop at the Regis University Internship Fairs. February 7, Denver, CO; February 8, Colorado Springs, CO.

Linda C. Osterlund, Ph.D., LMFT

- Osterlund, L. C. (2007). *Women's Issues on the Mission Field*. Seminar for Greater Europe Mission, Candidate Orientation. Colorado Springs, CO.
- Osterlund, L. C. (2007). *Effective Clinical Supervision*. Site Supervisor Workshop at the Regis University Internship Fairs. March 2, Colorado Springs Campus; March 9, Broomfield, CO.
- Osterlund, L. C. (2006). *Heartshift: Making 2 Degrees of Change in Marriage*. Marriage class for Tri-Lakes Chapel. Monument, CO.
- Osterlund, L. C. & Osterlund, K. C. (2006). *Intimacy Issues for Couples*. Marriage class for Tri-Lakes Chapel. Monument, CO.
- Osterlund, L. C. (2006). *Dealing with Depression*. Seminar for Tri-Lakes Chapel Women's Retreat. Buena Vista, CO.
- Osterlund, L. C. (2005). *Ties that Bind" – Family Therapy and Thinking Systemically*. Presentation at Counseling Psychology Seminar at Regis University. Denver, CO.
- Osterlund, L. C. (2004). *Treating Victims of Domestic Violence*. City of Las Vegas Municipal Court sponsored event, Domestic Violence Conference. Las Vegas, NV.
- Osterlund, L. C. (2003). *Counseling Couples with Sexual Dissatisfaction*. NAMFT Sponsored Event; Las Vegas, NV.
- Osterlund, L. C. (2003). *Shame & Recovery*. Speaker for Celebrate Recovery Group. Green Valley Christian Center, Henderson, NV.
- Osterlund, L. C. (2000). *Love for All Seasons. A Message for Women*, hosted by Gail Nordskog. Broadcast Television presentation, Ventura County Local Channel 6.
- Osterlund, L. C. & Osterlund, K. C. (2000). *Love for All Season*. Marriage class series (6) for Community Presbyterian Church, Ventura, CA.
- Osterlund, L. C. & Osterlund, K. C. (1999). *Lasting Love/Divorce Busting*. Marriage class series (6) for Community Presbyterian Church, Ventura, CA.
- Osterlund, L. C. (1999). *The Five Love Languages. A Message for Women*, hosted by Gail Nordskog. Broadcast Television presentation, Ventura County Local Channel 6.
- Osterlund, L. C. (1999). *Peacemaking and Resolving Conflicts*. Facilitator for Students at Azusa Pacific University, CA.
- Osterlund, L. C. (1998-1999). *The Five Love Languages*. Presented 3 classes at various churches and preschool & an in-service for counseling staff. Ventura County, CA.
- Osterlund, L. C. & Juarez, N. (1999). *Systematic Training for Effective Parenting Skills class*. Course series (6) for City Impact Counseling Center, Oxnard, CA.
- Osterlund, L. C. (1998). *Leading from Your Strengths*. Staff retreat seminar for E.P. Foster Elementary School teachers, Fillmore, CA.

Linda C. Osterlund, Ph.D., LMFT

- Osterlund, L. C. & Osterlund, K. C. (1998). *REFOCCUS Marital Assessment*. Marriage class series (6) for Community Presbyterian Church, Ventura, CA.
- Osterlund, L. C. & Osterlund, K. C. (1998). *How to Change Your Spouse Without Ruining Your Marriage*. Marriage class series (6) for Community Presbyterian Church, Ventura, CA.
- Osterlund, L. C. (1997-2000). Training for Marriage Mentor Couples, 1-Day Workshops at Community Presbyterian Church, Camarillo Community Church, Bible Fellowship Church, Church of the Nazarene, and Southcoast Fellowship, Ventura County, CA.
- Osterlund, L. C. (1995 – 1997). *Release and Recover 12-Step recovery program*. Facilitated initial program, trained lay leaders, and consulted for several on-going group programs. Community Presbyterian Church and Southcoast Fellowship, Ventura, CA.
- Osterlund, L. C. (1997). *Peer conflict resolution and mediation training program*. Developed curriculum and provided 2- day student and teacher training. Channel Islands High School, Oxnard, CA.

PROFESSIONAL SERVICE & ACTIVITIES

REGIS UNIVERSITY-WIDE

- Spring 2020 – Present University liaison to Colorado/Denver Department for Public Health and Environment during COVID-19 pandemic
- Fall 2020-Spring 2021 Search committee member for Provost
- Spring 2018 Search committee member for Academic Dean, College for Contemporary Liberal Studies
- Fall 2017-Spring 2018 Leadership Academy, Coach
- Fall 2017- Spring 2018 Faculty Leadership Mentor
- Fall 2016 – Fall 2018 Master Planning Committee Member
- Spring 2016 – 2017 Co-Chair, Higher Learning Commission Assessment Committee for Criterion 5
- Fall 2015 – 2016 Criterion 3 (2015-2016), Criterion 4 liaison (2015-2016).
- Fall 2015 Search Committee Member for Provost
- Fall 2014 – 2017 Academic Policy and Planning Committee (APPC), renamed Regis University Academic Council (RUAC), fall 2016. Elected faculty representative for Rueckert-Hartman College for Health Professions.

COLLEGE-LEVEL

- Fall 2013 – 2016 Rueckert-Hartman College for Health Professions Academic Council; Academic Leadership Council, renamed Academic Leadership Collaborative, fall 2016.
- Fall 2012 Search Committee Member; College for Professional Studies; Humanities and Social Sciences Dean, Search Committee Member
- Fall 2012 Chair, Committee on Rank; College for Professional Studies

DIVISION-LEVEL

- May 2015 Participated in CACREP re-accreditation process, granted accreditation for Clinical Mental Health Counseling for 8 years.
- 2009-2011 Leader for the Colorado Springs campus military development taskforce; created the SALUTE SMART (Support Military at Regis Taskforce).

Linda C. Osterlund, Ph.D., LMFT

- 2009-2011 Awarded two Veteran’s Administration work study positions.
Committee participation for COAMFTE self-study and integration
of 2009 CACREP standards for re-accreditation for Clinical
Mental Health Counseling Degree.
- 2007 – 2010 Faculty advisor for Regis Alumni and Student Counseling
Association (RASCA)

EDITORIAL/PUBLICATION REVIEW

- 2019 CACREP accreditation site review for a South Central region university.
- 2018 Journal of Marital and Family Therapy, ad hoc manuscript peer review.
- 2017 CACREP accreditation site review for a Western region university.
- 2016 American Psychological Association, Military Psychology; ad hoc
manuscript peer review.
- 2013 Cengage (Brooks/Cole Publishing) Gehart; Theory and Treatment
Planning in Family Therapy, 1st edition; peer review.
- 2013, 2016 Colorado Counseling Association Conference, Annual Conference
Proposal; peer review.
- 2012 Family Therapy Journal; ad hoc peer review for military topics.

GRANT AWARDS

- 2017 Colorado Springs Health Foundation: Behavioral Health Counseling for
Military Couples, Children and Families (Awarded \$67,500).
- 2016 Colorado Springs Health Foundation: Behavioral Health Counseling for
Military Couples, Children and Families (Awarded \$50,000).
- 2011 Research and writing for grant proposal to El Pomar Foundation and
Homefront Cares/Army Wounded Warriors Program (Awarded
\$50,000).

PROFESSIONAL ORGANIZATION MEMBERSHIP and SERVICE

HCA/HealthONE Board of Trustees, Denver, Colorado

2020 – Present Board of Trustees, Member

St. Joseph Hospital Foundation Board, Denver, Colorado

2019- Present Board of Directors, Member

Tepeyac Community Health Center (formerly Clínica Tepeyac), Denver, Colorado

2021- Present Board of Directors, Secretary

2018 – 2020 Board of Directors, President; Chair, Financial Committee and Executive
Committee

2016 – 2017 Board of Directors, Medical Committee, Vice President

Colorado Counseling Association (CCA)

2014-2016 Past-President; Awarded “Best Leadership” and 5-Star Branch

2013-2014 President – Awarded “Best Innovative Branch” and 5-Star Branch

2012-2013 President –Elect; conference chair

American Counseling Association (ACA)

Professional Member since 2005

ACES Professional Member; Rocky Mountain Association of Counselor Educators and
Supervisors (RMACES); International Association of Marriage and Family Therapists (IAMFC)

Linda C. Osterlund, Ph.D., LMFT

American Association of Marriage and Family Therapy (AAMFT)

1993 – Present Clinical Fellow
1989-1993 Pre-Clinical Member
August 2011 CO State Chapter: Colorado State Board, Speaker's Bureau
2002-2004 NV State Chapter: Nevada State chapter member
2002 NM State Chapter: New Mexico State Board, Member at Large

California Association of Marriage and Family Therapy (CAMFT)

1993-2013 Clinical Member
1995 Ventura County Chapter: Board Member, Conference Chairperson

REGIS UNIVERSITY MISSION-RELATED SERVICE

July 2014 – January 2016

National Ignatian Colleagues Program (ICP) Cohort 7. El Salvador Immersion experience
February 2015; silent retreat, July 2015 Manresa, MI; January 2016 capstone project, West Palm Beach, FL.

COMMUNITY SERVICE

Fall 2019 Project Homeless Connect, Volunteer, Colorado Convention Center
Spring 2018 Father Woody's Haven of Hope, Volunteer, Denver, CO
Fall 2015 Board of Directors, Regis Neighborhood Health; Member,
- 2017 Executive Committee
January 2015 American Red Cross Disaster Mental Health Team (co-Lead
- 2016 12/15), and Disaster Action Team; Colorado-Wyoming Region
February 2005 Training and development for Lay Counseling Ministry Program.
- August 2009 Supervision and consultation for training and crisis issues. Tri-
Lakes Chapel, Monument, Colorado.
August 2002 Training and development for Lay Counseling Ministry Program.
- July 2004 Supervision and consultation for training and crisis issues. Hope
Baptist Church, Las Vegas, Nevada.
1995 – 2000 Training and development of Recovery Ministry Program.
Supervision and consultation for crisis issues. Community Presbyterian
Church and Bible Fellowship, Ventura, CA.

LICENSES & CERTIFICATES

CURRENT

August 2006 Approved Clinical Supervisor (ACS); Center for Credentialing
and Education, Certificate ACS00544
Nov 2004 Colorado State Licensed Marriage and Family Therapist (CO License
693 renewed active)
April 2004 CAMFT Certified Supervisor (California)
February 2001 AAMFT Approved Supervisor, 21114

PAST

July 2002 Nevada State Licensed Marriage and Family Therapist
(NV License 0922 retired)
June 2001 New Mexico State Licensed Marriage and Family Therapist
(NM License 005755 renewed inactive)

Linda C. Osterlund, Ph.D., LMFT

July 1993

California State Licensed Marriage and Family Therapist
(CA License 30639 renewed inactive)

HONORS/AWARDS/SCHOLARSHIPS

September 2016	Outstanding Leadership; Colorado Counseling Association
April 2016	Nominated; Outstanding Leadership Award, RHCHP, Regis University
March 2015	Alpha Sigma Nu Honor Society, Honorary Faculty Member
April 2015	Past-President Award, Colorado Counseling Association, Service
September 2011	Mission Award, Graduate Counseling Program, Regis University
May 2011	Nominated: Outstanding Dissertation Award, UNC, Greeley, CO
April 2011	Nominated: President's Service Award, Regis University
March 2011	Distinguished Counselor Educator Award 2010-2011; Colorado Counseling Association
2009-2010	Arnold Luker Psychology/Counseling Scholarship Award, UNC
October 2009	ACES Emerging Leader; ACES Recognition, Leadership Training
September 2009	Advocacy in Counseling Award, Graduate Counseling Program, Regis University
2008-2009	Cross Family Foundation Scholarship Award, UNC
July 2007	Chi Sigma Iota Counseling Academic and Professional Honor Society; Rho Upsilon Chi Chapter Member in Good Standing
March 2007	Excellence in Teaching Award, Graduate Counseling Program, Regis University