The Regis College Honors Program
Senior Thesis Handbook

Regis University
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INTRODUCTION

The Regis College Honors Program seeks to develop the skills and dispositions of engaged life-long learners, capable of polished communication, critical and constructive thinking, and an integrative sense of reality. The program's thesis project represents the culmination of these efforts within a student's college career (but of course, these engagements shouldn't end here). The project is a rewarding 18 month process in which students select a topic, develop a course of research, and, in a format appropriate to the topic, write an original thesis that displays competence, insight, and originality. By the end of the process, students will have developed a degree of excellence and expertise in their respective areas of research. They will display skills in original and critical thinking, communication, and research. Along with this more traditional approach, students might select an alternative project and complete a “portfolio,” literary work, or some other form of artistic creation.

This handbook contains useful information regarding this project and the various steps needed to complete it successfully. It is best used as a supplement to your active and engaged participation in the thesis research seminars (HO 493A, HO 493B, HO 499).

SECTION ONE

THE THESIS ADVISOR

All theses must be formally directed by a full-time member of the Regis University faculty in an appropriate discipline and publically defended before a committee of the faculty which includes the advisor, a reader, and the Director of the Honors Program. Co-advisors are permitted, if the topic is interdisciplinary, and may be used in lieu of the typical advisor-reader arrangement. A student with a history major, for instance, might wish to do a thesis that deals with the literary trends of a particular historical period (e.g., the Renaissance, the 20th Century). In such a case, the student could have a primary advisor from History and a co-advisor from English. In general, however, the student chooses a single advisor in his/her major discipline and, with the help of that advisor (and the Honors Director, if necessary), judiciously chooses a reader for the project. The advisor should be not only a person quite knowledgeable about the area the student wishes to explore but also one with whom the student has a reasonably good working relationship. In some cases, a student may know the general topic he or she wishes to explore and will search for an advisor, whatever the topic, and will ask that person for guidance in selecting a specific topic. Many faculty members, understandably, will not take on the direction of a thesis/project for a student whom they have not had in class or have not directed in previous independent study. Some advisors will allow the student wide choice of topic; others may prefer that the student join their own ongoing research.

Nota Bene: Although the level of involvement of the faculty reader is a matter of negotiation between the honors student and the thesis advisor (some readers are
involved throughout the research and writing, others read completed chapters, others may only read the final version of the thesis), students must stay in close contact with their thesis advisor during the research and writing process. No more than two weeks should pass without contact between a student and advisor—in person, by phone or e.mail—regarding progress on the thesis/project. Even if students have nothing to “show” the advisor as far as written work is concerned, they should at least tell the advisor what they are reading, what kinds of problems (if any) they are encountering, etc. The advisor is not (or should not be) a person who comments occasionally and signs off on a finished project but a person who truly advises and directs the student’s work. An advisor can provide the student with valuable resources, can sometimes lend books, can serve as a sounding board for ideas, can challenge the student in numerous ways, and can comment on subject matter, research methods, writing style, organization, and any other aspect of the thesis/project. In short, students should always keep in mind that independent study is understood to be guided independent study. Students should remember, too, that the faculty advisor is responsible for evaluating the final product of the research or creative work and must sign off on the completed work by assigning a letter grade and by actually signing the approval page in the thesis itself. Students who have not stayed in touch with the advisor throughout the various stages of the thesis process should not be surprised if the advisor is reluctant to approve the resulting product.

THE THESIS PROPOSAL

The thesis proposal is a formal document which sets forth the parameters of the intended work. Normally, thesis proposals are submitted during the spring of your junior year and in all cases should be approved by the end of that spring semester (or in rare cases, for students studying abroad, at the beginning of the fall semester of your senior year). Although formats vary somewhat by discipline, all proposals should include the following:

- A clear thesis statement, question, or hypothesis, as appropriate;
- An initial, somewhat abbreviated, literature review (preliminary engagement with key sources in your field);
- A working bibliography of carefully selected works that bear on your topic;
- A demonstrated understanding of what constitutes sufficient and appropriate evidence, data, or support for your thesis, hypothesis, or question;
- A clear schedule that outlines thesis research and preliminary writing (be sure to include major milestones, such as the senior fall break approval, in your schedule);
- An advisor and reader willing to join you on your intellectual odyssey.

Some care, therefore, should be given both to the proposal content and its appearance. The proposal should be literate (i.e., demonstrate your ability to write as an independent scholar), it should have substance, and it should be presented neatly. It should reflect a carefully thought-out approach to the subject with sufficient elaboration to enable the
advisor/reader and the Honors Advisory Council to know just what it is the student intends to do. Proposals that do not meet these minimal criteria will not be approved.

Students may find it helpful to consult a reference librarian as they work towards the completion of these initial steps.

THE THESIS PROCESS

So how does your proposal become a thesis? Below is a typical timetable for the completion of your work. If you adhere to it closely, you should be able to work through the difficulties that come your way.

HO 493A Thesis Research I (Spring Junior Year)
1. Enroll in “Honors Thesis Research” HO 493 A.
2. Research possible topics.
3. Decide on a topic (typically no later than spring break).
4. Choose an advisor.
5. Write thesis proposal and obtain written approvals of faculty and Director.
6. Attend one or more of the thesis presentations being given by current seniors.
7. Begin background reading and literature review.
8. Take advantage of the support and insight of your “writers circle.”
9. Continue reading and researching during the summer.

HO 493B Thesis Research II (Fall Senior Year)
1. Enroll in “Honors Thesis Research” HO 493B.
2. This seminar is largely independent study, although we will meet periodically to assess progress and share insights.
3. Meet with advisor at least every two weeks to show work in progress, discuss problems, discuss readings, and make any necessary adjustments in timetable.
4. Continue meeting with your “writers circle.”
5. Submit an outline, a chapter in draft, and a thorough literature review by the Monday following Fall Break to the Honors Program Director. This should be submitted with thesis Advisor’s approval (see approval form in Section II).
6. Try to complete the research and most of the first draft by the end of the fall semester. (Although this seems early, please remember that next semester you will be making revisions, preparing the thesis for presentation, and defending your thesis.)

HO 499 (Spring Senior Year)
1. Enroll in “Honors Thesis” HO 499
2. Finish up loose ends of research/writing (No later than February 1st you must have a complete draft).
3. Schedule your public thesis presentation with your advisor and the Honors Director. It is up to you to work with your thesis advisor and reader to find a
compatible date. Your oral defense will normally be held in March or early April.

4. Make any changes you and your advisor agree upon, and have copies ready for you and your committee at least two weeks before the presentation date (i.e., one for you and one for each member of the committee).

5. After the presentation, make any changes required by the committee. Check final format before copying to ensure adherence to guidelines.

6. Submit one copy minimum on thesis-quality paper, individually collected in a file folder or manila envelope and bound only by a clip (no staples, brass tabs, etc.) to the Honors Department. Email a copy of the final version to the Honors Department, and be sure to include the appropriate library permission forms and signature pages. Include your name, contact information (an address/phone number where we can send your bound copy of the thesis AFTER you graduate) and an abbreviated title that is 55 characters (including spaces) or less. (See submission checklist on page 23).

The cost of professionally binding your Thesis according to University Honors Program standards is approximately $20.00 per copy. The Program will pay for the one copy that will be sent to you the summer following graduation. Any additional copies, such as those for advisors or readers, are your monetary responsibility.

THE THESIS PRESENTATION

A thesis presentation is required of all students who complete the thesis/project. The committee is generally made up of three persons: the thesis advisor, the faculty reader, and the Director of the Honors Program. All thesis presentations must be completed by mid April, usually no later than April 15th for a May graduation. All committee members should have a semi-final draft of the thesis (often accompanied by a draft of the power point slides for the presentation) at least 2 weeks prior to the presentation. The defense cannot take place unless the committee members have received a copy of the thesis manuscript at least two weeks prior to the anticipated defense date; sometimes committee members prefer an even longer review period. Moreover, the student should not give the thesis advisor and the oral defense committee a copy of the thesis at the same time; the committee members should receive their copies only after the thesis advisor has indicated that the thesis is ready to be defended. Any special requirements for presentation space or equipment must be coordinated at this time as well.

Please note that the Thesis Advisor serves as Chairperson of the Thesis Committee and thus moderates the oral presentation. Additional faculty representatives present, or faculty members from the Honors Advisory Council are also welcome to join the Thesis Committee at the advisor’s discretion.

It should be emphasized that the copy of the thesis presented to the defense committee is the penultimate copy. The final copy will be prepared after the defense so that the committee members may make corrections, suggest changes, and generally
point out areas that might need additional attention. The student should meet with the advisor shortly after the defense to discuss suggested revisions.

At the presentation, the student normally opens with an overview statement of the purpose, method, and results of the thesis. Students will typically have about 20-25 minutes to outline their project, guide us through their research, and highlight their conclusions. Committee members then ask questions, usually in turn, in what turns out to be a relatively informal and lively exchange of ideas, lasting an average of 15 minutes. Finally, the student will open up the presentation to questions from the audience. The thesis, as with all Honors coursework, is letter-graded and the committee will suggest an appropriate letter grade for the student's work to the Honors Director.

**Additional Guidelines for the Thesis Defense**

Here is a short checklist that will help you prepare for the thesis defense. Note that the most up to date information will be presented in your thesis seminar.

**As you approach the final weeks prior to your defense:**

1. Make any changes you and your advisor agree upon, and have copies ready for you and your committee at least two weeks before the presentation date.

2. Once you deliver the defendable copies, arrange a time (perhaps a week later?) to meet with both your advisor and reader. Ideally, this could be one meeting for all of you. Less ideally, you’d meet with each separately. Your goal for this meeting is twofold: first, collect their latest feedback on your work so that you can incorporate any needed revisions into your defense presentation. (But to be clear, do NOT plan to make these edits to the written copy at this point. Your focus now must shift to the thesis defense.) Second, strategize about the defense with your committee. You CANNOT present the entire thesis in 20 minutes (which is the formal time of your defense, followed by 5-10 minutes of questions, followed by some brief celebration of your work). This is a “thesis PRESENTATION” not a “thesis summary.” So you need to be strategic about what you can do, about how best to make your work accessible to a general audience, about how technology will enhance what you present, and so on. This conversation should set the parameters for all of that. As you leave this meeting, confirm the date, time, and place of your defense with your committee.

3. After this vital meeting with your committee, put a first draft of your presentation together, including any slides you will use. Remember that in a 20 min presentation, you’ll want no more than about 15 slides, which includes a couple of cover slides that will just flash briefly. Remember that on slides, less is more. Too much text just puts folks to sleep and won’t help your cause. Many advisors/readers will want you to do a dry run a few days prior to your defense with them, so plan that into your schedule too. But even if the faculty don’t want to rehearse with you, you need to rehearse. You should
plan ample time to dry run the presentation several times before the day of your defense.

Defense Day:

1. Take a deep breath. Sleep well the night before. Dress for success. Be sure to eat something during the day. Show up for the defense at least 15 minutes early. Load your slides, greet your guests, act like you are in charge...because you are!
2. At the appointed hour, the Honors Director will welcome everyone to your defense, and then introduce your advisor who will introduce you and the work you have done. Most faculty advisors will ask you for some bullets for this introduction. It is always extremely awkward if you haven’t coordinated this with the advisor in advance...so add that to your “to do” list.
3. Once the introductions are complete, the next 20 minutes is yours. You might wish to begin by recognizing special guests (family, etc.) or you might save this for the end. But at some point you should acknowledge your support system and thank them for coming. You might also graciously thank your advising committee for the hours they have devoted to you and your project.
4. Timing: The honors director will be seated near the front of the room, and at 18 minutes will start counting down 5-4-3-2-1. When you get the fist, stop! Questions typically begin with the advisor, then reader, then the honors director, then all others. Normally we try to limit the questioning to about 10 minutes, especially if there is another presentation following yours. You know the schedule, so you’ll know how tight our timing will be on your day.
5. Celebrate! These events are meant to be celebratory, since you have completed the really difficult work to get to this stage. So enjoy your moment. Shine! Then gather with family or friends to continue the celebration.

After your defense:

1. Arrange a time to meet with your advising faculty within a couple of days of your defense. Make any changes required by the committee. Check final format before copying to ensure adherence to guidelines.
2. See the checklist and format requirements in the Thesis Handbook on the honors web site. In short, you will submit two (2) copies: one on thesis-quality paper, collected in a file folder or manila envelope and bound only by a clip (no staples, brass tabs, etc.) to the Honors Department; submit the second electronically to Connie Gates for the library using the forms on pages 20 and 21 of the handbook, and the checklist on page 23. When you submit your final copy, include your name, contact information (an address/phone number where we can send your bound copy of the thesis several months AFTER you graduate), and an abbreviated version of your title (in case it is too long for the binding).
3. Finally, please provide a one page abstract of your work (sample on page 22) that is NOT included with your actual thesis. We want to keep a notebook
with abstracts from past theses in the Honors Reading Room for future students.

4. NORMALLY, this is all completed within 2 weeks of your defense. If you are an early defender and would like a bit more time, coordinate with the honors director on the date you will actually submit your work. When you submit it, it MUST be signed by your advisor and reader indicating their approval. So you will need to coordinate with the faculty for them to review one final time (if they wish) prior to signing. The honors director will do a final review of all theses in early May and sign them all at that point.

5. Connie Gates is the expert on thesis submission and will insist that you submit all the appropriate forms and items before she clears you. Martin Garnar, always an amazing resource, is also quite adept at guiding students through the final stages of the process (notes about notes, sources, even formatting he handles with aplomb!)

Bottom line: You're almost there. Hang in there. Good luck!

**THE CREATIVE THESIS**

Students majoring in the Arts may opt for a non-traditional Thesis. For example, creative writers may work on a manuscript; artists may stage an exhibition, etc. Due to the nature of these types of theses, each one will need special approval and guidance from the Director and the Honors Council.

**THE HONORS PORTFOLIO**

In some cases, students—in consultation with advising faculty—will opt to present an Honors Portfolio in lieu of a thesis. Education majors, for example, have an extensive portfolio project associated with completing their major, and often this portfolio may be modified to also serve the Honors Program (typically the portfolio collection includes additional documentation linked to honors program goals, and includes a reflection essay in the 15-20 page range that integrates the portfolio artifacts with a carefully considered evaluation of academic and personal growth as it relates to involvement in the Regis Honors Program). Alternatively, students in other majors that require a thesis for completion (disciplinary honors, for example) may elect to construct a portfolio that includes the disciplinary thesis and other artifacts that showcase meaningful academic experiences and intellectual growth. These portfolios also include a reflection essay in the 15-20 page range that integrates the portfolio artifacts with a carefully considered evaluation of the student’s involvement in the Regis Honors Program.

Because honors portfolio projects tend to be very individualized, on-going consultations with the Honors Program Director is essential.

**Special Situations**
Study Abroad
The opportunities to study abroad are extremely valuable and students in the Honors Program have benefited greatly from them. There are, though, some special factors to consider in relationship to the thesis project. First, the most ideal time for honors students to study abroad is in the fall semester of their junior year. This allows them to participate fully in the 3 thesis seminars that span from the spring semester of the junior year and through their two semesters as seniors. Of course, other factors and considerations often come into play and honors students find that either the spring semester of their junior or the fall semester of their senior year present better study abroad opportunities. When this is the case, it is crucial that students take the steps necessary to stay on top of thesis work. What this means varies from situation to situation. It might mean that students work more in the summer months to complete a draft of their thesis. It probably means that students set up forms of communication with their advisor and reader during the time they will be away from campus. It might mean that students establish a set of special milestones and deadlines for completing thesis work that are similar to the deadlines and milestones in the thesis seminars. The bottom line is that students are encouraged to seek out appropriate study abroad opportunities. And honors students have been able to do so and to do great work on their theses. It simply takes attention, planning, and diligence to make this work.
THE MANUSCRIPT FORMAT

Margins: 1½ inches at the left and top; 1 inch at right and bottom; 2 inches at top on chapter headings. Please check your margins carefully on the computer. You may have to adjust the settings.

Paper: Use 16- or 20-lb. bond paper (preferably the latter) with at least 50% cotton content. You may use a cotton content higher than 50% but not less.

Copies: Photocopies or laser printed originals are acceptable for your final copy submitted to the Honors Council.

Number of copies: Please turn in two (2) copies — an original and an electronic copy — to the Honors Director within a week following your oral defense. The electronic copy will be filed permanently with the library, the other will be bound and sent to you during the summer following graduation. If your advisor or reader wants a copy, such copies must be in addition to those noted here.

Cover: We will send the copy you provide to the Honors Department to the Denver Bookbinding Company for permanent binding. The unbound copy must not be stapled, nor should it have holes punched in the side—it’s best to submit it in a manila folder or large brown envelope. Do not bind preliminary copies for the defense.

Title and approval pages: All copies must contain a title page and approval page, as well as the permission forms for online publication and certificate of authorship. Models are included in this handbook. The approval page must be signed by the appropriate persons (Thesis Advisor, reader, and Honors Director) before the thesis/project will be accepted. If the thesis contains proprietary information from a third party entity, such as a business plan, software code, etc., a Releasor Authorization form will be also required in order to publish the thesis online. Consult with the library if you think your thesis contains this type of information. The Honors Director signs last and occasionally delays signing until corrections are made if the Honors Director sees errors in the final copies.

Pagination: All pages must be in the right order. See below for order of pages, including front matter. Note position of page numbers. Front matter (except for the title page that bears no number but is counted as page one) has the page number in lower-case Roman numbers centered at the bottom of the page about 5/8" from the bottom. Page numbers for all text pages, including chapter headings and the bibliography, should be centered in Arabic numbers at the bottom of the page, beginning with page “1” on the initial page of your text. (See an additional note at the end of the “Order of Pages—Front Matter” heading below.)

Style Guide: Please use the style guide (MLA, APA, etc.) appropriate for your discipline regarding spacing, footnote form, bibliographical form, etc. The guidelines above, however, take precedence over the style guides.
Figures: Illustrations, tables, charts, photographs, maps, etc. should be listed at the outset, referred to in the text before they appear, and captioned.

ORDER OF PAGES—FRONT MATTER, numbered in lower-case Roman numerals

1. Blank page
2. Title page
3. Approval page
4. Blank page
5. Table of Contents
6. List of Figures (if any)
7. List of Illustrations (if any)
8. List of Tables (if any)
9. Preface, including acknowledgements

NOTE: Front matter should be given small Roman numerals, beginning with the Title page as number one; Arabic numbers begin with the first page of the thesis itself, including the Introduction. The title page is considered to be page one of the front matter, but the numeral itself is not placed on the page. The approval page is given the number ii. The blank pages in the front matter are not assigned page numbers and can be inserted after printing the thesis. The blank pages are not required for the electronic copy. Page numbers for front matter are normally centered at the bottom of the page.

MISCELLANEOUS INFORMATION AND REMINDERS

1. Any exceptions to the rules and regulations governing the senior thesis must be made by the Director on an individual basis. Unless the circumstances are very unusual, extensions will not be granted for more than one or two weeks. Longer extensions cause problems with graduation paperwork. DO NOT PLAN TO GRADUATE AND THEN COMPLETE YOUR THESIS AFTERWARDS. GRADE CHANGES ARE NO LONGER PROCESSED AFTER THE DEGREE HAS BEEN POSTED ON YOUR TRANSCRIPT, AND THE GRADUATION WITH HONORS NOTATION ON YOUR TRANSCRIPT WILL NO LONGER BE POSSIBLE.

2. Please allow for appropriate “turn-around” time in the preparation of your manuscript. For example, if you submit your rough draft to your thesis advisor for his/her comments on the day that professor has received forty term papers from a class, you will probably have to wait a few days for comments on your work. Please plan accordingly.

3. The biggest problem students encounter in the completion of their work is not the level of difficulty, problems with obtaining materials, or miscommunications with the advisors (though all of these have posed occasional problems); it is, instead, the misjudgment of the time available to them. The time frame for completing work often
goes askew, and work planned for fall semester doesn’t get done because of other pressing demands, and the spring semester provides no catch-up time. This is why we encourage students to try hard to begin the background reading and basic research during the HO 493A semester and summer prior to the senior year. The most accurate way to determine the length of time it takes to complete the thesis is to first calculate the longest possible time it might take, and then double it. If you will be studying abroad either the spring of your junior year or fall of your senior year, be sure to coordinate with the Honors Director. You may wish to enroll in HO 493A or B for 2 credits and work doubly hard the semester you are here, given that making progress on a thesis from half-way around the world is unlikely.

4. Matters of courtesy: Although it is not required, you may wish to provide your advisor with a bound copy of the completed thesis. The velo-binding done at Kinko’s or elsewhere is inexpensive, and the product is attractive. Most faculty don’t need or want the higher priced permanent binding. It is also considered good form to say “thank you” to the persons who help you along the way — especially to your faculty advisor and reader.

5. Each spring the Honors Program sponsors a Senior Brunch where we celebrate your work. Advisors and readers typically attend, in addition to honors faculty, and the graduating seniors briefly present the results of their theses/projects to the community. Often the Dean of Regis College joins us to celebrate your success.
SECTION TWO

TIPS FOR THESES ADVISORS

1. Know what you are getting into before accepting thesis advising. Consult the Honors Director when in doubt.

2. Be selective. Prefer students whom you have had in class and who you are convinced are capable and committed. Be wary of taking on a student as an advisor if you are uncomfortable with your expertise in the students’ area of interest. Suggest a colleague whose subject expertise is better suited to the student proposal, and perhaps agree to be a reader instead.

3. Let the student know that you take the process very seriously, will be putting in a great deal of effort, and therefore expect a strong commitment of time and effort on the student’s part. Help the student be realistic about the nature of the work.

4. Discuss with the student what it means to be a scholar or creative artist. In the thesis/project, the student is shifting from being a student to becoming a scholar or artist, from being a consumer of knowledge to becoming a producer of knowledge, from performing assignments and exercises to developing and completing an individually-determined project. The student will spend over a year researching literature, working on an experiment, or designing and producing creative work. It may take considerable time just to determine the final topic or direction of the work. Yet this is just the initial stage, for the thesis itself still has to be written and polished.

5. Spend a great deal of time helping the student develop the research design or plan for creative work; much of this determined even before the proposal is submitted so that it can be explained there. Although this process is frustrating and time consuming, students must have a very clear idea of what they are going to do and how they are going to do it.

6. Meet with your student regularly—at least every two weeks. Never let the student leave your office without setting a specific date for the next meeting and specific tasks to accomplish by that time. E-mail dialogue may help maintain contact.

7. Be flexible. The students do work hard, but they cannot always meet the deadlines they or you set.

8. Keep careful notes. It is easy to lose track of what is going on with a project. A log of conversations with the student is ideal for monitoring the progress and recollecting issues you have covered and deadlines and suggestions you have given.

9. Consider involving students in your own research. You may enjoy the project more, you'll do a better job of directing the project, and you may benefit in terms of
developing your own research. Just be sure to give credit for any share the student has in your work.

10. Give the student a large measure of initiative, independence, and responsibility. At the same time, be constantly ready to offer suggestions, direction, and answers to questions.

11. Consider taking the student to a professional meeting and, in some cases, helping the student prepare for publication or offering co-authorship. Several students have done poster sessions for papers at state and national scholarly meetings under sponsorship by their advisors.

12. If appropriate make use of the Honors Thesis Assessment Rubric when evaluating your student’s work.

12. Enjoy. The students are wonderful, and you will develop a fruitful relationship with them.

TIPS FOR STUDENTS

Tips for Getting Organized

- Start early: don’t wait for the last moment and make sure to plan ahead
- Make time to research and write
- Develop a timeline for your project
- Find a good workspace and develop a healthy writing routine
- Always have two or more copies of your thesis (electronic and hard copies)

Approaching Your Advisor

- Look for an Advisor with experience and expertise in your field of interest
- Find an advisor wanting to advise
- Look for a personality match
- Ask your peers and other faculty members for recommendations
- Make sure to sell yourself and your research

Working with your advisor

- Set expectations upfront: make sure to communicate with your advisor frequently
- Be proactive and straightforward
- Be honest
- Prepare for Meetings
- Honor deadlines: give your advisor plenty of time to read your work
- Turn to your advisor for feedback and support
- Be appreciative

**Writing Your Thesis**

- Take advantage of your “writers circle.” Although the thesis is an individual project, inspiration, support, and advice can be found in the honors community
- Begin to write early
- Make each chapter stand on its own
- Don’t write a chapter for a chapter’s sake
- Seek outside opinions on your thesis
- Expect to write numerous drafts and be willing to rewrite
- Consider your audience
- Document your sources thoroughly
- Make your conclusion more than a summary
- Remember deadlines:
  - Thesis presentations must be complete by April 15th for May graduation
  - Committee members must receive a copy of your thesis at least two weeks prior to the defense.

**Scheduling for Success**

**Credit:**

<table>
<thead>
<tr>
<th>Course</th>
<th>Semester</th>
<th>Year</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HO 493A</td>
<td>Spring</td>
<td>Junior Year</td>
<td>0-2</td>
</tr>
<tr>
<td>HO 493B</td>
<td>Fall</td>
<td>Senior Year</td>
<td>0-2</td>
</tr>
<tr>
<td>HO 499</td>
<td>Spring</td>
<td>Senior Year</td>
<td>0-2</td>
</tr>
</tbody>
</table>

**Notes:**

When students are studying abroad or have other schedule conflicts, the credit hours for HO 493B may be extended to 2 hours in lieu of enrolling in HO 493A. However, this flexibility is for administrative purposes—in every case students should begin their thesis research and complete a proposal during the spring of their junior year.
Senior Honors Thesis Proposal Coversheet
(Download this page from the Honors website, then attach this coversheet, with signatures, to your final proposal)

Date:

Name:

Local Address:

Local Phone:

Email:

Major(s):

Minor(s):

Anticipated Date of Graduation:

Thesis/Project Working Title:

Description:

Faculty Advisor/Reader
I agree to direct the Honors Thesis/Project as described above.

Name ____________________________ Name ____________________________
Advisor Co-Advisor/Reader
Honors Senior Thesis Research Seminar-- HO 493B
Fall Approval

By fall break (mid-October) of your senior year, you must have approval from your advisor and reader to continue with the thesis process. If, for any variety of reasons, you have been unable to complete a substantial portion of your thesis research by this time, it is unlikely that your thesis will be satisfactorily finished in time for an April defense and May graduation. To continue with the thesis process, you must have an outline, a chapter in draft, and a literature review approved by your advisor and reader.

Fall Approval Form:

Date of Submission: ________________________________

Name of Student: ________________________________________

Department of Major: _____________________________________________

Thesis Title:
____________________________________________________________________________________
____________________________________________________________________________________

Advisor: ______________________________________________________
Reader: __________________________

The following materials have been submitted and approved:

Outline ___
Draft Chapter ___
Literature Review ___

Advisor's Signature: ____________________________________________ Date: ______________

Reader's Signature: ____________________________________________ Date: ______________
SAMPLE TITLE PAGE

TITLE
(all caps)
(Single space if title is longer than one line)

A thesis submitted to
Regis College
The Honors Program
in partial fulfillment of the requirements
for Graduation with Honors

by

Student's Name

May 2014

(i.e., month of student's graduation)
SAMPLE APPROVAL PAGE

Thesis written by

Student's Name

Approved by

Thesis Advisor

Thesis Reader or Co-Advisor

Accepted by

Director, University Honors Program
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SAMPLE ABSTRACT

Name:__________________________________ Major:____________________

TITLE
(55 characters in length)

Advisor's Name:__________________________________

Reader's Name:__________________________________

(Begin typing here and continue for approximately 200 words, outlining the primary concerns addressed in your research. Text of abstract is double-spaced.)

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Contact Information and Check List
To assist you in planning, we have provided space below for you to write in names/deadlines/phone numbers, etc. as you complete the thesis process.

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Date of Senior Brunch

Date of Oral Presentation

Date Final Thesis is due

Check list for review:
- Select Thesis Advisor
- Select topic and write proposal
- Submit proposal to Honors prior to end of junior spring semester
- Submit draft(s) to Thesis Advisor
- Set date/time/place for oral presentation
- Submit draft approved by Advisor to oral presentation committee
- Defend thesis
- Make required final revisions
- Check format with Honors prior to making final copies (see final checklist)
- Submit abstract and signed copy on thesis-quality paper

The Regis College Honors Program Senior Thesis Handbook is adapted from the Kent State University schema, and the evolutions of it incorporated by our colleagues at the Loyola Marymount University Honors Program. The handbook *Conquering Your Undergraduate Thesis* (Natatvi Guides, 2002) was also a source. Of course, many additions and modifications of these guiding documents have been incorporated in order to bring the Handbook into conformance with Regis College expectations and practices. We welcome your appropriate feedback that we may revise and further develop the Handbook and Thesis Program.
Thesis Final Submission Checklist

☐ Final copy of thesis ready to be bound
  o See pages 11-12 for details on format and order of pages
  o One of the advisor/reader signature page. (Honors director will sign once you submit) See page 20 in the Senior Thesis Handbook

☐ Completed Library forms (you may print pages from the electronic version of the Senior Thesis Handbook)
  o Certification of Authorship for Honors Thesis
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