

Lindsay L. Edwards, PhD LMFT

Department of Counseling & Family Therapy
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EDUCATION

University of Connecticut - Ph.D., Human Development & Family Studies	2014
Kansas State University - M.S., Family Studies & Human Services	2007
University of Arizona - B.A., Psychology	2005
University of Arizona - B.S., Family Studies & Human Development	2005

PROFESSIONAL CREDENTIALS

AAMFT Approved Supervisor	2016
Licensed Marriage & Family Therapist, Colorado ID #MFT.0001208	2014

PROFESSIONAL EXPERIENCE

Associate Professor, Division of Counseling & Family Therapy, Regis University	2019-
Assistant Professor, Division of Counseling & Family Therapy, Regis University	2015 - 2019
Research Faculty Member, School of Marriage & Family Sciences, Northcentral University	2014 - 2015
Affiliate Faculty, Division of Counseling & Family Therapy, Regis University	2013 - 2015
MFT Core Faculty Intern, Marriage & Family Therapy Program, Antioch University New England	2010- 2011

PUBLICATIONS

Refereed Journal Articles

- Edwards, L. L., Torres Bernal, A., & Culver, K*. (2021). Mediators of Gender Wage Disparity in MFT Academia. *Journal of Feminist Family Therapy*, 1-14.
- Edwards, L. L., & Hanley, S. M. (2021). Scale of internalized trans oppression: Measure development and exploratory factor analysis. *Contemporary Family Therapy: An International Journal*.
<https://doi-org.dml.regis.edu/10.1007/s10591-020-09564-4>
- Culver*, K. & Edwards, L.L. (2020). Chang, S. C., Singh, A. A., & Dickey, L. M. (2018). A clinician's guide to gender-affirming care: Working with transgender and gender nonconforming clients. Oakland, CA: New Harbinger Publications Inc., 298 pp., \$ 49.95. *Journal of Marital Family Therapy*, 46, 741-742.
<https://doi.org/10.1111/jmft.12434>
- Edwards, L. L., Torres Bernal, A., Hanley, S. M., & Martin, S*. (2019). Resilience factors and suicide risk for a sample of transgender clients. *Family Process*, 1-16, doi: 10.1111/famp.12479
- Edwards, L. L., Goodwin, A., & Neumann, M. (2018). An ecological framework for transgender inclusive family therapy. *Contemporary Family Therapy*, 1-17. doi: 10.1007/s10591-018-9480-z
- Torres Bernal, A., Vásquez, W. F., Edwards, L. L., & Giles, M. (2018). Exploring gender wage disparity in MFT academic programs. *Contemporary Family Therapy*, 1-8. doi: 10.1007/s10591-018-9462-1
- Huff, S.C., Anderson, S. R., & Edwards, L. L. (2014) Training marriage and family therapists in formal

assessment: Contributions to students' familiarity, attitude, and confidence. *Journal of Family Psychotherapy*, 25, 200-315. doi : 10.1080/08975353.2014.977673

Edwards, L. L., Robertson, J.A., Smith, P. M., & O'Brien, N. B. (2014). Marriage and family training programs and their integration of lesbian, gay, and bisexual identities. *Journal of Feminist Family Therapy*, 26, 1–25. doi: 10.1080/08952833.2014.872955

Bordoloi, S.D, O'Brien, N.B., **Edwards, L. L.**, & Preli, R. (2013). Creating an inclusive and thriving profession: Why the American Association of Marriage and Family Therapy (AAMFT) needs to advocate for same-sex marriage. *Journal of Feminist Family Therapy*, 25, 41-55. doi: 10.1080/08952833.2013.755082

Brown, E., Birditt, K.S., Huff, S.C., & **Edwards, L. L.** (2012). Marital dissolution and psychological well-being: Race and gender differences in the moderating role of marital relationship quality. *Research in Human Development*, 9, 145-164. doi: 10.1080/15427609.2012.681202

DuPree, W. J., White, M. B., Meredith, W. H., **Ruddick, L. L.**, & Anderson, M. P. (2009) Evaluating scholarship productivity in COAMFTE-accredited Ph.D. programs. *Journal of Marital & Family Therapy*, 35, 204-219. doi: 10.1111/j.1752-0606.2009.00110.x

* Graduate Student

Book Chapters

McGeorge, C. R., Walsdorf, A. A., **Edwards, L. L.**, Benson, K. E., & Coburn, K. (Publishing 2020). Sexual orientation and gender identity: Considerations for systemic therapists. In K. S. Wampler, R. B. Miller, & R. B. Seedall (Eds.), *The handbook of systemic family therapy: Volume 1. The profession of systemic family therapy*. Hoboken, NJ: John Wiley & Sons.

Edwards, L. L. (2017). Gender orientation, gender identity, and gender expression. In J. Carlson & S.B. Dermer (Eds.), *The SAGE encyclopedia of marriage, family, and couples counseling* (723-724). Thousand Oaks, CA: SAGE Publications. doi: 10.4135/9781483369532.n220

Edwards, L. L. (2017). Transgender families. In J. Carlson & S.B. Dermer (Eds.), *The SAGE encyclopedia of marriage, family, and couples counseling* (1716-1718). Thousand Oaks, CA: SAGE Publications. doi: 10.4135/9781483369532.n515

Publications in a Non-Refereed Journal (articles, papers, reports)

Edwards, L. L. (2016). *Transgender couple resilience in the face of catastrophic levels of discrimination*. Colorado Association for Marriage and Family Therapy, Spring Newsletter.

Sabatelli, R. M., & **Edwards, L. L.** (2014 November). Family Relations: Editor's Monitoring Report to the Board of Directors. Report prepared for the annual board of directors meeting for *Family Relations: Interdisciplinary Journal of Applied Family Studies*.

Sabatelli, R. M., & **Edwards, L. L.** (2013 November). Family Relations: Editor's Monitoring Report to the Board of Directors. Report prepared for the annual board of directors meeting for *Family Relations: Interdisciplinary Journal of Applied Family Studies*.

Sabatelli, R. M., & **Edwards, L. L.** (2012 November). Family Relations: Editor's Monitoring Report to the Board of Directors. Report prepared for the annual board of directors meeting for *Family Relations: Interdisciplinary Journal of Applied Family Studies*.

Sabatelli, R. M., & **Edwards, L. L.** (2011 November). Family Relations: Editor's Monitoring Report to the Board of Directors. Report prepared for the annual board of directors meeting for *Family Relations: Interdisciplinary Journal of Applied Family Studies*.

Sabatelli, R. M., & **Edwards, L. L.** (2010 November). Family Relations: Editor's Monitoring Report to the

PRESENTATIONS

Presentations (National)

- Addison, S., Heiden-Rootes, K., Hartwell, E. Benson, K., **Edwards, L. L.**, & Iantaffi, A. (August, 2019) *A Place at the Table: Queer and Trans Relationship Consultations*. Workshop presented at the American Association for Marriage and Family Therapy Annual Conference, Austin.
- Edwards, L. L.** & Hanley, S. M. (November, 2018) *Scale of internalized trans stigma: Measure development and factor analysis*. Paper presented at National Council on Family Relations Conference, San Diego.
- Heiden-Rootes, K., Addison, S., Benson, K., **Edwards, L. L.**, & Hartwell, E. (November, 2018) *Ask the Experts: A Queer Consultation*. Workshop presented at the American Association for Marriage and Family Therapy Annual Conference, Louisville.
- Hartwell, E., Addison, S., Benson, K., **Edwards, L. L.**, & Heiden-Rootes, & K. (September, 2017) *Cutting edge research and practice with LGBTQ families*. Workshop presented at the American Association for Marriage and Family Therapy Annual Conference, Memphis.
- Miller, B. J., Cate, J., **Edwards, L. L.**, Goodwin, A., Knapp, J., & Heiden-Rootes, K. (September, 2017). *Enhancing cultural competency with attunement and humility*. Workshop presented at the American Association for Marriage and Family Therapy Annual Conference, Memphis.
- Edwards, L. L.** & Goodwin, A. (September, 2016) *Eco model-suicide protective and risk factors in trans-adults*. Workshop presented at the American Association for Marriage and Family Therapy Annual Conference, Indianapolis.
- Benson, K., Addison, S., **Edwards, L. L.**, Hartwell, E. & Heiden-Rootes, & K. (September, 2016) *Cutting edge LGBTQ research and practice: Informed therapy*. Workshop presented at the American Association for Marriage and Family Therapy Annual Conference, Indianapolis.
- Edwards, L. L.** & Goodwin, A. (August, 2016) *Affirming clinical work with clients who identify within the transgender and gender non-conforming community*. Roundtable presented at the Groves Conference, Denver.
- Edwards, L. L.** & Hanley, S. M. (November, 2015) *Predictors of suicide risk in transgender/gender-nonconforming clinical sample*. Paper presented at the National Council on Family Relations Annual Conference, Vancouver, Canada.
- Edwards, L. L.** (November, 2014) *Intersection of emotional intimacy and traditional masculine gender ideology*. Paper at the National Council on Family Relations Annual Conference, Baltimore.
*Awarded Family Therapy Section Best Research Paper by a New Professional
- Edwards, L. L.** (November, 2013) *Development of the Partner Expectations of Self-Disclosure (PESD) Measure*. Paper presented at National Council on Family Relations Annual Conference, San Antonio.
- Johnson, S. K., & **Edwards, L. L.** (November, 2013) *Navigating the publication process: Observations from two editorial assistants*. Workshop presented at National Council on Family Relations Annual Conference, San Antonio.
- Edwards, L. L.**, & Johnson, S. K. (October, 2012) *Navigating the publication process: Observations from two editorial assistants*. Workshop presented at National Council on Family Relations Annual Conference, Phoenix.

Edwards, L. L., Robinson, J., Smith, P., & O'Brien, N. (October, 2012) *MFT training in sexual minority issues: A core faculty perspective*. Paper presented at National Council on Family Relations Annual Conference, Phoenix. *Awarded Family Therapy Section Best Research Paper by a Student

Edwards, L. L., Robinson, J., Smith, P., & O'Brien, N. (September, 2012) *Sexual orientation in MFT training according to core faculty*. Poster presented at American Association for Marriage and Family Therapy Annual Conference, Charlotte.

Brown, E., Birditt, K.S., Huff, S.C., & **Edwards, L. L.** (November, 2011) *Marital dissolution and depressive symptoms: The moderating role of marital relationship quality*. Paper presentation at The Gerontological Society of America Annual Scientific Meeting, Boston.

Huff, S., **Edwards, L. L.**, & Anderson, S. (November, 2011) *Training in assessment: Contributions to student's attitudes*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Fort Worth.

Edwards, L. L. (November, 2010) *Contextual pathways model of emotional work, gender role conflict and intimacy in couples*. Poster presented at the National Council on Family Relations Annual Conference, Minneapolis.

Edwards, L. L., O'Brien, N. & Bordoloi, S.D. (November, 2010) *Creating a thriving professional identity: Family therapy and same-sex marriage*. Poster presented at the National Council on Family Relations Annual Conference, Minneapolis.

Huff, S., **Edwards, L. L.**, & Anderson, S. (November, 2010) *MFT students' perception, knowledge, and use of assessment*. Poster at the National Council on Family Relations Annual Conference, Minneapolis.

Bradford, S. A., Thurston, L. P., **Edwards, L. L.** (November, 2009) *Discovering the history and context of a leadership studies program through evaluation* presented at American Evaluation Association Annual Conference, Orlando.

Dennison, R. P., Collins, D., **Ruddick, L. L.**, Ogolsky, B., Reesing, A., Ridley, C., & Cate, R. (November, 2004). *An examination of definitions of lust in a gay/lesbian sample*. Paper presented (as part of a symposium) to the National Council on Family Relations Annual Conference, Orlando, Florida

Presentations (Regional and Local)

Edwards, L. L., Lobb, A. (May, 2017). Gender and families: Helping transgender youth grow happy and healthy. Invited workshop presented to the Division of Counseling and Family Therapy at Regis University, Denver

Edwards, L. L. (September, 2014). *Healing in context: Working with LGBTQ survivors*, Workshop presented at Sourcing to New Heights Conference Focused on Healing for Adult Survivors of Childhood Sexual Abuse, Denver.

Shotts, S. Elliott, L., Gerber, C., Pumphrey, C., Roy, P., & **Edwards, L. L.** (September, 2014). *When abuse is in the Family: Critical considerations for adult survivors*, Moderator for Keynote presented at Sourcing to New Heights Conference Focused on Healing for Adult Survivors of Childhood Sexual Abuse, Denver.

Edwards, L. L. & Neumann (February, 2014). *Ecological model of suicide protective and risk factors in gender minority adults*, Workshop presented at Colorado Gold Rush Conference, Denver.

Edwards, L. L., Bordoloi, S.D., & O'Brien, N. (April, 2010) *American Association of Marriage and Family Therapy (AAMFT), advocacy and the same-sex marriage debate* presented at Graduate Human Rights Conference, Storrs.

Edwards, L. L. (March, 2009). *Women: Their husbands, their careers, and their families*. Poster presented at the Women Studies Annual Conference on Women and Gender, Storrs.

Edwards, L. L. (March, 2009). *Resources for clinicians working with the LGBT client population*. Presentation given at True Colors Annual Conference, Storrs.

Invited Presentations

Casanova, N., & Beverage, L. & **Edwards, L. L.**, (2019). *Parent Talk: Sexism at Work*. Presentation to the Future Female Doctors Club at University of Colorado – Boulder, Denver.

RESEARCH EXPERIENCE

Editorial Assistant , Family Relations: Interdisciplinary Journal of Applied Family Science, CT	2009 – 2015
Grant Management Intern , Office of Policy & Management, State of Connecticut	2008- 2009
Research Assistant , Office of Educational Innovation & Evaluation, Kansas State University	2006- 2008
Research Assistant , Family Studies & Human Services Department, Kansas State University	2006- 2007
Research Assistant , Chronic Illness Project, Kansas State University	2005- 2006
Research Program Director , Gender Identity Center of Colorado, Denver CO	2013 – 2017

CONTRACT AND GRANTS

Contracts and Grants Funded

Edwards, L.L. (2021) *Rueckert-Hartman College for Health Professions Faculty Research Grant: Gender Differences in Marriage and Family Therapy Faculty Productivity and Salary* (\$3,000.00, Awarded)

Edwards, L.L., & Leone, R.* (2020) *City of Thornton Community Connections Division COVID19 Cares Act Relief Grant* (\$166,270.00, Awarded)

Edwards, L. L., & Culver, K.* (2020) *Faculty Research and Scholarship Grant: Gender Differences in Marriage and Family Therapy Faculty Productivity and Salary* (\$4,892, Awarded)

Edwards, L. L., & Hanley, S. M. (2018) *Faculty Research and Scholarship Grant: Development of the Scale of Internalized Trans Stigma (SITS)* (\$3150.00, Awarded)

Edwards, L. L., Vargas, H. L., Miller, B. J. (2017) *Electronic clinical texts to support digital practicum libraries*. Instructional Design & Technology: Teaching & Learning Micro Grant (\$1983.82, Awarded)

* Graduate Student

TEACHING EXPERIENCE

Regis University, Division of Counseling & Family Therapy (COAMFTE Accredited)

Masters Level

- Practicum: Live Clinical Supervision for First Semester Clinical Students
- Internship: Group Supervision for Second and Third Semester Clinical Students
- Assessment and Diagnosis
- Gender Dev & Sexuality Counseling
- Cultural Issues and Social Justice
- Research/Evaluation Methods
- Advanced Couple Therapy Techniques

Northcentral University, School of Marriage & Family Sciences (COAMFTE Accredited)

Doctoral Level

- Scholarly Literature Review in MFT
- Statistical Design for MFT Research
- Advanced Assessment in MFT Research and Intervention
- Quantitative Research Design in MFT
- Qualitative Research Design in MFT
- Advanced Data Analysis Strategies in MFT
- Planning Dissertation Research in MFT

Masters Level

- Legal, Ethical, and Professional Development in Marriage and Family Therapy
- Research Methods & Evidence Based Practice
- Cultural Diversity, Gender, and Family Development

Antioch University New England, Marriage & Family Therapy Program (COAMFTE Accredited)

Masters Level

- Pre-practicum Marriage and Family Therapy
- Family studies seminar
- Professional seminar marriage and family therapy
- Practicum in marriage & family therapy
- Postmodern approaches to family therapy

ADDITIONAL RESEARCH AND CLINICAL TRAINING

Scale Construction and Development with Deborah Bandalos, Ph.D., Remote	2021
Scale Construction and Development with Tenko Raykov, PhD, Philadelphia, PA	2019
Funded through proposal (awarded funds \$1474)	
Mediation, Moderation, & Conditional Process Analysis Seminar with Andrew Hayes, PhD, Chicago, IL	2018
Funded through proposal (awarded funds \$1595)	

CLINICAL EXPERIENCE

Clinical Supervisor , Private Practice, Thornton, CO	2017- present
Marriage & Family Therapy Clinician Intern , Gender Identity Center; Denver, CO	2013 –2014
Group Facilitator , WINGS Foundation; Denver, CO	2013 –2014
AAMFT Supervisor Candidate , Antioch Couple and Family Therapy Institute; Keene, NH	2010- 2011

UNIVERSITY SERVICE

Departmental Service

MAMFT Clinical Coordinator : MAMFT in Department of Counseling & Family Therapy	2019-present
RCCFT Coordinator : Regis Center for Counseling and Family Therapy	2019-2021
MAMFT Internship Coordinator : MAMFT in Department of Counseling & Family Therapy	2015-2019
Course Lead :	
MFT Internship: Group Supervision for Second/Third Semester Clinical Students	2015-present
Gender Dev & Sexuality Counseling	2015-present
Research/Evaluation Methods	2016-present

Search Committee: Associate Dean of Department of Counseling & Family Therapy Spring 2017, Spring 2019

Student Remediation Committee Member Spring 2016, Fall 2016, Summer 2016, Spring 2018

University Wide Service

Re-elected Committee Member: University Research and Scholarship Council (URSC) 2021-

Chair Elect: University Research and Scholarship Council (URSC) 2019-2020

Committee Member: University Research and Scholarship Council (URSC) 2018-2021

Committee Member: Council for Research and Scholarship RHCHP, Regis University 2015-present

Committee Member: Queer Resource Alliance, Regis University 2015-present

Committee Chair: Adjunct Faculty Council, Northcentral University 2014-2015

Committee Member: Diversity and Inclusion, Northcentral University 2014-2015

PROFESSIONAL SERVICE AND ACTIVITIES

Organizational Membership

Rocky Mountain Family Therapy Network 2018

American Family Therapy Academy 2016

Groves 2016

American Association for Marriage & Family Therapy, Clinical Fellow 2005

National Council on Family Relations (NCFR) 2005

Editorial Board Membership

Editorial Board Member: Family Relations: Interdisciplinary Journal of Applied Family Science 2021-present

Editorial Board Member: International Journal of Systemic Therapy 2021-present

Associate Editor of Student New Professional Section: Journal of Family Psychotherapy 2016 – 2021

Ad Hoc Reviewer

Journal of Marital & Family Therapy

Contemporary Family Therapy

Family Process

Journal of Family Issues

Counseling and Family Therapy Scholarship Review

Other Reviewer Activities

Conference Proposal Reviewer: NCFR - Family Therapy Section 2008 – present

Nominations Committee: National Council on Family Relations, Family Therapy Section 2015 – 2016

S/NP Representative: National Council on Family Relations, Family Therapy Section 2012 – 2014

Local Community Service

Committee Member, Clinical Advisory Committee WINGS Foundation 2015 – 2016

Committee Member, Soaring to New Heights Conference Committee WINGS Foundation 2014 – 2015

Trainer, Relationship enhancement for couples, Humphrey Clinic, University of Connecticut Spring 2010

Honors and Awards

Edwards, L. L., & Culver, K.* Provost Scholar Award (\$2,500, Awarded) 2020

Family Therapy Section Outstanding Paper Award by a New Professional (\$250)	2014
<i>"Emotional Intimacy and its Intersection with Traditional Masculine Gender Ideology"</i>	
Advanced Doctoral Summer Fellowship (\$1,614)	2013
Doctoral Dissertation Fellowship (\$2,000)	2013
Family Therapy Section Outstanding Paper Award by a Student (\$250)	2012
<i>"MFT training in sexual minority issues: A core faculty perspective"</i>	
Graduate School Pre-doctoral Fellowship in Family Studies (\$2347)	2012
CLAS Dean's Fund Award for Excellence in Graduate Studies in HDFS (\$2500)	2011
Harold and Margaret Feldman 2008 Internship Award in Family Policy (\$500)	2008
Travel Grant to attend the American Association for Marriage and Family Therapy Conference	2006
Undergraduate Travel Grant to present at National Council on Family Relations Annual Conference	2004