

MASTER OF ARTS – Specialization: Psychology

SAMPLE DEGREE PLAN

GRADUATE DEGREE REQUIREMENTS: 36 CREDIT HOURS

CORE STUDIES: 9 CREDIT HOURS

MAPC 601. GRADUATE TRANSFORMATION I: WRITING AND RESEARCH (3).

Explores strategies, methods and skills for locating and evaluating graduate research literature. Familiarizes students with specialized academic journals and literature within specializations. Explores graduate research methods, including qualitative and quantitative research paradigms.

MAPC 602. ETHICS AND MULTICULTURALISM (3).

Focuses on multicultural ethics. Introduces ethical theories for analyzing ethical situations and for making ethical decisions within and across cultures. Explores role of ethics in various academic disciplines and professional fields. NOTE: MA Program students only.

MAPC 603. GRADUATE TRANSFORMATION II: DIRECTION AND CONTEXT (3).

Includes attendance and participation in graduate seminars, preparation and presentation of graduate portfolio, degree planning, assessment of learning outcomes and documenting progress toward learning goals. NOTE: MA Program students only.

PSYCHOLOGY SPECIALIZATION COURSES: CHOOSE 21 CREDIT HOURS

MAPY 607. SEMINAR IN SOCIAL PSYCHOLOGY (3).

Covers major themes in the discipline of social psychology from an interdisciplinary perspective with an emphasis on practical professional application. Topics include social cognition; stereotyping and racism; aggression; attraction; persuasion; body image.

MAPY 605. HUMAN GROWTH AND DEVELOPMENT (3).

Provides an advanced study of normal human development from infancy throughout the life span, emphasizing integration of theory and research appropriate to each life phase. Considers the impact of cultural variation on life phases.

MAPY 625. STRESS, COPING & WELL-BEING (3).

Focuses on the psychological process of stress, the physical connection between stress and health, and research on different coping interventions. Topics, including social support, chronic illness, and aging, are examined through research and personal experience. Students select one stress management technique to try for the duration of the course.

MAPY 628. FORGIVENESS AND RECONCILIATION (3)

Examines the nature and process of forgiveness, why it is hard to forgive, the role of an apology, self-forgiveness, and facilitating forgiveness in others in both personal and work settings.

MAPY 614. POSITIVE PSYCHOLOGY (3).

Examines theories and research used to understand and improve psychological well-being. Analyzes topics such as happiness, gratitude, character strengths and the broaden-and-build model of positive emotion.

MAPY 616. UNDERSTANDING TRAUMA AND PTSD (3).

Investigates the development of posttraumatic stress disorder (PTSD) and other trauma-related syndromes. Analyzes research on the psychophysiological effects of exposure to traumatic life events, the impact of trauma on the family, and the differences in PTSD and trauma-related syndromes across a variety of demographic and social contexts.

MAPY (640) ECOPSYCHOLOGY (3).

Brings to light the mutual influences between human beings and the natural environment. Through the lenses of psychology and literature, students will explore topics such as the interdependence of humans with the natural world; the relationship between the environment, illness and well-being; psychosocial aspects of conservation; environmental identity. Cross-listing: HU 474

MAPY 676. THE THIRD ACT: ADULTHOOD & THE LATER STAGES OF LIFE (3).

Examines the biological, cognitive and psychosocial factors associated with development from middle to late adulthood. Provides information on individual differences in the aging process, promotion of optimal functioning, and death and dying.

CAPSTONE: 6 CREDIT HOURS

MAPC 688, MAPC 697 OR MAPC 694

The purpose of this course is for students to design discipline specific deep questions focused on core competencies in their specialization, write graduate level responses, and integrate content from course work and research as necessary to provide a comprehensive response to each question. Questions include specific connections to the Regis mission.

**This degree plan serves as an example of this specialization.*