Introduction

The Osher Lifelong Learning Institute (OLLI) at Regis University is a membership program designed for adults 50+ who wish to pursue lifelong learning in a relaxed, non-competitive atmosphere. There are no tests, grades or academic requirements – only a desire to learn and a curious nature.

OLLI at Regis joins a network of 125 Osher Lifelong Learning Institutes across the United States that believes the development and delivery of quality educational programs for 50+ adults is important for sustaining quality of life and healthy minds.

Membership

Membership includes unlimited in-person and online courses plus discounts to local restaurants, museums and events.

$400 ANNUAL  
$140 TERM  
$50 SINGLE COURSE  
New members only

IMPORTANT DATES  
REGISTRATION OPENS  
TERM DATES

Fall 2022  
August 1  
September 12-November 7

Winter 2023  
November 14  
January 9-March 23

Spring 2023  
February 20  
March 27-May 22

For more information or to register, visit regis.edu/OLLI.
History of the Holocaust
INSTRUCTOR: LANCE JONES
Part 1
Mondays, 1–3 p.m.
Sept. 12–Oct. 3
4-week course | In-person
This course will explore the Holocaust—the organized, state-sponsored attempt by Nazi Germany and its allies to exterminate the Jews of Europe and other groups they found unworthy of life.

Understanding Crimes of Vice
INSTRUCTOR: DON LINDLEY
Tuesdays, 9:30–11:30 a.m.
September 12–October 3
4-week course | In-person
This course addresses the violent, little understood crimes of prostitution and pimping and the crimes associated with them. Case studies of crimes occurring in Denver will be presented by instructor Don Lindley, who has spent years undercover in Denver combating these offenses.

Understanding Crimes of Sexual Homicide
INSTRUCTOR: DON LINDLEY
Tuesdays, 1–3 p.m.
September 13–October 4
4-week course | In-person
This course addresses the heinous crime of sexual homicide. Denver-based case studies will be presented by the instructor, Don Lindley and guest speakers from the field.

Corporate Social Responsibility:
The Enduring Reality to Create a New Future
INSTRUCTOR: TOM YAGOS
Tuesdays, 9:30–11:30 a.m.
September 13–October 4
4-week course | Virtual
Corporate Social Responsibility and Sustainability (CSR) can be defined from several perspectives: moral, rational and economic. The course will discuss what CSR is, why it’s important and the benefits to society.

Fairytales, Fables and Fun
INSTRUCTOR: PAM JONES
Tuesdays, 1–3 p.m.
October 11–November 1
4-week course | In-person
This course is an opportunity to return to childhood and look at favorite fairytales, fables, myths and more. You will cover the history and impact of the stories and some nuances such as recipes, movies, etc. derived from tales like Cinderella and Rapunzel.

Spirituality and Aging
INSTRUCTOR: GLENN O’BRIEN
Tuesdays, 1–3 p.m.
September 13–October 4
4-week course | In-person
This course will explore the difference between spirituality and aging as described by Thomas Moore in his book Ageless Soul: The Lifelong Journey Toward Meaning and Joy. In addition to Moore’s ideas, there will be inspiration from diverse voices from a variety of traditions all sharing the wisdom which comes with age.

FBI Undercover Operations Targeting Organized Crime in NYC
INSTRUCTOR: DR. VINCENT C. WINECLOVICE
Wednesdays, 9:30–11:30 a.m.
September 14–October 5
4-week course | Virtual
This course will examine Italian organized crime and FBI undercover operations in New York City from the 1970’s to 1990.

So How Do I Decide?
INSTRUCTOR: JOSEPH CASSA
Wednesdays, 9:30–11:30 a.m.
September 14–October 19
6-week course | In-person
This course emphasizes involvement of members in decision processes, practical models for decision-making, decision trees, risk analysis and issues associated with implementation of member decisions. The class will be practical and focus on members “real world” decisions.

A Crash Course on Philosophy and Religion
INSTRUCTOR: MAX INOTAK
Wednesdays, 9:30–11:30 a.m.
September 14–October 5
4-week course | Virtual
This course provides an analysis of theoretical thought, showing how philosophical and religious ideas are derived from the three basic world view commitments: Naturalism, Pantheism and Theism. Explores the religious basis of all thought whether explicitly religious or philosophical in nature. Addresses issues of knowing, believing and doing across world view options.

Skills for Everyday Living
INSTRUCTOR: RICK ROKOSZ
Wednesdays, 1–3 p.m.
September 14–October 5
4-week course | Virtual
This course will cover four different topics related to skills for everyday living implementing change, habits, tackling tough problems and managing stress.

The Power of Brands, Branding and Design
INSTRUCTOR: ROBERT CRAIG BRIGGS
Wednesdays, 1–3 p.m.
September 14–October 5
4-week course | In-person
In this 4-part course we will examine how successful brands are created, managed and refreshed. We will learn about how brands activate our senses to penetrate our psyches and create emotional bonds and even loyalty—through packaging design, corporate identity design and environmental design and we will examine how brands live in cultures different than our own and celebrate those differences.

What Persuades You and Why?
INSTRUCTOR: JOSEPH CASSA
Wednesdays, 1–3 p.m.
September 14–October 19
6-week course | In-person
This course will explore the practical concepts which explain persuasion and one’s ability to influence others. In this course you will identify and increase competency in communication skills and attitudes in persuasion through lectures, discussions, exercises and role play. These skills will enable students to practice persuasion to enhance both personal and professional success.

How to Live Better
INSTRUCTOR: RICK ROKOSZ
Wednesdays, 1–3 p.m.
October 12–November 2
4-week course | Virtual
This course will cover four different topics focused on how to live better: behavioral styles, compartmentalization, consequence-based decision making and the 25-hour day.

Denver History Uncovered
INSTRUCTORS: SHAUN BOYD, MARK BARNHOUSE, DR. NICKI GONZALEZ, MITCH MORRISSEY
Thursdays, 9:30–11:30 a.m.
September 15–October 20
4-week course | In-person
The history of Denver holds many secrets and fascinating gems of interest. In this speaker series, four exceptionally qualified individuals reveal and share some of those gems of history. This course covers the KKX in Denver, the lost department stores of Denver, Que Viva la Rasa and the history of crime in the Mile High City.

History of the Orchestra
INSTRUCTOR: KATIE KNIGHT
Thursdays, 9:30–11:30 a.m.
September 14–October 20
6-week course | Virtual
In this class you will discuss the development of the orchestra in western music over the last 500 years. Topics include instruments and their development and economic and cultural influences and prominent composers. We will discover what makes time periods have a unique sound and how to identify them by ear.

International Mental Health: Building the Field of Counseling in Ukraine
INSTRUCTOR: JOSHUA KREMEYER
Thursdays, 1–3 p.m.
September 15–October 20
4-week course | In-person
In this course you will learn more about instructor Dr. Kreimeyer’s experience with trauma-informed care in Ukraine and how to effectively work cross-culturally, how to avoid cultural imperialism in international work, vision casting and hearing firsthand accounts of the Ukrainian people and their amazing perseverance and resilience, a story that will inspire all who hear to be the best humans possible.

“Illustrated Manuscripts: Exploring My Life’s Story”
A biographical journey using artist’s journaling methods and techniques
INSTRUCTOR: KEN PHILLIPS
Sat., Oct. 1–Nov. 30
6-week course | In-person
SIFS Federal Boulevard, Suite 14
Artist journals combine writing and various media (drawing, watercolor, pastel, collage, etc.) with the purpose of exploring ideas and making visual record of experience. In this course we will explore elements of our own life story and experiences using various media and written reflections, all bound in journal format. No artistic experience required, but willingness to reflect, write and explore media is essential.

*This course is taught in the instructor’s studio. Materials Fee: $20.00 - payable at registration.