

CURRICULUM VITAE (August 2022)

Mark F. Reinking, PT, PhD, SCS, ATC
Regis University, School of Physical Therapy

Education:

PhD
Saint Louis University, Saint Louis, MO
Higher Education
May 2004

MS
University of Indianapolis, Indianapolis, IN
Physical Therapy
December 1988

MS
The Ohio State University, Columbus, OH
Biology
May 1979

BSEd
Missouri State University, Springfield, MO
Biology, Chemistry
May 1977

Licensure Information:

Colorado Physical Therapy License #0013436
Colorado Athletic Trainer License #0001493

Certifications:

ABPTS Board Certified Clinical Specialist Sports: 1996; Recertified 2010, 2016
American Red Cross Emergency Medical Responder: 2017, 2019, 2021

Employment and Positions Held

Dean
Professor
Regis University, School of Physical Therapy
Denver, CO
August 2015 to present

Physical Therapist
RegisCares
Regis University, School of Physical Therapy
Denver, CO
August 2015 to present

Chairman
Associate Professor
Tenured
Saint Louis University Department of Physical Therapy & Athletic Training
Saint Louis, MO
August 2007 to July 2015

Program Director
Associate Professor
Tenured
Saint Louis University, Program in Physical Therapy
Saint Louis, MO
August 2007 to July 2015

Faculty
Assistant Professor
Tenure-track
Saint Louis University, Department of Physical Therapy
Saint Louis, MO
August 2003 to July 2007

Faculty
Assistant Professor
Non-tenure track
Saint Louis University, Department of Physical Therapy
Saint Louis, MO
August 1999 to July 2003

Rehab Coordinator
Saint Louis University Athletics
Saint Louis, MO
August 1999 to July 2015

Faculty, Academic Coordinator of Clinical Education
Assistant Professor
Tenure-track
Clarke College Department of Physical Therapy
Dubuque, IA
March 1994 to July 1999

Physical Therapist
Comprehensive Rehab
Dubuque, Iowa
August 1994 to July 1999

Adjunct Faculty
University of Indianapolis Krannert School of Physical Therapy
Indianapolis, IN
January 1989 to February 1994

Site Coordinator of Clinical Education
St. Francis Sports Medicine
Southport, IN
January 1991 to February 1994

Physical Therapist, Athletic Trainer
St. Francis Hospital
Beech Grove, IN
January 1989 to February 1994

Peer reviewed publications:

Bennett JE, Austin TM, Hayes AM, Reinking MF. Analysis of Calcaneal Bone Mineral Density (cBMD) in Healthy College Students. *Int J Sports Phys Ther.* 2022;17(2):218-227.

Albin SR, Hoffman LR, MacDonald CW, Boriack M, Heyn L, Schuler K, Taylor A, Walker J, Koppenhaver SL, Reinking MF. Ultrasonographic Validation for Needle Placement in the Tibialis Posterior Muscle. *Int J Sports Phys Ther.* 2021;16(6):1541-1547.

Reinking MF, Carson NM, End BM, Miller OK, Munter JD, McPoil TG. Differences in lower extremity kinematics between high school cross-country and young adult recreational runners. *IJSPT.* 2021;16(1):106-113.

White JD, Carson N, Baum BS, Reinking MF, McPoil TG. Use of 2-dimensional sagittal kinematic variables to estimate ground reaction force during running. *Int J Sports Phys Ther.* 2019;14(2):174-179.

Reinking MF, Dugan L, Ripple N, Schleper K, Scholz H, Spadino J, Stahl C, McPoil T. Reliability of two-dimensional quantitative video-based running gait analysis. *Int J Sports Phys Ther.* 2018;13(3):453-461.

Chevan J, Reinking M, Iversen MD. The early assurance program model for physical therapy education. *J Phys Ther Ed.* 2017;31(3):15-23.

Reinking MF, Austin TM, Richter RR, Krieger M. Medial tibial stress syndrome in active individuals: a systematic review and meta-analysis of risk factors. *Sports Health.* 2017; 9(3):252-261

Reinking MF. Current concepts in the treatment of patellar tendinopathy. *Int J Sports Phys Ther.* 2016;11(6):854-866.

Manske R, Paterno MV, Reinking MF, Reinking SE. Knee Injuries: Evidence in Sports Rehabilitation. In: *Evidence in Sports Musculoskeletal Rehabilitation: A SPTS Home Study Course*. July 2016.

Reinking MF, Austin TA, Bennett JE, Hayes AM, Mitchell W. Lower extremity overuse bone injury risk factors in collegiate athlete: a pilot study. *Int J Sports Phys Ther*. 2015;10(2):155-167.

Reinking MF, Reiman M, Chapter 3: Tissue injury and healing. In: Reiman M, ed. *Orthopaedic Physical Examination*. Champaign, IL: Human Kinetics; 2015.

Reinking MF, Wadsworth LT. Non-operative rehabilitation of medial tibial stress syndrome and non-operative rehabilitation of tibial stress fracture. Chapter 36: Leg pain in the athlete. In: Reider B, Davies G, Provencher MT, eds. *Orthopaedic Rehabilitation of the Athlete: Getting Back in the Game*. Philadelphia, PA: Elsevier Saunders; 2015.

Mulligan EP, Weber MD, Reinking MF. Competency revalidation study of specialty practice in sports physical therapy. *Int J Sports Phys Ther*. 2014;9(7): 1-15.

Reinking MF, Austin TM, Hayes AM. A survey of exercise-related leg pain in community runners. *Int J Sports Phys Ther*. 2013;8(3): 269-276.

Reinking MF. The effect of foot orthotic use on exercise related leg pain in cross country athletes. *Physical Therapy in Sport*. 2012;13(4):214-8.

Bennett JE, Reinking MF, Rauh MJ. The relationship between isotonic plantar flexor endurance, navicular drop, and exercise-related leg pain in a cohort of collegiate cross-country runners. *Int J Sports Phys Ther*. 2012;7(3):267-78.

Reinking MF. Tendinopathy in athletes. *Physical Therapy in Sport*. 2012. 13(1):3-10.

Reinking MF. Exercise related leg pain: More than 'shin splints'. *Lower Extremity Review*. 2011;3(2): 51-56.

Richter RR, Austin TM, Reinking MF. Foot orthoses in lower limb overuse conditions: a systematic review and meta-analysis - appraisal and commentary. *Journal of Athletic Training*. 2011;46(1):103-6.

Reinking MF, Austin TM, Hayes AM. Risk factors for self-reported exercise related leg pain in high school cross-country athletes. *Journal of Athletic Training*. 2010;45(1): 51-57.

Austin TM, Reinking MF, Hayes AM. Menstrual function in female high school cross

country athletes. *International Journal of Adolescent Medicine and Health*. 2009;21(4): 555-565.

Weber MD, Thein-Nissenbaum J, Bartlett L, Woodall WR, Reinking MF, Wallmann HW, Mulligan EP. Competency revalidation study of specialty practice in sports physical therapy. *North American Journal of Sports Physical Therapy*. 2009; 4(3):110-122.

Reinking MF, Osman MM. Prospective evaluation of physiologic uptake detected with true whole-body 18F-FDG PET/CT in healthy subjects. *Journal of Nuclear Medicine Technology*. 2009;37(1):31-7.

Austin TA, Richter RR, Reinking MF. A primer on web surveys. *Journal of Allied Health*. 2008; 37(3):180-6.

Reinking MF, Austin TM, Hayes AM. Exercise related leg pain in collegiate cross-country athletes: extrinsic and intrinsic risk factors. *Journal of Orthopedic and Sports Physical Therapy*. 2007; 37(11):670-678.

Reinking MF. Exercise related leg pain: A review of the literature. *North American Journal of Sports Physical Therapy*. 2007; 2(3):170-180.

Reinking MF. Exercise-related leg pain in female collegiate athletes: the influence of intrinsic and extrinsic factors. *American Journal of Sports Medicine*. 2006; 34(9):1500-1507.

Reinking MF, Hayes AM. Exercise related leg pain in collegiate cross-country athletes. *Clinical Journal of Sports Medicine*. 2006;16(1)10-14.

Bennett JE, Reinking MF. Achilles tendinopathy and plantar fasciopathy in the aging athlete. *Monograph in Rehabilitation Considerations for the Aging Athlete*. Sports Physical Therapy Section, December 2006.

Richter RR, Reinking MF. What is the evidence for teaching vertebral artery testing in an entry-level physical therapy curriculum? *Physical Therapy*. 2005;85(6):589-599.

Reinking MF, Alexander LA. Prevalence of disordered eating behaviors in undergraduate female collegiate athletes and non-athletes. *Journal of Athletic Training*. 2005;40(1):47-51. *This article was selected for press release by the NATA and was mentioned in the NCAA News, Reuter's Health, ABC News web site, and the Congressional Quarterly.*

Reinking MF. Patellar tendinopathy. *Monograph in Patellofemoral Disorders: A Rehabilitative Approach*. Sports Physical Therapy Section. 2005.

Reinking MF, Wallmann H. Training for cardiopulmonary and cardiovascular fitness. Chapter in: Nyland J, ed. *Clinical Decisions in Therapeutic Exercise, Planning and Implementation*. Pearson Education, Inc. September 2005.

Reinking MF. Exercise-related leg pain in female collegiate athletes: the influence of intrinsic and extrinsic factors. 2004, *Doctoral Dissertation*, Saint Louis University.

Bennett JE, Reinking MF, Kanter B, Pentel A, Seaton M, Killian C. Factors contributing to the development of medial tibial stress syndrome in high school runners. *Journal of Orthopedic and Sports Physical Therapy*. 2001; 31(9): 504-510.

Reinking MF. Knee Anatomy and Biomechanics. *Home Study Course 10.4*, Orthopedic Section of the American Physical Therapy Association, Allen Press; September 2000.

Brosky T, Reinking MF. Rehabilitation of knee ligament injury. Chapter in *Innovations in Knee Rehabilitation*. Sports Physical Therapy Section. 1999.

Reinking MF, Bockrath K, Worrell T, Kegerreis R, Miller-Sayers K, Farr J. Assessment of quadriceps muscle performance by hand-held, isometric, and isokinetic dynamometry in patients with knee dysfunction. *Journal of Orthopedic and Sports Physical Therapy*. 1996; 24(3):154-159.

Stiene H, Brosky T, Reinking MF, Nyland J, Mason MB. A comparison of closed kinetic chain and isokinetic joint isolation exercise in patients with patellofemoral dysfunction. *Journal of Orthopedic and Sports Physical Therapy*. 1996; 24(3):136-141.

Reinking MF. The effect of concentric and eccentric training on the strengthening of tibialis anterior. *Isokinetic Exercise and Science*. 1991; 4: 1-9.

Reinking MF. The effects of concentric and eccentric training on the neuromuscular integration of tibialis anterior. 1988, *Master's Thesis*, University of Indianapolis.

Peer reviewed Scientific and Professional Presentations

Hoffman L, Albin S, MacDonald C; Koppenhaver S, Boriack M, Heyn L, Schuler K, Taylor A, Walker J, Reinking M. Ultrasonographic validation for needle placement in the tibialis posterior muscle. 2022 Combined Sections Meeting. San Antonio, TX. February 2022

Martinez C, Garbett S, Hiromasa K, Jackson R, Miya E, Perry M, Baum BS, Reinking MF.
Comparison of 2-D and 3-D analysis of running kinematics and actual versus predicted running kinetics.
2021 APTA Combined Sections Meeting, Poster Presentation.
February 2021

Deighan KM, Dwight H, Goodwin J, Herlache L, Lombardo M, Terbush RC, White JD, Reinking MF.

A comparison of bone density and running kinematics between high school and collegiate runners.

APTA Combined Sections Meeting, Denver, CO. Poster Presentation.

February 2020

White JD, Santurri L, Reinking MF, Borrero L.

Prevention and management of running-related injuries in ultrarunners.

APTA Combined Sections Meeting, Denver, CO. Platform Presentation.

February 2020

Reinking MF.

Risk factors and injury prevention for running-related injuries.

1st Symposium on Physical Therapy between Regis University and Teikyo-Heisei University. Tokyo, Japan. Invited Lecture.

July 2019

Reinking MF.

Physical therapy education in the US: past, present, and future.

1st Symposium on Physical Therapy between Regis University and Teikyo-Heisei University, Tokyo, Japan. Invited Lecture.

July 2019

Reinking MF, Carson N, End B, Miller O, Munter J, McPoil T.

Differences in lower extremity kinematics between high school cross-country and young adult recreational runners.

APTA Combined Sections Meeting, Washington DC. Poster Presentation.

January 2019

White J, Carson N, Baum B, Reinking M, McPoil T.

Use of 2-dimensional sagittal kinematic variables to estimate ground reaction force during running. APTA Combined Sections Meeting, Washington DC. Poster Presentation.

January 2019

Reinking M, Dugan L, Ripple N, Schleper K, Scholz H, Spadino J, Stahl C, McPoil T.

Reliability of two-dimensional quantitative video-based running gait analysis. APTA Combined Sections Meeting, New Orleans, LA. Platform Presentation.

February 2018

Reinking MF, Austin TM, Bennett J.

Optimizing bone health in athletes: a critical challenge.

APTA Combined Sections Meeting, New Orleans, LA. Educational Session.

February 2018

Reinking MF.
Running injuries: epidemiology & risk factors.
2015 Team Concept Conference. APTA Sports Physical Therapy Section, Las Vegas, NV. Educational Session.
December 2015

Reinking MF.
Medial tibial stress syndrome: clinical management.
2015 Team Concept Conference. APTA Sports Physical Therapy Section, Las Vegas, NV. Educational Session.
December 2015

Reinking MF.
Medial tibial stress syndrome: pathology, risk factors, and intervention.
World Congress of the World Federation of Athletic Training & Therapy, St. Louis, MO. Invited Lecture.
June 2015

Reinking MF, Austin TM, Bennett JE, Hayes AM, Mitchell W.
Lower extremity overuse bone injury risk factors in collegiate athletes. APTA Combined Sections Meeting, Las Vegas, NV. Platform Presentation.
February 2014

Reinking MF.
Pediatric, high school & collegiate running injuries: evidence-based evaluation, differential diagnosis, and treatment. Part III: Differential diagnosis of injuries in distance runners.
APTA Combined Sections Meeting, Las Vegas, NV. Educational Session.
February 2014

Reinking MF, Rosenthal M, Weber MD, Mulligan EP.
Sports physical therapy: what makes us unique? Description of specialty practice in sports physical therapy.
APTA Combined Sections Meeting, Las Vegas, NV. Educational Session.
February 2014

Reinking MF.
Biology of injury and healing of muscle and tendon pathology. Rehab of the athlete's hip, Part 2: Muscle and tendon injuries.
APTA Combined Sections Meeting, San Diego, CA. Educational Session.
January 2013

Reinking MF, Bennett JE, Wadworth LT.
Tendinopathy in athletes: an evidence based review.
NATA Annual Meeting & Clinical Symposia 2012. Saint Louis, MO. Feature

Presentation.
June 2012

Reinking MF.
Eccentric exercise intervention for tendinopathy.
NATA Annual Meeting & Clinical Symposia 2012. Saint Louis, MO. Learning Lab.
June 2012

Austin TM, Reinking MF, Hayes AM.
Exercise related leg pain in community runners: questionnaire reliability. The Annual
Conference & Exposition of the APTA, National Harbor, MD. Poster Presentation.
June 2011

Reinking, MF, Austin TM, Hayes AM.
Risk factors for exercise related leg pain in adult community runners. The Annual
Conference & Exposition of the APTA, National Harbor, MD. Platform Presentation.
June 2011

Reinking MF.
Non-operative treatment of patellar tendinosis.
Team Concept Conference. Sports Physical Therapy Section. Las
Vegas, NV. Educational Session.
December 2009

Austin TM, Reinking MF, Hayes AM.
Exercise related leg pain in high school female cross-country athletes. APTA
Combined Sections Meeting, Las Vegas, NV. Poster Presentation.
February 2009

Reinking MF, Austin TM, Hayes AM.
Exercise related leg pain in high school cross-country athletes: intrinsic and extrinsic
risk factors. APTA Combined Sections Meeting, Nashville, TN. Platform
Presentation.
February 2008

Austin TM, Reinking MF, Hayes AM.
Menstrual function in high school cross-country athletes. APTA Combined Sections
Meeting, Nashville, TN. Platform Presentation.
February 2008

Hayes AM, Reinking MF, Austin TM.
The influence of foot orthotic use on exercise related leg pain in cross country
athletes. APTA Combined Sections Meeting, Nashville, TN. Platform Presentation.
February 2008

Weber M, Reinking MF, Blake A.
Demographic and clinical practice characteristics of board certified sports physical therapists: a comparison between specialists and non-specialists. APTA Combined Sections Meeting, Nashville, TN. Poster Presentation.
February 2008

Reinking MF, Austin TM, Hayes AM.
Exercise-related leg pain in collegiate athletes: the influence of foot type. APTA Combined Sections Meeting, Boston, MA. Platform Presentation.
February 2007

Austin TM, Reinking MF, Hayes AM.
Analysis of relationships and differences of navicular drop, medial longitudinal arch angle, and visual classification of foot type. APTA Combined Sections Meeting, Boston, MA. Platform Presentation.
February 2007

Reinking MF.
Exercise related leg pain in female collegiate athletes: the influence of intrinsic and extrinsic factors. APTA Combined Sections Meeting, New Orleans, LA. Platform Presentation.
February 2005

Osman MM, Mosley C, Reinking MF, Khayyat N, Civelek AC.
Prevalence and patterns of physiologic lower extremity uptake detected with true whole-body F18 FDQ-PET. Society of Nuclear Medicine Annual Meeting, Philadelphia, PA. Platform Presentation.
June 2004

Reinking MF, Alexander LA.
A comparison of the prevalence of disordered eating behaviors in undergraduate college females: participants and non-participants in intercollegiate athletics. NATA Annual Meeting, Saint Louis, MO. Poster Presentation.
June 2003

Reinking MF, Hayes AM.
Exercise related leg pain in collegiate cross-country athletes. APTA Combined Sections Meeting, Washington, DC. Platform Presentation.
February 2003

Reinking MF, Bedalov BJ, Diener LC, Fairchild RD, Filz ML, Killian CK.
An electromyographic study of the upper, middle, and lower trapezius muscle activity during standard manual muscle testing procedures. APTA Combined Sections Meeting, New Orleans, LA. Poster Presentation.
February 2000

Kanter BK, Bennett JE, Seaton MA, Pentel AD, Reinking MF, Killian CK.
The relationship between lower extremity structure and the development of medial tibial stress syndrome. APTA Combined Sections Meeting, Seattle, WA. Poster Presentation.
February 1999

Funded/In Review Grant Activity

Co-Principal Investigator
\$1796 Grant
A comparison of 2-D and 3-D analysis of running kinematics and actual versus predicted running kinetics.
September 2019, Regis University Research and Scholarship Council (URSC)

Co-Principal Investigator
\$12,540
Risk factors for medial tibial stress syndrome and tibial stress fracture in collegiate female athletes.
August 2006, Doisy College of Health Sciences Interprofessional Grant Writing Release Time Award

Principal Investigator
\$5000
Exercise-related leg pain in female collegiate athletes: the influence of intrinsic and extrinsic factors.
August 2003, Missouri Physical Therapy Association Grant Award

Co-Principal Investigator
\$750
A comparison of the prevalence of disordered eating behaviors in undergraduate college females: participants and non-participants in intercollegiate athletics.
December 2001, School of Allied Health Faculty Research Grant

Current/Active Research Activity:

Garbett S, Hiromasa K, Jackson R, Martinez C, Miya E, Perry M, Baum B, Reinking M
Comparison of 2-dimensional and 3-dimensional video analysis of runners
Funding: URSC \$1796 grant

Boriak M, Heyn L, Schuler K, Taylor A, Walker J, Albin S, Hoffman L, MacDonald C, Reinking M
Accuracy of dry needle placement in posterior tibialis using ultrasound imaging
Funding: None

Bennett J, Austin T, Hayes A, Reinking M
Analysis of calcaneal bone mineral density in healthy college students
Funding: None

Brinker T, Hoekstra C, Reinking M, Silver H
Changes in biceps femoris fascicle length, pennation angle, strength, pain, and
time to return to play following rehabilitation utilizing augmented soft tissue
mobilization therapy and eccentric strength training
Funding: NFL Hamstring Injury Prevention/Rehabilitation Grant application

Membership in Scientific/Professional Organizations:

American Council for Academic Physical Therapy
October 2020 to present
President

American Physical Therapy Association (APTA)
1988 to present
Member

APTA Academy of Physical Therapy Education
2006 to present
Member

APTA American Academy of Sports Physical Therapy
1988 to present
Member

National Athletic Trainers Association
2000 to present
Member

Task Force on Student Debt in PT Education
American Council for Academic Physical Therapy
January 2019 to June 2020
Co-chair

American Council for Academic Physical Therapy
October 2015 to October 2018
Vice-president

American Council for Academic Physical Therapy Finance Committee
October 2013 to October 2015
Finance Committee Member

APTA Educational Leadership Institute Workgroup
2012 to 2015
Member

Excellence in Physical Therapy Education Task Force
American Physical Therapy Association Academic Council
2011 to 2012
Member

Nominating Committee, Academic Administrators Special Interest Group
2009 to 2010
Member

American Council of Academic Physical Therapy Organizing Committee,
Academic Administrators Special Interest Group, Education Section, APTA
2008 to 2011
Member

American Board of Physical Therapy Specialties
2007 to 2008
Past Chair

American Board of Physical Therapy Specialties
2006 to 2007
Chair

American Board of Physical Therapy Specialties
2005 to 2006
Chair-elect

American Board of Physical Therapy Specialties
2004 to 2005
Member

Sports Specialty Council, American Board of Physical Therapy Specialties
2003 to 2004
Chair

Sports Specialty Council, American Board of Physical Therapy Specialties
2001 to 2003
Member

Committee of Content Experts, American Board of Physical Therapy Specialties
2001 to 2002
Member

Specialization Academy of Content Experts, Sports Clinical Specialty
1998 to 2000
Member

Knee Special Interest Group, Sports Section of the APTA
1997 to 2005
Executive Committee Member

Awards Committee, Education Section of APTA
1995 to 1997
Member

Planning Committee for Junior Faculty Boot Camp, Education Section of APTA
1995 to 1996
Member

Consultative and Advisory Positions Held:

Expert Consultant
Sports Physical Therapy Revalidation Study
American Board of Physical Therapy Specialties
2020 to 2022

Invited Participant
Criteria for Excellence Meeting, American Council of Academic Physical Therapy
2019

Editorial Board Member
International Journal of Sports Physical Therapy
2011 to present

Manuscript Reviewer
Medicine and Science in Sports and Exercise
2009 to present

Expert Consultant
Sports Physical Therapy Revalidation Study
American Board of Physical Therapy Specialties
2010 to 2013

Consultant
University of North Texas Health Sciences Center PT Program
2011

Manuscript Reviewer
Sports Medicine
2007 to present

Manuscript Reviewer
Journal of Athletic Training
2004 to present

Manuscript Reviewer
Journal of Orthopedic and Sports Physical Therapy
1997 to present

Community Service:

Board member
Center for African American Health, Denver CO
2016 to present

Volunteer
9Health Fair
2016 to present

Health Fair volunteer
Center for African-American Health
2017 to present

Volunteer
Project Homeless Connect
2016 to present

Sports Medicine Triage Patio Team Captain
Rock n' Roll Marathon, Denver, CO
2017 to present

Pro Bono Sports Injury Weekly Clinic
Arrupe High School, Denver CO
2016 to present

Service to the University/College/School on Committees/Councils/Commissions:

Peer Mentor, Elisabeth Moolenar, Term Instructor, Regis College
October 2020 to 2022
Mentor

Search Committee, University Provost
Regis University
August 2020 to February 2021

SCL-Regis Partnership, Executive & Organizing Committees
August 2019 to August 2020
Member

Dean Mentor, Samit Shah, Dean, School of Pharmacy
August 2019 to August 2020
Mentor

Dean Mentor, Matt Fete, Interim Dean, School of Pharmacy
August 2018 to August 2019
Mentor

Search Committee, Rueckert-Hartman College for Health Professions Dean
August 2017 to May 2018
Chair

Peer Mentor, Chris Roberts, Director, CSRE
August 2017 to May 2018
Mentor

Dean's Council, Regis University
August 2016 to July 2017
Member

Academic Leadership Council, Rueckert-Hartman College for Health Professions
August 2015 to present

Search Committee, Head Athletic Trainer, Regis University
August 2015 to December 2015
Member

Honors & Awards

Catherine Worthingham Fellow of the American Physical Therapy Association
April 2020

Turner A. Blackburn Hall of Fame/Lifetime Achievement Award
American Academy of Sports Physical Therapy
February 2020

T. David Sisk Award for Best Review Paper
Medial tibial stress syndrome in active individuals: a systematic review and meta-analysis of risk factors.
Sports Health
2017

Lifetime Excellence in Education Award
Sports Physical Therapy Section
February 2014

Dorothy E. Baethke-Eleanor J. Carlin Award for Excellence in Academic Teaching
American Physical Therapy Association
June 2012

Outstanding Educator Award
Sports Physical Therapy Section

February 2008

Outstanding Teacher of the Year
Saint Louis University, Doisy College of Health Sciences.
May 2005

Outstanding Teacher of the Year
Saint Louis University, School of Allied Health Professions
May 2002

Continuing Education Attended:

ACAPT NEDIC Diversity Summit, Columbus OH
June 2022

2022 Innovative Summit for Health Professions Education, virtual
June 2022

Disruptive Innovation in Physical Therapist Education, virtual
April 2022

2022 Combined Sections Meeting of the APTA, San Antonio TX
February 2022

APTA Educational Leadership Conference, Atlanta, GA.
October 2021

2021 Combined Sections Meeting of the APTA, virtual
February 2021

Return to Play Virtual Seminar
Children's Hospital Colorado
December 2020

2020 Rocky Mountain Virtual Annual Conference and PT Expo
October 2020

APTA Educational Leadership Conference, virtual.
October 2020

Combined Sections Meeting of the APTA, Washington, DC.
February 2020

Graston M-2 Course, Regis University, Denver, CO.
October 2019

APTA Educational Leadership Conference, Seattle, WA.
October 2019

APTA Colorado Chapter Fall Conference, Denver, CO.
October 2019

Combined Sections Meeting of the APTA, Washington, DC.
January 2019

APTA Educational Leadership Conference, Jacksonville, FL.
October 2018

APTA Colorado Chapter Fall Conference, Denver, CO.
October 2018

Combined Sections Meeting of the APTA, New Orleans, LA.
February 2018

APTA Educational Leadership Conference, Columbus, OH.
October 2017

APTA Colorado Chapter Spring Conference, Denver, CO.
April 2017

Combined Sections Meeting of the APTA, San Antonio, TX.
February 2017

APTA Educational Leadership Conference, Phoenix, AZ.
October 2016

Combined Sections Meeting of the APTA, Anaheim, CA.
February 2016

APTA Educational Leadership Conference, Baltimore, MD.
October 2015

World Congress of the World Federation of Athletic Training and Therapy, St. Louis,
MO.
June 2015

National Athletic Trainers' Association Annual Meeting & Clinical Symposia 2015,
Saint Louis, MO.
June 2015

Combined Sections Meeting of the APTA, Indianapolis, IN.
February 2015

Teaching Responsibilities in the Entry-Level Program for 2021-2022 Academic Year:

Fall 2021

DPT 780J Sports Physical Therapy elective

DPT 703 Biomechanics/Kinesiology – Extremities, knee and shoulder content

DPT 776 Journal Club Tutor, Critical Inquiry

Spring 2022

DPT 735 Musculoskeletal Management III, shoulder & elbow content

Summer 2022

DPT 790 Journal Club Tutor, Evidence-Based Practice I

DPT 707 Kinesiology II, throwing and kicking content

DPT 733 Musculoskeletal Management I, knee content