

Sarah Kurash MSN, APRN, PMHNP-BC

WORK EXPERIENCE

Regis University-August 2022 to Present

Instructor, PHMNP Didactic Coordinator

- Educates and facilitates graduate students who are seeking advanced nursing degrees in various courses required to achieve degree
- Educates and facilitates graduate students in courses specific to psychiatric specialty to include assessment, diagnosis, and treatment with both psychotropic and therapeutic interventions
- Assessment and evaluation of student performance
- Communicates with clinical facilities and preceptors regarding student performance and student or preceptor concerns if necessary
- Coordinates didactic components of program to include curriculum revision

Impact Psychiatric Care-June 2021 to Present

Psychiatric Mental Health Nurse Practitioner

- Medication management across the lifespan in an outpatient telehealth setting
- Use of combination of medication management and psychotherapeutic modalities for optimal outcomes
- Interdisciplinary care and collaboration with patient specialists, providers, and therapists
- Treatment of mood disorders, psychotic spectrum disorders, attention deficit disorders, personality disorders, eating disorders, and gender identity disorders
- Referring patients to a higher level of care if necessary

CDHS-CMHIP, Pueblo, Colorado-September 2020 to February 2021, October 2023 to Present

Psychiatric Mental Health Nurse Practitioner

- Diagnosis of patients referred from the court in an acute forensic mental health setting
- Medication management
- Stabilization
- Collaborative care with a comprehensive mental health care team
- Knowledge of state mental health statutes, patient rights, and mental health laws
- Collaboration with community partners with focus on patient discharge

PUEBLO COMMUNITY COLLEGE, Pueblo, Colorado-May 2019 to August 2020

Faculty-Nursing and Psychiatric Technician Programs

- Teaching theory and related applications
- Assessment and evaluation of learning
- Use of multimedia to enhance student learning and critical thinking
- Tutoring and mentorship

CDHS-CMHIP, Pueblo, Colorado-August 2012 to July 2019

RN IV-Clinical Instructor Lead, Jan 2017 – July 2019

- Evaluate students based off clinical performance
- Clinical and theoretical education of CMHIP staff
- Create computer-based trainings to address facility needs
- Provide lecture style and interactive trainings to interdisciplinary mental health staff
- Community outreach

RN I, RN II, RN III, August 2012 – Jan 2017

- Provision of quality patient care to include special populations (geriatrics, adolescents, and

- developmentally disabled)
- Providing group therapy on various mental and physical health subjects to aid in the patient recovery process
- Providing 1:1 patient therapy and support
- Daily, weekly, and monthly patient documentation to ensure plan of care objectives are being met and quality health care is being delivered
- Medication administration
- First shift supervisor
- Responsible to ensure all duties related to patient care are completed by myself or those they were delegated to
- Responsible for daily collaboration and communication within the interdisciplinary team
- Sitting in and documentation on monthly plan of care meetings
- Performing monthly audits to aid the quality assurance process
- Second shift supervisor
- Providing mentorship to other members of the nursing team
- Providing biannual performance evaluations with the possibility to affect the tenure and pay of 15+ individuals

PUEBLO COMMUNITY COLLEGE, Pueblo, Colorado-September 2015 to July 2019

Adjunct Clinical Instructor, Sep 2015 – July 2019

- Providing oversight of up to ten nursing students per group in the clinical education setting
- Student mentorship
- Providing opportunities for learning and improvement on an individual basis
- Using standards of care and set guidelines to ensure students are providing safe, competent practice

EDUCATION

Canon City High School, Canon City, Colorado

- *High School Diploma, Dec 2003*

Colorado State University Pueblo, Pueblo, Colorado

BSN, May 2013

- Graduated summa cum laude
- Kaiser Permanente Safety Net Scholarship recipient
- Sigma Theta Tau inductee

University of Phoenix, Phoenix, Arizona

MSN/Nursing Education, Mar 2018

- Graduated with a 4.0 GPA
- Honors scholarship recipient
- Sigma Theta Tau Inductee

Colorado State University Pueblo, Pueblo, Colorado

Post Master's PMHNP Certificate

- Completed July 2020

Regis University

DNP

- Projected completion May 2025

CERTIFICATIONS

- Board certified PMHNP, ANCC
- Current DEA registration
- MAT certification (DATA Waiver)