

STEVEN B. BENNETT, PH.D., LPC

Professor

Division of Counseling and Family Therapy

Rueckert-Hartman College for Health Professions

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Academic Degrees

- Ph.D. in Psychology, Minor in Literature, University of Dallas, Irving, Texas, 1996.
Dissertation: "The Modern Crisis of the Will."
- M.A. in Clinical Psychology, Duquesne University, Pittsburgh, Pennsylvania, 1980.
- B.A., Psychology and Philosophy (with honors), Drury College, Springfield, Missouri, 1977.

Professional Credentials & Memberships

- Licensed Professional Counselor (LPC), State of Colorado, License #1284.
- Licensed Professional Counselor (LPC), State of Missouri, License #001402, renewed inactive, February 1994.
- Licensed Marriage and Family Therapist (LMFT), State of Texas, License #001149, renewed inactive, May 1996.
- Licensed Professional Counselor (LPC), State of Texas, License #10577, renewed inactive, May 1996.
- American Association for Marriage and Family Therapy (AAMFT), Clinical Member #27930.
- American Counseling Association (ACA), Member #6144190.
- Colorado Counseling Association (CCA), Member.
- Association of Spiritual, Ethical and Religious Values in Counseling (ASERVIC), Member
- Certified Employee Assistance Professional, CEAP, 1994.

Academic Experience

- Regis University, Professor, Division of Counseling and Family Therapy, Denver, Colorado, August 1995-present.
- Family Practice Residency, Cox Family Medical Care Center, Family Therapist/Instructor, Springfield, Missouri, 1994.
- Coordinator/Instructor, RD/RS Program (Responsible decisions, responsible sexuality), Presbyterian Children's Home and Service Agency, Dallas, Texas, 1986-1990.
- Psychology Instructor, Brookhaven College, Dallas, Texas, 1987-1988.
- Teaching Assistant, Duquesne University, Pittsburgh, Pennsylvania, 1980.

Clinical Experience

- Private Practice, Boulder, Colorado, 1996-present.
- Private Practice, Individual and Family Therapist, Heart Works Center LLC. – A Community for Narrative Practices, Westminster, Colorado, 2016-2020.
- Director and Family Therapist, Center for Narrative and Strategic Family Therapy, Springfield, Missouri, 1993-1995.
- Family Therapist, M.C.C.- Metropolitan Clinic of Counseling, Dallas, Texas, 1991-1992.
- 1987-1991 Individual and Family Therapist, Hope Cottage Adoption Center, Dallas, Texas, 1987-1991.
- Children's Counselor, The Family Place, Dallas, Texas, 1986.
- Substance Abuse Counselor, Horizon Hospital, Dallas, Texas, 1981-1985.
- Counselor-in-residence, The Dallas Halfway House, Texas Youth Council, Dallas, Texas, 1980-1981.

Research and Scholarship

Publications

Bennett, S. (2016) The Spiritual Impulse of Post-Modern Practice and MFT, *COAMFT Newsletter*. Fall/Winter, 2016.

<https://regis365.sharepoint.com/:b:/s/DCFT/EYC55rIRG69BiweT8YfQj-gBamcw93iuQTzANSWdEu3tzQ?e=qQv4r5>

Bennett, S. (2012) Disillusionment and the Hardening of the Sacred Heart, *Jesuit Higher Education: A Journal*, Vol. 1, No. 2.

<https://regis365.sharepoint.com/:b:/s/DCFT/EfL6V1-fOVZPn0yjML0Og1oBTPd9IpR57R85SrMOLeOBEQ?e=i478g8>

Bennett, S. (2011) Ambiguities of Aging: Conversations with Our Parents and Our Elders, *Human Development*, Vol. 32, No. 4. Winter Issue.

<https://regis365.sharepoint.com/:b:/s/DCFT/EV5wAa-FSBZAsGWhrXyCYc8BfDTVeEs-ns7-qFnmHIx08g?e=8zrebc>

Bennett, S. (2010) Disillusionment and the Hardening of the Heart, *Human Development*, Vol. 31, No. 4, Winter Issue.

<https://regis365.sharepoint.com/:b:/s/DCFT/Eadwbj4-IYRDpG4IasWGGdEBEsIhOVREm4ik1iMDGMUZaA?e=0DQALU>

Bennett, S. (2005). Recovering the Value of Guilt, *Human Development*, Vol. 26, No. 3, Fall Issue.

<https://regis365.sharepoint.com/:b:/s/DCFT/EaK3yMguL9FKhktguuODb6sBa-bTpo8III9uaAf1YFD7UA?e=5ir3Ky>

Bennett, S. (1991). Beyond Bonding: Developing Triad Psychology, *The Adoption Therapist*, Vol. 4, Fall.

Bennett, S. (1991). The Voices of Adoptees, *The Adoption Therapist*, Vol. 3, Spring.

Professional Presentations (juried)

Reynolds, J., Bennett, S., Sablatura, P., & Medina, S. (2009, October). The Eros of Community: Transforming the Landscape of Counselor Education through Relational Leadership. Content session conducted at the annual conference of the Association of Counselor Education and Supervision (ACES), San Diego, California.

Bennett, S., & Medina, S. (2009, October). Staying Alive in Supervision: Navigating the Treacherous Whirlpool of Thinking, Feeling and Willing. Poster session conducted at the annual conference of the Association of Counselor Education and Supervision (ACES), San Diego, California.

Arman, J., Bennett, S., Stratton, J., & Medina, S. (2008, October). Advocating for Students' Theory and Technique Development during their Practicum Experience. Content session conducted at the annual conference of the Rocky Mountain Association of Counselor Education and Supervision (RMACES), Breckenridge, Colorado.

Munoz, M., Bennett, S., Sablatura, P. (2008, October). Advocacy: A Transformative Approach. Content session conducted at the annual conference of the Rocky Mountain Association of Counselor Education and Supervision (RMACES), Breckenridge, Colorado.

Bennett, S. (2005, October) The Value of Guilt. Graduate Faculty Writing Award and Presentation, School of Professional Studies, Regis University, Denver, Colorado.

Bennett, S. (2005, June) A Phenomenology of Guilt. First Annual James Gill Symposium, Regis University, Denver, Colorado.

Bennett, S. (2000, April). The Relevance of Psychotherapy for Education: C. G. Jung & Rudolph Steiner -the Recollection of Meaning in Education. Presented at the annual conference of the American Educational Research Association, New Orleans, Louisiana.

Other Professional Presentations

Bennett, S. (2019). Sensing the Presence of the Future in Narrative Therapy. Metro State University Counseling Conference. Denver, Colorado.

Bennett, S. (2018). Recovering the Forgotten Senses of Touch and Movement through Narrative Therapy. Denver Conference on Post-Modern Therapy (POMO), Denver, Colorado.

Bennett, S. (2016). How Parents Can Use Narratives to Address Teen Suicidal Ideation. Corey's Fresh Start Foundation - Spirit of Christ Parish, Westminster, Colorado.

Bennett, S. (2016). Narrative Techniques in Career Counseling. University of Colorado Career Counseling Center, Boulder, Colorado.

Bennett, S. (2014). *Your Life: Is That a Story You Know How to Tell? The Practical and Spiritual Value of Narrative Therapy*. Narrative Therapy Student Group.

Bennett, S. (2014). *The Lived Experience of the Twelve Virtues*. First United Church of Arvada, Arvada, Colorado.

Bennett, S. (2013). *Phenomenological Research in Therapeutic Practice and the Human Sciences*. Naropa University, Boulder, Colorado.

Bennett, S. (2005). *Lucifer on the Couch: Evil in Psychotherapy*. Graduate Counseling Seminar, Regis University, Denver Colorado.

Bennett, S. (2002). *Matching Therapeutic Approaches to Treatment Populations*. Graduate Counseling Seminar, Regis University, Denver, Colorado.

Bennett, S. (2001). *The Politics of Language in Psychology and Research Methods: Knowledge/Power or Narrative Context*. Graduate Counseling Seminar, Regis University, Denver, Colorado.

Bennett, S. (1999). *The Humanistic Foundations of Adult Learning Theory*. Graduate Faculty Conference, Regis University, Denver, Colorado.

Bennett, S. (1998). *How Do Therapists Stay Oriented? Choosing between Therapies of Scientific Thinking, Humanistic Feeling and Post-Modern Willing*. Graduate Counseling Seminar, Regis University, Denver, Colorado.

Bennett, S. (1997). *Does Brief Therapy have a Soul? The Postmodern Philosophical Foundations of Brief and Narrative Therapy*. Graduate Counseling Seminar, Regis University, Denver, Colorado.

Bennett, S. (1996). *Strategic and Narrative Therapies: Fads or the Future*. Graduate Counseling Seminar, Regis University, Denver, Colorado.

Bennett, S. (1987). *Fantasies of Contemporary Sexual Development*. Adolescent Seminar, Austin College, Sherman, Texas.

Bennett, S. (1986) *Family Ties in Domestic Violence*. Mountain View Community College Faculty Presentation, Lancaster, Texas.

Bennett, S. (1986). *The Loss of Cultural Memory and the Addictive Process*, Brookhaven College, Dallas, Texas.

Awards and Recognition

RHCHP Teacher of the Year Award, 2016-2017
Alpha Sigma Nu Honorary Member, 2014
Counseling Advocacy Award, 2010
SPS Faculty Writing Award, 2005
Advisory Board, Human Development Magazine
Excellence in Teaching Award, Regis University, 1997
Training, Brief Family Therapy Center, Milwaukee, Wisconsin, 1990
Teaching Fellowship, Duquesne University, 1980
Missouri State Tennis Championship, 1973

Community Involvement and Service

SPS & RHCHP Academic Council Member
Honorary Member, Alpha Sigma Nu
Remediation and Support Coordinator
Member, Human Subjects Review Board (IRB)
Member, CPS Faculty Advisory Committee
Member, Interprofessional Education Committee
Member, Committee on Rank
Regis University Marketing Events, Representative
Regis University Faculty Search Committees, DCFT
Regis University Mission Committee
Regis University Marriage and Family Therapy Post Graduate Certificate Committee
Served on the Editorial Team of the Jesuit Higher Education (JHE) Online Journal
Serve on the Editorial Team of Counseling and Family Therapy Scholarship Review
Faith Formation Board, First United Church of Arvada
Presented “The Masters of Arts in Counseling’s Jesuit Mission” to Regis University
Mission Committee Luncheon (2005) and to SPS Graduate Community Luncheon
(2006).
Presented “The Lived Experience of the Twelve Virtues,” First United Church of
Arvada, Arvada, Colorado.
Presented “The Value of Qualitative Research in Nursing,” RHCHP Nursing Research
Class.
Participated in and completed Ignatian Faculty Scholars Program

Courses taught – DCFT - Masters in Counseling Program – Spring 2018 to Spring 2021

Spring 2018

MCPY 687 Cultural Narratives

MCPY 685 Qualitative Research Methods

MCPY 698 A/B Supervised Counseling – Internship A/B

Summer 2018

MCPY 698 A/B Supervised Counseling – Internship A/B

Fall 2018

MCPY 687 Cultural Narratives

MCPY 698 A/B Supervised Counseling – Internship A/B

MCPY 602 Counseling and Spirituality

Spring 2019

MCPY 692 Practicum: Clinical Supervision Practicum

MCPY 693 Counseling Practicum

MCPY 698 A/B Supervised Counseling – Internship A/B

Summer 2019

MCPY 602 Counseling and Spirituality

MCPY 698 A/B Supervised Counseling – Internship A/B

Fall 2019

MCPY 685 Qualitative Research Methods

MCPY 602 Counseling and Spirituality

MCPY 698 A/B Supervised Counseling – Internship A/B

Spring 2020

MCPY 687 Cultural Narratives

MCPY 602 Counseling and Spirituality

MCPY 698 A/B Supervised Counseling – Internship A/B

Summer 2020

MCPY 683 Approaches to Dream Work

MCPY 698 A/B Supervised Counseling – Internship A/B

Fall 2020

MCPY 602 Counseling and Spirituality

MCPY 602 Counseling and Spirituality

MCPY 698 A/B Supervised Counseling – Internship A/B

Spring 2021

MCPY 687 Cultural Narratives

MCPY 685 Qualitative Research Methods

MCPY 698 A/B Supervised Counseling – Internship A/B

