

## CURRICULUM VITAE (March 2021)

Melissa Hofmann, PT, PhD  
Regis University, School of Physical Therapy

### Education:

PhD  
University of Denver  
Research Methods and Statistics  
June 2016

BS/MS  
D'Youville College  
Physical Therapy  
May 2000

### Licensure Information:

State and Registration Number: CO #10296

### Certifications (eg. ABPTS):

American Heart Association, BLS

### Employment and Positions Held: from most recent to earliest

Faculty  
Assistant Professor  
Regis University, School of Physical Therapy  
Denver, CO  
January 2017 to Present

Senior Physical Therapist (PRN)  
University of Colorado Health (UCH), Anschutz Campus, Inpatient Acute Care Department  
Aurora, CO  
May 2016 to Present

Faculty  
Affiliate Faculty  
Regis University, School of Physical Therapy  
Denver, CO  
January 2016 to January 2017

Faculty  
Adjunct Lab Professor- Neurological Track  
University of Colorado- Anschutz Campus- School of Physical Therapy  
Aurora, CO  
July 2015 to January 2017

Research Consultant  
Littleton Adventist Hospital, Neurological Department  
Littleton, CO  
December 2013 to January 2017

Teaching Assistant  
Graduate Student (PhD)  
University of Denver, Morgridge College of Education, Research Methods and Statistics  
Denver, CO  
September 2014 to June 2016

Research Associate  
Craig Hospital, Department of Research  
Denver, CO  
April 2015 to December 2015

Graduate Research Assistant (GRA)  
Graduate Student (PhD)  
University of Denver, Morgridge College of Education, Research Methods and Statistics  
Denver, CO  
September 2014 to September 2015

Research Consultant  
St. Mary Corwin Hospital, Nursing Department  
Pueblo, CO  
January 2014 to May 2015

Research Assistant  
Craig Hospital, Department of Research  
Denver, CO  
June 2013 to April 2015

Faculty  
Adjunct Faculty  
University of Denver, Morgridge College of Education, Research Methods and Statistics  
Denver, CO  
January 2015 to March 2015

Physical Therapist (Full-time/Part-time)  
Littleton Adventist Hospital, Inpatient Acute Care Department  
Littleton, CO  
April 2011 to April 2015

Physical Therapist (PRN)  
Denver Health, Inpatient Acute Care Department  
Denver, CO  
November 2011 to January 2012

Physical Therapist (Full-time)  
St. Anthony's Central Hospital, Inpatient Acute Care Department  
Denver, CO  
February 2009 to April 2011

Physical Therapy Supervisor (Full-time)  
St. Vincent's Medical Center, Inpatient Acute Rehab Department  
Los Angeles, CA  
May 2008 to February 2009

Physical Therapist (Full-time)  
PPR Travel/Delray Medical Center, Inpatient Acute Care Department  
DelRey Beach, FL  
November 2006 to May 2008

Physical Therapist (Full-time)  
PPR Travel/Holy Cross Hospital, Inpatient Acute Care Department  
Ft. Lauderdale, FL  
February 2007 to May 2007

Physical Therapist (Full-time)  
PPR Travel/Rehabworks, Subacute and Outpatient Departments  
DelRey Beach, FL  
August 2006 to November 2006

Physical Therapist (Full-time)  
Century City Doctor's Hospital, Inpatient Acute Care Department  
Century City, CA  
January 2006 to August 2006

Physical Therapist, Neurological Team Lead (Full-time)  
Brotman Medical Center, Inpatient Rehab Department  
Culver City, CA  
January 2004 to January 2006

Physical Therapist- Registry (Full-time)  
Preferred Healthcare Registry, Inpatient Acute Care  
Los Angeles, CA  
May 2003 to January 2004

Physical Therapist (Full-time)  
Daniel Freeman Memorial Hospital, Inpatient Acute Care Department  
Inglewood, CA  
February 2002 to May 2003

Physical Therapist (Full-time)  
Santa Monica UCLA Hospital, Inpatient Acute Care Department  
Santa Monica, CA  
November 2000 to February 2002

Peer Reviewed Publications:

Hofmann MC, Bell KA. The battle against LGBTQ+ discrimination continues. APTA, June 30, 2020. <https://www.apta.org/article/2020/06/30/battle-against-lgbtq-discrimination-continues>

Hofmann M, Mulligan N, Bell K, Condran C, Eng J, Hill F, Scarince H, Gulik E, He V, Lemberger E. LGBTQ+ Barriers in Physical Therapy: The Clinician's Perspective. *PTJ*, *in process*.

Widenor R, Hofmann M. Indications for the utilization of pelvic floor physical therapy for transgender women undergoing gender affirmation surgery. *International Journal of Transgender Health*, *in process*.

Bell KA, Hofmann MC, Condran C, Garcia H. (2021). Sexual and Gender Minority Health Disparities In OPTP (Ed.-Tatta J), *Lifestyle Medicine in Physical Therapy: A manual for primary care practice!*, *in process*.

Hammerich A, Whitman J, Mintken P, Denninger T, Akuthota V, Sawyer E, Hofmann M, Childs J, Cleland J. Effectiveness of physical therapy combined with epidural steroid injection for patients with lumbar stenosis: a randomized parallel-group trial. *Arch Phys Med Rehabil*. 2019;100(5):797-810. doi:10.1016/j.apmr.2018.12.035.Epub2019Jan29.

Dahdah MN, Hofmann M, Pretz C, Barnes SA, Bennett M, Dreer L, Bergquist T, Shafi S. Factors associated with rehabilitation outcomes after Traumatic Brain Injury: comparing functional outcomes between TBIMS centers using hierarchical linear modeling. *J Head Trauma Rehabil*. 2017;32(4):E1-E10. doi:10.1097/HTR.000000000000270

Kowalski RG, Haarbauer-Krupa JK, Bell J, Corrigan JD, Hammond MD, Toreby MT, Hofmann MC, Dams-O'Connor K, Miller CA, Whiteneck GG. Acute ischemic stroke following moderate to severe traumatic brain injury: incidence and impact on outcome. *Stroke*. 2017;48(7):1-8. doi:10.1161/STROKEAHA.117.017327

Hofmann MC. Assessment of acute trauma exposure response for FIRE-EMS personnel. *J Appl Meas*. 2016;17(4):458-475.

Harrison-Felix C, Morey C, Newman J, Phillippus A, Braden C, Hofmann MC. Treatment of social competence in military veterans, service members, and civilians with Traumatic Brain Injury. *Craig Hospital Annual Report*. 2015. Retrieved from: <http://www.dtic.mil/dtic/tr/fulltext/u2/1007574.pdf>

Peer Reviewed Scientific and Professional Presentations:

Hofmann MC, Bell KA, Condran C, Mulligan N.  
Enhancing LGBTQ+ Cultural Responsiveness in Physical Therapy: Awareness of Individual and Structural Barriers.  
APTA Combined Sections Meeting. Educational Session  
Accepted for 1/2022

Hofmann MC, Bell KA, Condran C, Mulligan N, Miller T.  
LGBTQIA+ Brave Space Training: Critical Conversations and Action in Physical Therapy.  
APTA Combined Sections Meeting. Pre-conference Course.  
Accepted for 1/2022

Hofmann MC, Bell KA, Mulligan N, Miller T.  
LGBTQ+ Brave Space Training: Engagement of Crucial Conversations in Physical Therapy.  
APTA Combined Sections Meeting. Post conference Virtual Session.  
March 2, 2021

Adams T, Bell KA, Hofmann MC, Kennedy VC.  
DEI Assessment, Accountability and Action: Moving from "Talk" to "Walk" in Academic and Clinical Settings.  
APTA Combined Sections Meeting. Educational Virtual Session.  
February 23, 2021

Hofmann MC, Bell KA.  
The Intersections of Sexual and Gender Minority Identities with the Social and Structural Determinants of Health.  
Educational Session. APTA DC-Maryland Conference. Virtual Session  
November 14, 2020

Hofmann MC, Bell KA  
LGBTQ+ Healthcare Disparities: Recommendations for Impact from Clinical/Academic Levels  
Educational Leadership Conference (ELC). Educational Session.  
October 17, 2020

Hofmann M, Mulligan N, Bell K, Condran C, Eng J, Hill F, Scarince H, Gulik E, He V, Lemberger E.  
LGBTQ+ Barriers in Physical Therapy: The Clinician's Perspective.  
Poster Presentation, 2020 APTA Colorado Chapter Rocky Mountain Annual Conference  
September 25, 2020

Hofmann MC, Bell KA.  
LGBTQ+ Cultural Humility and Climate: Educator & Student Perspectives.  
APTA Combined Sections Meeting. Educational Session.  
February 15, 2020

Kennedy VC, Bell KA, Adams T, Hofmann MC.  
Better Together in DEI: Fostering Inclusivity in Institutions and Organizations.  
APTA Combined Sections Meeting. Educational Session.  
February 14, 2020

O'Shea R, Salem Y, Mitchell M, Mensah N, Hofmann MC, Bell, KA.  
Hot Topics in Diversity, Equity, and Inclusion for Pediatric PT's and PTAS.  
APTA Combined Sections Meeting. Educational Session.  
February 13, 2020

Hofmann MC, Bell KA, Mulligan N, Condran CW, Miller T, Eng J, King AN.  
LGBTQ+ Brave Space Training: Encouraging Difficult Dialogues in Physical Therapy Practice.  
APTA Combined Sections Meeting. Preconference Session.  
February 12, 2020

Hofmann M, Hill F, Clark H, He V, Lemberger E.  
LGBTQIA+ Barriers in Physical Therapy: Clinician, Educator, and Student Perspectives.  
APTA Combined Sections Meeting. Educational Session.  
January 2019

Hofmann M, King A, Hill F.  
Physical Therapy Interest in Providing Healthcare Services to the LGBTQIA+ Community.  
APTA Combined Sections Meeting. Poster.  
January 2019

Carlson J, Hofmann MC.  
Validation of a Nursing Swallow Screen for Detection of Dysphagia in Acute Stroke Patients.  
30<sup>th</sup> Annual Rocky Mountain Interprofessional Research & Evidence-Based Practice Symposium.  
Podium Presentation.  
April 6, 2018

Hofmann, MC.  
A Descriptive Study of the Effect of Payer Source on Multiple Longitudinal Outcome Measures within the Traumatic Brain Injury Model Systems National Database using Individual Growth Curve Modeling.  
APTA Combined Sections Meeting. Poster.  
February 2018

Hofmann MC.  
Factors Associated with Rehabilitation Outcomes after Traumatic Brain Injury: Comparing Functional Outcomes between Traumatic Brain Injury Model Systems Centers using Hierarchical Linear Modeling.  
APTA Combined Sections Meeting. Poster.  
February 2018

Carlson H, Hofmann MC.  
Validation of a Nursing Swallow Screen for Detection of Dysphagia in Acute Stroke Patients.  
10<sup>th</sup> Annual Centura Health Evidence-Based Practice, Research and Innovation Conference. Podium Presentation.  
November 10, 2017

Carlson J, Hofmann MC.  
Validation of a Nursing Swallow Screen for Detection of Dysphagia in Acute Stroke Patients.  
International Stroke Conference. Poster.  
February 2017

Hofmann MC.  
Assessment of Acute Trauma Exposure Response for FIRE-EMS Personnel.  
International Outcomes Measurement Conference. Platform Presentation.  
April 2015

Hofmann MC.  
Assessment of Acute Trauma Exposure Response for FIRE-EMS personnel.  
University of Denver Research Day. Poster.  
April 2015

Hofmann MC.  
Assessment of Acute Trauma Exposure Response for FIRE-EMS personnel.  
University of Denver Research and Performance Summit. Poster.  
January 2015

Hofmann MC.  
Assessment of Acute Trauma Exposure Response for FIRE-EMS personnel.  
28<sup>th</sup> Annual Conference of the American Evaluation Association. Poster.  
October 2014

Funded/In Review Grant Activity:

Primary Investigator (PI)

\$7500.00

Qualitative Exploration of LGBTQ+ Issues in Physical Therapy: A Mixed Methods Research Study, Part I.

May 2019 to May 2020, Regis University Provost Scholarship Grant

Co-Investigator

Assessment of Effectiveness of a Manualized Group Treatment Program to Improve and Maintain Social Competence for Individuals with TBI with Identified Social Skills Deficits.

August 2011 to January 2016, DOD W81XWH-11-1-0635

Co-Investigator

Examination of Differences in Patient Outcomes across Traumatic Brain Injury Model Systems (TBIMS) Rehabilitation Centers and Factors influencing such differences using Hierarchical Linear Modeling (HLM).

October 2012 to October 2017, NIDILRR 90DP0045-01-0 (Institute on Disability, Independent Living, and Rehabilitation Research).

Co-Investigator

Evaluation of Acute Ischemic Stroke (AIS) Acutely after Traumatic Brain Injury (TBI) and the Impact on Outcomes including AIS Incidence, Duration of Post-Traumatic Amnesia, Functional Independence Measure (FIM), and Disability Rating Scale (DRS), at Rehabilitation Discharge.

October 2011 to September 2016, HHS, CDC, NIDRR 90DP0013-01-01 (Research supported by an interagency agreement between the US Department of Health and Human Services (HHS), Centers for Disease Control and Prevention (CDC), and the US Department of Education, National Institute on Disability and Rehabilitation Research (NIDRR) with supplemental funding to the NIDRR funded Traumatic Brain Injury Model Systems National Data and Statistical Center).

Current/Active Research Activity:

Primary Investigator (PI)

Quantitative Assessment of Barriers to LGBTQ+ Cultural Competence for Clinicians

Qualitative Assessment of Barriers to LGBTQ+ Cultural Competence for Faculty/Students

Internal Grant Funding (\$5,000.00)- Regis University- University Research and Scholarship Committee Grant

Membership in Scientific/Professional Organizations:

American Physical Therapy Association (APTA)

2000 to Present

Member

APTA, Section on Research

2017 to Present

Member

APTA Section on Neurology

2017 to Present

Member

APTA, Section on Education

2017 to Present

Member

APTA, Health Policy and Administration Section (HPA)

2017 to Present

Member, Co-Chair LGBTQ+ PT Proud Committee

Consultative and Advisory Positions Held:

Co-Chair

APTA CO Diversity, Equity and Inclusion Committee

June 2020 to Present

Co-Chair  
APTA Health Policy and Administration Section: LGBTQ+ PT Proud Committee  
Jan 2019 to Present

Board Advisor  
APTA Health Policy and Administration Section: LGBTQ+ PT Proud Catalyst Group  
Jan 2017 to Jan 2019

Community Service:

Volunteer Faculty: Free Heart Health Screening for Community Members  
9 Health Fair  
2017 to Present

Volunteer Faculty  
Project Homeless Connect  
2017-2018

Services to the University/College/School on Committees/Councils/Commissions:

University-wide

University Research and Scholarship Committee (URSC)  
2020 to Present

Regis University Diversity Council  
2020-Present  
Member

Committee for The Anti-Hate Campaign  
2020 to Present  
Member

Queer Resource Alliance  
2017- Present  
Member, Brave Space Trainer

College (RHCHP)

Service Committee  
2017 to 2020  
Member

Outcomes Committee  
2017 to 2020  
Member

School

Evidence Based Practice Task Force  
2017 to Present  
Member

Research Committee  
2017 to Present  
Chair 2019 to Present  
Member 2017 to 2019

Collaboration Committee  
2017 to Present  
Member

Exercise Task Force  
2020-Present  
Member

Honors and Awards:

Most Outstanding Poster  
University of Denver Research and Performance Summit  
2015

Deans Scholarship  
Wallace Research Grant  
University of Denver  
2012-2014

Continuing Education Attended:

APTA Combined Sections Meeting, Virtual Conference  
February to March, 2021

APTA Combined Sections Meeting, Denver, CO.  
February 12-15, 2020

Regis University Leadership Institute  
2019 to 2020

NIH SGMRO Regional Sexual and Gender Minority Grant Writing Workshop  
October 11, 2019

APTA Combined Sections Meeting, Washington DC, VA.  
January 23-26, 2019

APTA Combined Sections Meeting, New Orleans, LA.  
February 21-24, 2018

APTA Education Section, Faculty Development Workshop, Chicago, IL.  
July 13-16, 2017

Current Teaching Responsibilities in the Entry-Level Program for Academic Year of Site Visit  
Fall 2020

DPT 776 Introduction to Evidence Based Practice- Coordinator  
DPT 792 Evidence Based Practice III- Additional Ranked Faculty

Spring 2021

DPT 738 Management of Applied Physiology III- Coordinator  
DPT 791 Evidence Based Practice II- Coordinator  
DPT 796 Capstone

Summer 2021

DPT 790 Evidence Based Practice I- Coordinator  
DPT 774 Professional Issues V- Additional Ranked Faculty



