DR. MICHELLE DUNN
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EDUCATIONAL BACKGROUND

Ph.D. Counselor Education and Supervision
Capella University
Graduation: November 2025
Achievements: President's list, Chi Sigma Iota
Dissertation Title: "Counselor Educators' Experiences Integrating Trauma Content & Trauma-Informed Practices into Counselor Education"

Master of Science in Mental Health Counseling
Monmouth University**,** Monmouth, NJ
Graduation: January 2013

Bachelor of Arts in Psychology
Adelphi University, Garden City, NY
Graduation: June 2010

PROFESSIONAL CREDENTIALS

Colorado State Licensed Professional Counselor: Granted 08/25/2017. License number: LPC.0013990

New Jersey State Licensed Professional Counselor: Granted October 2013. License number: 37PC00536200

RESEARCH INTERESTS & EXPERIENCE

Research Interest: Trauma, with a specific focus on trauma education in counselor education programs.

Capella University- November 2025

- *Dissertation Title:* "Counselor Educators' Experiences Integrating Trauma Content & Trauma-Informed Practices into Counselor Education"

PRESENTATIONS

Dunn, M. (October 2026). *Are You Trauma-Informed? Incorporating Trauma-Informed Care Principles and Trauma Content Into Your Teaching Practices Using Components of SCT.* RMACES 2026 conference, Albuquerque, NM

Dunn, M. (October 2025). *Are You Trauma-Informed? Incorporating Trauma-Informed Care Principles and Trauma Content Into Your Teaching Practices Using Components of SCT.* ACES 2025 conference, Philadelphia, PA.

Dunn, M. (December 2025). *Trauma 101.* Forge Counseling Collective, Commerce City, Colorado.

Westcott, J., Akers, W., Savitsky, D., **Dunn, M.,** Oaks, C., Pope, A., Paul, Z. (September 2024). *Research as a Tool for LGBTGEQIAP+ Advocacy.* Video recording at SAIGE annual conference, Denver, Colorado.

PROFESSIONAL AFFILIATIONS

- American Counseling Association (ACA)
- Association for Counselor Education and Supervision (ACES)
- Association for Assessment and Research in Counseling (AARC)
- Rocky Mountain Association for Counselor Education and Supervision (RMACES)
- International Association for Resilience and Trauma Counseling (IARTC)
- Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE)

COMMITTEES

SAIGE Research and Scholarship Committee member
Regis University IRB committee member

ACADEMIC POSITIONS

Assistant Professor, Regis University, Department of Mental Health and Behavioral Sciences
Classes taught: Tech 1 (May 2026 – August 2026)
Practicum (May 2026 – August 2026)
Pre-Practicum (August 2026 – December 2026)
Practicum (August 2026 – December 2026)
Course Lead: Human Growth and Development, Group Counseling

Affiliate Faculty, Regis University, Department of Psychology

Classes taught: Psychological Disorders (August 2025- December 2025)
Clinical Counseling Psychology (Upcoming: 2026)
Responsibilities included: Teaching undergraduate courses within the psychology department in a traditional face-to-face format. Create syllabi and course materials for taught classes. Office hours are held one hour per week.

Teaching Internship, Capella University
Classes taught: Introduction to Counseling (January 2024 – March 2024*)*
Responsibilities included: Teaching a graduate introduction to mental health counseling course within the counseling department in an asynchronous format. Responsible for responding to discussion posts, engagement with students, and all grading of assignments.

SUPERVISON POSITIONS

Supervisor, Forge Counseling Collective, Group Practice (August 2024- Present)

- Provide clinical supervision to interns and practicum students: individually and in groups.
- Provide constructive feedback, guide professional development, and manage supervision processes.
- Approach: I approach supervision utilizing the discrimination model infused with trauma-informed principles.

Supervision/Residency Internship, Capella University (April 2024 – June 2024)

- Provided group supervision to master's-level counseling students during their 2nd internship.
- Offered one-on-one support and mentorship to students.
- Completed grading of assignments.
- Assisted with in-person residencies by developing lessons and teaching at the residency. Completed assessments of skill setters and graded assignments throughout the residency course.

Supervision Internship, Capella University (January 2024 – March 2024)

- Provided group supervision to master's-level counseling students during their practicum.
- Offered one-on-one support and mentorship to students.
- Completed grading of assignments.

PROFESSIONAL SERVICE

Mental Health Counselor, Forge Counseling Collective, Commerce City, CO
Sept 2024- Present

- Provide individual counseling to adults 17+ with trauma- or anxiety-related symptoms.
- Utilize trauma-informed modalities such as Accelerated Resolution Therapy, Brainspotting, and EMDR.
- Provide clinical supervision: Proficient in constructive feedback, professional development guidance, and supervision management.

Mental Health Counselor, Kaiser Permanente, Westminster, CO
December 2017- August 2025

- Provide individual counseling and support to a varied client caseload, ages 5-60.
- Conduct initial intakes, perform psychosocial assessments to determine the level of services required, make appropriate referrals, and develop treatment plans.
- Use various therapeutic modalities and psychodynamic theories such as CBT, DBT, family therapy, and play therapy.
- 2018-2019: Co-run DBT skills group
- 2020: Develop and begin a DBT lite Skills Group
- 2022: Co-lead of Child UBT
- 2022-2024: Co-lead of Child UBT, a project that involved piloting a TF-CBT program for children and teens.

Mental Health Counselor, Michelle Dunn Counseling, LLC, Denver, CO
March 2022- January 2025

- Provide individual counseling to adults 18+ with trauma- or anxiety-related symptoms.
- Utilize trauma-informed modalities such as Accelerated Resolution Therapy, Brainspotting, and EMDR.

Child Outpatient Therapist, Cape Counseling, Cape May Court House, NJ
February 2016- November 2017

- Provide MH treatment to 4 dual-diagnosis IOP clients every week.
- Provide individual counseling and support to a varied client caseload.
- Use of various therapeutic modalities and psychodynamic theories, such as CBT and DBT
- Conduct initial intakes, perform psychosocial assessments to determine the required services, and develop treatment plans.
- Provide play therapy to younger clients and clients with developmental, cognitive, behavioral, and emotional delays.
- Participate in TF-CBT training Cohort through Rowan University.

Outpatient Therapist, Family Services Association, Absecon NJ
January 2013 – January 2016

- Provide individual counseling and support to a varied client caseload, ages 3-70
- Use of various therapeutic modalities and psychodynamic theories, such as CBT and DBT

- Conduct initial intakes, perform psychosocial assessments to determine the required services, and develop treatment plans.
- Provide play therapy to younger clients and clients with developmental, cognitive, behavioral, and emotional delays.
- Facilitate the Anger Management Group, including court-mandated clients.
- Supervise interns facilitating group therapy and in their training in Electronic Health Records
- Works with Children's Partial Care Program in providing individual therapy to clients ages 6-18 and facilitating Adolescent Trauma Group
- Worked with the agency's School Based Program to refer clients to that program and to the outpatient program. Also participated in meetings when requested.
- Advocates for children and adolescents by participating in school meetings (IEP) when requested, and also in collaborating with school staff to help clients be more successful with classroom behaviors.
- Works with the Family Life Center to create and facilitate the Young Children's Trauma Group for clients ages 4-8, including parent participation time.
- Core member of the Family Service Association Trauma-Informed Care committee; helps the agency become trauma-informed. I will give educational presentations to the agencies to help them become trauma-informed.
- Developed and created curricula for new groups within the agency, including Young Children's Trauma Group, Adult Trauma Group, and Adolescent Trauma Group.
- Participated in area CIACC meetings and state and regional National Behavioral Council meetings for the Trauma-Informed Care initiative
- Assists Outpatient Program Manager with administrative tasks as requested, including creating/presenting presentations about the agency's programs, groups, and operating procedures, such as managing payroll for the program.

In-home Therapist, Community Networks, Galloway, NJ
November 2013 – November 2017

- Provide in-home therapeutic services to children and adolescents.
- Conduct initial intakes, perform psychosocial assessments to determine the level of services required, and develop treatment plans.
- Use creativity in therapeutic modalities to meet the needs of clients.

TECHNOLOGY & COMPUTER SKILLS

- **Zoom:** Hosting virtual classrooms
- **Blackboard:** Online application for posting resources and announcements for students
- **Canvas:** Online application for posting resources and announcements for students
- **Canva:** Platform for creating lectures, announcements, posters, etc.
- **Dropbox:** Online cloud for sharing documents
- **Google Drive:** Online cloud for sharing documents
- **Microsoft Office Professional:** PowerPoint, Word, Excel, Outlook, & Publisher.

- **Tevera:** Field placement site
- **Supervision-Assist:** Field placement site

ADDITIONAL CERTIFICATIONS AND TRAININGS

Certifications:

- Accelerated Resolution Therapy: Master Trained
- Brainspotting Consultant

Trainings:

- Basic EMDR training, TF-CBT 6-month training, Cognitive Processing Therapy, CBT, DBT, ACT, and various other trauma training.