

**RUECKERT-HARTMAN COLLEGE FOR HEALTH PROFESSIONS
DIVISION OF COUNSELING & FAMILY THERAPY**

Master of Arts in Counseling (MAC) Essays

MAC Essay 1: AUTOBIOGRAPHICAL ESSAY

In an autobiographical essay (1,000 - 1,500 words) describe your personal, professional, and educational history. This section will give the Admissions Committee a better understanding of the relationship of your interest in the Master of Arts in Counseling program to your specific career objectives, a sense of your capacity for introspection, reflection and personal growth, and insight into the life event(s)/experience(s) that have influenced your interest in the field of psychotherapy.

MAC Essay 2: CURRENT INTEREST AND VIEWS ESSAY

Elaborate (1,000 words or less) upon the tradition(s) in the history or field of counseling/psychology that have most influenced and shaped your understanding of the practice of counseling (e.g. the scientific tradition, depth psychology, humanistic counseling, family therapy). This section will give the Admissions Committee a better understanding of the orientation you bring to your studies and/or the particular areas of interest you wish to pursue.

Master of Arts in Marriage and Family Therapy (MAMFT) Essays

MAMFT Essay 1: AUTOBIOGRAPHICAL ESSAY

In an autobiographical essay (1,000 - 1,500 words) describe your personal, professional, and educational history. This section will give the Admissions Committee a better understanding of the relationship of your interest in the Master of Arts in Marriage and Family Therapy program to your specific career objectives, a sense of your capacity for introspection, reflection and personal growth, and insight into the life event(s)/experience(s) that have influenced your interest in the field of psychotherapy.

MAMFT Essay 2: CURRENT INTEREST AND VIEWS ESSAY

Elaborate (1,000 words or less) upon your interest in the field of Marriage and Family Therapy, particularly focusing upon the approaches or styles of therapy to which you are drawn. How do you imagine this work will be a service to the community? Address how issues of power, culture, and relationships play a part in the life of couples, families, and individuals. This essay will give the MAMFT Admissions Committee a better understanding of the orientation you bring to your studies and/or the particular areas of interest you wish to pursue.

*See second page for Post-Masters Certificate essay instructions.
Completed essays can be returned to RUAdmissions@regis.edu.*

LOOK OUTWARD. INQUIRE WITHIN.

Post-Master's Certificate in Marriage and Family Therapy Essay

Elaborate (1,000 words or less) upon your interest in the field of Marriage and Family Therapy, particularly focusing upon what approaches or styles of therapy you are drawn to and how you imagine this work will be a service to the community.

This essay will give the MAC Admissions Committee a better understanding of the orientation you bring to your studies and/or the particular areas of interest you wish to pursue.

Post-Master's Certificate in Child and Adolescent Counseling Essay

Elaborate (1,000 words or less) upon your interest in counseling children and adolescents, particularly focusing upon life and professional experiences that would contribute to your success counseling them. Include your views on the special skill needs of counselors who work with these populations.

This essay will give the MAC Admissions Committee a better understanding of the orientation you bring to your studies and/or the particular areas of interest you wish to pursue.

Post-Master's Certificate in Depth Psychotherapy Essay

Please describe in three to five pages what draws you to the Transformative Certificate. Have you had prior classes, an experience, a dream or an image that has influenced your desire to pursue this certificate? What do you hope to learn or gain from completing this certificate?

This essay will give the MAC Admissions Committee a better understanding of the orientation you bring to your studies and/or the particular areas of interest you wish to pursue.

Post-Master's Certificate in Counseling Military Families Essay

Please describe in three to five pages what draws you to the Counseling Military Families Certificate. The essay should include the reason(s) for or contributing factors to your interest in this certificate program. Describe your experience with the military (if any), and plans for integrating counseling military families in practice. Such plans may include specific mental health areas such as PTSD, deployment and reintegration, TBI, Military Sexual Trauma, or resiliency training.

This essay will give the MAC Admissions Committee a better understanding of the orientation you bring to your studies and/or the particular areas of interest you wish to pursue.

This essay will give the MAC Admissions Committee a better understanding of the orientation you bring to your studies and/or the particular areas of interest you wish to pursue.

Completed essays can be returned to RUAdmissions@regis.edu.