

**Jeffrey Thomas Lalama, PharmD, BCPS**  
**Assistant Professor, School of Pharmacy**  
**Regis University**  
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**Contact Information**

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**Education**

- 2005-2009    Doctor of Pharmacy  
University of Connecticut Storrs, CT. May, 2009
- 2003-2007    B.S. in Pharmacy Studies  
Minor in Molecular and Cellular Biology  
Magna Cum Laude  
University of Connecticut, Storrs, CT. May 2007

**License and Certification**

- 2012            Board Certified Pharmacotherapy Specialist  
Board of Pharmacy Specialties  
Active
- 2011            Colorado Pharmacy License #19180  
Colorado State Board of Pharmacy  
Active
- 2011            Immunization Trainer  
American Pharmacist Association (APhA)  
Active
- 2010            Massachusetts Pharmacy License #PH232989  
Massachusetts State Board of Pharmacy  
Inactive
- 2010            Advance Cardiac Life Support (ACLS) Certified  
American Heart Association (AHA)  
Active
- 2009            New Jersey Pharmacy License #28RI03321300  
New Jersey State Board of Pharmacy  
Active

- 2009            Basic Life Support (BLS) Certified  
American Heart Association (AHA)  
Active
- 2009            Virginia Pharmacy License #0202209199  
Virginia Board of Pharmacy  
Active
- 2008            Immunization Certification  
American Pharmacists Association (APhA)  
Active

### **Employment History**

- 2015-present        **Associate Professor**, Department of Pharmacy Practice, Regis University School of Pharmacy, Denver, CO
- 2011-2015            **Assistant Professor**, Department of Pharmacy Practice, Regis University School of Pharmacy, Denver, CO
- 2012-present        **Pharmacy Instructor**, Swedish Medical Center, Englewood, CO
- Contract employee. Provide rounding services to the cardiothoracic surgery team and counsel patients ready for discharge on the cardiology service. Serve as Regis faculty preceptor for at least 10 fourth year pharmacy students a year.
- 2010-2011            **PGY-2 Cardiology Pharmacy Resident**, University of Massachusetts Memorial Medical Center, Worcester, MA
- Provided clinical services to a wide variety of cardiac patients in a 844-bed level-1 trauma center teaching hospital.
- 2009-2010            **PGY-1 Pharmacy Practice Resident**, Valley Health Systems, Winchester, VA
- Provided clinical services to a wide variety of patients in a 411-bed community hospital.

### **Honors and Awards**

- Regis University School of Pharmacy Teacher of the Year Award, 2014
- Charles A. Pergola Scholarship Award for a rotation in a pharmaceutical company, 2009
- Clinical Skills Competition, placed in the top 5 teams, 2007 and 2008
- Advocacy Volunteer Award for the Connecticut region of the American Cancer Society, 2007

- Golden Key Honour Society, 2005

### **Scholarly Activities: Publications**

#### **Publications in a Refereed Journal (articles, books, book chapters)**

1. Vandiver JW, Ritz LI, **Lalama JT**. Chemical prophylaxis to prevent venous thromboembolism in morbid obesity: literature review and dosing recommendations. *J Thromb Thrombolysis*. 2015;DOI 10.1007/s11239-015-1231-5.
2. **Lalama JT**, Feeney ME, Vandiver JW, Beavers KD, Walter LN, McClintic JR. Assessing an enoxaparin dosing protocol in morbidly obese patients. *J Thromb Thrombolysis*. 2015;39(4):516-521.
3. **Lalama J**. Arrhythmias. In: Attridge RL, Miller ML, Moote R, Ryan L, eds. *Internal Medicine: A Guide to Clinical Therapeutics*. 1<sup>st</sup> ed. New York, NY: McGraw-Hill; 2013:25.
4. **Lalama J**, Lewis PM, Gore J, Tran MT, Donovan J. How one academic medical center has managed potency changes with unfractionated heparin. *J Thromb Thrombolysis*. 2013;36(1):91-95.
5. **Lalama J**, Brackbill M. Characterization and evaluation of clopidogrel response testing in a community hospital setting. *J Clinical Experiment Cardiol*. 2011;2:5-9.

#### **Publications in a Non-Refereed Journal (articles, papers, reports, multimedia)**

1. Feehan C, **Lalama J**. Can earlier administration of ticagrelor in STEMI patients improve blood flow prior to PCI? In: Linn WD. Eds. *Topics in Evidence-Based Pharmacy Practice*. New York, NY: McGraw-Hill; 2013.  
<http://accesspharmacy.mhmedical.com.dml.regis.edu/updatesContent.aspx?bookid=533&Sectionid=79836811>.
2. Nelson A, **Lalama J**. Intermediate-Risk Pulmonary Embolism and Fibrinolysis: For Better or For Worse?. In: Linn WD. eds. *Topics in Evidence-Based Pharmacy Practice*. New York, NY: McGraw-Hill; 2013.  
<http://accesspharmacy.mhmedical.com.dml.regis.edu/updatesContent.aspx?bookid=533&Sectionid=56747651>.
3. Khan S, **Lalama J**. What Is The CHANCE That Dual Antiplatelet Therapy Is Effective for Secondary Stroke Prevention?. In: Linn WD, Al-Qadheeb N, Al-Qadheeb N, Havrda D, eds. *Topics in Evidence-Based Pharmacy Practice*. New York: McGraw-Hill; 2013. <http://www.accesspharmacy.com/content.aspx?aID=4000318>.
4. Feeney M, **Lalama J**. "Can Newer Anticoagulants AMPLIFY the Initial Treatment of VTE?" (update). In: Linn WD, Al-Qadheeb N, Havrda D, Al-Qadheeb N, Havrda D, eds. *Topics in Evidence-Based Pharmacy Practice*. New York: McGraw-Hill; 2013.  
<http://www.accesspharmacy.com/content.aspx?aID=4000312>.
5. Al-Tiae JK, **Lalama J**. "Rivaroxaban Takes on VTE Prophylaxis for Acute Medically Ill Patients" (update). In: Linn WD, Al-Qadheeb N, Havrda D, Al-Qadheeb N, Havrda D, eds. *Topics in Evidence-Based Pharmacy Practice*. New York: McGraw-Hill; 2013.  
<http://www.accesspharmacy.com/content.aspx?aID=4000296>.

6. Khan S, **Lalama J**. "Can Prasugrel Beat Clopidogrel in ACS without Revascularization?" (update). In: Linn WD, Al-Qadheeb N, Havrda D, Al-Qadheeb N, Havrda D, eds. *Topics in Evidence-Based Pharmacy Practice*. New York: McGraw-Hill; 2013. <http://www.accesspharmacy.com/content.aspx?aID=4000297>.
7. Khan S, **Lalama J**. Can A Fish A Day Keep the ED Away?. In: Linn WD. eds. *Topics in Evidence-Based Pharmacy Practice*. New York, NY: McGraw-Hill; 2012. <http://accesspharmacy.mhmedical.com.dml.regis.edu/updatesContent.aspx?bookid=533&Sectionid=41703424>.
8. Khan S, **Lalama J**. Aspirin vs. Warfarin: The Debate Continues for Patients with Heart Failure in Sinus Rhythm. In: Linn WD. eds. *Topics in Evidence-Based Pharmacy Practice*. New York, NY: McGraw-Hill; 2012. <http://accesspharmacy.mhmedical.com.dml.regis.edu/updatesContent.aspx?bookid=533&Sectionid=41703232>.
9. **Lalama J**. Using Aspirin for Primary Prevention of Vascular and Non-Vascular Outcomes: What Are the Data?. In: Linn WD. eds. *Topics in Evidence-Based Pharmacy Practice*. New York, NY: McGraw-Hill; 2012. <http://accesspharmacy.mhmedical.com.dml.regis.edu/updatesContent.aspx?bookid=533&Sectionid=41703158>.
10. **Lalama J**. Risk of Acute Coronary Events and Dabigatran. In: Linn WD. eds. *Topics in Evidence-Based Pharmacy Practice*. New York, NY: McGraw-Hill; 2012. <http://accesspharmacy.mhmedical.com.dml.regis.edu/updatesContent.aspx?bookid=533&Sectionid=41703069>.
11. **Lalama J**. Triple Antithrombotic Therapy in STEMI Patients After PCI: A Reason to Stay Up at Night?. In: Linn WD. eds. *Topics in Evidence-Based Pharmacy Practice*. New York, NY: McGraw-Hill; 2012. <http://accesspharmacy.mhmedical.com.dml.regis.edu/updatesContent.aspx?bookid=533&Sectionid=41703003>.
12. **Lalama J**. Rivaroxaban: Warfarin's Newest Competitor for Non-Valvular Atrial Fibrillation. In: Linn WD. eds. *Topics in Evidence-Based Pharmacy Practice*. New York, NY: McGraw-Hill; 2012. <http://accesspharmacy.mhmedical.com.dml.regis.edu/updatesContent.aspx?bookid=533&Sectionid=41702829>.
13. **Lalama J**. Dronedarone: Where To Go from Here?. In: Linn WD. eds. *Topics in Evidence-Based Pharmacy Practice*. New York, NY: McGraw-Hill; 2012. <http://accesspharmacy.mhmedical.com.dml.regis.edu/updatesContent.aspx?bookid=533&Sectionid=41702823>.

## **Presentations**

### **Refereed Presentations**

1. **Lalama J**. Optimal duration for dual antiplatelet therapy. Presented at: Colorado Pharmacists Society's 2015 Annual Meeting & Exhibition. May 9, 2015; Denver, CO.

2. **Lalama J**, Sheridan L, Martell CW. Piloting not grading applications in a Team-Based Learning™ pharmacy course. Poster presented at: The 14th Annual Team-Based Learning Collaborative Conference; March 6-7, 2015; St. Petersburg, FL.
3. Ritz LI, **Lalama JT**, Vandiver J, McClintic J, Smith K, Walter L. Fixed enoxaparin dosing protocol in obese patients. Poster presented at: American Society of Health System Pharmacists 49<sup>th</sup> Midyear Clinical Meeting & Exhibition; December 8, 2014; Anaheim, CA.
4. Valenciano EC, Hughes AN, Walter LN, **Lalama JT**, McClintic JR. New oral anticoagulant utilization and adverse events as observed in a community hospital. Poster presented at: American Society of Health System Pharmacists 49<sup>th</sup> Midyear Clinical Meeting & Exhibition; December 8, 2014; Anaheim, CA.
5. Fete M, Goldwire M, **Lalama J**, Martell C. Update in the drug treatment of cardiovascular disease. Presented at: Ruckert-Hartman College for Health Professions 2<sup>nd</sup> Annual Summit for Healthcare Professionals; September 19, 2014; Denver, CO. (CE presentation)
6. Feeney M, **Lalama J**, Beavers K, Vandiver J, Walter L, McClintic J. Assessing an enoxaparin dosing protocol in morbidly obese patient. Poster presented at: American Society of Health-System Pharmacists 48<sup>th</sup> Midyear Clinical Meeting & Exhibition; December 10, 2013; Orlando, FL.
7. Prasthofer E, **Lalama J**. Treatment of VTE – review of guidelines and new oral anticoagulants. Presented at: Swedish Medical Center Medical Grand Rounds; November 21, 2013; Englewood, CO. (CME presentation)
8. **Lalama J**, McCollum M, Nelson M, Sucher A, Sucher B, Carter R. A pathway to a principled pharmacist: using reflection throughout the curriculum to guide the way. Poster presented at: American Association of Colleges of Pharmacy Annual Meeting; July 2013; Chicago, IL.
9. **Lalama J**. Preventing clots in the 21<sup>st</sup> century. Presented at: Colorado Pharmacists Society Annual Meeting; May 31, 2013; Colorado Springs, CO. (CE presentation)
10. Burt L, Berlau D, Hanselin M, **Lalama J**, Sheridan L, Sucher B. Practical strategies: Enhancing TBL in your classroom. Presented at: 12<sup>th</sup> Annual Team Based Learning Collaborative Meeting; March 1, 2013; San Diego, CA.
11. Burt L, Berlau D, Hanselin M, **Lalama J**, Sheridan L, Sucher B. Flipping the classroom using team based learning application exercises. Presented at: Metro State University Teacher-Scholar Forum; February 22, 2013; Denver, CO.
12. McCollum M, Sucher AJ, Haight RC, Shea L, **Lalama J**, Martell C, Luckey SW. PCAT scores are predictive of student performance in an integrated team-based learning™ curriculum. Poster presented at: American Association of Colleges of Pharmacy Annual Meeting; July 2012; Kissimmee, FL.
13. Lewis PM, **Lalama J**, Donovan JL, Lim D, Tran MT. How one academic medical center has managed potency changes with unfractionated heparin. Poster presented at: American Society of Health System Pharmacists 46<sup>th</sup> Annual Midyear Clinical Meeting & Exhibition; December 2011; New Orleans, LA.
14. Berlau DJ, Buffet L, Burt L, Hanselin M, **Lalama J**, Sheridan L, Sucher B. Overcoming Challenges in TBL: The Regis Approach. Workshop presented at 11th Annual Team-Based Learning Collaborative; March 2011; St. Petersburg, FL.
15. **Lalama J**, Donovan JL, Tran MT. How one academic medical center has managed potency changes with unfractionated heparin. Poster presented at: American Society of

Health-System Pharmacists 45<sup>th</sup> Annual Mid-Year Clinical Meeting; December 2010; Anaheim, CA.

16. **Lalama J**, Brackbill M. Utilization of P2Y<sub>12</sub> testing and its impact on therapeutic decision making. Poster presented at: American College of Clinical Pharmacy Spring Practice and Research Forum; April 2010; Charlotte, NC.
17. **Lalama J**, Lizer M. Appropriateness of IV levetiracetam utilization in a 400-bed community hospital. Poster presented at American Society of Health-System Pharmacists 44<sup>th</sup> Annual Midyear Clinical Meeting; December 2009; Las Vegas, NV.

### **Current Research Activities**

**Lalama JT**, Ritz LI, Vandiver J, McClintic J, Smith K, Walter L. Fixed enoxaparin dosing protocol in morbidly obese patients for VTE prophylaxis. Role of principle investigator and pending IRB approval. Started in 2015.

**Lalama J**, Bar-Or D, Salottolo K, Dauber I. Oxidative reduction potential in congestive heart failure. Role of principle investigator. Provisional IRB approval expected to be granted in December 2014.

**Lalama J**, Sheridan L, Martell C. Piloting not grading applications in a Team Based Learning pharmacy course. Role of principle investigator. Project is ongoing.

Knutsen S, Hanselin M, **Lalama J**, Moote R. Preparation bootcamp for residency applications and interviews. Role of 3<sup>rd</sup> author and investigator. Project started in 2013 and manuscript will likely be submitted for publication in early 2015.

### **Scholarly Professional Activities**

#### **Editorial/ Referee Positions**

Journal Reviews

<b>Year</b>	<b>Journal</b>
2015	Journal of Thrombosis and Thrombolysis, Annals of Internal Medicine
2014	Annals of Internal Medicine
2012	Hospital Practice

### **Professional, Scientific, Honorary Associations or Societies**

#### **Membership**

#### **Positions, Committees, Task Forces**

##### **National**

- American Association of Colleges of Pharmacy (AACCP) 2011-present
  - Room monitor at annual meeting 2014
  - Member of Communications Committee for the Section of Teachers in Pharmacy Practice 2013-2014
- American College of Clinical Pharmacy (ACCP) 2009-present
  - Cardiology PRN mentor 2014-2015

- Cardiology PRN Hospitality Committee Member 2012-2013
- Cardiology PRN mentee 2011-2013
- Rho Chi 2007-present
- Phi Lambda Sigma (PLS) 2006-present
- American Society of Health System Pharmacists (ASHP) 2005-present
- American Pharmacists Association (APhA) 2005-2012

**State**

- Colorado Pharmacists Society (CPS) 2012-present
  - Board of Director Representative at Large 2015-present
  - New Practitioners Committee Board Liaison 2013-2014
  - Member of New Practitioners Bylaws Subcommittee 2012-2013

**Service**

**Service to the College/University**

**University**

2013-2014	Regis University Mentoring Program	Mentee
2012-present	Sophomore IN Program	Mentor

**College**

2015	Faculty Awards Task Force	Chair
2014	Physical Therapy Faculty Search Committee	Member
2013-2014	RHCHP Leadership Institute	Member
2011-present	Faculty Forum	Member
2011-present	RHCHP Town Hall	Member

**School**

2014-2015	ACPE Standards 24 and 26 Task Force	Member
2013-present	Rho Chi National Honor Society	Faculty Advisor
2013-present	P3 Sendoff Subcommittee (Subcommittee of Student Affairs Committee)	Chair
2013	Department of Pharmacy Practice Faculty Search Committee	Member
2012-2013	School of Pharmacy Tutoring Subcommittee (Subcommittee of Student Affairs Committee)	Member
2012	Faculty Development on Residency presented to the Department of Pharmaceutical Sciences	Presenter
2012-2013	P3 Sendoff Subcommittee (Subcommittee of Student Affairs Committee)	Co-chair

2012	Early Intervention Task Force to prevent student non-progression	Member
2012	Department of Pharmacy Practice Faculty Search Committee	Member
2012	Walgreen's Diversity Grant Subcommittee (Subcommittee of Student Affairs Committee)	Member
2011-2012	Class Schedule Task Force	Member
2011-present	Student Affairs Committee	Member
2011-present	Academic Advisor	Academic Advisor
2011-present	School of Pharmacy Faculty Meetings	Member

### **Community Service**

- April 2013 - 2015 – Regis University 9 Health Fair – precepted students at the heart health booth and ask a question get a medical referral booth
- March 2015 – Sam’s Club Health Fair – precepted students at heart health booth
- November 2011 - 2014 – Commerce City 9 Health Fair – precepted students at registration booth
- October 2014 – Golden 9 Health Fair – precepted students at “Ask a Pharmacist” booth
- August 2012 - 2014 – Sleep Tight Colorado 5K Pajama Run – ran in race raising money to donate sleeping bags to the homeless
- June 2014 – Denver Parks & Recreation – participated in faculty service project cultivating one of the main flower beds at Rocky Mountain Lake Park
- October 2013 – ALS run/walk – participated in walk to raise money for ALS
- October 2012 - 2013 – Skinner Middle School Health Fair – precepted students at heart health booth
- April 2013 – Pepsi Center 9 Health Fair – precepted students at registration booth
- February 2012 - 2013 – American Diabetes Association Denver Diabetes Expo – precepted students testing blood sugars, interpreting results from blood sugars, and performing foot exams
- February 2012 - 2013 – Regis Goes Red – provided a smoking cessation service, and participated in the Regis Goes Red kickoff event
- February 2012 – Brady High School Vaccine Clinic – immunized underprivileged children at an alternative high school
- October 2011 – Script Your Future – precepted a booth at the Silver Stride Walk promoting heart health and medication adherence

### **Teaching Responsibilities**

Semester	Course	Role
Spring 2015	Pharmacology DPT 710A	Instructor



	<ul style="list-style-type: none"> <li>- Cardiovascular pharmacology</li> <li>- Coag and lipis pharmacology</li> <li>- Respiratory pharmacology</li> </ul>	
	Integrated Laboratory 2 PHRM 422 <ul style="list-style-type: none"> <li>- Smoking cessation lab</li> </ul>	Instructor
	Introductory Pharmacy Practice Experience (Simulation Lab) PHRM 755 <ul style="list-style-type: none"> <li>- ACLS simulation</li> <li>- CABG simulation</li> </ul>	Instructor
	Advanced Pharmacy Practice Experience 6, 7 PHRM 764, 765	Instructor
Fall 2014	Integrated Pharmacotherapy 6 PHRM 706 <ul style="list-style-type: none"> <li>- Peripheral arterial disease (PAD) / Ischemic heart disease (IHD)</li> <li>- Acute coronary syndromes (ACS)</li> <li>- Heart failure (HF)</li> <li>- Stroke</li> <li>- Arrhythmias</li> </ul>	Instructor and Course Director
	Integrated Pharmacotherapy 9 PHRM 709 <ul style="list-style-type: none"> <li>- Erectile dysfunction (ED) and coronary artery disease (CAD) review</li> <li>- Advanced cardiac life support (ACLS)</li> </ul>	Instructor
	Integrated Laboratory 5 PHRM 725 <ul style="list-style-type: none"> <li>- Journal club</li> </ul>	Instructor
	Introductory Pharmacy Practice Experience 4 (clinical rotation portion completed over Summer) PHRM 754	Instructor and preceptor
	Introductory Pharmacy Practice Experience (Simulation Lab) PHRM 754 <ul style="list-style-type: none"> <li>- ACLS simulation</li> </ul>	Instructor
	Advanced Pharmacy Practice Experience 1, 3, 5 PHRM 760, 762, 764	Instructor and preceptor
	Independent Study PHRM 790	Instructor and Course Director
Spring 2014	Integrated Laboratory 2 PHRM 422 <ul style="list-style-type: none"> <li>- Smoking cessation lab</li> </ul>	Instructor
	Integrated Pharmacotherapy 11 PHRM 711 <ul style="list-style-type: none"> <li>- ACLS</li> </ul>	Instructor
	Integrated Pharmacotherapy 12 PHRM 712 <ul style="list-style-type: none"> <li>- Clinical toxicology</li> </ul>	Instructor
	Integrated Laboratory 6 PHRM 726 <ul style="list-style-type: none"> <li>- Doctoral seminar</li> </ul>	Instructor
	Introductory Pharmacy Practice Experience (Simulation Lab) PHRM 755 <ul style="list-style-type: none"> <li>- Cardiac hypotension simulation</li> <li>- ACLS simulation</li> </ul>	Instructor
	Advanced Pharmacy Practice Experience 6, 7 PHRM 765, 766	Instructor
	Advanced Pharmacy Practice Experience (longitudinal rotation) PHRM 767	Instructor
	Independent Study PHRM 790	Instructor and Course Director
Fall 2013	Integrated Laboratory 1 PHRM 421 <ul style="list-style-type: none"> <li>- Prescription processing lab</li> </ul>	Instructor

	Integrated Pharmacotherapy 6 PHRM 706 - PAD/IHD - ACS - HF - Stroke - Arrhythmias	Instructor and Course Director
	Integrated Pharmacotherapy 9 PHRM 709 - ED & CAD review	Instructor
	Integrated Laboratory 3 PHRM 723 - Anticoagulation lab	Instructor
	Integrated Laboratory 5 PHRM 725 - Journal club	Instructor
	Advanced Pharmacy Practice Experience 1, 3, 4 PHRM 760, 762, 763	Instructor
	Advanced Pharmacy Practice Experience (longitudinal rotation) PHRM 767	Instructor
	Independent Study PHRM 790	Instructor and Course Director
Spring 2013	Integrated Laboratory 2 PHRM 422 - Smoking cessation lab	Instructor
	Integrated Pharmacotherapy 12 PHRM 712 - ACLS - Clinical toxicology	Instructor
	Integrated Laboratory 6 PHRM 726 - Doctoral seminar	Instructor
	Introductory Pharmacy Practice Experience PHRM 755	Instructor
	Advanced Pharmacy Practice Experience 6, 7 PHRM 765, 766	Instructor
	Advanced Pharmacy Practice Experience (longitudinal rotation) PHRM 767	Instructor
Fall 2012	Integrated Pharmacotherapy 6 PHRM 706 - ACS - HF - Stroke - Arrhythmias	Instructor and Course Director
	Integrated Pharmacotherapy 9 PHRM 709 - ED & CAD review	Instructor
	Integrated Laboratory 5 PHRM 725 - Journal Club	Instructor
	Introductory Pharmacy Practice Experience (simulation lab) PHRM 755 - Heart failure simulation	Instructor
	Advanced Pharmacy Practice Experience 4, 5 PHRM 763, 764	Instructor
	Advanced Pharmacy Practice Experience (longitudinal rotation) PHRM 767	Instructor
Spring 2012	Integrated Pharmacotherapy 11 PHRM 711 - GI infections and travel medicine	Instructor
	Integrated Pharmacotherapy 12 PHRM 712 - ACLS - Clinical Toxicology	Instructor
	Integrated Laboratory 6 PHRM 726	Instructor

	- Doctoral seminar	
	Introductory Pharmacy Practice Experience (simulation lab) PHRM 755 - Heart failure simulation	Instructor
Fall 2011	Integrated Pharmacotherapy 6 PHRM 706 - ACS - HF (acute only) - Arrhythmias	Instructor
	Integrated Pharmacotherapy 9 PHRM 709 - ED & CAD review	Instructor
	Integrated Laboratory 3 PHRM 723 - Prescription processing lab - Anticoagulation lab	Instructor
	Integrated Laboratory 5 PHRM 725 - SOAP notes part 1 - SOAP notes part 2 - Journal club	Instructor